



Kristianstad

Photo: Sven persson



Sven Persson

Kristianstad - in the middle of nature and with nature in the middle of town!

Renaissance town in the heart of Kristianstads Vattenrike. Experience nature from naturum Vattenriket visitor center, or safari by boat, jeep, bike or by foot. Nature activities in all seasons - for instance eagle safari in winter or crane safari in spring.

The town centre with hotels, cafés, restaurants and culture activities is situated within five minutes walk. Within a short distance from Kristianstad you find incredible fishing spots, miles of beaches, perfect golf courses and bike routes!



Fotograf: Precious People



S-E Magnusson

Go where no one has
VENTURED BEFORE!

5 Off the Beaten Track
Destinations in Asia

ArrivalGuides

Foto: WhitefoxChen / Shutterstock

Top 5



Naturum Vattenriket visito...
The naturum Vattenriket visitor centre, on the banks of the River Helge å, j...



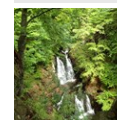
Bäckaskog Castle and Gardens
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TOP 10



Fotograf: Precious People

Naturum Vattenriket visitor centre



The naturum Vattenriket visitor centre, on the banks of the River Helge å, just west of Kristianstad railway station, is a natural

starting point when visiting Vattenriket. Here you find exhibitions, guided tours and all the information you need.

Address: Härlövsängaleden 2, 291 59 Kristianstad

Internet:

http://www.vattenriket.kristianstad.se/eng/naturum_eng.php

Bäckaskog Castle and Gardens



Back in the 1200s a community of monks built a monastery here on a narrow strip of land between the shimmering waters of two lakes. The

area have a natural beauty and rich cultural history.

Address: Barumsvägen 113, 290 34 Fjälkinge

Opening hours: All year

Phone: (0)44-530 20

Internet: <http://www.backaskogslott.se>

Fishing in the lower reaches of the River Helgeå



The fishery conservation area is one of the largest and species-richest in Skåne. Pike, perch, sea trout, salmon, pike-perch and a variety of carp are among the 36 documented species.

Address: Smattervägen 9, 296 91 Åhus

Phone: (0)44-638 25

Internet: <http://www.nedrehelgean.se>

Regional Museum in Kristianstad



Free admission to exhibitions on a variety of topics, with permanent displays charting the history of Kristianstad and Skåne. The museum's Café Miró serves locally produced organic food.

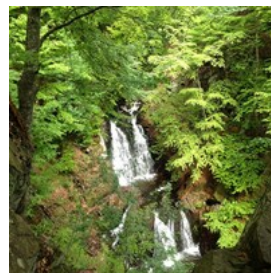
Address: Stora Torg, 291 32 Kristianstad

Opening hours: All year

Phone: (0)44-13 58 00

Internet: <http://www.regionmuseet.se>

Forsakar waterfall



Forsakar nature reserve is ideal for relaxing walks with its fabulous hills, streams, ravines and steep rocky slopes. Enjoy a great view of the waterfalls on the viewing platform.

Address: Forsakar, 297 94, Degeberga

Internet:

<http://www.vattenriket.kristianstad.se/plats/forsakar.php>

Kjugekull Hill



This nature reserve has walking trails that offer spectacular views of Lake Ivösjön. The countryside here is a mix of pastureland, leafy forests and giant boulder fields.

Address: Kjuge, 290 34 Fjälkinge

Internet: <http://www.kjuge.nu>

Kristianstad - a Renaissance city



Kristianstad is a Renaissance city, founded in 1614 by King Christian IV of Denmark. The city was initially built as a fortress, surrounded by wetlands that provided a natural defence.

Address: Östra Storgatan 25, 291 33 Kristianstad

Åhus - a medieval town



Åhus is one of the best preserved medieval towns in all of Sweden. Even today, among the cobbled streets in the heart of the Old Town there is much to remind visitors of the time when Åhus was part of Denmark.

Address: Torget 15, 296 31 Åhus

Internet:

<http://www.turism.kristianstad.se/en/ahus-visitors-guide>

Cycle round Lake Råbelövssjön



Cycle north along the old railway track on cycle paths and unpaved roads through orchards and open pasture, with Balsberget Hill on one side and the glistening lake on the other. Most of the trip is along cycle paths with no motor traffic.

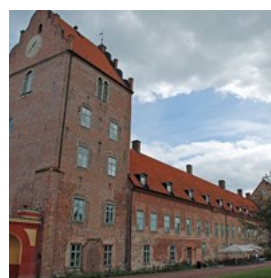
Address: Österslöv, 291 94 Kristianstad

DO & SEE



Foto: Sven Persson / swelo.se

Bäckaskog Castle and Gardens



Back in the 1200s a community of monks built a monastery here on a narrow strip of land between the shimmering waters of two lakes. The area have a natural beauty and rich cultural history.

Address: Barumsvägen 113, 290 34, Fjälkinge

Opening hours: All year

Phone: +46 (0)44-530 20

Internet: <http://www.backaskogslott.se>

Email: info@backaskogslott.se

Kronoskogen – nature reserve



This diverse area embraces mixed forest, coastal dunes, reed beds, and a vast sandy beach. Enjoy hiking, jogging, swimming and bird

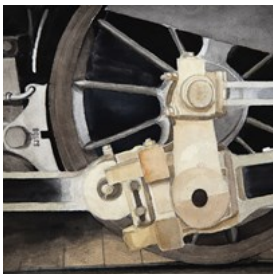
watching.

Address: Ävägen, Äspet, 296 33, Åhus

Internet:

<http://www.vattenriket.kristianstad.se/plats/aspet.php>

The Railway Museum



The Railway Museum features a fascinating collection of engines and railway carriages. Open during the summer.

Address: Västra Storgatan 74, 291 54, Kristianstad

Opening hours: Open during the summer

Phone: +46 (0)44-13 57 23

Internet: <http://www.regionmuseet.se/jarnvagsmuseet.htm>

Email: jarnvag@regionmuseet.se

Trolle Ljungby Castle



The Manor, known as Ljungby until 1830, is one of the most magnificent Renaissance buildings in Skåne, built in typical Christian IV style.

Address: Trolle Ljungbyvägen, 290 34, Fjälkinge

Opening hours: For viewing of the courtyard and the Horn and the Whistle please make an appointment on +46 44 550 43 or via e-mail cf@trolleljungby.com.

Phone: +46 (0)44-550 43

Internet: <http://trolleljungby.com>

Email: trolleab@telia.com

Aosehus castle ruin



Aosehus Castle was built in the middle of the 12th century. It stood on a small island surrounded by a wall and moat, being accessed via a

drawbridge.

Address: Hamnen, 296 31, Åhus

Bastionen Konungen



Discover how Kristianstad used to be in the 1760s - 1780s as a fortified town. Bastionen Konungen is one of the 10 bastions that made up a wall around the town.

Address: Östra Boulevarden, 291 31, Kristianstad

Opening hours: Bastionen Konungen is always open.

Blåherremölla Kvarn Museum



The sounds of the mill race and the waterfall with its salmon ladder still evoke the atmosphere of the old working farm and mill.

There are also recreation areas here and a café in the summer.

Address: Blåherremölla, 297 95 Degeberga

Opening hours: See homepage for details of current opening hours.

Phone: (0)708-67 02 78

Internet: <http://www.blaherremolla.se>

Sweden's only official film museum



Visit Sweden's only official film museum and the oldest remaining studio in the world, and watch films from the museum's collections in the cinema.

Photo: Copyright: Regionmuseet Kristianstad

Address: Östra Storgatan 53, 291 31, Kristianstad

Phone: +46 (0)44-13 57 29

Internet: <http://www.regionmuseet.se/filmmuseet.htm>

Email: film@regionmuseet.se

Kristianstad Center for Contemporary Art



The Center for Contemporary Art is in a process of constant renewal, showing installations, paintings, graphic arts and photos.

Address: Stora Torg, 291 22, Kristianstad

Opening hours: September to May, Tuesday to Friday. 12-17, Saturday-Sunday noon. 11-16. June to August every day at. 11-17. Visit the website for opening hours during the holidays.

Phone: +46 (0)44-13 58 00

Internet:

http://www.regionmuseet.se/kristianstads_konsthall.htm

Email: info@regionmuseet.se

Åhus Museum



Åhus Museum, located on the main square in the old town of Åhus, you can find out more about the men and the women of the Middle Ages and the part they played in the history of the town.

Address: Torget, 296 31, Åhus

Opening hours: Open in summer. For more information

regarding opening hours, visit the webpage of the Regional Museum Kristianstad.

Phone: +46 (0)44-13 47 77

Internet: http://www.regionmuseet.se/ahus_museum.htm

Email: info@regionmuseet.se

Regional Museum in Kristianstad



Free admission to exhibitions on a variety of topics, with permanent displays charting the history of Kristianstad and Skåne. The museum's Café Miró serves locally produced organic food.

Address: Stora Torg, 291 32, Kristianstad

Opening hours: September - May Tuesday - Sunday 12 p.m. - 5 p.m. June - August Daily 11 a.m. - 5 p.m. Changes in opening hours during holidays.

Phone: +46 (0)44-13 58 00

Internet: <http://www.regionmuseet.se>

Email: info@regionmuseet.se

Hembygdsparken Degeberga



See the old mill, blacksmith, carriage making and the 18th Century rectory. There's an agricultural museum with agricultural implements, horse-drawn carriages, a store and a classroom from the early 20th Century.

Address: Trollemöllavägen 25, 297 94, Degeberga

Phone: +46 (0)44-35 06 57

Internet: <http://www.hembygd.se/gards-harads>

Email: hembygdsforen.g@telia.com

Church of the Holy Trinity - Heliga Trefaldighetskyrkan



For years, visitors have come to the Church of the Holy Trinity to enjoy the magnificent architecture and the impressive interior.

Address: Västra Storgatan 6, 291 32, Kristianstad

Opening hours: The church is normally open during the day on weekdays.

Phone: +46 (0)44-780 64 10

Internet:

<http://www.svenskakyrkan.se/default.aspx?id=646664>

Email: kristianstadheltref.forsamling@svenskakyrkan.se

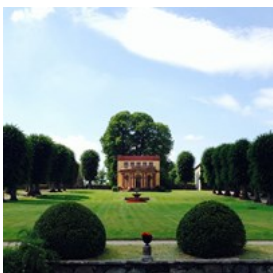
Torsebro Krutbruk



Torsebro Krutbruk (Gunpowder factory) has played an important part of Swedish national defence for almost 250 years. Today it is a well preserved, unique industrial environment. The park is always open to visitors.

Address: Torsebrovägen, 291 95, Färlöv

Maltesholm Manor



Manor 18 km south-west of Kristianstad on the Linderödsåsen ridge. Currently owned by the Palmstierna family. The park is open to the public.

The 1.3 km long drive up to the manor is known as Höge Väg and is cut out of the rock face.

Address: Maltesholms Slott, 298 91, Tollarp

Phone: +46 (0)44-31 04 41

Kristianstad - a Renaissance city



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Address: Stora torg, 291 33, Kristianstad

Åhus - a medieval town



Åhus is one of the best preserved medieval towns in all of Sweden. Even today, among the cobbled streets in the heart of the Old Town there is much to remind visitors of the time when Åhus was part of Denmark.

Address: Torget 15, 296 31, Åhus

Internet: http://turism.kristianstad.se/sites/kristianstad_v2/files/ahus_egen_hand_en_ty.pdf

Widtsköfle Castle



Widtsköfle Castle lies to the south of Kristianstad and is one of the best preserved renaissance castles in Scandinavia. It was built during the 16th century by Jens Brahe as a fortress. Avenues run from different directions to the castle.

Address: Vittskölevägen 100, 297 91, Vittskövle

Phone: +46 (0)44-35 30 28

ACTIVITIES



Foto: Sven Persson / swelo.se

Fishing in the lower reaches of the River Helgeå



The fishery conservation area is one of the largest and species-richest in Skåne. Pike, perch, sea trout, salmon, pike-perch and a variety of carp are among the 36 documented species.

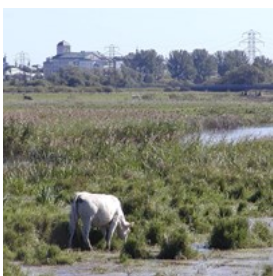
Address: Smattervägen 9, 296 91, Åhus

Phone: +46 (0)44-638 25

Internet: <http://www.nedrehelgean.se>

Email: kansli@nedrehelgean.se

Isternäset – nature reserve



several trails for hiking.

The meadows are flooded regularly and when the water recedes the area forms fine nesting and resting areas for ducks and waders. The area has

Address: 291 59, Kristianstad

Friseboda – nature reserve and hiking area



The Pine Heath inside the sandy beach is home to unusually rich lichen flora. The old forest is a perfect nesting place for birds.

Address: Friseboda, 29692, Yngsjö

Internet:

<http://www.skanskalandskap.se/strovomraden/friseboda>

Balsberget and Balsberg Cave



Enjoy a relaxing walk in beautiful countryside. The wonderful panoramic view from the top of Balsberget will inspire you.

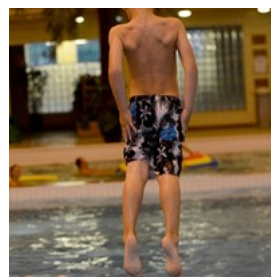
Opening hours: The cave is open 16th of April - 14th of October.

Phone: +46 (0)44-754 40

Internet:

<http://www.vattenriket.kristianstad.se/eng/balsberget.php>

Tivolibadet



Park in Kristianstad.

A swimming pool with facilities for the body and soul, and everything a modern wellness centre can offer. Tivolibadet is in the centre next to Tivoli

Address: Tivolibadsgatan 4, 291 32, Kristianstad

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-10 12 00

Internet: <http://www.kristianstad.se/tivolibadet>

Email: tivolibadet@kristianstad.se

Boulder-climbing



The beautiful Kjøgekull nature reserve is one of the largest in Sweden, and with more than 1 000 climbing obstacles, it is, without doubt, the best place for boulder-climbing. Visitors can go bouldering almost all year round.

The camping site of Ivö Camping, to the north-east of Kjøgekull, has tent pitches and chalets to let.

Address: Kjøgekull, 290 34, Fjälkinge

Kulturhuset Barbacka



A culture centre for and by children and young people in theatre, drama, dance, music, photo and art. The centre also has a café and a playroom for children from 0-7 years.

Address: Barbackagatan 12, 291 32, Kristianstad

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-13 56 50

Internet: <http://www.kristianstad.se/barbacka>

Email: barbacka@kristianstad.se

Vångabacken ski area



Vångabacken offers skiing on three pistes with different difficulty levels. The child slope is a secluded area with its own lift, specially for infants and juniors.

Address: Bergmossevägen, 290 38, Villands Vånga

Opening hours: Open during the winter. Visit the website for opening hours.

Phone: +46 (0)44-940 90

Internet: <http://www.vangabacken.com>

Email: vangabacken@telia.com

Go kart - Åsum Ring



1,234 meter technically difficult outdoor go kart track. Hire of go karts for drop-in, or book your event or activity.

Address: Kristianstad Ö, 291 63, Kristianstad

Opening hours: Drop out Saturday 12:00 to 17:00 and

Sunday 13:00 to 6:00 p.m. For other bookings please contact

Kristianstad Karting for booking.

Phone: +46 (0)708-98 85 80

Internet: <http://www.kristianstadkarting.se>

Email: info@ohlinsracing.se

Degeberga-Widtsköfle Golf Club



The closest thing you will get to experiencing a piece of Scotland in Sweden. Within the Swedish golfing community

Degeberga-Widtsköfle Golf Club is widely acknowledged as a premier quality venue and hosts the qualifying for SAS Masters Touren.

Address: Segesholmsvägen 126, 297 21 Degeberga

Phone: (0)44-35 50 35

Internet: <http://www.dwgolfklubb.se/english>

Skepparslöv Golf Club



The 18 hole course at Skepparslöv is beautifully situated in an area of woodlands and parks. The course offers a rich variety of golfing terrain.

The facilities also include the Skepparslöv golf

restaurant. Arranges weddings and conferences.

Address: Sätesvägen 14 , 291 92 Kristianstad

Phone: (0)44-22 95 08

Internet: <http://www.skepparslovsgk.se>

Forsakar waterfall



Forsakar nature reserve is ideal for relaxing walks with its fabulous hills, streams, ravines and steep rocky slopes. Enjoy a great view of the

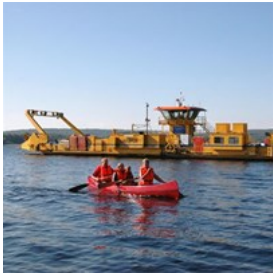
waterfalls on the viewing platform.

Address: Forsakar, 297 94, Degeberga

Internet:

<http://www.vattenriket.kristianstad.se/plats/forsakar.php>

Boat and Canoe hire - Ivö



Canoes, rowing boats and motor-boats. Also sale of fishing permits.

Address: Ärkebiskopens väg 101, 290 34, Fjälkinge

Phone: +46 (0)44-521 88

Internet: <http://www.ivo-camping.nu>

Email: reception@ivo-camping.nu

Hälsa & Helhet Day spa



A unique, total experience for body and soul in a new, purpose-built environment.

Spa/relaxation unit. A spa day enhances wellbeing.

Address: Östra Boulevarden 40, 291 31 Kristianstad

Phone: (0)44-10 00 05

Internet: <http://halsa-helhet.se/>

Walking in Vattenriket



Walk in Kristianstads Vattenrike Biosphere Reserve, starting at the naturum Vattenrike Visitor Centre.

Address: 291 80, Kristianstad

Phone: +46 (0)44-13 23 30

Internet: http://www.vattenriket.kristianstad.se/linnerundan/pdf/Rivkarta_walking.pdf

Email: naturum@kristianstad.se

Kjugekull Hill



This nature reserve has walking trails that offer spectacular views of Lake Ivösjön. The countryside here is a mix of pastureland, leafy forests and giant boulder fields.

Address: Kjuge, 290 34, Fjälkinge

Skepparslövs Golfklubb



Enjoy a game on Skepparlöv's high-class park and woodland course, with its hilly terrain, situated on Nävlingeåsen Ridge.

Address: Uddarps Säteri , Sätesvägen 14, 29192, kristianstad

Phone: +46 44229 508

Email: kansli@skepparslovsgk.se

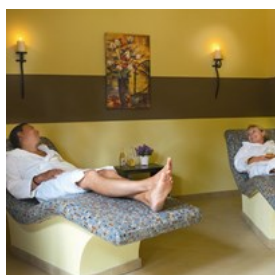
Kosmorama Cinema



The cinema is located in central Kristianstad in the mall Boulevard and has 6 theatres. All theatres are adapted for wheelchairs and there are wheelchair accessible toilets at the cinema.

Address: Östra Boulevarden 3, 291 31, Kristianstad
 Opening hours: Visit the website for the current program.
 Phone: +46 (0)8- 56 26 00 00
 Internet: <http://www.sf.se/biografer/kristianstad-kosmorama>

Spa Paradies in Åhus



A paradise is a location which enchants its guests. So let yourself be enchanted and dive into a world full of sensuality and well-being!

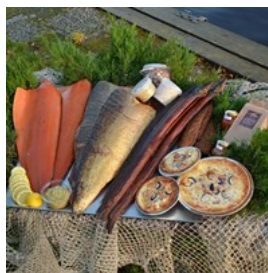
Address: Fädriften 2, 296 33, Åhus
 Opening hours: Visit the website for opening hours.
 Phone: +46 (0)44-24 95 02
 Internet: <http://www.spa-paradisets.se>

DINING



Fotograf: Sven Persson / swelo.se

Martins Rökeri



Martin's smokehouse is in Nyehusen, 10 km south of Åhus. All the fish are smoked in the old-fashioned way in wood-fired ovens.

Address: Furubodav. 73-13, 296 92, Yngsjö
 Opening hours: Monday to Friday 10:00 to 18:00 and Saturday 10:00 to 13:00. Visit the website for opening hours.
 Phone: +46 (0)44-23 13 78
 Internet: <http://www.martinsrokeri.se>

Otto & Glassfabriken



The ice cream factory in Åhus dates back to the 1950s. It sells ice cream all year round. During the summer it supplies several ice cream kiosks, both in and outside Åhus.

Address: Gamla Byvägen 68, 296 72, Yngsjö
 Opening hours: Open for the sale of the factory every Friday. 10:00 to 16:00. Glasskiosken in Tället is open 12:00 to 21:00 from 13 June.
 Phone: +46 (0)733-24 01 03
 Internet: <http://www.ottoglass.se>
 Email: ottoglass@telia.com

Mina's Chocolate Studio



Irresistible for chocoholics! Experience chocolate with all your senses at Mina's Chocolate Studio. Pralines, desserts, drinks,

cakes, meals and music - all with a chocolate theme!

Address: Tostbergavägen 766, 290 34, Fjälkinge
 Opening hours: Non-holiday Friday. 13-17 and Saturday. 10-14. Open for the holidays!

Phone: +46 (0)768-71 68 84
 Internet: <http://www.chokladstudion.se>
 Email: amina@chokladstudion.se

Gårdsbutiken Viby Potatis

The shop sells its own produce in a pleasant rural environment. Buy home-grown vegetables, root vegetables, potatoes, processed meats, eggs, juice, jam and marmalade.

Address: Viby Kyrkväg 22, 291 51, Kristianstad
 Opening hours: Monday to Friday 10:00 to 18:00, Saturday 10:00 to 15:00.
 Phone: +46 (0)44-22 80 09, (0)708-93 73 71
 Internet: <http://www.vibypotatis.se>
 Email: gardsbutiken@vibypotatis.se

Harastorp Farm



natural products.

Harastorp Farm, a scenic idyl with a long history, is just a stone's throw from Torsebro village. It has an old-fashioned farm shop selling locally produced,

Address: Åbyvägen 300, 291 95, Färlöv
 Opening hours: Thursday and Friday. 11-18 and Saturday. 11-14.
 Phone: +46 (0)44-732 52
 Internet: <http://www.harastorp.se>
 Email: irene.roslund@gmail.com

Farm Shop Bonnslätt 1:56

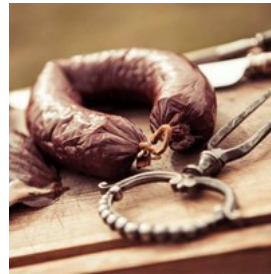


The shop is between Arkelstorp and Villands Vånga. A family farm of third-generation fruit and berry farmers. The farm grows fruit on 8 hectares and has 1 hectare of raspberries, black currants and gooseberries.

Address: Näsумsvägen 44, 290 38, Villands vånga
 Opening hours: Visit the website for opening hours.

Phone: +46 (0)706-03 75 80
 Internet: <http://www.bonnslatt.se>
 Email: info@bonnslatt.se

Viltboden in Trolle Ljungby



Buy game from the grounds of Trolle Ljungby, treated and prepared with great respect.

Address: Trolle Ljungby, vägen mot Tosteberga, 290 34, Fjälkinge
 Opening hours: Visit the website for opening hours.
 Phone: +46 (0)44-550 47
 Internet: <http://www.trolleljungby.com/viltboden>

Åhus-Ål

The Fisherman Sven Wilhelm, Revhaken. fresh fish and - when available - smoked eel, salmon and herring.

Address: Revhaksvägen , 296 38 Åhus
 Phone: (0)44-24 86 28, (0)703-24 17 84

Brogårdens Gårdsförsäljning

Address: Byholmsvägen 134, 291 51, Kristianstad
 Phone: +46 (0)44-22 81 07
 Email: lars.ovesson@lm.lrf.se

Farm shop Degeberga (Degeberga Slakteriprodukter)



Swedish meat direct from producer to consumer.

Our meat and meat products come from our own stables. Here you can follow high quality

meat from stable to plate.

Address: Kung Borres väg 41, 297 94, Degeberga
 Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-35 05 93

Internet:

<http://www.degeberga.nu/foretag/slakteriprodukter-ab/>

Email: slakteriprod@degeberga.nu

Rathckegården Farm shop



Farm shop just south of Åhus. Home grown potatoes, eggs, vegetables and root crops, as well as musts, juices, jams and canola oil products. Most products are organically grown.

Address: Yngsjövägen 264, 296 91, Åhus

Opening hours: Visit the website for opening hours.

Phone: +46 (0)705-74 74 97

Internet: <http://www.rathckegarden.se>

Email: info@rathckegarden.se

Tollarps Fukt och Bär AB



Strawberries and raspberries from our farm. Wild strawberries, cloudberries, bilberries, lingonberries and Swedish fruits.

Homemade fruit and berry pies. Lovely fruit baskets.

Address: Stenbrovägen 8, 298 33, Tollarp

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-31 11 36

Internet: <http://www.tollarpsfruktochbar.se>

Aptit & Salut



Appetite restaurant in the old Crown Hall on the Main Square in central Kristianstad. It offers daily lunch / business lunch and a la cart evenings. In Salut lounge & bar you will find a

wide selection of delicious drinks and snacks.

Catering and theme nights. Outdoor seating.

Address: Stora torg, Christian IV:s gatan 5, 291 32, Kristianstad

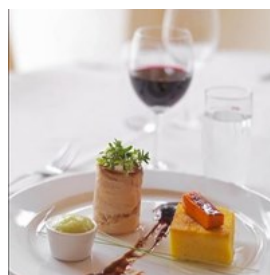
Opening hours: Open all year. Visit the website for opening hours.

Phone: +46 (0)44-590 16 00

Internet: <http://www.apititsalut.se>

Email: info@apititsalut.se

Araslövs Norra Kro



Right next to the Northern & Southern course is Araslöv Northern Kro. The restaurant is decorated in the old Skåne ranks

giving clubhouse area its charm. Daily specials, bar menu and a la cart. Conference hall and ballroom.

Address: Starvägen 1, 291 75 Färlöv

Phone: (0)44-711 31

Internet: <http://www.araslovgolf.se>

Bar-B-Ko Restaurant



Bar-B-Ko Restaurant offers quality grilled seasonal meats with the perfect side dishes. The menu includes popular fish dishes and vegetarian options that are constantly renewed.

Address: Tivoligatan 4, 291 31, Kristianstad

Opening hours: Open all year. Visit the website for opening hours.

Phone: +46 (0)44-21 33 55

Internet: <http://www.bar-b-ko.se>

Bykrogen in Österslöv



Enjoy food with ingredients from the countryside. The menu is seasonal, and you can often listen to music served up with your food.

Address: Arkelstorpsvägen 79, Österslöv, 291 94, Kristianstad

Opening hours: Open all year. Visit the website for opening hours.

Phone: +46 (0)44-22 60 00

Internet: <http://www.bykrogen.nu>

Email: info@bykrogen.nu

Bånken - Pub & Restaurant



Restaurant in a cosy pub setting. The menu features tapas, burgers, and beef tenderloin. Bånken has a great selection of wine and

beer.

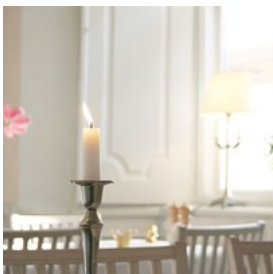
Address: Östra Storgatan 27, 291 33, Kristianstad

Opening hours: Open all year. Visit the website for opening hours.

Phone: +46 (0)44-10 20 23

Internet: <http://xn--bnkenpub-9za.com>

Bäckaskog Castle – restaurant



Lunch serving, restaurant and cafe. Special menus for various celebrations and holidays. Outdoor seating in the castle courtyard in the summer.

Book your table in advance.

Address: Barumsvägen 255, 290 34, Fjälkinge

Opening hours: Open all year. Visit the website for opening hours.

Phone: +46 (0)44-530 20

Internet: <http://www.backaskogslott.se>

Email: info@backaskogslott.se

Restaurant Midsommar



The restaurant Midsommar in Åhus offers a place to relax with good food.

Address: Fädriften 2, 296 33, Åhus

Opening hours: Every day 12-22 pm

Phone: +46 (0)44-24 95 02

Fredholm's Tavern



You can take food home or order catering. Above the restaurant are 4 conference rooms available for hire. In the center of town you will

find Fredholm deli which among other things offers smörrebröd (typical danish sandwiches) and lunch. There are a variety of buffets to choose from. During Christmas, a typical swedish julbord- Christmas dinner is served and jultallrik. Fredholm´s Tavern care about the environment and makes extensive use of organic and local products.

Address: Blekingevägen 6, 291 54, Kristianstad

Phone: +46 (0)44-12 07 00

Email: mat@fredholms.com

Grands Bar och Matsal



In conjunction with the Quality Hotel Grand is Grand's restaurant with bar and dining room, inviting you to a lovely dinner in the fresh

atmosphere.

Address: Västra Storgatan 15, 291 32, Kristianstad
 Phone: +46 (0)44-28 48 00
 Internet: <http://www.choicehotels.se>
 Email: q.grand.kristianstad@choice.se

Restaurant HB



Reach the restaurant across the Helge River by boat from Åhus to Äspetön. Choose your favourite from burgers, halibut or Slow Cooked BBQ Pulled Pork.

Address: Ävägen 4, 29631, Åhus
 Opening hours: Visit the website for opening hours.
 Phone: +46 (0)44-24 73 30
 Internet: <http://www.restauranghb.se>
 Email: stampe@handelsbaren.com

Hesslegatans Kök & Bar



Address: Hesslegatan 1, 291 31, Kristianstad
 Phone: +46 (0)44-21 09 80
 Email: info@hesslebaren.se

Kastanjelunds Wärdshus - restaurant



Everything is let to take its time in the kitchen at Kastanjelunds Wärdshus.

Address: Kastanjelundsvägen 2, 296 72, Yngsjö
 Phone: +46 (0)44-23 25 33
 Internet: <http://www.kastanjelund.se>
 Email: info@kastanjelund.se

Kippers Källare restaurang



Distinguished traditional restaurant in 17th century setting. Classic Swedish and exciting new dishes. Summer seating in our beautiful inner garden. Delightful bar/pub. Listed in White Guide.

Address: Östra Storgatan 9, 291 31, Kristianstad
 Phone: +46 (0)44-10 62 00
 Internet: <http://www.kippers.se>
 Email: info@kippers.se

Kong Christian, restaurang



Pub and restaurant with a touch of sport. Bar menu or a la cart. Ability to watch sports on TV. Upstairs you find Kong Christian B & B.

Address: Tivoligatan 12 , 291 31 Kristianstad
 Phone: (0)44-21 00 34

La Cucina



By the little square lies the cozy Italian restaurant La Cucina. Here you can eat lunch and a la carte menu inspired by the Mediterranean Sea.

Address: Döbelnsgatan 10, 291 31, Kristianstad
 Opening hours: Open every day! For exact times, visit the website.
 Phone: +46 (0)44-21 59 00
 Internet: <http://www.la-cucina.se>
 Email: info@la-cucina.se

Vånga 77.1 – Farm bakery, café and shop



Enjoy Sourdough bread and farm-baked crisp bread, cakes and buns. Marvel at the view of Lake Ivösjön. Fruits and treats from the kitchen

and bakery.

Address: Furustadsvägen 488, 290 38, Villands Vånga

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-941 23

O'Learys Bar & Restaurang



Restaurant and bar specializing in sports. Located on the large square in the center of town. The food is inspired by the U.S. kitchen with everything from buffalo wings to hearty grilled hamburgers.

Address: Nya Boulevarden 8, 291 31, Kristianstad

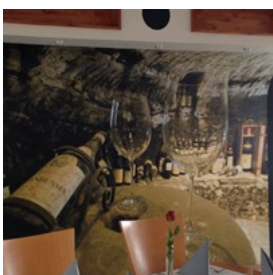
Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-21 60 66

Internet: <http://www.olearys.se/kristianstad>

Email: kristianstad@olearys.se

Restaurant Bistro



Enjoy a three-course meal or lunch by the sea with the family. Then spoil yourself with an ice cream from the kiosk. Have a drink or a

delicious coffee in the lounge.

Address: Kantarellvägen 3, 296 32, Åhus

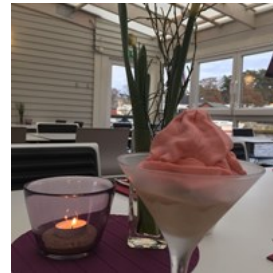
Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-24 00 53

Internet: <http://www.bistroahus.se>

Email: simon@bistroahus.se

Restaurang Pråmen



A floating restaurant in the marina at Åhus with a large and varied menu. Open throughout the summer months. Enjoy food and ice-cream in all

weathers in the restaurant's heated glass pavilion.

Address: Hamnpromenaden, 296 21, Åhus

Opening hours: Open throughout the summer months. Visit the website for opening hours.

Phone: +46 (0)708-30 02 40

Internet: <http://www.pramen.net>

Email: info@pramen.net

Rökeriet Restaurant



The restaurant is just a stone's throw from the River Helgeå, so you can take the car or boat here for a meal, a snack or to buy fish to take home.

Address: Yngsjövägen 226, 296 72, Yngsjö

Opening hours: Open Monday-Sunday. Visit the website for opening hours.

Phone: +46 (0)44-24 91 21

Internet: <http://www.rokeriet.se>

Sotnosen's Korvcafé (sausage café) and farm shop



Experience sausages in a whole range of flavour combinations. Sotnosen's Sausage Cafe is at Karstads Farm and offers coffee, sausages and a delicatessen.

Address: Karstavägen 77, Karstads Gård, 291 94, Kristianstad

Opening hours: Visit the website for opening hours.

Phone: +46 (0)708-97 27 50

Internet: <http://www.sotnosenskorvar.se>

Email: sotnosenhb@hotmail.com

Subway

Subway is located in central Kristianstad. They offer sandwiches quickly and easily and with a great selection. You can eat in or take it with you.

Address: Nya Boulevarden 10, 291 31 Kristianstad

Phone: (0)44-21 48 02

Internet: <http://www.subway.se>

Thai Kongs restaurant



The restaurant is on Söder Torg in Kristianstad and serves authentic Thai food, lunch, and sukiyaki.

Address: Södra Kaserngatan 6, 291 31, Kristianstad

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-21 88 21

Internet: <http://www.thaikong.se>

Email: info@thaikong.se

The Bishops Arms Pub



The Bishops Arms Pub has a cosy English pub-feeling. Sit in a separate booth, or lounge in a comfortable armchair in the library.

Address: Västra Boulevarden 7, 291 32, Kristianstad

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-10 13 66

Internet: <http://www.bishopsarms.com>

Email: bishops.kristianstad@elite.se

Kristianstad Restaurang Steakhouse



menu and drink menu.

Kristianstad Restaurant is both well known and well established restaurant specializing in grilled meat. They offer both a well-stocked steakhouse

Address: Nya boulevarden 6 A, 291 31, Kristianstad

Opening hours: Open all days of the week. Visit the website for opening hours.

Phone: +46 (0)44-12 00 20

Internet: <http://www.thesteakhouse.se>

Email: info@thesteakhouse.se

Åhus Gästgivaregård



Åhus Gästgivaregård serves Swedish classics for lunch and á la carte dishes in the evening.

Address: Gamla Skeppsbron, 296 21, Åhus

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-28 90 50

Internet: <http://www.ahusgastis.com>

Email: info@ahusgastis.com

Åmund restaurant & cafe



Enjoy good food and drink in Åhus harbour while watching the world go by and the boats sail along the bustling harbour promenade.

Address: Skeppsbron, 296 32, Åhus

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-28 96 70

Internet: <http://www.amund.nu>

Äspets smokehouse & restaurant



Restaurant open in the summer that serves lunch and á la carte. Beautiful waterfront location in Åhus harbour.

Address: Ävägen 4 B, 296 38, Åhus

Opening hours: Visit the website for opening hours.

Phone: +46 (0)44-22 53 53

Internet: <http://www.aspetsrokeri.com>

Email: info@aspetsrokeri.com

CAFES



Fotograf: Sven Persson / swelo.se

Ängshyddan organic arts cafe



A cozy cafe in the half-timbered farmhouse at Ålakusten, Yngsjö. The café serves organic cake buffet, sandwiches, waffles, sandwich cakes, pies and more. Also farm hotels, B & B, gallery and shop.

Address: Yngsjövägen 462, 296 92, Yngsjö

Phone: +46 (0)44-23 28 55

Internet: <http://www.angshyddan.se/>

Email: ateljeangshyddan@telia.com

Café Fenix



Café in the pedestrian street near Lilla Torg, Kristianstad. Cafe Fenix describes itself as "an old-fashioned cafe in a modern style where comfort is more important than the label."

Address: Östra Storgatan 69, 291 31, Kristianstad

Opening hours: Open Monday - Friday. 09:00 to 18:00 and Saturday. 10:00 to 16:00.

Phone: +46 (0)44-20 90 80

Café Miró – Regional museum



Enjoy food from around the world - with Skåne as its a keynote. Café Miró serves local organic food in an exciting and original way.

Address: Stora Torg, 291 32, Kristianstad

Opening hours: Monday to Friday 11:45 to 15:30, Saturday and Sunday 12:00 to 15:00. Closed Mondays September to May.

Phone: +46 (0)44-13 58 00

Internet: <http://www.regionmuseet.se/cafeMiro.htm>

Email: cafe@regionmuseet.se

Café Trolldegen



Café Trolldegen in Degeberga is located in beautiful countryside close to Forsakar, Skåne's only waterfall. All cakes are baked at the café from traditional recipes.

Address: Trollemöllavägen 25, 297 94, Degeberga

Opening hours: Visit the website for opening hours.

Phone: +46 (0)704-67 48 96

Email: kerstin@trolldegen.se

Conditori Duvander



A traditional pastry shop in central Kristianstad offering a wide range of cakes, pastries and sandwiches. Everything is made in-store from 100 percent natural ingredients.

Address: Hesslegatan 6, 291 31, Kristianstad

Opening hours: Open every day! Visit the website for opening hours.

Phone: +46 (0)44-21 94 18

Internet: <http://www.conditoriduvander.se>

Conditori Fantasi



Conditori Fantasi is proud of its home-made pastries, ice cream and cakes. It is renowned for its high-quality home-made gelato ice cream.

Address: Vendesgatan 3, 291 53, Kristianstad

Opening hours: Open every day! Visit the website for current hours.

Phone: +46 (0)44-21 20 10

Internet: <http://www.darins.se>

Email: www.conditori_fantasi@hotmail.com

Darins Bageri & Café



A traditional bakery in the middle of Kristianstad city centre, that's been around since 1925. The café is situated next to the old bakery that is still in use.

Address: Östra Storgatan 36, 291 31, Kristianstad

Opening hours: Monday-Friday. 07:30 to 18:00 and Saturday. 9:00 to 16:00.

Phone: +46 (0)44-21 20 10

Internet: <http://www.darins.se>

Email: www.conditori_fantasi@hotmail.com

Gallery café Fina Fisken



Garden area and superb lunches with local specialty seafood dishes, coffee and waffles. The café is on an idyllic garden near the square in the old part of Åhus.

Address: Västra Hamngatan, 296 31, Åhus

Opening hours: Open during the summer. Visit the website for opening hours.

Phone: +46 (0)44-24 36 25

Internet: <http://www.konstgallerietiahus.se/fina-fisken>

Nya Conditoret



Nya Conditoret is on Köpmannagatan in Åhus. It offers freshly baked food and pastry seven days a week, year round. Everything is baked in their own bakery.

Address: Köpmannagatan 20, 296 21, Åhus

Opening hours: Open every day! For exact times, visit the website.

Phone: +46 (0)44-24 03 12

Wahlquists Conditori



One of Kristianstad's oldest pastry shops with a tradition of table serving.

Address: Östra Storgatan, 291 31, Kristianstad

Opening hours: Open Monday-Saturday

Phone: +46 (0)44-21 02 84

SHOPPING



Torget 11 Vintage and second hand



Vintage and second hand store.

Address: Torget 11, 29131 Åhus

Phone: (0)725-28 93 50

Kristianstad Shopping City



There are about 250 shops and businesses offering something for everyone at Kristianstad Shopping City, from small shops to large retail chains.

Address: 291 31, Kristianstad

Opening hours: Recommended opening hours Monday-Friday. 10-18, Saturday. 10-16 and Sunday noon. 12-16. Deviating times may occur. Retailing outlets have different opening hours.

Internet: <http://www.handelsstaden.com>

Email: info@handelsstaden.com

ESSENTIAL INFORMATION



Welcome to the Tourist Center!

In Kristianstad Tourist Center and Åhus Tourist Information we help you with information and offers tips on attractions and activities in the area.

Kristianstad Tourist Center
Stora Torg, 291 32 Kristianstad
Lat 56.03116, long 14.15432
touristinfo@kristianstad.se
+46 (0)44-13 53 35

Opening hours
Monday-Thursday 10-17, Friday 10-16, Saturday 10-14
Longer opening hours during the summer

Åhus Tourist Information
Torget (together with Åhus Museum), 296 31 Åhus
Lat 55.92330, long 14.29375
touristinfo.ahus@kristianstad.se
+46 (0)44-13 47 77

Open during the Summer

Population
36 000

Currency
Swedish SEK/crowns

Opening hours

Kristianstad Tourist Center
Monday-Thursday 10-17, Friday 10-16, Saturday 10-14

Åhus Tourist Information
Open during the Summer

Internet

<http://www.kristianstad.se/turism>

Newspapers

Kristianstadsbladet

Emergency numbers

112

Tourist information

Kristianstad Tourist Center
Stora Torg
291 32 Kristianstad
touristinfo@kristianstad.se
+46 (0)44-13 53 35

Åhus Tourist Information
Torget 15
296 31 Åhus
touristinfo.ahus@kristianstad.se
+46 (0)44-13 47 77