



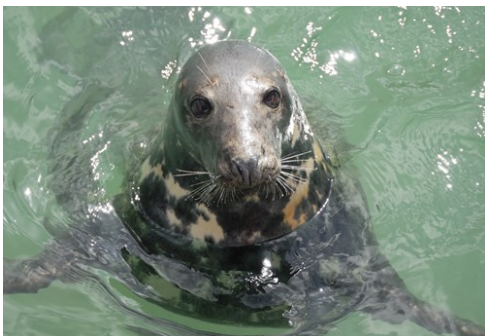
Newquay

Photo: Jaroslaw Grudzinski/Shutterstock.com



ian woolcock/Shutterstock.com

The coast of dreams, ravaged by the Atlantic Ocean and lined by spectacular sandy beaches, where you will find towering cliffs sheltering small rock pools. The sea is teeming with life, and the crystal-clear water is perfectly alluring, whether you are dreaming of a relaxing swim or an adrenaline-pumped afternoon of extreme sports. If you shy away from the surf, you can admire the spectacular views from above as you stroll along the tops of the cliffs or wander back into town and into one of the many delightful gardens.



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Mike Charles/Shutterstock.com

Go where no one has
VENTURED BEFORE!

5 Off the Beaten Track
Destinations in Asia

ArrivalGuides

Foto: WhitefoxChen / Shutterstock

Top 5



Newquay Zoo

At Newquay Zoo you can find a Tarzan trail, Adventure Park and assault cours...



Blue Reef Aquarium

Blue Reef Aquarium offers open-top tanks, hands-on tide-pools and giant ocea...



The Eden Project

World famous project built to highlight the interdependence between humans a...



Holywell Bay Fun Park

The variety of attractions here include trampolines, go-karts, climbing wall...



Lappa Valley Steam Railway

Lappa Valley is a unique historic setting and here you will find loads of fu...



THE CITY



Savvapanf Photo/Shutterstock.com

Newquay is unquestionably Britain's surfing capital with national and international competitions attracting athletes and spectators throughout the year. But it is also a popular, lively resort area with miles of fine beaches, calm coves and cliff-top walks where you can have a go at spotting Cornish dolphin.

There is something here for everyone, irrespective of the weather. Play pitch and putt near Marcus Hill or head out to the Trenance Gardens. From the harbour you can take short cruises and buy freshly-caught shellfish or make the most of the pleasure area and watch all the activity. Newquay has developed its own unique culture and offers an exciting holiday, with its fashionable bars, clubs, cafés and restaurants as well as first-class indoor attractions such as the Aquarium, Cornwall Pearl, National Maritime Museum, or the Eden Project.

From safe sandy beaches ideal for children to the hectic thrills of the roaring breakers, you are sure to find the perfect spot for yourself on one of Newquay's fourteen beaches. And with walking, cycling, horseback riding, bowling, tennis, fishing, kite surfing, wakeboarding, diving, power kiting or abseiling, plus a host of indoor and outdoor attractions all in the surrounding area, it really is impossible to be

bored here.

DO & SEE



Francesco Carucci/Shutterstock.com

Newquay is a destination with a laid back charm which offers a range of top quality attractions for every age and interest. Here you will find activities both in and out of the water, in fact it is said that Newquay is one of the United Kingdom's top ten beach destinations. You will also find indoor activities like Blue Reef Aquarium and The Eden Project and outdoor activities like Newquay Zoo. The whole family will definitely have a nice holiday in Newquay.

Newquay Zoo



At Newquay Zoo you can find a Tarzan trail, Adventure Park and assault course as well as various talks and walks. All of these activities

make this a fascinating day out for young and old alike. Here you will also find a children's play area.

Photo: Airwolfhound (image cropped)

Address: Trenance Gardens, Newquay

Opening hours: Monday-Sunday: 10.00-17.00

Phone: +44 844 474 2244

Internet: www.newquayzoo.co.uk

Email: info@newquayzoo.org.uk

Blue Reef Aquarium



Blue Reef Aquarium offers open-top tanks, hands-on tide-pools and giant ocean aquariums. You can even take part in a sea-shore safari to find out more about local sea-life!

Photo: Karen Roe (image cropped)

Address: Towan Promenade, Newquay

Opening hours: Monday-Sunday: 9.30-18.00

Phone: +44 1637 878134

Internet: www.bluereefaquarium.co.uk

Email: newquay@bluereefaquarium.co.uk

The Eden Project



World famous project built to highlight the interdependence between humans and the environment. You get a 3 GBP discount if you walk

or cycle there. Buses from Newquay and St Austel go directly to the Biome doors.

Photo: Patrick Charpiat (image cropped)

Address: Bodelva, Newquay

Opening hours: Monday-Sunday: 10.00-16.30

Phone: +44 1726 811911

Internet: www.edenproject.com

More Info: Eden Project, Bodelva, St Austell, Cornwall

Holywell Bay Fun Park



The variety of attractions here include trampolines, go-karts, climbing walls, bumper boats, bouncy castles, water walkers, indoor play area, pitch

and putt and more. This is the place for a fun day out with the family.

Photo: [wavebreakmedia/Shutterstock.com](https://www.shutterstock.com)

Address: Holywell Bay, Newquay

Opening hours: Open from 10.30

Phone: +44 1637 830095

Internet: www.holywellbay.co.uk

Email: info@holywellbayfunpark.co.uk

Lappa Valley Steam Railway



Lappa Valley is a unique historic setting and here you will find loads of fun things to do and discover. Your opportunity to go on steam railway trips,

woodland walks, paddle boats, canoes, crazy golf and see a mine engine house.

Photo: Steve Johnson (image cropped)

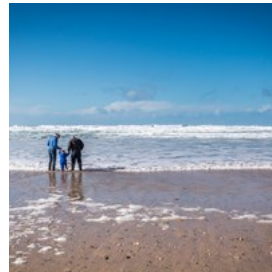
Address: St. Newlyn East, Newquay

Phone: +44 1872 510317

Internet: www.lappavalley.co.uk

More Info: St Newlyn East

Watergate Bay



Watergate Bay, just three miles out of the town centre along the Watergate Road heading to Padstow, is Newquay's longest and most

spectacular beach, offering surfing, kitesurfing and mountain boarding at the Extreme Academy.

Photo: Paul Nash/Shutterstock.com

Address: Watergate Bay

Tolcarne Beach



Tolcarne Beach is a popular spot for body boarders and families alike. In the area you will find Lusty Glaze, a cove cut into cliffs that offers

sports for all ages and abilities including abseiling, climbing and kayaking.

Photo: Mike Charles/Shutterstock.com
Address: Tolcarne Beach, Newquay
Phone: +44 1209 719172
Internet: www.tolcarnebeach.com

Fistral Beach



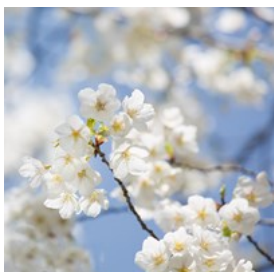
To surf on Newquay's most famous beach, head west past the harbour and onto Headland Road.

Fistral is home to Newquay's many national

and international surfing championships.

Photo: Elle1/Shutterstock.com
Address: Headland Rd, Newquay
Phone: +44 1637 850584
Internet: www.fistralbeach.co.uk

The Japanese Garden and Bonsai Nursery



The Japanese garden provides a relaxing experience in Newquay. Walk through the green meadows, learn more about its flora and meet some of the curious animals living there.

Photo: xiangdong chen/Shutterstock.com
Address: St. Mawgan, Newquay
Opening hours: Monday-Sunday: 10.00-18.00
Phone: +44 1637 860116
Internet: www.thebonsainursery.com

Dairyland Farm World



Dairyland is the ideal farm experience for the whole family. Spend some days close to cows, pigs, horses or chicken or drop

by for a day trip. Children as well as grown ups can learn more about the food chain and will see where milk boxes actually come from. It's fun and informative.

Photo: gorillaimages/Shutterstock.com
Address: Tresillian Barton, Newquay
Phone: +44 1872 510246
Internet: www.dairylandfarmworld.com

BEACH LIFE



Christine Dodd/Shutterstock.com

With 11 beaches in the vicinity of Newquay's town centre there is a slice of shore for everyone, but you should always remember to bathe between the red and yellow flags and be aware of the tide. The sea at Newquay is crystal clear, but the ocean tides are strong, particularly near headlands and rocks. Great care should be exercised at ebb tide periods, there are tide clocks on the principal beaches and Lifeguards will always give advice.

All the beaches have good facilities including cafés, but Great Western beach, reached by a steep slope leading off Cliff Road, is the best family beach for small children.

DINING



Olga Nayashkova/Shutterstock.com

Reducing the impact on the environment by purchasing food from local producers has become a British trend which, thanks to the ocean, countryside and milder climate in Cornwall, means that it is at the forefront of this culinary movement. The finest local produce and a beautiful setting have attracted master chefs specializing in seafood and native vegetables; with more top quality restaurants opening than you can poke a fork at.

Fistral Blu

Open for breakfast, lunch and dinner, this stylish restaurant has a stunning view over Newquay's premier surfing beach. Here you can choose dishes from an imaginative menu of seasonal meat dishes, fresh seafood and local produce.

Address: Headland Road, Newquay

Phone: +44 1637 879444

Internet: www.fistral-blu.co.uk

More Info: Fistral Beach

New Harbour Restaurant

This restaurant is set within the harbour so you are guaranteed fish fresh off the boat, superbly prepared and presented. The spacious decked terrace is the perfect place to peruse the all-organic wine list.

Address: South Quay Hill, Newquay

Phone: +44 1637 874062

Internet: www.the-boathouse-newquay.co.uk

Email: info@the-boathouse-newquay.co.uk

More Info: The Old Boathouse

Red Lion Inn

This is a great pub overlooking the harbour, with a pleasant outdoor area. This is a good spot if you want to eat the catch of the day. It is popular with locals, serves local beer and good old fashioned pub grub.

Address: North Quay Hill, Newquay

Opening hours: Monday-Sunday: 12.00-00.00

Phone: +44 1637 872195

Internet: www.redlionnewquay.co.uk

Email: redlion0953@tcg-uk.com

Chy Bar & Kitchen

Chy Bar & Kitchen is a stunningly stylish eatery by day and bar by night. The menu is an eclectic mix of world cuisine. The muscles are outstanding and the view superb no matter the weather.

Address: 12 Beach Road, Newquay

Opening hours: Monday, Friday-Saturday: 10.00-04.00,

Tuesday: 10.00-16.00, Wednesday-Thursday: 10.00-03.00,

Sunday: 10.00-21.00

Phone: +44 1637 873 415

Internet: www.the-chy.co.uk

Email: the.koola@virgin.net

Amity

Seafood can be found at many places in Newquay but if you want to try fresh oysters you should drop by Amity. Let the friendly staff take care of your every wish and relax in the cozy setting.

Address: South Quay Hill, Newquay

Opening hours: Monday-Thursday: 12.00-19.00,

Friday-Saturday: 11.00-20.00, Sunday: 12.00-19.00

Phone: +44 781 379 2968

Email: eatme@mangezmoi.co.uk

Little Kahuna

This family-restaurant is a hidden gem on the Newquay dining scene. Offering only five tables, the small location provides a cozy experience with great food. Try the Tempura soft shell crab, it's heavenly!

Address: 4-6 Crantock St, Newquay
Opening hours: Tuesday-Saturday: 18.00-21.00
Phone: +44 1637 850440
Internet: www.littlekahuna.co.uk
Email: info@littlekahuna.co.uk

Gusto deli bar

This small take away offers Mediterranean flavours, flat bread and falafels. Step into Gusto deli bar for lunch and dine at the beach, you will want to come back for more.

Address: 4 Beach Parade, Beach Road, Newquay
Opening hours: Monday-Sunday: 11.30 - 15.30
Phone: +44 741 541 0734
Email: gusto.cornwall@gmail.com

Lusty Glaze

For seasonal vegetables, regional ingredients and fresh food drop by at Lusty Glaze. Dine at the beach and enjoy the great view of the blue ocean. Note that the place might get crowded so a dinner reservation is recommended.

Address: Lusty Glaze Rd, Newquay
Opening hours: Monday-Sunday: 10.00-23.00
Phone: +44 1637 872444
Internet: www.lustyglaze.co.uk
Email: info@lustyglaze.co.uk

Fifteen Cornwall

The food is just as spectacular as the views. Both are enhanced by the knowledge that all profits go to the Cornwall Foundation of Promise, whose purpose is to help disadvantaged local youth achieve their full potential.

Address: Watergate Bay, Newquay

Opening hours: Monday-Sunday: 09.00-17.00

Phone: +44 1637 861000

Internet: www.fifteencornwall.co.uk

Email: reservations@fifteencornwall.co.uk

The Stable

Craving pizza? Hungry for pasta? Drop by at the Stable and get a great view with your order. The friendly staff and the affordable prices make this restaurant a favourite of locals and visitors alike.

Address: Fistral Beach Complex, Headland Road, Newquay

Opening hours: Monday-Sunday: 10.00-22.00

Phone: +44 1637 878311

Internet: www.stablepizza.com

Email: fistral@stablepizza.com

CAFES



Shebeko/Shutterstock.com

When you are in Newquay you will never be far from coffee shops, you will find plenty of pleasant places where you can relax and take a cup of coffee. Many of the coffee shops offer traditional English breakfast, lunch and dinner. To drink you can have skinny latte, americano or hot chocolate and if you like something sweet you can have a pastry or a cake.

The Venus Café

Open for breakfast, lunch and early dinner, The Venus Café is located on Tolcarne beach. The menu includes organic and locally grown food and drinks.

Address: Tolcarne Beach, Newquay
Opening hours: Summer: 10.00-17.00 Extended opening in
July/August from 9.00-18.00
Phone: +44 1637 876 028
Internet: www.venuscompany.co.uk
Email: halwell@venuscompany.co.uk

Buzios Bar Cafe

Buzios Bar Cafe is a contemporary style cafe bar & restaurant with three floors. Here you can enjoy yourself in comfy sofas with a Sunday roast. This is also a sports bar with pool tables.

Address: 54-56 East Street, Newquay
Phone: +44 1637 870300
Internet: www.buziosbar.co.uk
Email: info@buziosbar.co.uk

Oceans Cafe

At Oceans Café you can have exceptional breakfast, lunch or dinner. They also offer snacks, teas which you can enjoy in the outside garden area. The staff is described as friendly and welcoming.

Address: 34 East Street, Newquay
Phone: +44 1637 859 000

Prego Prego

This family-run café is located in the centre of Newquay and offers breakfast, freshly made sandwiches, homemade cakes, teas, freshly ground coffee and much more. The atmosphere is friendly and here you can enjoy a great view of Towan Beach and Newquay harbour.

Address: 4 East Street, Newquay

Andy's Café

You will find this traditional British café in the centre of Newquay. The friendly staff serves local produce, Cornish crab, homemade soup, cakes, biscuits, Cornish cream teas, organic fair-trade coffee, hot chocolates and lots more.

Address: 15 East Street, Newquay
Phone: +44 1637 870 666
Internet: www.andyscafe.co.uk

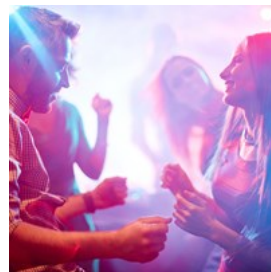
BARS & NIGHTLIFE



ian woolcock/Shutterstock.com

Most visitors to Newquay are outdoor types who like to burn the candle at both ends, finishing off exhausting days of sport with several hours of serious socialising.

Koola Klub



serious socialising.

Most visitors to Newquay are outdoor types who like to burn the candle at both ends. They finish off exhausting days of sport with several hours of

Photo: Pressmaster/Shutterstock.com

Address: 12 Beach Road, Newquay
Opening hours: Licensed till 3.30am
Phone: +44 1637 873 415
Internet: www.thekoola.com
More Info: Towan Beach

Bar Help



At Bar Help karaoke nights, pool games and nightly offers can be enjoyed. You will find this fun bar in the heart of Newquay and the entry is free all night long.

Photo: wavebreakmedia/Shutterstock.com

Address: 9 Central Square, Newquay

Opening hours: Monday-Sunday: 19.00-01.00

Phone: +44 1637 872 194

Walkabout



Live music, dancing and a few bevs are the order of the day with many Australian surfer working behind the bar. If you want to stay out late, you have come to the right place since this is a late night party venue.

Photo: Pressmaster/Shutterstock.com

Address: The Crescent, Newquay

Phone: +44 1637 853 000

Internet: www.walkabout.eu.com

More Info: Towan Beach

Bertie's



This place is cheap and cheerful and the best place to go for a good ol' cheesy night out. Next to Bertie's club you will find Bertie's Bar where you can relax and have a drink. If you are hungry a great selection of pub food is available too.

Photo: KANIN.studio/Shutterstock.com

Address: East Street, Newquay

Phone: +44 1637 872255

Internet: www.bertiesclub.com

Email: info@bertiesclub.com

The Sailors Arms



The Sailors Arms is a pub and nightclub in one place. In the pub you can have a drink and at the same time enjoy the view of Newquay Bay from the decking area. If you are feeling hungry they serve pub food daily. This nightclub is ideal for a night out and is described as the Top Club in the Southwest. Here you can dance to R&B, Indie and Party music all night long.

Photo: Pressmaster/Shutterstock.com

Address: 15 Fore Street, Newquay

Phone: +44 1637 872 838

Internet: www.sailorsarms.com

Old Albion Inn



This 400 years old building houses a traditional English pub and offers an outstanding atmosphere of days gone by. Step in for some cold beer and meet the regulars inside. Its the ideal place to start into your evening.

Photo: Martyn Wright (image cropped)

Address: Langurroc Rd, Crantock, Newquay

Opening hours: Monday-Sunday: 12.00-14.30, 18.00-20.00

Phone: +44 1637 830243

Internet: www.oldalbioncrantock.com

The Mermaid



Fancy a beer on the beach? The Mermaid makes it possible. This pub is located directly on the beach so you don't have to decide between

evening sun an pub crawl. Bring your friends and enjoy a good time!

Photo: iko/Shutterstock.com

Address: Alexandra Rd, Newquay

Opening hours: Monday-Saturday: 11.00-23.00, Sunday: 12.00-23.00

Phone: +44 1637 872954

Internet: www.themermaidinn.co.uk

The Red Lion Inn



Overlooking the beautiful harbor, you can dine and drink in this quality pub.

The Red Lion is well-known with the locals and has a

dedicated crowd of regulars. Also visitors are warmly welcome inside and can enjoy a wide array of drinks and their steak is famous throughout the town.

Photo: nunosilvaphotography/Shutterstock.com

Address: Quay Cottage, N Quay Hill, Newquay

Opening hours: Monday-Sunday: 12.00-21.00

Phone: +44 1637 872195

Internet: www.redlionnewquay.co.uk

Email: redlion0953@tcg-uk.com

The Tavern



This cozy pub offers you great drinks and daily specials. Drop by for a stout and grab a bite such as the outstanding fish plate. A good time at the

Tavern is guaranteed.

Photo: Minerva Studio/Shutterstock.com

Address: Mellanvrane Lane, Treninnick, Newquay

Opening hours: Monday-Sunday: 11.00-23.30

Phone: +44 1637 873564

Email: taverninn@btconnect.com

The Fort Inn



The Fort Inn is the ideal family pub for a relaxed evening. Step in for different ales, fish and chips and the cozy atmosphere while the

kids enjoy the outdoor playground.

Photo: dasytnik/Shutterstock.com

Address: 63 Fore Street, Newquay

Opening hours: Monday-Sunday: 11.00-23.00

Phone: +44 1637 875700

Internet: www.fortinnnewquay.co.uk

Email: fortinn@staustellbrewery.co.uk

SHOPPING



Kikovic/Shutterstock.com

This beach town has a plethora of gift shops and intriguing little shops down charming side streets to give the town a real identity of its own. As you walk eastward from the bus station, you will find the highest concentration of shops along the pedestrian stretches of Manor Road, and the streets north of it up to The Crescent.

On Bank Street you will find good independent shops specialising in gifts. Once you have done a loop round the pedestrian area, head back past the bus station and onto East Street where you will find more of Newquay's own Bargain Hunters and Nice Things then carry on onto Cliff Road for more gifts and bric-a-brac.

Roly's Fudge Pantry



How does hand-made fudge with vanilla, chocolate or rum-flavour sound to you? Roly's Fudge Pantry offers you delicacies for every

occasion. Step in to satisfy your sweet tooth or buy a present for friend. It's always a good idea to stop by.

Photo: Andrea Skjold Mink/Shutterstock.com

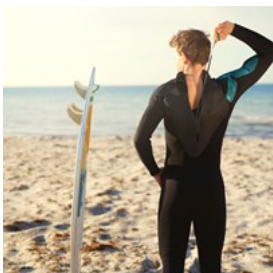
Address: 7 Fore St, Newquay

Phone: +44 7473 462143

Internet: www.rolysfudge.co.uk

Email: mail@rolysfudge.co.uk

Newquay Sports Shop



If you're planning an adventure holiday you should stop by this sports shop. Equip yourself with the latest surfing gear or get a new pair of outdoor shoes. The friendly staff can help you with your choice.

Photo: Uber Images/Shutterstock.com

Address: 2 Crantock St, Newquay

Phone: +44 1637 874101

Sunset Surf Shop



When in Newquay, surfing is a must. Get yourself a new board or just style as the surfers do. At this store you will find everything and more

to fit into the crowd.

Photo: Steve Heap/Shutterstock.com

Address: 106 Fore St, Newquay

Phone: +44 1637 877624

Internet: www.sunsetsurfnewquay.co.uk

Email: info@sunsetsurfnewquay.co.uk

Antiques



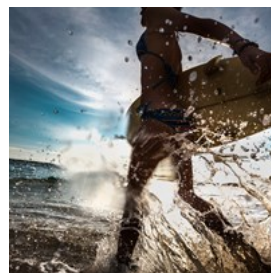
If you are an avid collector you could head out to St Columb, where you will find Henley's Antiques located in the Old School, or out to

Quintrell Downs for some jewellery at Newquay Pearl. Whatever you are after or if you're just browsing, Newquay offers a shopping experience unique in comparison to the legions of identikit sea-side resorts.

Photo: Mr Doomits/Shutterstock.com

Address: St Columb, Newquay

Watershed



Are you ready to hit the waves? Watershed equips you with everything you need for watersports, surfing, diving and so on. Get a new wet-suit, buy

some quality outdoor clothing and get ready for the adventure!

Photo: Dudarev Mikhail/Shutterstock.com

Address: 3-5 Bank St, Newquay

Opening hours: Monday-Saturday: 9.00-5.30, Sunday: 10.00-5.00

Phone: +44 1637 498121

Internet: www.watershedshop.co.uk

Email: info@watershedshop.co.uk

No Worries



Looking for a hoodie or a Newquay souvenir? Then search no more. This shop offers you quality clothing, towels, cups and other gifts with exclusive prints and designs. Drop by and find your match.

Photo: Bryan Ledgard (image cropped)

Address: 5 Fore St, Newquay

Opening hours: Monday-Sunday: 09.00-19.00

Phone: +44 1637 872106

Internet: www.noworriesonline.co.uk

Email: sales@noworriesonline.co.uk

Cornwall Galleries



The Cornwall Galleries opened its doors in the 1960 and has featured interesting exhibitions from local artists ever since. Drop by to take a look at the newest artworks and take home your favourite. Paintings are available from 30 GBP.

Photo: Kuznetcov_Konstantin/Shutterstock.com

Address: 4 Bank St, Newquay

Opening hours: Monday-Saturday: 10.00-16.30

Phone: +44 1637 873678

Internet: www.cornwallgalleries.co.uk

Email: info@cornwallgalleries.co.uk

Retro Sounds Records



Whether you're a music lover or Vinyl collector, this independent music store is your fit. Flip through the many records, second hand

collections and new releases and take home your favourites.

Photo: Fisher Photostudio/Shutterstock.com

Address: Unit 7, Morfa Hall, Cliff Road, Newquay

Opening hours: Tuesday-Saturday: 10.00-16.00

Phone: +44 7964 043364

Email: retrosoundsrecords@yahoo.co.uk

Country Goodness



Looking for a last minute gift or souvenir? Stop by at Country Goodness and buy everything from flowers to key-chains or accessories. The shop

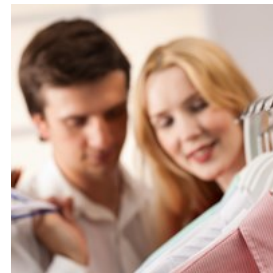
offers lovely things and you won't leave it empty-handed.

Photo: Kamil Macniak/Shutterstock.com

Address: Butts 29 Bank Street, Newquay

Phone: +44 1637 877710

i-candy



You're a fashionista and always on the lookout for the latest trends? Then you shouldn't miss i-candy in Newquay. The small store offers both

men and women a great selection of affordable up-to-date clothes, shoes and accessory. What are you waiting for?

Photo: Valeriy Velikov/Shutterstock.com

Address: 5 Central Square, Newquay

Opening hours: Monday-Sunday: 09.30-17.30

Phone: +44 1637 872019

Internet: www.icandyclothing.co.uk

Email: info@icandyclothing.co.uk

ESSENTIAL INFORMATION



Nick Hawkes/Shutterstock.com

Newquay Cornwall Airport



Newquay Cornwall Airport is located less than 5 miles east of Newquay town centre and it is quick and easy to get there by bus or by

road. Western Greyhound bus 556 operates between the airport and Newquay and Padstow. www.westerngreyhound.com

Travel Cornwall also has buses and taxis running regularly from the airport into Newquay Bus Station.

www.travelcornwall.uk.com

It is advisable to book a taxi in advance.

You can also hire a car with Hertz, Avis or Europcar.

Photo: Juan Garces

Address: Newquay Cornwall Airport, Newquay

Phone: +44 1637 860600

Internet: www.newquaycornwallairport.com

Public transport



Newquay is small and it is quick and easy to get around on foot. Travel Cornwall and Western Greyhound run regular bus services around town

as well as to other destinations in Cornwall. Western Greyhound offers different types of tickets and you buy tickets on the bus.

In peak season traffic builds up and parking is difficult, so it is best you leave your car parked and get around town on foot or by bus. If you are going further afield by train you can buy a 'PlusBus' rail ticket and this can then be used on Greyhound buses within the Newquay area on your day of travel.

Photo: Pierre-Luc Auclair

Phone: +44 1637 871 871

Internet: www.travelcornwall.uk.com

Taxi



All vehicles licensed by the local authority display a card in their windscreen. A yellow card means the cab can be flagged down in the

street; a red one means it must be booked over the phone.

123 Taxis Newquay

+44 1637 851234

www.123taxis.co.uk

Newquay Taxis:

Phone: +44 1637 87 10 11

Internet: www.newquaytaxis.org

Post



Look for the red and white signs to find a post office. Main Post Office:

Photo: Andy Fuchs

Address: 31-33 East Street, Newquay

Opening hours: Mon-Sat 9am-5.30pm. Sat 9am-12.30 pm

Phone: +44 8457 223344

Internet: www.postoffice.co.uk

Pharmacy



You can easily find a pharmacy in Newquay. Drury's Pharmacy +44 1673 872589 www.druryspharmacy.co.uk Kaye's Chemist:

Photo: Gemma Garner

Address: 8 East street, Newquay

Opening hours: Monday-Saturday: 9.00-18.00, Sunday: 10.00-16.00

Phone: +44 1673 873353

Internet: www.kayeschemist.co.uk

Telephone



Country code: +44 Area code: 01637

Photo: Jardson Almeida

Electricity

240V/50Hz



Photo: Stirling Tschan

Population

Approximately 22,000

Currency

1 British Pound (GBP) = 100 pence

Opening hours

Opening hours for shops in Newquay vary, but in the city retailers trade between 9am-5.30pm on weekdays, 10am-5.30pm on Saturday and 10am-4.30 Sunday.

Newspapers

Western Morning News

Cornish Guardian

West Briton

Evening Herald

Emergency numbers

Emergency: 112 or 999

Tourist information

Newquay Tourist Information Centre

Marcus Hill, Newquay

Open 9am-5pm

+44 1637 854020

newquay.tic@cornwall.gov.uk



Agar Road	C2 C3	Headleigh Road	C3	Saint Thomas' Road	C2
Anthony Road	B3	Henver Road	D1	Seymour Avenue	B2 C2
Atlantic Road	A2	Hilgrove Road	D1 D2	Sweet Briar Crescent	D3
Bank Street	B2	Holywell Road	C2 D2	Sydney Road	B2
Bay View Terrace	C2	Hope Terrace	A2	Tolcarne Road	C2
Beach Road	B2	Island Crescent	B2	Tor Road	C2
Bedowan Meadows	D3	Jubilee Street	A2	Towan Blystra Road	D2
Bonython Road	D1	King Edward Crescent	A1 B1	Tower Road	A2
Carminow Way	D1	Lanhenvor Avenue	C2	Trebarwith Crescent	B2 C2
Chester Road	D2	Linden Avenue	C3	Tredour Road	B3 C3
Chichester Creacent	C3	Listry Road	B3 C3	Treforda Road	C3
Chynance Drive	B3	Lusty Glaze Road	D1	Tregunnel Hill	B2 B3
Chyverton Close	B3	Manor Road	B2	Trelawney Road	B3 C2
Cliff Road	C2	Marcus Hill	B2	Treloggan Lane	D3
Crantock Street	A2 B2	Mayfield Road	B2	Treloggan Road	D3
Dale Road	D3	Mellanvrane Lane	C3	Trenance Avenue	C2
Dane Road	A1	Mount Wise	A2 B2 C2	Trenance Lane	C3
Duke's Way	D2	Narrowcliff	C2 D1	Trenance Road	C2 C3
East Street	B2 C2	Pargolla Road	C2	Treninnick Hill	C3 D3
Edgcumbe Avenue	C2 C3	Penina Avenue	C3	Trerice Drive	D2
Edgcumbe Gardens	C2 D2	Penmere Drive	A3	Trethellan Hill	A2
Eliot Gardens	C2 D2	Pentire Road	A2	Tretherras Road	D2
Elm Close	D3 D4	Polwhele Road	D4	Trethewey Way	B3
Ennor's Road	B2	Robartes Road	C2	Trevean Way	A3
Estuary View	A3 B3	Saint Anne's Road	D1	Trevemper Road	C3 C4 D4
Fore Street	B1 B2	Saint George's Road	B2	Ulalia Road	D2
Gannel Road	A3 B3 C3	Saint John's Road	A2	Wheatfield Crescent	D3
Hawkins Road	B3 C3	Saint Mary's Road	B2	Whitegate Road	D2
Headland Road	A1	Saint Michael's Road	B2	Wych Hazel Way	C3 D3