





Photo: Emmanuel Dyan



Lodz, Poland's third largest city and the former textile industry empire, today is a city of modern technologies, a city of culture and grand events. It is a metropolis where a landscape of industrial architecture mixes with silhouettes of 20th century office buildings, production halls, culture and sports buildings. Lodz is perfect for anyone wanting to get a glimpse of exciting, modern Poland.







Top 5

Lodz Modern Art Museum

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Historical Museum of Lodz

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THE CITY



Once known as "The Manchester of Poland" on account of its numerous brick and cast iron factory buildings, Lodz (pronounced "woodge") is a place that offers something for everyone. It has long been the centre of the vibrant Polish film industry – it is sometimes affectionately known as "Holly-lodz" – and is one of the country's cultural and industrial centres.

A mere 96 miles from Warsaw, Lodz is centred around Ulica Piotrkowska, the city's main pedestrianized boulevard - the longest pedestrianized street in Europe, in fact - which stretches nearly four kilometres from Plac Wolnosci in the north to Aleja Pilsudskiego in the south. Lined with shops and museums, it also contains dozens of grand Baroque, Art Nouveau and Secession-style buildings which once belonged to the city's wealthy industrialists. It is also the location for most of the city's tourist sights as well as many of its better cafés, restaurants, bars and night spots. Other central streets proffer some of the most impressive and opulent palaces and manor homes, especially along ul. Ogrodowa, ul. Gdanska and plac Zwyciestwa.

Lodz is also an incredibly green city, holding over 30 municipal parks. The best one is the verdant Lagiewniki Forest, the largest city park in Europe and a perfect spot for an afternoon stroll.

DO & SEE



Lodz is known for its cultural attractions and art galleries, like the Modern Art Museum which houses one of the best collections of contemporary art works in Poland. You will also find plenty of museums displaying the city's rich heritage and history like the Historical Museum of Lodz and Museum of Ethnography And Archaeology.

Lodz Modern Art Museum

Lodz Modern Art Museum boasts a large and impressive collection of art from the 20th century. The museum is located in a 19th century palace and is now one of Poland's best art and design museums, featuring works by Chagall and Mondrian.

Address: ul. Wieckowskiego 36, Lodz

Phone: +48 42 633 97 90 Internet: www.msl.org.pl

Historical Museum of Lodz

You will find the museum inside the gorgeous Belle Époque palace. Here you can learn more about the city's captivating political and social history. There are also many fine examples of silverware and porcelain and a room dedicated to famous citizens, like pianist Artur Rubinstein and the Polish writer Jerzy Kosinski.



Address: ul. Ogrodowa 15, Lodz Phone: +48 42 654 03 23 Internet: www.muzeum-lodz.pl

Email: muzeum@muzeum-lodz.pl

Museum of Cinematography

The museum is housed in a mid-nineteenth century small palace. Here you can explore Poland's thriving film industry, which has created cinema greats like Polanski, Kieslowski and Wajda.

Address: plac Zwyciestwa 1, Lodz

Phone: +48 42 674 09 57 Internet: www.kinomuzeum.pl Email: muzeum@kinomuzeum.pl

Jewish Cemetery

This is a moving visit to the largest Jewish cemetery in Europe, with over 150,000 gravestones, tombs and mausoleums and an area memorialising victims of the ghetto.

Address: ul. Bracka 40, Lodz Public Transport: Tram 1 or 6 Phone: +48 42 656 70 19

Internet: www.jewishlodzcemetery.org

Email: fundacja@lodzjews.org

Central Textile Museum

The Central Textile Museum was established in 1960 and is housed in the amazing 19th-century "White Factory". They have a unique collection of textile tools and machinery, fabrics and clothing and the largest collection of tapestries in Europe.

Address: ul. Piotrkowska 282, Lodz

Phone: +48 42 683 26 84

 $\label{linear} Internet: www.muzeumwlokiennictwa.pl \\ Email: dzial.oswiaty@muzeumwlokiennictwa.pl$

Museum of Ethnography and Archaeology

You will find this place close to the Historical Museum of Lodz on Plac Wolnosci. This charming museum offers archaeological finds from all around Poland as well as more modern exhibits on customs and local culture.

Address: Pl. Wolności 14, Lodz Phone: +48 42 632 84 40 Internet: www.maie.lodz.pl

Leopold Kindermann Villa

This is an exquisite early 1900's Art Nouveau palace – the most ornate in Poland – with stained-glass windows, gorgeous wood detailing and glamorous chandeliers. A small art gallery is inside.

Address: ul. Wolczanska 31/33, Lodz

Phone: +49 42 632 24 16

Internet: en.uml.lodz.pl/tourism/places_you_cannot_miss/leop

old kindermanns villa/

Lagiewniki Park

Lagiewniki Park is the largest park within city limits in all of Europe, located in the northern part of the city. Come here and enjoy the fresh air over a relaxing walk or a picnic.

Address: Lagiewniki Park, Lodz

Botanical Garden

The Botanical Garden in Lodz is located approximately 10 min from the city centre. The garden is divided into nine different thematic areas for you to explore. Take the chance and see and smell different exotic plants.

Address: ul. Krzemieniecka 36/38, Lodz

Phone: +48 42 688 44 20

Internet: www.botaniczny.lodz.pl

Opera House

The Opera House is housed in an old communist building and is a great place to enjoy a cultural evening. The tickets are usually not that expensive and the theatre is worth a visit.

Address: Plac Dąbrowskiego, Lodz



Phone: +48 42 633 99 60 Internet: www.operalodz.com Email: teatr@teatr-wielki.lodz.pl

Saint Alexander Newsky Cathedral

Saint Alexander Newsky Cathedral was completed during the period when Poland was part of the Russian empire in 1884. During your visit here you will take part in different historic moments which will make you understand the city's history.

Address: ul. Kilinskiego 56, Lodz

Lodz Zoo

A zoo is always exciting for the young ones and even if you are a bit older. Visit the Lodz Zoo and check out different animals, find out more about their breed and where they come from.

Address: ul.Konstantynowska 8/10, Lodz

Phone: +48 42 632 75 09 Internet: www.zoo.lodz.pl

Księży Młyn

Księży Młyn is beautiful a historic district in Lodz. It is recommended to catch up a bit on the history before visiting the district as it will give you a better comprehension of the place. The architecture here is simply amazing.

Address: ul. Tymienieckiego, Lodz

Plac Wolności

Plac Wolności is the Freedom Square in Lodz, located at the end of the famous street ulica Piotrkowska. There is a roundabout in the middle with a statue of the freedom fighter Tadeusz Kosciuszko. You will also find an interesting museum of the Lodz sewer system on one side of the statue.

Address: ul. Legionow / ul. Nowomiejska, Lodz

Shooting Range Academy

Shooting Range Academy offers you a great chance of trying out how to shoot. Choose between sharp weapons, rifles, machine guns and smoothbore shotguns. Come here as a group or individuals, either way you will be met by experienced instructors.

Address: Parzęczew, Lodz Phone: +48 602 221 507

Internet: www.shooting-academy.pl

DINING



Given its sizable and cosmopolitan population, it comes as little surprise that Lodz has an excellent selection of dining establishments. The majority of places serving great Polish food are situated along ul. Piotrkowska, but if you venture just off this main drag, you'll find some interesting and unique food offerings, including several popular ethnic restaurants ranging from Balkan to Cuban to French.

Dworek

Dine on tasty Polish delicacies while sitting on the terrace with views to the hillside and forest. They serve large portions so you will not go hungry from here.

Address: ul. Rogowska 24, Lodz Phone: +48 42 659 76 40

Internet: restauracjadworek.eu



Sphinx

Interesting Egyptian-themed chain restaurants for enjoying European and Middle Eastern dishes like kebabs, steaks and chicken dishes. They run seven individual addresses throughout the city.

Address: Drewnowska 58, Lodz Phone: +48 42 631 17 11 Internet: www.sphinx.pl/

More Info: ul. Piotrkowska 93, ul. Piotrkowska 250 and ul

Piotrkowska 175/177

Anatewka

Jewish restaurant filled with religious artefacts and old-world items, serving tasty ethnic meat and fish dishes. Also one of the trendiest spots for people watching in town!

Address: ul. 6 Sierpnia 2/4, 90-22 Lodz

Phone: +48 42 630 36 35 Internet: www.anatewka.pl Email: anatewka@anatewka.com

Ciagoty I Tesknoty

This is a small cafe-restaurant that cooks up delicious, inexpensive fusion cuisine to local students and more budget-minded visitors. On the menu you will find dishes like chicken roasted with lemon stewed in wine, roasted pork sirloin served with spinach and garlic pasta, beefsteak with Gorgonzola sauce and much more.

Address: ul. Wojska Polskiego 144a, Lodz

Public Transport: Tram 1 or 6 to "Sporna" $\,$

Phone: +48 42 650 87 94 Internet: www.ciagoty.pl

Hot Spoon

Hot Spoon is a great, authentic Thai restaurant in Lodz with indoor and outdoor seating. The food tastes just as if you were be in Thailand, prepared by some of the best chefs in town.

Address: Drewnowska 58, Lodz

Phone: +48 42 633 90 90 Internet: www.hotspoon.pl Email: tajska@hotspoon.pl

Ato Sushi

Ato Sushi is a great option for lunch if you want something light and with a different taste palette than you might be used to. Service is good, staff is friendly and of course, the sushi is great.

Address: ul. 6 Sierpnia 1/3, Lodz

Phone: +48 42 207 99 99 Internet: www.atosushi.pl Email: biuro@atosushi.pl

Pizzeria Pomodoro

Enjoy a delicious pizza while people watching in Lodz. The decor is simple but the beer, along with the Italian pizza, makes this a great lunch spot. Be aware that sometimes it might take a couple of minutes to get a table.

Address: Rewolucji 1905r. 4, Lodz

Phone: +48 42 233 54 54

Internet: www.pomodoropizza.pl

Restauracja Kamari

Restauracja Kamari is located on one of the busiest streets in Lodz. It is a Greek restaurant, serving fresh, healthy food with products imported from Greece. The portions are big and prices reasonable. It is a great dinner restaurant.

Address: ul. Piotrkowska 122, Lodz

Phone: +48 42 633 21 21

Internet: www.restauracjakamari.pl Email: biuro@restauracjakamari.pl

Pepe Verde Tawerna

At Pepe Verde Tawerna it is not hard to tell that the owner likes sailing and good food. This is the feeling they bring to their guests after a meal here. The decor makes you feel like you are on a yacht out on the open sea enjoying the delicious food.



Address: ul. Ogrodowa 19a, Lodz

Phone: +48 42 630 88 22 Internet: www.tawerna.com.pl Email: poczta@tawerna.com.pl

Ganesh

Ganesh was the first Indian restaurant to open in Lodz in 2006. You can find the restaurant in different places around town but the food is delicious whichever restaurant you choose to go to. The food is an explosion of spices, it will not disappoint you.

Address: ul. Piotrkowska 69, Lodz

Phone: +48 42 632 23 20 Internet: www.ganesh.pl Email: ganesh@ganesh.pl

Gesi Puch

Gesi Puch serves traditional Polish cuisine in a cosy atmosphere. This is a great place for any celebration, whether it is a birthday party or a wedding. The service is excellent and so is the food. To be on the safe side, call ahead and book your table.

Address: Stefanowskiego 17, Lodz

Phone: +48 42 651 99 99

Internet: www.gesipuchrestauracja.pl

Email: gesipuch@wp.pl

Cesky Film

Cesky Film offers you traditional Czech cuisine and is particularly well-known for their goulash dish. The waiters are friendly and offer good service and prices are reasonable.

Address: Tymienieckiego 25a, Lodz

Internet: www.ceskyfilm.pl Email: restauracja@ceskyfilm.pl

CAFES



Many of the better cafés are located on the street Ulica Piotrkowska, the city's main pedestrianized boulevard. An extensive amount of them offer a cosy atmosphere in a relaxing environment and serve great coffee and marvellous desserts.

Wiedenska

With chandeliers and old painted portraits on the walls, this classic café feels like something out of the Prussian Empire. You will be met by friendly staff that serves tasty dishes.

Address: plac Wolnosci 6, Lodz Phone: +48 66 377 69 20

Internet: www.restauracja-cafe-wiedenska.pl Email: info@restauracja-cafe-wiedenska.pl

Affogato

This café is located in heart of the city centre and they are a combined restaurant and café serving food inspired from all around the world. You can also drink exclusive coffee and eat delicious desserts.

Address: 90 Piotrkowska, Lodz Phone: +48 42 632 72 20 Internet: www.affogato.pl Email: info@affogato.pl

W Biegu Café

W Biegu Café is a rapidly growing café chain and offer various types of coffee like cappuccino,



caffè latte and instant classic. Would you like to have something sweet? They serve tasty snacks and desserts like ice cream, carrot cake and cheesecake.

Address: 245 Pabianicka, Lodz Phone: +48 42 298 10 42 Internet: www.wbiegucafe.pl More Info: C.H Port Łódź

Plotkarenka

Plotkarenka is a cosy and charming café serving aromatic tea and coffee. If you are feeling hungry then try their delicious home-made pies. You will also see interesting exhibitions work inside the venue done by young artists (pieces can be purchased on the spot).

Address: 57 Wschodnia, Lodz Phone: +48 42 656 09 25

BARS & NIGHTLIFE



Lodz's selection of drinking establishments ranges from gritty student pubs for downing pints to fashionable and trendy places to sip a cocktail and people-watch the nouveau riche and fashionable. The greatest majority are placed around the most central blocks of ul. Piotrkowska.

Thanks to its active and sophisticated student population, Lodz's nightlife rivals some of the best places to dance in Europe. Put away any thoughts of Poland being old, grey and communist and put on your dancing shoes to start partying.

Lodz Kaliska

Lodz Kaliska is a great, artsy bar-club at the end of a small street that puts on numerous live music events attracting a wide range of locals and visitors. There is lots of drinking, especially on the rooftop terrace in the summer.

Address: ul. Piotrkowska 102, Lodz

Phone: +48 42 630 69 55

Internet: www.klub.lodzkaliska.pl

Irish Pub 77

This is a great typical old Irish pub with Guinness on tap and occasional live music. It is also one of the best bets for finding English speakers in town.

Address: ul. Piotrkowska 77, Lodz

Phone: +48 42 632 48 76 Internet: www.irishpub.pl

The Mexican

This Mexican restaurant-bar is the best destination in town for tequila and can get quite rowdy on the weekends. They also serve excellent margaritas and cold nice beers.

Address: ul. Piotrkowska 67, Lodz

Phone: +48 42 633 68 68 Internet: www.mexican.pl

Email: themexican.piotrkowska@gmail.com

Piotrkowska Klub

The city's biggest club is set within a two-floored glass enclosure and covered in red velvet all around with dimly-lit, low-key lamps. The toilet alone is a tourist destination in and of itself – it has glass floors and two-way mirrors.

Address: ul. Piotrkowska 97, Lodz

Phone: +48 42 630 65 73 Internet: www.97.com.pl



Email: biuro@97.com.pl

Bagdad Café

Bagdad Café is located in the cellar of an ancient villa in the city centre. Many local students come to hang out at this relaxed artsy club, with DJs spinning hip-hop and ska on the weekends.

Address: ul. Jaracza 45, Lodz Phone: +48 42 639 97 99

Cabaret

Don't let the bouncers or the metal detector turn you off, this is one of the best dance floors in town for grown-ups to shake their stuff. Beware though, drinks are expensive.

Address: Juliana Tuwima 1/3, Lodz

Phone: +48 42 630 05 13 Internet: www.cabaret.pl

SHOPPING



While Poland is now a member of the EU, on the whole prices are still generally quite a bit lower than in other European countries, especially for items such as clothing and electronics. In Lodz's centre, you will find many shops along the main, pedestrianised street of Piotrkowska.

Lodz is also an excellent place to pick up any number of Polish handicrafts for which the country is famous, especially amber and silver items. Visit any of the "Cepelia" shops all over town (for example on ul. Piotrkowska), which sell many handmade items from regions all over Poland. Poland is also of course well known for its vodka – Wyborowka is the most popular – and bottles can often be purchased more cheaply at liquor shops in town than at the airport duty free.

Manufaktura

The best place to go for shopping under one roof is Manufaktura, a brand new shopping centre in an old textile factory at ul. Karskiego 5. Here you can find many clothing outlets, specialty shops and restaurants.

Address: Drewnowska 58, Łódź

Opening hours: Mon-Sat 10am-10pm, Sun 10am-9pm

Phone: +48 42 664 92 89 Internet: www.manufaktura.com

Pasaz Lodzki

Another good bet for shopping is the Pasaz Lodzki, a bazaar featuring a variety of shops selling lots of inexpensive items.

Address: Al. Jana Pawła II 30, Lodz

Phone: +48 42 638 0110 Internet: www.chpasazlodzki.pl Email: lodz2@apsysgroup.pl

Galeria Łódzka

Another modern shopping centre hosting over 160 shops, boutiques, cafes and restaurants, Galeria Łódzka offers plenty of alternatives everything you might need.

Address: al. Piłsudskiego 15/23, Łódź

Phone: +48 42 639 15 00 Internet: galeria-lodzka.pl Email: info@galeria.lodzka.pl



ESSENTIAL INFORMATION



Lodz Wladyslaw Reymont - Airport

Lodz Wladyslaw Reymont Airport is located 6 Km from the city centre of Lodz. The city is accessible by bus which departs from Terminal. Journey time to the city centre is 15 minutes and 10 minutes to the Train station Łódź. A taxi rank is located in front of Terminal. The average journey time into the city is between 8 to 10 minutes.

Address: Stanisława Maczka 35, Lodz

Phone: +48 42 683 52 55 Internet: www.lotnisko.lodz.pl

Public transport

In terms of size, Lodz is a very manageable city, and most places can be easily walked to. Getting around Lodz with public transport is also simple and straightforward, since an extensive, modern bus and tram network is spread throughout the city. Buses and trams use the same tickets, available in various denominations.

Phone: +48 42 638 90 20 Internet: www.mpk.lodz.pl

Taxi

Because taxis are cheap – it is worth taking a taxi instead of the bus – it can make good practical sense to use them if you're short on time. There are taxi ranks at the plac Wolnosci and at various

spots along ul. Piotrkowska.

Phone: +48 602 783 376 Internet: www.taxi.lodz.pl More Info: taxi@taxi.lodz.pl

Train

Long-distance trains operate regularly to other Polish cities. Lodz's train station and central bus station are located next to each other on the eastern edge of town a few blocks from the northern end of Piotrkowska. Warsaw is 2.5 hours away by train.

Bicycle Rickshaw

One unique option for getting around the city is by rickshaw which has become extremely popular in recent years. Do not forget to agree on a price before starting your journey.

Post Office

Here you will find 8 windows to choose from depending on you errand, make sure that you pick the right one.

Address: ul. Tuwima 38, Lodz Opening hours: Closed Sunday Phone: +48 42 632 58 16 Internet: www.poczta-polska.pl

Pharmacy

There are dozens of pharmacies all over the city, and as there are many younger people working in them, English will frequently be spoken.

Apteka Magiczna "Kapitol" (open 24 hours)

Address: ul. Zachodnia 81/83, lodz

Phone: +48 42 630 75 75

Telephone

Country code: +48
Area code: 42



Electricity

EU standard 220V

Population

City: 715,360

Metropolitan Area: 1,428,600

Currency

Polish Zloty (PLN)

Opening hours

Shops are open 8am-6pm (many on the main street until 7pm, shopping centres are open until 10pm). Banks are open Mon-Fri 8am-6pm and Sat 10am-2pm.

Newspapers

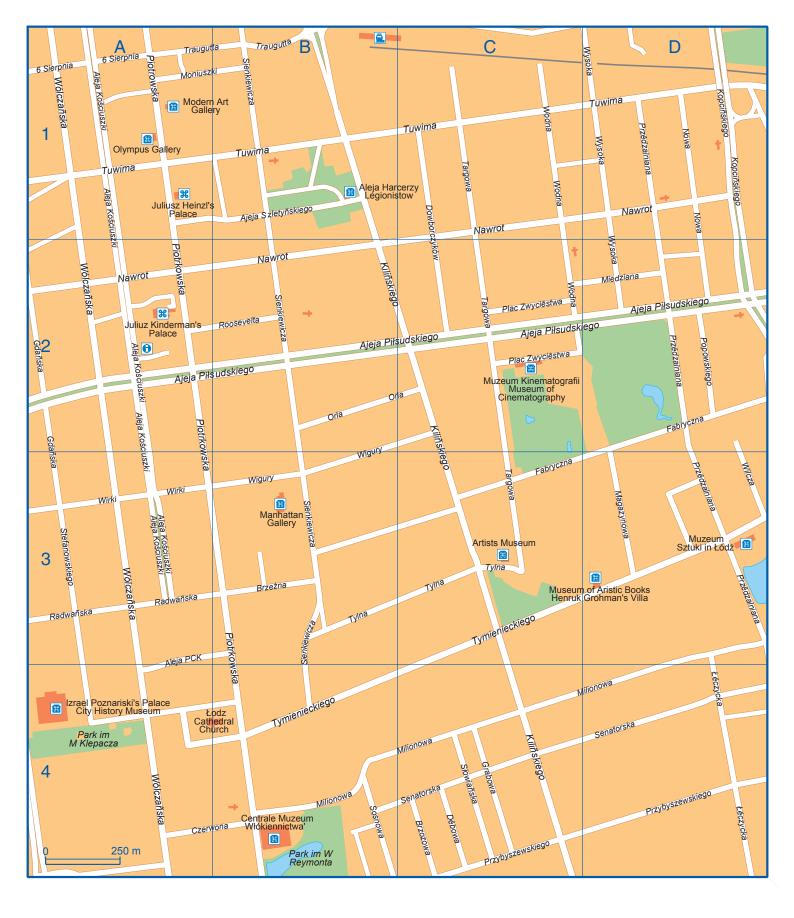
Gazeta Wyborcza (Daily Polish newspaper) The Warsaw Voice (Weekly English newspaper) Lodz in your Pocket (Seasonal magazine)

Emergency numbers

999 ambulance 112 from mobile phone

Tourist information

Centrum Informacji Turystycznej 87 Piotrkowska, Lodz +48 42 638 59 56





6 Sierpnia	A1
Ajeja Piłsudskiego	A2 B2 C2 D2
Ajeja Szletyñskiego	B1
Aleja Kościuszki	A1 A2 A3
Aleja PCK	A3 A4
Brzeźna	В3
Brzozowa	C4
Czerwona	A4 B4
Dowborczyków	C1 C2
Dêbowa	C4
Fabryczna	C3 D2
Gdañska	A2 A3



Grabowa	C4	Popowskiego	D2	Traugutta	A1 B1
Kiliñskiego	B2 C2 C3 C4	Przybyszewskiego	C4 D4	Tuwima	A1 B1 C1 D1
Kopciñskiego	D1	Przêdzalniana	D1 D2 D3	Tylna	B3 C3
Magazynowa	D3	Radwañska	A3	Tymienieckiego	B4 C3
Miedziana	D2	Roosevelta	B2	Wigury	B2 B3
Milionowa	B4 C4 D4	Senatorska	C4 D4	Wilcza	D3
Moniuszki	A1 B1	Sienkiewicza	B1 B2 B3 B4	Wirki	A3
Nawrot	A2 B2 C1 D1	Sosnowa	B4	Wodna	C1 C2
Nowa	D1	Stefanowskiego	A3	Wysoka	D1 D2
Orla	B2 C2	Słowiańska	C4	Wólczañska	A1 A2 A3 A4
Piotrkowska	A1 A2 B3 B4	Targowa	C1 C2 C3	Łêczycka	D4
Plac Zwyciêstwa	C2				