





Photo:



#### Welcome to Sundsvall!

Sundsvall is the destination for those who want to embellish their holiday in Norrland with shopping and entertainment. Today, this is the home to Norrland's largest city mall and Birsta Shopping Centre, which is one of Sweden's largest out-of-town retail Centre. In the midst of the northern nature, and at the heart of everything, you'll find, perhaps, one of the country's most beautiful city centers with rich ornate post-renaissance stone buildings. Raise your eyes towards the beautiful facades and enjoy!



#### **Events**



#### **National Day celebration** Here in Sundsvall you can participate in one of Sweden's



# **Sundsvall Open Trot**

Welcome to the North of Sweden's biggest sport event! One of Europe's major ...



# Christmas market at Norra ...

During two days each year in the beginning of December thousands of visitors...



#### Midsummer celebration at N...

At serval places around Sundsvall you can participate in Midsummer celebrati...



# **Sundsvall Pride**

Seven days with seminars, entertainment and a lot of fun in combination with...





#### **Stone Town Visitor Center**

Welcome to the City Hall and Stone Town Visitor Center with its activities. ...



# Staircase of Knaust

In a building from 1891 lies Elite Hotel Knaust with its enrichment history,...



# Norra Berget

Welcome to Norra Berget, a green oasis in Sundsvall and one of the regions ' ...



#### Roof top tour

Discover Sundsvall from above! Have a close up with the Stone Town on a guid...



#### Vättaberget

The view form Vättaberget is one of the most photographed in Sweden. The nea...





# THE CITY



If there is a Swedish city that has risen from the ashes like a Phoenix and dazzled the rest of the world with its new splendour, it must be Sundsvall. After the major fire in 1888, the city was rebuilt with the insurance money and contributions from the rich timber magnates. It was built entirely in stone and designed by the leading architects of the time, who took pride in outdoing each other. It would be absolutely impossible to build a similar city today. Back then, Sundsvall was Sweden's Klondike, a city to which thousands of people travelled to seek their fortune and a better life. Today, Sundsvall is a city buzzing with life and activity more than ever. The opportunities to find happiness here have not diminished with the years. Quite the opposite.

Sweden's largest coastal delta is formed at the mouth of the river Indalsälven where it flows into the Gulf of Bothnia. This unique natural environment is best explored on foot or by canoe. Sundsvall-Timrå Airport, the county's largest airport, is located in the middle of the delta, a stone's throw from the magnificent Y sculpture created by the artist Bengt Lindström. Here is also a seaside 18- hole golf course. Timrå is also home to Merlo, the only castle in Norrland, and the beautiful Tynderö peninsula with its many roadside cafés and farm shops along Skeppshamnsleden. A ten-minute drive south

brings you to Birsta Retail Centre and Sundsvall's diverse offerings.

The geographical heart of Sweden is starting to develop into a musicalcentre. The rock bands Takida and Corroded both originate from Ånge. The beautiful valley of the river Ljungan, dotted with small villages and large manors from the days of the timber magnates, strikes a chord in people's hearts. The result is sweet music.

#### **TOP 10**



10 things you have to see and do when you're visiting Sundsvall.

# **Stone Town Visitor Center**



Welcome to the City Hall and Stone Town Visitor Center with its activities. Try new interactive technologies and explore the even more exciting

history of Sundsvall in a playful and unique environment.

Address: Stora Torget Phone: +46-60-6585800

Internet: http://visitsundsvall.se/ Email: info@visitsundsvall.se



#### Staircase of Knaust



In a building from 1891 lies Elite Hotel Knaust with its enrichment history, and for a long time it has been a pride for Sundsvall. Famous for

its beautiful marble staircase at the entrance, and the magnificent mirror hall.

Address: Storgatan 13 Phone: +46-60-608 00 00

Internet:

https://www.elite.se/sv/hotell/sundsvall/hotel-knaust/

# **Norra Berget**



Welcome to Norra
Berget, a green oasis in
Sundsvall and one of the
regions´ well-visited
excursions. The
combination of nature,

culture history, cafés, stores, playgrounds, barbecue sites and arrangements attract people all year around. Here you'll find something for all ages and tastes.

Address: Norra Stadsberget Phone: +46-60-19 12 00

Internet: http://www.norraberget.se

# **Roof top tour**



Discover Sundsvall from above! Have a close up with the Stone Town on a guided tour.

Address: Stora Torget
Phone: +46-60-658 58 00
Internet: http://visitsundsvall.se
Email: info@visitsundsvall.se

# Vättaberget



The view form Vättaberget is one of the most photographed in Sweden. The near 1 hour drive from the city center is well worth it. During

summertime it's possible to sit down in the café for a cup of coffee and see some of the old houses on site, like a forge. During the winter the ski-slope is open for use.

Address: Åsen, Liden

Internet: http://visitsundsvall.se/

# Casino Cosmopol



Casino Cosmopol is the first international casino in Sweden. The old railway station is now a modern casino with all different kinds of games,

slots and of course entertainment and events. Here you'll also find Casiopeija, their price rewarded restaurant with first class food and beverage.

Address: Casinoparken 1 Phone: +46-20-219 219

Internet: https://www.casinocosmopol.se/sundsvall

Email: bokasundsvall@casinocosmopol.se

#### Kustvägen



Kustvägen (The Coast Road) is a 75 km unique road section south of Sundsvall. Take the opportunity to leave the big roads and experience

the lovely Swedish coastline. The road will take you through forest and agriculture landscape. You'll find genuine fishing villages, the Northern



Sweden's longest beach, restaurants & cafés, industrial museums, golf courses, hotels, camping, B & B, a beautiful nature, fishing and more.

Internet: http://www.kustvagen.nu/

#### Himlabadet



Adventure Water Park with something for everyone. Water slides, relax and spa area, waterfalls, bubble pools, saunas, café/restaurant

etc. Would you like to try out surfing? Here you'll have your chance, at Europe's first Surf stream, and during summer there are also outdoor swimming pools to enjoy.

Address: Universitetsallén 13 Phone: +46-06-19 20 00

Internet: http://www.himlabadet.se

Email: in fo@himlabadet.se

# Archipelago tour with M/S Medvind



Take the chance to see
Sundsvall from the sea
side! Archipelago and
restaurant boat, with a
large sun deck, a cozy
dining area, bar and night

club area, that takes you on a small cruise along the coast of Sundsvall.

Address: Inner harbor
Opening hours: May-August
Phone: +46-60-55 22 90

Internet: http://msmedvind.com/ Email: info@msmedvind.com

#### Old church of Alnö



The church from early medieval times, constructed in the late 12th century, is one of the oldest and best preserved in Medelpad.

The church had two purposes; a place for worship, and as a defense. Today it's a popular summer church for baptism and weddings. In close proximity you'll find Alnö museum of local history.

Address: Alnövägen 85 Phone: +46-60-55 36 50

Internet: https://www.svenskakyrkan.se/alno Email: Alno.forsamling@svenskakyrkan.se

# DO & SEE



Experience more! There's a lot to see in the Sundsvall region. The natural attractions are just as fascinating as the historical sites. And don't miss the Stone City...

# Gudmundstjärn



30 km west of Sundsvall you'll find one of the last preserved self-subsistent households in Sweden. Between 1779 and 1944 the fields here were

farmed by five generations, no roads connecting to the farm. The 22 buildings preserved are



listed and the area is a nature reserve.

Address: Gudmundstjärn, Indal

Internet: http://gudmundstjarn.dinstudio.se/

#### Indalsleden



Main roads 86 and 87 between Sundsvall and Östersund are called Indalsleden and said to be one of the most beautiful tourist routes in

Sweden. The entire route along the Indalsälven valley is an Eldorado of outdoor activities. If you are interested in history, you have many opportunities to stop and see old rural culture, museums, nature information centers and ancient remains.

Phone: +46 60 658 58 00

Internet: http://www.indalsleden.se/

# Galtströms Bruk



Galtström is located at what once was Medelpad's first, largest and last ironworks, alongside the coast south of Sundsvall. A visit at

Galtström is like time travel. In the wonderful environment you can feel the wing beat of history, take a ride with the steam locomotive, just wander in the nature or take a swim in the sea. Here you also find a restaurante, a playground for the children and exciting ruins. During summer SCA offers free guided tours of the ironworks Saturdays and Sundays.

Photo: Anders Thorsell

Address: Galtström 160, 862 96 Njurunda Internet: http://www.galtstromsbruk.se/

# **Merlo Slott**



The Merlo Slott, or Villa Merlo that is the building's real name, is a grand, fairytale castle-like house in Timrå, built in 1883-1885

as a summer residence for the timber owner and merchant Fredrik Bünsow, at this time one of Sweden's most powerful business men. The architects were Isak Gustaf Clason and Fritz Eckert. The former is known as the architect behind buildings such as Nordiska museet and Hallwyl House in Stockholm. Today Villa Merlo is the central archive for company SCA (Swedish Cellulose AB). During summer you have the opportunity to go on guided tours and experience the many rooms and halls that still have their former glory preserved. Also, its wonderful garden is well-worth a visit.

Address: Merlovägen 10, Timrå

Phone: +46-60-59 41 60

Internet: https://www.sca.com/sv/om-sca/sca-i-korthet/vara-ve

rksamheter/merlo-arkiv/ Email: monica.jonsson@sca.com

# Flataklocken - The Geographical Midpoint of Sweden



Around 60 km west of Sundsvall you'll find Flataklocken that in 1947, after different calculations, was decided to be the geographical

midpoint of Sweden. This means that if you were to put Sweden on a needle it would be in balance just over the mountain Flataklocken. Now it's a popular tourist destination with a wonderful 360 ° view over the landscape. Open fireplace areas and a summer café at the top.

Address: Flataklocken, Torpshammar



Internet: http://munkbysjon.se/

#### Alnö



Welcome to Alnö - "The Hawaii of Northern Sweden", just outside Sundsvall, a volcanic island created 570 million years ago. The island's

bedrock demonstrates this. It contains several minerals found nowhere else in the world, including Alnöit. Around the end of the 19th century, Alnö had around 19 sawmills that were in use at the same time. Today, Alnö is best known as a summer paradise with delightful bays, fishing villages, summer restaurants and marinas.

Address: Alnö

Phone: +46-60-658 58 00

# Kulturmagasinet



Kulturmagasinet consists of four former harbor warehouses that today hold the Museum of Sundsvall, the city library, Photo museum

with one of Europe's biggest camera collections, café, the archive of Medelpad, activities for children of all ages and of course culture for everyone.

Address: Packhusgatan 4 Phone: +46-60-19 18 00

Internet:

http://sundsvall.se/uppleva-och-gora/kultur/kulturmagasinet/

Email: kulturmagasinet@sundsvall.se

# **Bergsåkers Trotting Track**



The first race took place in 1932, and now Bergsåker arranges about 50 racing days every year, and is the fourth biggest track in Sweden.

The, without hesitation, largest race is Sundsvall Open Trot that takes place at the end of August every year. Except races it takes place a variety of other events at Bergsåker like fairs, markets, exhibitions etc.

Address: Travbanevägen 5 Phone: +46-60-66 96 00 Internet: http://bergsaker.com/

# **ACTIVITIES**



Sundsvall has all sorts of activities to make your vacation memorable. We have the hot city tempo, old town charm, activities and culture, history and architecture. You'll love it at any time of the year – summer or winter, no matter the occasion.

#### **Boda Borg**



Boda Borg in
Torpshammar is a unique
experience for the whole
family, a company or a
group of friends. No
special knowledge or

equipment is needed to complete the various team challenges called Quests. Everyone in the



team has what it takes to be a hero and to help the team's progress. Every room has a new Quest with a task for the team to complete.

Address: Boda Borg 100, Torpshammar

Phone: +46 691 122 00

Internet: http://bodaborg.se/anlaggningar/torpshammar/

Email: torpshammar@bodaborg.se

#### Juniskär Kajak



Paddling a sea kayak is a magnificent experience. In beautiful Juniskär, 15 km south of Sundsvall, the conditions are excellent for less

experienced paddlers as the archipelago here usually has calm waters, even when there is a strong wind. On windless days, you can experience exceptional paddling in the bays, out and around the islands and on the open expanses of sea. Stable, high-quality kayaks that are easy to paddle are available for rent. Maps/charts of the area are included and you can get tips on the best places to paddle in the area. It is also possible to paddle with a guide.

Address: Juniskär

Phone: +46 72 233 62 47, +46 70 652 27 81

Email: juniskarkajak@gmail.com

More Info: https://www.facebook.com/Temanatur/

# Skydiving



Perhaps this is on your to-do list? Skydiving is probably one of the craziest things you can do. And of course you can also do it in Sundsvall.

You can jump alone, make a tandem jump or take a certificate. Training includes 10 jumps, theory, insurance and equipment. Contact the club for more information.

Address: Bänkås flygfält, Alnö Phone: +46 730 500 793 Internet: http://www.frifall.com/

Email: info@frifall.com

# Ljungan white-water rafting



Want to feel the water on your face while the rapids thunder beneath you? Then this is perfect if you have never paddled before. You can paddle

through 6 sets of rapids with levels of difficulty of 1 to 2 (simple). 12 kilometres of pleasure in which you are guaranteed to experience the natural environment around the river Ljungan in an entirely new way. A guide is available, of course.

Address: Ljungan

Phone: +46 73 049 47 67

Internet: http://www.ljungansforsranning.se/ Email: peter@ljungansforsranning.se

# Drakstaden Skate park



Drakstaden - Skate park, a meeting point for spontaneous practice of the sports skateboard, Bmx and inlines. Today the business has over 800

active members and the interest is still growing.

Drakstaden is located close to Mid Sweden
University.

Address: Universitetsallén 30, Sundsvall

Phone: +46 73 354 58 97

Internet: http://www.drakstaden.com/ Email: monica@drakstaden.com



#### **Guided fire truck tour**



Experience Sundsvall from the fire truck! Two old Volvo fire trucks from 1935 and 1938, named Aron and Ecce, takes the holes family on a fun and

educational trip in The Stone Town of Sundsvall. The tours starts from the Main square and tickets can be bought at the tourist office. Note: the tours are mainly guided in Swedish and only conducted during summer.

Photo: Rolf Edlund Address: Stora Torget Phone: +46 60 658 58 00

Internet: https://visitsundsvall.se/ Email: info@visitsundsvall.se More Info: http://sundsvallsbk.se/

# **Fishing**



The sea, the rivers, the lakes and the ponds are out there waiting for you. Take your favourite fly and waders or hire equipment when you get

here. The Tourist Office can provide fishing maps for the entire municipality. More information is also available at: https://fiskeisundsvall.se

Photo: Magnus Ström Address: Stora Torget Phone: +46 60 658 58 00

Internet: https://fiskeisundsvall.se/ More Info: https://visitsundsvall.se/

#### RESTAURANTES



Delight in the tastes and ideas of the whole world! Several restaurants in Sundsvall are specially recognized in the White Guide. We have gourmet restaurants, cocktail bars, international cuisine, cozy local eateries, ecological alternatives, hotspots, romantic hideaways... You name it!

# **Brasserie Verket**



Brasserie Verket at Scandic Sundsvall City is a warm, rustic brasserie where you can enjoy well-prepared and delicious food in a relaxed

environment, inspired by the city's industrial heritage.

Their menu offers both traditional dishes as well as barbecue dishes with meat, fish, poultry and vegetables. The food is cooked in an open kitchen and as a guest you are right in the center of the action.

New this year is their rotisserie, where all dishes are prepared on long spits in the oven to preserve the flavors in the best way possible. No hassle, nothing less than great ingredients, skillful cooking and delicious food in an environment that welcomes both family and friends.



Photo: Scandic Sundsvall City Address: Trädgårdsgatan 31-33 Phone: +46 60 785 62 07

 $Internet: https://www.scandichotels.se/hotell/sverige/sundsvall/scandic-sundsvall-city/restaurang-bar/restaurang?\_ga=2.14~7439607.1115709252.1536829219-921897832.1504089780$ 

#### Grillen

In Sundsvalls theatre block lays Grillen, a restaurant where the tastes follow the season.

# **Restaurant Opus**

A restaurant for all senses. Enjoy first class French Cuisine, with influences of the English kitchen, together with live piano music, wine and good friends.

Address: Storgatan 12 Phone: +46 60-150 800

Internet: http://www.opuspianobar.se/

Email: info@opuspianobar.se

# **PingPong**

Here you find a large focus on fish, shellfish and vegetables from one cold, one warm and one lukewarm kitchen. Their idea is "sharing is caring". Asian fusion with a Sundsvall influence and an exceptional sushi bar, a moment for new and interesting meetings, conversations and adventures, both in mind and on plate.

Address: Storgatan 11 Phone: +46 70 841 01 92

Internet: http://www.pingpongsundsvall.se/

# **Restaurant Kung Louie**



Lunch- and à la carte restaurant whose specialty is the wood oven baked pizzas. Some evenings you also have the opportunity to listen

to live music.

Photo: Kung Louie

Address: Storgatan 33 Phone: +46 60120 220 Internet: http://kunglouie.se/ Email: info@kunglouie.se

#### q.bar



At Quality hotel
Sundsvalls lobby bar,
q.bar, you can enjoy good
food and lovely music
nights. It's the natural
gathering point for hotel

guests as well as for the residents of Sundsvall.

Photo: q.bar

Address: Esplanaden 29

Phone: +46 60 16 00 88, +46 60 16 00 80 Internet: http://event.gsundsvall.se/

#### Jackpot Grill & Bar



At Casino Cosmopol you'll find this fine lunchand a la carte restaurant with 180° view over the Sundsvall bay. Main theme on the menu is

roast

Photo: Casino Cosmopol Address: Casinoparken 1 Phone: +46-20-219 219

Internet: https://www.casinocosmopol.se/sundsvall

Email: bokasundsvall@casinocosmopol.se

#### Invito Ristorante Italiano



An elegant restaurant that combines the Italian kitchen with the tastes of Norrland, At Invito you'll find a Chambre separée for the smaller groups

and wines from its own cellar with the possibility of wine tastings.



Photo: Kristofer Lönnå Address: Storgatan 6-8 Phone: +46-60-15 39 00

Internet: http://sundsvall.invitobar.se/

Email: sundsvall@invitobar.se

#### **Restaurant APA**



At APA, guests receive something that is not so common. Food cooked from scratch. Homemade hamburgers and side dishes. Everything served

is authenticity, and cooked with passion and experience.

Address: Storgatan 33 Phone: +46 60 120 220

Internet: http://restaurangapa.se/ Email: info@restaurangapa.se

#### Restaurant 180°



At this lunch and à la carte restaurant your meal is accompanied by an enchanting view of Sundsvall from the south mountain, Södra Berget.

Address: Södra Stadsberget 1 Phone: +46-60-67 10 00

Internet: https://sodraberget.se/ Email: reception@sodraberget.com

#### Restaurang Lörudden



A well-renowned fish restaurant at the fishing village Lörudden south of Sundsvall. A member in White Guide with recurring events focusing

on what the sea can offer.

Address: Lörudden 173

Phone: +46-60-370 98 Internet: http://sillmans.se/ Email: info@sillmans.se

# **Chaow Praya River**



A Thai restaurant in Sundsvall that will give you the real feeling of Thailand both in surroundings and tastes. À la carte, lunch and take

away.

Address: Trädgårdsgatan 43 Phone: +46-60-15 54 57

Internet: http://www.thaisundsvall.se/

### Udda Tapas Bar



Spanish and Swedish tapas, the ultimate place for tapas lovers, with drinks to kill for. Later during the evening the music starts and the

feeling really sets in.

Address: Esplanaden 17 Phone: +46 73 098 66 07

Internet: http://www.uddasundsvall.se/

Email: info@uddasundsvall.se

# Innergården 1891



Café, restaurant and bar with an outdoor feeling but indoors. Here you also find Innergården's own wine bar with a wide range of wines from all

over the world.

Address: Centralgatan 6 Phone: +46 60 61 1891

Internet: http://www.innergarden.se/

Email: info@innergarden.se



# RÅ



Not tapas, not full plates but somewhat smaller dishes that are served one by one, and with drinks to kill for this is definitely a place worth a

visit.

Address: Nybrogatan 16 Phone: +46 60 606 60 60

Internet: http://www.rasundsvall.se/

Email: info@rasundsvall.se

### **CAFES**



Sundsvall is truly a city of cafés. Whether you're looking for a plain cup of Joe or the latest trendy coffee drink, maybe some delectable tidbit, an ecological alternative or light meal, we have the place for you.

# **Conditory Pallas**



Café with a rich history, one of the finest in Sundsvall. Pastries and sandwiches etc. Outdoor tables.

Address: Strandgatan 16

Opening hours: Monday-friday 07-18, saturday 09-17

Phone: +46 60 61 10 57

Internet: www.pallaskonditori.se

#### Tant Anci & Fröken Sara



Organic restaurant and café with a lovely athmosphere.

Address: Bankgatan 15

Opening hours: Monday-thursday 10-21.30, friday 10-20,

saturday 11-18, sunday 12-16 Phone: +46 60 785 57 00 Internet: www.tantanci.se Email: info@tantanci.se

# Stenstan's Bakery & Conditory



Café and bakery with homemade bread, pastries and cookies.

Address: Trägårdsgatan 22

Opening hours: Monday-friday 08-18, saturday 09-16

Phone: +46 60 17 19 99

Internet: www.stenstansbageri.se Email: info@stenstansbageri.se

#### Café Charm



Old fashioned café and bakery. Stuffed bread counters and a large sandwich selection.

Address: Storgatan 36

Opening hours: Monday-friday 08-19, saturday 09.30-17,

sunday 11-17

Phone: +46 60 17 12 80 Internet: www.cafecharm.se Email: cafe.charm@telia.com



#### Timrå Gårdsbutik



This place is an excursion with detail you do not wish to miss. The range is limited with exclusive products. Joint with the store you also find a café

in a peaceful environment, with homebaked. Take a bus or car destination Lilla Bandsjön, for a great experience of shopping.

Address: Lilla Bandsjön 303, Timrå Public Transport: www.dintur.se

Opening hours: Monday-friday 10-18, saturday 11-15

Phone: +46 60 57 30 54

Internet: www.timragardsbutik.se Email: gokocken@telia.com

# **BARS & NIGHTLIFE**



Sundsvall has many pubs and clubs in a wide variety of styles, all with knowledgeable staff and excellent food. The city also has plenty of watering holes for those who love the nightlife and dancing until dawn.

### Aveny & q.bar

Aveny- is the collective name for the four restaurants under one roof. Here's Melody Lounge, Rock Bar and q.bar, all three of the main floor, and upstairs Avenue (upstairs). With us we have a bunch of fun stuff with great variety. You can eat and drink, dance to live music, rip on the dance floor to our Dj's, enjoy

favorite artist or dance at a party band.

Address: Esplanaden 29 Phone: +46 60 19 88 88

Internet: www.avenysundsvall.se Email: hovmastare.sundsvall@choice.se

#### E-street

On the E-Street we serve tasty experiences with variety. A new forum for people who appreciate good food, meetings and musical entertainment. All delivered with first class service and a comfortable environment.

Address: Esplanaden 14 Phone: +46 60 890 07 01 Internet: http://www.estreet.nu Email: info@estreet.nu

# **SHOPPING**



Shopping is one of Sundsvall's strongest features. The range and variety are of big city standard and attract visitors from the whole of Norrland.

#### Stenstan



Stenstan - Stone town city centre. In Stenstan there are over 200 stores and even though Storgatan alone has enough for one or even

two days' shopping, we'd advise you not to miss the side streets. They are home to a large



number of stores that are worth a little detour.

Phone: +46 60 17 39 90 Internet: http://stenstan.se Email: info@stenstan.se

#### In: Gallerian



The In: shopping centre lies situated at the heart of the beautiful "stone town" and spans three city blocks, interconnected by

elevated walkways and outdoor passages to allow visitors easy access throughout the facility. In: shopping centre offers great variety in that one may find not only clothes and shoes, but also electronics and textiles, health and beauty, as well as a regular grocery store. Besides shopping the mall often hosts original events, and offer several restaurants and cafés situated throughout the three blocks, allowing for natural rest stops to take a cup of coffee, or a high quality meal.

Address: Storgatan 26-40

Opening hours: Monday-friday 10-19, saturday 10-17, sunday

12-16

Phone: +46 60 658 58 00

Internet: http://www.ingallerian.se

Email: info@ingallerian.se

# Birsta retail park



Seven km north of Sundsvall, Birsta retail park is located on both sides of the E4.The retail park offers IKEA and Birsta City with its 95

concept stores. Round about are a wide range of concept stores and DIY stores. Birsta has everything you could imagine for the family, leisure activities and the home. Fashion, home

electronics, household appliances, sports and leisure, garden, furniture, furnishings and DIY products. And parking is free.

Address: Gesällvägen 1

Public Transport: http://www.dintur.se

Opening hours: Birsta City: monday-friday 10-20,

saturday-sunday10-18 Phone: +46 771-86 20 00 Internet: www.birstacity.se Email: birsta@ikano.se

# **Ido Coffee shop**



Own coffee roastery with a large sortiment of téas and coffees. Popular gift shop.

Address: Nybrogatan 8

Opening hours: Monday-friday 10-17, saturday 10-14

Phone: +46 60 61 49 88

Email: idokaffehandel@gmail.com

#### **Kent Watch & Jewellery**



Kent Watch & Jewellery was established 30 yrs ago and has always had exclusive brands of watches and jewellery.

Address: Storgatan 15

Opening hours: Monday-friday 10-18, saturday 10-15

Phone: +46 60 15 45 00 Internet: www.kentwj.se Email: info@kentwj.se



#### Sköna Under



Underwear shop with a long history that offers a wide selection of different sizes and brands.

Address: Storgatan 16

Opening hours: Monday-friday 10-18, saturday 10-15

Phone: +46 60 12 44 20

Internet: http://www.skonaunder.se

Email: info@under.nu

#### Stöde Form



Stöde Form exhibits and sells local crafts. Art shop, tea shop and café. Courses in sewing leather, creating with straw, pearl knitting and

more.

Address: Gyllenvägen 20 E, Stöde Public Transport: www.dintur.se

Opening hours: Monday-friday 10-18, saturday 10-14

Phone: +46 691 102 00 Internet: www.stodeform.se Email: stodeform@hotmail.com

#### Timrå Gårdsbutik



This place is an excursion with detail you do not wish to miss. The range is limited with exclusive products. Joint with the store you also find a café

in a peaceful environment, with homebaked. Take a bus or car destination Lilla Bandsjön, for a great experience of shopping.

Address: Lilla Bandsjön 303, Timrå Public Transport: www.dintur.se

Opening hours: Monday-friday 10-18, saturday 11-15

Phone: +46 60 57 30 54

Internet: www.timragardsbutik.se Email: gokocken@telia.com

#### Rummet



On the interior design store Rummet you will find everything from design gadgets to furniture.

Address: Nybrogatan 24

Opening hours: Monday-friday 10-18, saturday 10-16, sunday

12-15

Phone: +46 60 125740 Internet: www.rummet.se Email: kundservice@rummet.se

# **EVENTS**



An event in Sundsvall might be a street festival with 150,000 visitors, a concert for 20,000 people, or something as small-scale as a children's theater performance or a flea market. Big or small, there's always something going on!

# **National Day celebration**



Here in Sundsvall you can participate in one of Sweden's biggest National Day celebrations which take place 6th of June every year.



Address: Stora Torget

# **Sundsvall Open Trot**



Welcome to the North of Sweden's biggest sport event! One of Europe's major trotting arrangements. Sundsvall Open Trot draws the best

horses, charioteers and thousands of people every year, to Sundsvall and Bergsåker, one of the country's four elite tracks with first class trotting.

Address: Bergsåkers Travbana, Travbanevägen 5

Phone: +46-60-66 96 00

Internet: http://www.bergsaker.com Email: info@bergsaker.travsport.se

# **Christmas market at Norra Berget**



During two days each year in the beginning of December thousands of visitors and hundreds of salesmen experience the genuine Christmas

feeling that takes place on Norra Berget. A traditional Christmas market with a lovely mix of activities, food, cheeses, sausages, handicraft, sale of the well-known lovikka mittens and more! Rows of market tables, smell of open fires, Christmas carolers and a visit of Santa Claus himself will really get you into that special Christmas feeling.

Address: Norra Berget Phone: +46-60-19 12 00

Internet: http://www.norraberget.se Email: info.norra@sundsvall.se

# Midsummer celebration at Norra berget



At serval places around Sundsvall you can participate in Midsummer celebrations. The one that draws most people nowadays is the

celebrations at Norra Berget. Here you will find activities for children in all ages, food market, folk dance and music. All who wants to helps out with the decorations and the raise of the maypole.

Address: Norra Berget Phone: +46 (0)60-19 12 00

Internet: http://www.norraberget.se/

#### Sundsvall Pride



Seven days with seminars, entertainment and a lot of fun in combination with some severity. The week ends with a big parade through

the city centre.

Internet: http://sundsvallpride.se/

More Info: https://www.facebook.com/sundsvallpride/

#### Sundsvall's Thai festival



Experience a spice of Thailand in Sweden. The Thai festival in Sundsvall is one of the largest in Scandinavia, with markets, soccer cup, Thai

boxing, music, dance, camping and much more.

Internet: https://www.facebook.com/sundsvallsthaifest/



# Sundsvall bjuder



Sundsvall bjuder has become a tradition for both local residents and people from other cities. During some Tuesday nights in July everyone is

invited to a concert in the city centre. Different artists every time, but always the same common denominator; no entrance fee, great music and happy people!

Internet: http://www.sundsvallbjuder.se/

More Info: https://www.facebook.com/sundsvallbjuder/

# Selånger market



Every year Selånger market attract about 100 000 visitors and 300 traders to Bergsåker just outside of Sundsvall. Accept the market you'll

find food courts, a fair, children's activities entertainment, music and much more. The Selånger market has several times been named to the best market in Sweden.

Internet: http://www.selangermarknad.se/

#### **Folkan Waterfront**



Folkan Waterfront is a folk festival at Fagerstranden in Timrå. At a large field a whole festival is built from scratch. Here the

greenery and the ocean meet the market, cotton candy, arts, bonfires, barbeques, music, dance floor, good food and much more. Bring the whole family, friends, yes everyone you know for a lovely day by the sea.

Internet: http://sorakersfolketshus.se/folkanwaterfront/ More Info: https://www.facebook.com/FolkanWaterfront/

#### Sensommar



Sensommar (Late summer) is a re-occurring event where you're served up with a cavalcade of different artists and music. Two

nights you certainly don't want to miss.

Internet: http://sensommar.se/

#### International Street Market



The "International Street Market" is an award winning event with exhibitors from over 15 countries, selling street food, deli and craft,

giving you the opportunity to try a variety of different dishes. The event is held in various cities in Sweden every year.

Internet: http://internationalstreetmarket.se/

https://www.facebook.com/InternationalStreetMarket/

#### Dragracing Sättna



Gives you motor sport and cars with speed. These are very popular racings who becomes like large festivals for both audience and races. Since

2014 you can also see drifting races at the track.

Internet: http://www.shrasundsvall.se/

More Info: https://www.facebook.com/SundsvallRaceway/



# The Stone Town days



The Stone Town days are an event where new and old come together in a lovely mix. Experience the Stone Town's unique culture heritage and take

part in music, theater, play, market and lots of fun and educational activities for the whole family.

Internet: http://stenstansdagarna.se/

# Lyslördag



Be here when all the city lights are turned on. The Christmas decorations are in place and all are switched on in unanimity with beautiful music,

entertainment and a common walk from the casino to the Main Square.

Internet: https://visitsundsvall.se/

# Summer music in Galtström



A wonderful summer tradition at Galtström mansion. Come and experience the summer when is at its best, mingle, listen and enjoy

the entertainment. Pack a picnic and bring something to sit on.

Internet: http://www.galtstromsbruk.se/

More Info:

https://www.facebook.com/www.galtstromsbruk.se/

#### Medieval times market in Kälen



A genuine handicraft
market with traditional
Midsummer celebration.
At the market you can
find everything from
roasted almonds and goat

cheese to clothes with medieval times feeling and jewelry. Of course will it be dance around the Midsummer pole, tournaments, the Fakir KHAN, pony riding, food, a Medieval times wedding, the possibility to try out archery and much more.

Internet: http://www.kalenmedeltidsmarknad.com/hem-3/

# **ACCOMMODATIONS**



Sundsvall has over 2500 beds to offer with plenty of taste, good value and historic buildings in the unique stone town combined with a great variety of campsites and hostels. If you wish to feel the wings of history why not discover some of the beautiful mansions located in the countryside.

#### HussBorg Manor Home – Golf – Conference Centre



When you're visiting central Sweden, come discover your new favorite place just around the corner. Whether you are here during the

summer with our sunny warm nights or when the



snow is sparkling white, HussBorg is the perfect place to stay. Golfer, in particular, will quickly understand what we are talking about.

Address: Hussborg 432 Phone: +46 691 332 70

Internet: http://www.hussborg.com

Email: in fo@hussborg.com

#### Söråker's Manor Home



Hotel, conference and restaurant. Manor park with 100 or more species of trees and bushes, some unique to Norrland. Great facilities in nice

environment for weddings and groups.

Address: Rigstavägen 15, Timrå

Phone: +46 60 408 40

Internet: http://www.sorakersherrgard.com

Email: info@sorakersherrgard.com

#### **Elite Hotell Knaust**



Elite Hotel Knaust lies in the heart of Sundsvall right at the main boulevard, shopping and entertainment. The hotel rooms and suites are

tastefully decorated in a classic style. The hotel first opened in 1891 by Adolf Fredrik Knaust, the hotel is best known for its magnificent white marble staircase. All rooms are renovated in the original style, with all the modern conveniences today's travellers demand. The hotel offers conference facilities, lobby bar and a restaurant.

Address: Storgatan 13 Phone: +46 60 608 00 00

Internet:

https://www.elite.se/sv/hotell/sundsvall/hotel-knaust/

Email: Reservation.Knaust@elite.se

#### **Best Western Hotell Baltic**



Welcome to Best Western Hotel Baltic, a well appreciated and 3-star hotel situated in Central Sundsvall's city also known as "Stenstad"

(Stone-city). This building of distinguished heritage from turn of the century has charming hotel rooms, 2 fully furnished apartments, a conference, sauna and a relaxing division also a restaurant with a well-recognized kitchen.

Address: Sjögatan 5 Phone: +46 60 14 04 40

Internet: http://www.baltichotell.com

Email: info@baltichotell.com

#### **Clarion Collection Grand**



Clarion Collection Hotel Grand is centrally located in one of the old unique stone houses in Sundsvall beautiful stone town. A newly refurbished

modern hotel with a little extra. We offer complimentary afternoon tea and supper.

Address: Nybrogatan 13 Phone: +46 60 64 65 60

Internet: https://www.nordicchoicehotels.se/clarion-collection

/clarion-collection-hotel-grand-sundsvall/

Email: cc.sundsvall@choice.se

#### **Hotell Södra Berget**



Hotel Södra Berget has the most for a successful holiday, conference or entertainment evening. The hotel is located on the South Mountain in

Sundsvall, with a fantastic view of Sundsvall, sea, mountains and valleys. In the winter there is



a ski slope and cross-country ski-tracks just outside the hotel, and downhill skiing, ski trails in winter, jogging trails and outdoor recreation in summer cottages. The hotel also Sundsvall's largest spa facility.

Address: Södra Stadsberget Phone: +46 60 67 10 00

Internet: http://sodraberget.com Email: reception@sodraberget.com

# **Gaffelbyn Sundsvall Hostel**



Comfortable hostel near the city center, yet surrounded by great nature. The hostel is located in a natural area of Northern citymountain,

15-20 minutes walk from the center of Sundsvall. Animals are welcome.

Address: Norra Stadsberget Phone: +46 60 61 21 19

Internet: http://www.gaffelbyn.se Email: boka@gaffelbyn.se

#### Lilla Hotellet



Our hotel is a quiet family residence of distinguished heritage that goes back to the turn of the century. Here you will experience the

historical atmosphere. There are a number of excellent restaurants and pubs within walking distance. The city centre also offers a wide range of shopping possibilities in very pleasant surroundings.

Address: Rådhusgatan 15 Phone: +46 60 61 35 87 Internet: www.lilla-hotellet.se Email: info@lilla-hotellet.se

# **Quality Hotel Sundsvall**



Quality Hotel Sundsvall is a conferencehotel with 201 fresh rooms, 25 conferencerooms, bar, parking garage and a floor entirely for dinner

and party.

Address: Esplanaden 29 Phone: +46 60 160000 Internet: http://qsundsvall.se Email: q.sundsvall@choice.se

#### **Scandic Sundsvall City**



Hotel Scandic Sundsvall is located in central Sundsvall, 1 km from the city's train station and only a 25 minute drive from Midlanda airport.

When staying with us at hotel Scandic Sundsvall, you can enjoy light meals and snacks from lobby shop, open 24 hours, and choose between a wide range of hot and cold drinks from our bar. As a hotel guest you have free access to our sauna and gym, and we offer free wireless internet in all public areas of the hotel and in all our guest rooms.

You'll find hotel Scandic Sundsvall in the heart of Sundsvall, with the city's popular shopping area just around the corner. Discover the shops and cosy cafés, or take a short stroll to the popular Casino Cosmopol to experience Sundsvall's nightlife. Don't miss a visit to the popular park and outdoor museum, Norra berget, with fun activities and a beautiful view over Sundsvall. Hold your conferences and events in one of our 6 conference venues, suitable for up to 60 delegates.



Address: Trädgårdsgatan 31, Sundsvall

Phone: +46 60-641750

Internet: http://www.scandichotels.se/Hotels/Countries/Sveri

 $ge/Sundsvall/Hotels/Scandic-Sundsvall/\\ Email: sundsvall@scandichotels.com$ 

# **CAMPING**



# **Camp Mid Adventure**



The campsite is located ca 20 km from Sweden's geographical centre in Västernorrland.

Beautifully surrounded by the river Ljungan on one

side and Backetjärn mere on the other. High standard cottages available, as well as caravan and motorhome pitches.

Address: Rombäck 850, Torpshammar, Ljungandalen

Phone: +46 691 305 85

Internet: http://midadventure.com Email: info@midadventure.com

# **Bye Camping**



Inn and campsite by lake, main building with terrace where, when you visit the restaurant, you can enjoy your meal. Canoes, row boats and

pedal boats available to hire. English and German speaking staff.

Address: Bye 704, 86035 Söråker

Opening hours: 1 January to 31 December

Phone: 060-450 30

Internet: http://byecamping.se Email: info@byecamping.se

#### Stöde Camping



Nice family campsite with heated pool, in Stöde by River Ljungan. Nice lake views. Self-catered cottages. Service building nearby. Free Wi-Fi.

Address: Kälsta 107, 86013 Stöde Opening hours: 16 April to18 October

Phone: +46 691 101 80

Internet: http://www.stodecamping.com Email: stodecampingstode@hotmail.com

# Bergeforsparkens Camping & Stugby



Caravan and tent sites and cabins. Mini Food Store with coffee service, mini-golf, swimmingpool with children's section and grill hut. Camping

Season.

Address: Forsvägen 20 A, 86030 Sörberge

Opening hours: 17/6-18/8 Phone: 060-51 50 90

Internet: http://www.bergeforsparken.se Email: info@bergeforsparken.se

# Bergafjärdens Camping & Havsbad



Bergafjärdens Camping & Havsbad is located by one of Sundsvall's best swimming beaches. There are 18 cottages with 4-5 beds. 11 of the cottages

have a kitchen and newly renovated toilet with WC/shower and a furnished patio. 7 cottages



with a newly renovated kitchen and a furnished patio, and WC/shower in the service building near the cottage.

Address: Bergafjärden, 86296 Njurunda Opening hours: 8 May to 14 September

Phone: +46 60 345 98

Internet: http://www.bergafjarden.nu

Email: info@bergafjarden.nu

# Vivstavarvstjärns Camping



Scenic, cosy campsite with its own lake for swimming and fishing. Close to the center of Timrå and Birsta shopping center. Many

activities nearby. Vivstavarvstjärns Camping has 55 pitches for caravans, motorhomes and tents. The area also has cottages and a youth hostel. The reception building has a kiosk with a café. For relaxation, there is a mini-golf course.

Address: Vivstavarvstjärnen 1, 86133 Timrå Opening hours: 11 May to 17 October

Phone: +46 60 580 540

Internet: www.vivstavarvscamping.se Email: info@vivstavarvscamping.se

#### Kävsta Camping

The campsite enjoys an exceptionally beautiful south-facing location by the shore of Indalsälven River. The beach is suitable for young children as it is in a protected bay and has a sandy beach and large grassy area for ball games. There are several jetties along the water for those who like to jump straight into deeper water. Fishing on the campsite is included in the price.

Address: Kävstabron, 860 40 Indal Opening hours: 1 May to 28 August

Phone: +46 60 923 38

Internet: www.kavstacamping.se Email: kavstacamping@gmail.com

# **Sundsvalls camping**



Sundsvall's camping is situated about 6 km south of Sundsvall. A beautiful terraced campsite where everyone has a sea view.

Address: Norrstigen 15 Phone: +46-60-55 44 75

Internet: http://www.sundsvallscamping.se/ Email: bokning@sundsvallscamping.se

# Tranviken camping

About 24 km from Sundsvall city you find this smaller camping with simple standard but with one of the most popular beaches alongside the coast of Sundsvall.

Address: Tranviken, Alnö Phone: +46-73-593 13 15

Internet: http://tranvikenbeach.se

Email: info@tranviken.nu

#### **ESSENTIAL INFORMATION**



#### **Airport**

Sundsvall Timrå Airport (Midlanda) is located between Sundsvall and Härnösand. A taxi between Sundsvall and the airport costs around SEK 400.

Phone: +46-60-658 39 00

Internet: http://www.sdlairport.se/



Email: info@sdlairport.se

# **Public Transport**

City buses are no. 1-5, to/from Navet bus station. Here you can buy and reload your travel card and also get information about routes in our destination, in the city and to/from rural areas. Ordinary price for a one way trip is 24 SEK. You can pay for tickets on the buses with credit or travel card (not cash).

Address: Esplanaden
Phone: +46-771-100 110
Internet: http://www.dintur.se/
Email: kundservice@dintur.se

# **Telephone**

Country code: +46

Area code: 060

#### Taxi

Sverigetaxi Sundsvall, phone no. +46-60-199 000, Web: www.taxisundsvall.se

Taxi Kurir, phone no. +46-60-150 000, Web: www.taxikurir.se

# **Electricity**

220-240V / 50Hz

# Medical care / Hospital

In case of emergency you always call 112.

If you're in need of advice or recommendation you can call 1177, the medical care hotline.

Internet: https://www.1177.se/Vasternorrland/ More Info: https://www.lvn.se/

# Population

Muncipality about 100 000

#### Currency

Swedish SEK/crowns

**Opening hours** 

In: Galleria Mon-Fri 10.00-19.00 Sat 10.00-17.00 Sun 12.00-16.00 Birsta City Shoppingcentre 10.00-20.00 Sat-Sun 10.00-18.00

#### Internet

www.visitsundsvall.se www.sundsvall.se

#### Newspapers

Sundsvalls Tidning Sundsvalls Nyheter (Every Weekend)

#### **Emergency numbers**

112

#### **Tourist information**

Sundsvalls Tourist office Stadshuset Stenstan Visitor Center

Address: Stora Torget Opening hours:

1 September–31 May: Monday–Friday 11 am–6 pm Saturday 11 am–3 pm

1 June–31 August: Monday–Friday 10 am–6 pm Saturday 10 am–4 pm

Day before public holiday open to 3 pm

Public holidays closed

Tel: +46 60 658 58 00 More info: info@visitsundsvall.se www.visitsundsvall.se



