

Photo: Cvandyke/Shutterstock.com



maxi_kore/Shutterstock.com

Pampas grass lines the dunes that border the small town of Atlantic Beach, North Carolina. The tufts of their leaves, fluffy and swaying with the breezes sweeping from the Atlantic Ocean, seem to mimic the fluffy clouds that sweep overhead in the blue skies. Since the 1920s vacationers have penciled in Atlantic Beach for weekend getaways and summer trips. Perhaps this is because of the town's pristine sands and seaside activities, or maybe it's because nothing beats dinner and an ocean view sunset. Either way, the Beach is calling.



Gary C. Tognoni/Shutterstock.com



David Byron Keener/Shutterstock.com



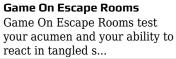




Fort Macon State Park Visit Fort Macon State Park and see a part of history. The Civil War fort se...

Oceanana Fishing Pier This has been a favourite spot for fishermen for many years. It is perfect f...





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THE CITY



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Atlantic Beach was always destined to be a vacation hotspot. It began in the 1870s when Appleton Oaksmith envisioned creating a seaside resort along east Bogue Banks. However, after acquiring the title to this property, Oaksmith would abandon the will to continue his project after a tragic accident took the lives of four of his daughters.

John J. Royal of Morehead City and Winfield S. Chadwick of Beaufort assumed the reins of the project and began construction of Oaksmith's resort in 1887 in what is now Club Colony. Commencing in the form of a bathing pavilion for guests wishing to bathe in the ocean, the resort bore instant success. Royal and Chadwick would split their holdings in 1898, and the former would proceed to build his own grand pavilion in what is today's Sportsman's Pier.

Following Royal's death in 1909, a hotel was eventually developed near present day Courie's Villa. The beach development would be called many things, from Atlantic View Beach, to Ocean Beach, to Money Island Beach. Asbury Beach was the next development, coming in the 1920s and the days of segregation; Asbury was therefore a beach exclusively for blacks. 1926 would spell certain doom for Money Island Beach and the Chadwick/Asbury pavilions: two corporations were sanctioned to purchase and develop a new resort on Bogue Banks, as well as to construct a bridge across Bogue Sound in order to provide access to this new area. Thus "Atlantic Beach" was born.

By 1928, Atlantic Beach was completed, providing a quick vacation that could be reached by car. And the rest, as they say, is history.

DO & SEE



Gary C. Tognoni/Shutterstock.com

Attractions in Atlantic Beach span high-octane sports events to historical sites. Natural exploration is an especially popular activity among locals and visitors. Indoor activities are also not to be underestimated as they provide a lot of fun to the whole family. Take your pick from a variety of fun activities and create one unforgettable experience!

Fort Macon State Park



Visit Fort Macon State Park and see a part of history. The Civil War fort serves as a museum that honors the brave men who fought for their

rights. Fort Macon provides public access to the beaches of the Crystal Coast, as the park is surrounded by the Atlantic Ocean, Beaufort Inlet, and Bogue Sound. The area is also undisturbed



with natural salt marshes and estuaries vital to the coastal ecosystem.

Photo: Sara Kendall/Shutterstock.com Address: 2303 East Fort Macon Road, Atlantic Beach Opening hours: Daily: 9am-5:30pm Phone: +1 252 726 3775 Internet: www.ncparks.gov/Visit/parks/foma/main.php Email: fort.macon@ncparks.gov

Oceanana Fishing Pier



This has been a favourite spot for fishermen for many years. It is perfect for having a great day out with your family. Whether you are planning to catch

some fish or just want to enjoy the picturesque sunset at the end of the pier, this place should not be missed.

Photo: Tom Monaco/Shutterstock.com Address: 700 E Fort Macon Rd, Atlantic Beach Phone: +1 252 726 4111 Internet: www.oceanana.com Email: information@oceanana.com

AB WaterSport Adventures



Looking for a bit of adrenaline and fun on the water? Would you like to challenge yourself? Try everything available at AB WaterSport

Adventures. Depending on your level of expertise and thirst for adventure you can try out jet skis, kayaks, pontoon boats or parasailing.

Photo: Brocreative/Shutterstock.com Address: 612 Atlantic Beach Causeway, Atlantic Beach Opening hours: Mon-Sat: 8am-6pm Phone: +1 252 422 0520 Internet: www.abwatersport.com

Game On Escape Rooms



Game On Escape Rooms test your acumen and your ability to react in tangled situations. Fun, exciting activity which stimulates the brain.

Different rooms involve you in different challenges. You need to solve tasks, crack codes and find your way out. Appropriate for any occasions, from spending a great time with the family to improving team work.

Photo: Victor Moussa/Shutterstock.com Address: 2302-F Arendell Street, Morehead City Phone: +1 252 549 0777 Internet: www.gameonescaperooms.com Email: gameonescaperooms@gmail.com

Wine & Design



In Wine & Design you can indulge in a lovely experience in a friendly atmosphere. The venue frequently hosts art events. Wine & Design

can also host your private event, for example Birthday parties, bachelorette parties, baby showers, girl's night out and team building events. Great place to have some fun and relax. Take a glass of wine and show off your creativity.

Photo: Nelli Syrotynska/Shutterstock.com Address: 412 Evans St A,B, Morehead City Opening hours: Tue-Fri: 5:30pm-10pm, Sat: 11am-10pm Phone: +1 252 646 7378 Internet: www.wineanddesign.com/locations/morehead Email: morehead@wineanddesign.com



Carteret Community Theatre



A theatre with rich history and a bright future. Talented performers invite you for a variety of shows - local productions, theatre

plays, musicals and concerts. Stay updated on upcoming events and don't forget to book your ticket in advance as the demand is high.

Photo: aerogondo2/Shutterstock.com Address: 1311 Arendell St, Morehead City Phone: +1 252 497 8919 Internet: www.carteretcommunitytheatre.com

Beaufort Ghost Walk



The Beaufort Ghost Walk is a guided walking tour throughout the Historic District of Beaufort. Beaufort is the third oldest town in North

Carolina, and the twelfth oldest town in all of North America. Be regaled by the tales of haunting and ghosts, along with the histories of Beaufort. Don't be surprised to experience the inexplicable during the tour.

Photo: Keith Murphy/Shutterstock.com Address: 108 Middle Ln, Beaufort Phone: +1 252 772 9925 Internet: www.beaufortghostwalk.com Email: info@pctourco.com

The North Carolina Aquarium at Pine Knoll Shores



One of the Crystal Coast's most popular attractions is the The North Carolina Aquarium. Explore the lives of aquatic creatures spanning several exhibits: Mountain, Piedmont, Coastal Plain, Tidal Waters and Ocean. You'll be able to watch river otters frolic, get close and personal with stingrays, see rare white sea turtles and more.

Photo: NadyaEugene/Shutterstock.com Address: 1 Roosevelt Blvd. Pine Knoll Shores Opening hours: Daily: 9am-5pm Phone: +1 800 832 3474 Internet: www.ncaquariums.com/pine-knoll-shores Email: pksmail@ncaquariums.com

Hoop Pole Creek Nature Trail



Hoop Pole Creek Nature Trail is a 31-acre maritime forest that serves as a refuge for fish, wildlife, and plant ecosystems. The North

Carolina coast holds an enormity of diverse habitats, and the Hoop Pole Creek is permanently protected by the NC Coastal Federation as a result. Visitors are welcome to hike its low-impact, half-mile trail, which is open to the public during daylight hours. Free trail guides are offered at the trail entrance.

Photo: KLilianChance/Shutterstock.com Address: Milepost 3.5, Highway 58, Atlantic Beach Phone: +1 252 393 8185 Internet: www.nccoast.org Email: nccf@nccoast.org

Captain Stacy Fishing Center



The Captain Stacy Fishing Center offers deep-sea fishing cruises, shark fishing, 24-hour overnight bottom fishing trips, moonlight cruises,

harbor tours, and privately chartered tours. Deep Sea Bottom Fishing on the Capt. Stacy IV headboat has reeled in Red Snapper, Grouper,



Trigger Fish, Black Sea Bass, and Amberjack, while Sports Fishing on a charter boat has reeled in Blue Marlin, Tuna, Mahi Mahi, King Mackerel, and Spanish Mackerel.

Photo: DoublePHOTO studio/Shutterstock.com Address: 416 Atlantic Beach Causeway, Atlantic Beach Phone: +1 800 533 9417 Internet: www.captstacy.com Email: INFO@captstacy.com More Info: Sailing schedules are available online and determined by season.

Dragonfly Parasail



Dragonfly Parasail takes you high over the crystal coast. This creates wonderful aerial views of Fort Macon State Park, Cape Lookout Lighthouse,

wild horses on Shackelford Banks, and sea life of the beautiful inlet. The boat trip lasts 1 hour, beginning next to the Atlantic Beach Bridge.

Photo: Vasily Smirnov/Shutterstock.com Address: 517 East Fort Macon Rd. Atlantic Beach Phone: +1 252 422 5500 Internet: www.dragonflyparasail.com More Info: There may be an additional fuel surcharge.

Mount Maker Charters



Mount Maker Charters invites fishermen of all levels. Their team offers charters for catching Cobia, Red Drum, Flounder, Trout, King

Mackerel, Spanish Mackerel, Shark, Tuna, Dolphin, Grouper, bottom fishing, and more. They fish near Atlantic Beach, Emerald Isle, Morehead City, Beaufort, New Bern, Havelock, and Swansboro. Address: 709 Atlantic Beach Causeway Phone: +1 252 342 0464 Internet: www.mountmakercharters.com Email: mountmakercharters@hotmail.com

Island Girl Charters SportFishing Charters



Island Girl serves the areas of Morehead City, Atlantic Beach, and the Emerald Isle along the Crystal Coast of North Carolina. They offer a

wide variety of sport fishing charter adventures, and they can even provide full charter boat booking services that include charter, fish cleaning, motel accommodation, and grills to cook some of your catch right at the dock. Expect to catch big salt water fish like Tuna, Dolphin, Wahoo, Sailfish, and Marlin, or an inshore trip to catch Kings, Spanish, Cobia, or any of the other inshore species.

Photo: holbox/Shutterstock.com Address: 611 Evans Street Morehead City Phone: +1 252 725 4956 Internet: www.islandgirlcharters.net Email: islandgirlcharter@gmail.com More Info: Call Captain Tracy Campbell for more details concerning trip rates.

Theodore Roosevelt Natural Area



The Theodore Roosevelt Natural Area is one of few maritime forests remaining on the North Carolina coast. The beautiful natural area

was donated to the state by the family of Theodore Roosevelt, the 26th President of the United States. An interpretive trail is located onsite, adjacent to and leading from the parking area of the North Carolina Aquarium.



Photo: bobistraveling/Flickr (image cropped) Address: 1 Roosevelt Dr. Pine Knoll Shores Opening hours: Mon-Fri: 9am-5pm Phone: +1 252 247 4003 Internet: www.visitnc.com/listing/theodore-roosevelt-natural-area Email: admin@ncaquariums.com

Atlantic Station Cinema



Catch a flick at Atlantic Station Cinema, the only movie theater in town! There are four screens, snack counters, and arcade games. Check out

the movie schedule and book your tickets in advance. Tickets are available for purchase both online and in person.

Photo: Billion Photos/Shutterstock.com

Address: NC Highway 58 (Salter Path Road), Atlantic Beach Opening hours: Mon-Thu: 4:30pm-8pm, Fri: 4:30pm-10pm, Sat-Sun: 12pm-10pm Phone: +1 252 247 7016 Internet: www.atlanticstationcinema.com Email: wilsonamusement.kbt@earthlink.net More Info: Admission pricing per ticket is available online.

DINING



Antonio Sastre/Shutterstock.com

A comfortable variety of cuisines may be found in the Atlantic City area. Although a particular emphasis on seafood is to be expected along the coast, you can also taste the distinctive flavors of international cuisine. Find the diverse and sophisticated blend of well-selected starters, main dishes and fresh desserts usually accompanied by a pleasant ambiance.

Bistro by the Sea



Chef-owned and operated by husband and wife Tim Coyne and Libby Eaton, Bistro by the Sea has been a flagship among restaurants in the area

since 1997. Specializing in Carteret-caught seafood and steaks, pastas, chicken, and international cuisine, the Bistro has something for every palate. Enjoy live music at the piano bar to complement your meal every Friday and Saturday.

Photo: TMON/Shutterstock.com Address: 4031 Arendell Street, Morehead City Opening hours: Tue-Thu: 5pm-9:30pm, Fri-Sat: 5pm-10pm Phone: +1 253 243 2777 Internet: www.bistro-by-the-sea.com Email: libby@bistro-by-the-sea.com

Pescara Wood Oven Kitchen



Pescara has gained the reputation for fine Italian dining close to the waterfront.The innovative cook creates wonderful combinations of flavours.

The Italian taste is skillfully combined with finely selected local ingredients. The restaurant also offers an impressive selection of wines and cocktails.

Photo: svariophoto/Shutterstock.com Address: 208 West Drive, Atlantic Beach Opening hours: Wed-Thu: 5pm-9pm, Fri-Sat: 5pm-10pm, Sun: 5pm-9pm Phone: +1 252 499 9300 Internet: www.pescararestaurant.com



Email: ciao@pescararestaurant.com

The Crab's Claw



The Crab's Claw is under the helm of pastry and executive chef Antoinette M. Oberci. She has an impressive background with food, wine and

pastries, allowing for the restaurant's

impeccable menu of fine Caribbean cuisine. They prepare only the freshest of personally selected, locally caught fish. Choose a beverage from their wine list and specialty drinks menu. Their website even features a live webcam of the beachfront view!

Photo: Natthawon Chaosakun/Shutterstock.com Address: 201 West Atlantic Boulevard, Atlantic Beach Opening hours: Daily: 11:30am-9pm Phone: +1 252 726 8222 Internet: www.crabsclaw.com Email: toni@crabsclaw.com More Info: Dining hours change according to season. Check the website for more details.

Channel Marker



A popular restaurant by day, the Channel Marker transforms into an haute nightspot in the afterhours. Enjoy the waterfront bar and deck

that overlooks Bogue Sound for a night to remember. On the menu, you will find everything from salad, fish and meat to pasta dishes. Coaster Magazine distinguished them with "The Best: Appetizer," "The Best: Entrée," and "The Best: Dessert" awards.

Photo: sasaken/Shutterstock.com Address: 718 Atlantic Beach Causeway, Atlantic Beach Opening hours: Daily: 11am-9pm Phone: +1 252 247 2344 Internet: www.thechannelmarker.com Email: markerinfo@thechannelmarker.com

Amos Mosquito's Restaurant



Knock, knock. Who's there? Amos. Amos who? A mosquito! While you may not be roaring with laughter, this is indeed where the restaurant's

name comes from. The atmosphere is equally lighthearted and casual, but do not be mistaken: they take their food seriously. The dishes are made from scratch, with features like Rich & Creamy Clam Chowder, Lump Crab Cakes with Roasted Corn, Shrimp & Grits, Brown Sugar Glazed Meatloaf, and much more.

Photo: Brent Hofacker/Shutterstock.com Address: 703 East Fort Macon Road, Atlantic Beach Opening hours: Mon-Wed: 5pm-9pm, Thu-Sat: 5pm-10pm, Sun: 5pm-9:30pm Phone: +1 252 247 6222 Internet: www.amosmosquitos.com Email: info@amosmosquitos.com

Resort Grill



Resort Grill offers breakfast and lunch, 6 days a week. They are locally owned and family operated, serving home made comfort food

cooked to order. Breakfast egg sandwiches, buttermilk pancakes, salads are all in one place. A local favorite is the 4-egg "Resort Omelet".

Photo: farbled/Shutterstock.com Address: 1400 East Fort Macon Road, Atlantic Beach Opening hours: Thu-Tue 6am-2pm Phone: +1 252 240 3176 Internet: www.resortgrill.com



Bella Pizza & Subs



Bella's never disappoints with great tasting pizza, fresh ingredients and thin crispy crust. Many people choose to take their pizza to go or just take

advantage of the delivery service which the establishment provides. Dine on delicious Italian while lounging on the beach.

Photo: El Nariz/Shutterstock.com Address: 311 Atlantic Beach Causeway, Atlantic Beach Phone: +1 252 247 4702 Internet: www.bellapizzaab.com

Roma Pizza & Subs



Roma cooks up a mean cheese pizza, ham calzone and lasagna! The thin crust is also a favorite for locals. Roma often receives rave

reviews for their excellent service as well, so be sure to make it your next stop while you are staying in Atlantic Beach.

Photo: Oksana Shufrych/Shutterstock.com Address: 100 Charlotte Avenue, Atlantic Beach Opening hours: Mon-Sat: 11:30am-9pm Phone: +1 252 247 2020

Island Grille



Island Grille is a beautiful beach hideaway in Atlantic Beach. They pair fine dining with an ocean side ambiance to provide for a wonderful evening.

They offer an impeccable wine list as well. Enjoy entrées like the Island Grille Signature Filet Mignon, Porterhouse Pork Chop and Shrimp, and

Scallop Grits.

Photo: sama_ja/Shutterstock.com Address: 401 Money Island Drive, Atlantic Beach Opening hours: Mon-Thu: 11am-9pm, Fri-Sat: 7am-10pm. Sun Brunch Buffet: 10-2pm, close at 9pm Phone: +1 252 240 0000 Internet: www.igrestaurant.net Email: info@igrestaurant.net

Shark Shack



What's not to love with tasty delights like Crab Cake and Mahi Burgers? The Shark Shack remains a local favorite for other delicious staples: Fish

and Chips, Shrimp Burgers, the Grouper Bites Basket, and the Blacked Tilapia Sandwich are several highlights.

Photo: teeramate7/Shutterstock.com Address: 100 South Durham Avenue, Atlantic Beach Phone: +1 252 723 5266

El Zarape Mexican Restaurant



El Zarape is consistently delicious. Locals come back over and over again for their fast service and expert Margaritas. Come for lunch or dinner and

try the Mexican favorites - quesadillas, enchiladas and burritos. Feel the authentic Mexican taste at El Zarape!

Photo: George Dolgikh/Shutterstock.com Address: 204 Atlantic Beach Causeway, Atlantic Beach Opening hours: Daily: 11am-10pm Phone: +1 252 808 2233



4 Corners Diner



4 Corners is a great place for having some snacks. Enjoy a wide selection, including veggie omelettes, buttermilk pancakes, French toast,

hamburgers as well as seafood and meat dishes. The food is always fresh while the ambiance beckons to the diners of old.

Photo: Nitr/Shutterstock.com

Address: 100 E Fort Macon Rd, Atlantic Beach Opening hours: Mon-Thu 6am-3pm, Fri-Sun 6am-8:30pm Phone: +1 252 240 8855 Internet: www.4cornersdiner.com Email: info@4cornersdiner.com

Michaelangelo's Pizza



Michaelangelo's Pizza is a casual restaurant offering pizza, subs, salads, and appetizers that are all prepared using the freshest ingredients.

Enjoy a variety of options, including authentic NY style pizza, pasta, stromboli, calzones, and authentic cannoli.

Photo: Andrey_Kuzmin/Shutterstock.com Address: Atlantic Station Shopping Center, 1010 W Fort Macon Rd, Atlantic Beach Phone: +1 252 240 3333 Internet: www.michaelangelosinc.com

White Swan Barbecue & Fried Chicken



White Swan Barbecue & Fried Chicken opens daily in the summertime to meet your Southern cuisine desires. Operating since 1949, they

 $\label{eq:specialize} specialize \ in \ Eastern \ North \ Carolina \ pulled \ pork$

barbecue, Southern fried chicken, Brunswick stew, and home made side dishes.

Photo: robertsre/Shutterstock.com Address: 2500 West Fort Macon Road, Atlantic Beach Phone: +1 252 726 9607 Internet: www.whiteswanatlanticbeach.com

Sammys Seafood House and Oyster Bar



Sammy's Seafood House and Oyster Bar serves up some of the freshest local seafood on the Morehead city waterfront. The restaurant is open for

dinner seven days a week and lunch every Saturday, Sunday, and Monday. You'll enjoy the casual atmosphere and fresh local seafood.

Photo: gori910/Shutterstock.com Address: 109 S. 6th St., Morehead City Opening hours: Tue-Fri: 4pm-10pm, Sat-Mon: 11am-10pm Phone: +1 252 648 8399 Internet: www.sammysseafoodhouse.com

CAFES



adorozhnyi Viktor/Shutterstock.com

Atlantic Beach and its surrounding towns are rife with cafes and coffee houses. There are also wine, candy, and chocolate shops. Bakeries complete the picture, as the aroma of home-made pastries merges with the scent of coffee. Enjoy the sea breeze with a cup of coffee and check out the large selection of flavors



which are bound to satisfy anyone's sweet tooth.

Sweet Beans Coffee & Cafe



Sweet Beans Coffee & Cafe is a gem in the area. Breakfast and lunch play an important role in the cafe's concept, and decadent desserts

complete the list of delicious delights. The cafe offers outdoor seating, and those who are in a hurry can take advantage of the the drive-thru service.

Photo: Dima Sobko/Shutterstock.com Address: 2302 Arendell St G, Morehead City Opening hours: Mon-Fri: 6:30am-7pm, Sat-Sun: 7:30am-6pm Phone: +1 252 247 6020 Email: sweetbeansmhc@gmail.com

Calico Creek Coffee



What makes this cafe special is the company policy. The establishment helps customers participate in a good cause. Apart from the

aromatic drink you get, your purchase also contributes to the development of local non-profits and global missions. Be part of something big while having your daily cup of coffee.

Photo: little star/Shutterstock.com Address: 1605 Fisher St, Morehead City Opening hours: Tue-Fri: 7am-12pm, Sun: 8am-1pm Phone: +1 252 422 2899 Internet: www.calicocreekcoffee.com

Happycakes Cupcakery



Happycakes recieved the award for best cakes in North Carolina in 2016, and a fully justified one at that. They severe creamy, delicious and fresh

cupcakes, cookies, and cakes that melt in the mouth. The establishment is ready to help you in organizing your personal event. Choose the flavors according to your preferences and fill yourself with intense delight.

Photo: saschanti17/Shutterstock.com Address: 278 NC-24, Morehead City Opening hours: Mon-Sat: 11am-7pm Phone: +1 252 773 0160 Internet: www.thehappycakescupcakery.com Email: thehappycakescupcakerg@gmail.com

Hales Bakery



Sweet treats and cakes are served with refinement in an inviting atmosphere at Hales, an inviting bakery in Morehead City. Here you

can choose among the rich variety of hand-made sweets, like blueberry cobber, Scarlet's red velvet, and triple chocolate torte.

Photo: Pandora Studio/Shutterstock.com Address: 4050-a Arendell Street, Morehead City Opening hours: Mon-Sat: 7am-6pm Phone: +1 252 499 9236 Internet: www.halesbakery.com Email: halesbakery@hotmail.com



Happy Cow Ice Cream



On your way back home after a lunch or dinner or just out for a walk? Add some delicious ice cream to complete the picture. Happy Cow Ice Cream

will satisfy your craving. Wonderful and yummy ice cream with many different flavour combinations available. The location by the water completes the lovely experience.

Photo: Gtranquillity/Shutterstock.com Address: 404 Evans St, Morehead City Opening hours: Fri: 4pm-9pm, Sat: 12pm-9pm, Sun: 12pm-6pm Phone: +1 252 269 9890 Internet: www.happycowicecream.com Email: tbullard75@gmail.com

Atlantic Beach Coffee



Atlantic Beach Coffee is a new arrival on the town's cafe scene. The cafe welcomes you with freshly baked goods such as pastries, cinnamon

buns, eclairs, caramel cheesecake as well as

drinks such as hot artisan roasted coffee, mocha latte, teas and hot cocoa.

Photo: Shaiith/Shutterstock.com Address: 1010 W Fort Macon Rd unit 29, Atlantic Beach Opening hours: Mon-Sun: 7am-6pm Phone: +1 252 773 0895 Internet: www.atlanticbeachcoffee.com Email: abcoffeeandwine@gmail.com

Sugarloaf Island Bakery



Sugarloaf Island Bakery is more than just any bakery. As you cross the threshold you can feel the smell of roasted coffee and crusty homemade

bread. Peanut butter balls, truffles, pies, cakes, cookies come in different flavors and are all prepared with taste and creativity.

Photo: scnhnc052008/Shutterstock.com Address: 1002 Arendell St, Morehead City Opening hours: Tue-Sat: 7am-5pm Phone: +1 252 222 0443 Email: charles@willbake4u.com

Royal James Cafe



Royal James Cafe has been a local gathering point for years. The place is a good choice if you want to hang out with friends in a relaxed

atmosphere. Enjoy live music on weekends, get a hamburger, a beer and join a pool table competition to show off your skill.

Photo: Danil Nevsky/Shutterstock.com Address: 117 Turner St, Beaufort Opening hours: Daily: 11am-9pm Phone: +1 252 728 4573

Beaufort Cafe



Tired of preparing breakfast every day? Want to grab something on your way to work or just want to have your morning breakfast out?

Beaufort Cafe has something for you. Omelets, cookies, a warm cup of coffee and much more. Taste the beginning of the day at Beaufort Cafe.



Photo: siamionau pavel/Shutterstock.com Address: 817 Cedar St, Beaufort Opening hours: Mon-Fri: 6am-12:30pm, Sat-Sun: 6am-1pm Phone: +1 252 728 4400

Sub Tropics



Sub Tropics is an absolute must for lunch. The meat, cheese, and veggies used are sliced fresh, and guests may personalize any sub or

wrap. Sub Tropics also features specialty sandwiches such as the Cubano or Island-Style Fish Wrap. Escape the heat with their cool smoothies and feel free to use the complimentary Wi-Fi.

Photo: stockcreations/Shutterstock.com Address: 146 East Fort Macon Road, Atlantic Beach Opening hours: Wed-Mon: 11am-3pm Phone: +1 252 240 0400 Internet: www.crystalcoastdeals.com/?p=1_74

AB Ice Cream and Candy Shoppe



Find everything to satiate your sweet tooth here. Hershey Hand-dipped Ice Cream, Tropi-Kool Smoothies, Milkshakes, Freshly Made Cream n

Butter Fudge, Old Time Candies, gummi, and so much more! Escape the heat with a cool treat at AB Ice Cream and Candy Shoppe.

Photo: Andrey_Kuzmin/Shutterstock.com Address: 1010 W. Fort Macon Rd Atlantic Beach Opening hours: Mon-Wed: 11am-9pm, Thu-Sat: 11am-10pm, Sun: 11am-10pm Phone: +1 252 648 8324 Internet: www.abicecream.com Email: ABicecreamandcandy@gmail.com

Infusion Cafe



Located nearby in Morehead City is Infusion Cafe. They offer over 100 world infusions, including black and green teas, rooiboos, mates, fruit

infusions, herbals, and freshly roasted single origin coffees. The menu has a variety of hand crafted foods including salads, sandwiches, soups, quiche, desserts, and scones.

Photo: Wallenrock/Shutterstock.com Address: 1012 Arendell St, Morehead City Opening hours: Tue-Fri: 10am-5pm, Sat: 11am-3pm. Phone: +1 252 240 2800 Email: theInfusionCafe@hotmail.com

BARS & NIGHTLIFE



g-stockstudio/Shutterstock.com

Bars and taverns are popular in Atlantic Beach, with less of a club scene in the area. Many offer good location for entertainment with instant beach access. You can feel the laid back atmosphere during the day. Sun, sea and fine cocktails go hand in hand with each other. When night falls, the real party gets started. Stormy nights with quality drinks and a lot of music. Enjoy your time and have a toast with the sunset.



Beach Tavern



Beach Tavern—known by locals as "BT"—is an Atlantic Beach tradition. For 40 years, BT has been "the" watering hole on the island. Order your

drinks from the unique wrap-around bar and chew on some of the best wings and burgers in town. Play pool, darts, foosball, pinball, golf, mega-touch games, and arcade games. There are televisions and live music as well.

Photo: Joshua Resnick/Shutterstock.com Address: 413 West Fort Macon Road, Atlantic Beach Opening hours: Tue-Thu: 11am-12am, Fri-Sat: 11am-2am, Sun: 12pm-10pm Phone: +1 252 427 4466 Email: party@beachtavernonline.com

Cru Bar & the Wine Store



They seem to have it all: glasses of fine wine, beer, fresh coffee, and light fare. Enjoy chocolates, cookies, homemade soups, sandwiches,

pizzas, quesadillas, and more. Many of the products and bottled wines available for purchase. Complimentary Wi-Fi is available to guests.

Photo: Anna Jurkovska/Shutterstock.com Address: 120 Turner Street, Beaufort Opening hours: Daily: 6am-closing Phone: +1 252 728 3066 Internet: www.thecruwinebar.com

Jack's Waterfront Bar



Jack's Waterfront Bar is a good choice for entertainment. Check the bar's calendar for upcoming events and get ready for a great deal of

fun. As it is a waterfront bar, a spectacular view over the beach reveals itself to guests. Get a drink, listen to the live music and hit the dance floor.

Photo: iraua/Shutterstock.com Address: 513 Evans St, Morehead City Opening hours: Summer Hours: Thu: 4pm-until, Fri: 4pm-2am, Sat: 12pm-2am, Sun: 12pm-7pm Phone: +1 252 515 0301 Internet: www.jackswaterfrontbar.com

Emerald Club



Emerald Club means real party. With its long experience in the business, the club secures its position as a great place to hang out

year after year. Here you will find the largest outdoor patio area in Atlantic Beach, and a Tiki bar is also in operation. Broad choice of drinks includes weekly specials, and live music every weekend adds to the appeal.

Photo: Syda Productions/Shutterstock.com Address: 8102 Emerald Dr, Emerald Isle Opening hours: Mon-Sun: 6pm-2am Phone: +1 252 354 2929 Internet: www.emeraldclubei.com Email: emeraldclub2.0@gmail.com



Tight Lines Pub & Brewing Company



Tight Lines Pub & Brewing Co. is a place dominated by southern cuisine and premium brews. The interesting concept of the

establishment combines a brewery and a restaurant where you can taste a variety of craft beers in a pleasant atmosphere. The menu includes lunch and dinner meals like burgers, sandwiches, wraps, salads, soups, appetizers, and desserts.

Photo: Joshua Resnick/Shutterstock.com Address: 709 Arendell St, Morehead City Opening hours: Sun-Mon: 11:30am-9pm, Wed-Thu: 11:30am-9pm, Fri-Sat: 11:30am-10pm Phone: +1 252 773 064 Internet: www.tightlinesbrewing.com Email: rlewis@tightlinesbrewing.com

Idle Hour Biergarten



Idle Hour Biergarten offers you a quality German experience complete with a fresh ocean breeze. The menu features a selection of

German beers as well as mix of exotic international and local flavors. Starters, tacos and burgers are also served. The Biergarten offers outside seating. Make yourself comfortable with a glass of ice cold beer in your hand.

Photo: Nitr/Shutterstock.com Address: 121 E Atlantic Blvd, Morehead City Opening hours: Tue-Wed: 5pm-10pm, Thu: 12pm-10pm, Fri-Sat: 12pm-11:30pm, Sun: 12pm-9pm Phone: +1 252 773 0008 Internet: www.idlehourbiergarten.com Email: hello@idlehourbiergarten.com

Salt Ultra Lounge



SALT is a place for those looking for something new. The bar organizes parties featuring popular performers, live music and spectacular shows - a

varied program that will make your stay unforgettable. Order a quality drink, check out the outdoor patio and enjoy the rhythm of the night.

Photo: PopTika/Shutterstock.com Address: 325 Mangrove Dr, Emerald Isle Opening hours: Mon-Sat: 7pm-2am Phone: +1 252 354 2740 Internet: www.saltei.com Email: saltbarllc@gmail.com

Clawson's Pub



Clawson's Pub boasts 8 taps, bottled and canned beers. Promoting North Carolina's own breweries, Clawson's features one brewery each month.

Come for the Friday Night Flights, a free beer tasting held on the first Friday of the month from 5pm until 7pm. There's also live music every Saturday from 7pm until 10pm.

Photo: Joshua Resnick/Shutterstock.com Address: 425 Front Street, Beaufort Opening hours: Mon-Thu: 11:30am -8:30pm, Fri-Sat: 11:30am-9pm Phone: +1 252 728 2133 Internet: www.clawsonsrestaurant.com Email: info@clawsonsrestaurant.com



Monkey Bar & Grill



With some of the best margaritas in town, it's easy to see why Monkey Bar & Grill is a local favorite. They offer drink specials and Southern

pub fare. Munch on nachos, shrimp and grits, wings, and bigger dishes like the cheese steak while enjoying ice cold beer.

Photo: alexpro9500/Shutterstock.com

Address: 1010 West Fort Macon Road 14, Atlantic Beach Opening hours: Mon-Thu: 11am-10pm, Fri-Sat: 11am-11pm, Sun: 11am-10pm Phone: +1 252 726 2552

Molly's Beachside Bar & Grill at the Sheraton Pier



Molly's is located at the DoubleTree Hilton. Enjoy casual beachfront dining with some of the best burgers and drinks in town. Open seasonally,

Molly's has great views over the Atlantic Ocean and the beach, as well as a full bar. Make yourself comfortable at the pier, get you favorite drink and enjoy the moment.

Photo: northallertonman/Shutterstock.com Address: 2717 West Fort Macon Road, Atlantic Beach Opening hours: Daily: 11am-12am Phone: +1 252 240 1155

Ruddy Duck Tavern



The Ruddy Duck is located in Morehead City. Apart from traditional pub fare like burgers, chicken, and wings, they have an extensive drinks

menu. Find domestic, draft and imported beers,

specialty drinks, premium vodkas, and single malt scotch, as well as red and white wines.

Photo: Alexey Lysenko/Shutterstock.com Address: 509 Evans Street, Morehead City Opening hours: Tue-Sat: 11am-10pm, Sun: 12pm-9pm Phone: +1 252 726 7500 Internet: www.ruddyducktavern.com Email: ruddyducktavern@gmail.com

Tackle Box Tavern



Tackle Box Tavern is a dive bar with quirky decor and cool libations. No frills, just great times. Chill on the patio while the jukebox plays tunes.

Enjoy the friendly, laid back atmosphere and sip on reasonably priced drinks after a day at the beach.

Photo: iko/Shutterstock.com Address: 107 Atlantic Boulevard, Atlantic Beach Opening hours: Mon-Sat: 10am-2am, Sun: 12pm-2am Phone: +1 252 222 3474

Plaza Mexico Bar & Grill



Premium Mexican cuisine and great Happy Hour specials draw crowds to this Beaufort restaurant. They also have a Morehead City location.

The menu features a wide variety of appetizers, vegetarian dishes, Mexican favorites. Be sure to stop by during the Happy Hour specials.

Photo: WilliamEdwards14/Shutterstock.com Address: 5167 US-70, Morehead City Opening hours: Mon-Thu: 11am-10pm, Fri-Sat: 11am-10:30pm, Sun: 11am-9pm Phone: +1 252 808 3700 Internet: www.plazamexicobarandgrill.com



Backstreet Pub



Another one of Beaufort's own, Backstreet Pub never falls short of showing its patrons a good night. Converted from a bakery, the pub

features an extensive drink list, a fireplace for cooler nights, and an outside courtyard. Latitudes & Attitudes Magazine called it the "the friendliest, funkiest, little bar from Maine to Venezuela."

Photo: dotshock/Shutterstock.com Address: 124 Middle Lane, Beaufort Phone: +1 252 728 7108 Internet: www.historicbeaufort.com/backstreet_pub1.htm

Arendell Room



The Arendell Room boasts classic cocktails, martinis, wine, and cold beers from their Morehead City location. They take an inventive

approach to cocktails, using ingredients like fresh squeezed juices and the finest spirits. The

Arendell Room lives on the mantra, "Cocktails first. Questions later."

Photo: Jacob Lund/Shutterstock.com Address: 715 Arendell Street, Morehead City Opening hours: Tue-Thu: 5pm-12am. Fri: 5pm-2am. Sat: 6pm-2am Phone: +1 252 240 2753 Internet: www.arendellroom.com

SHOPPING



Monkey Business Images/Shutterstock.com

Despite its small size, Atlantic Beach area will pleasantly surprise you with its wide variety of goods on offer. While the majority of shops are beach-themed, there are boutiques and craft stores as well. Souvenirs from your Atlantic Beach trip will be easy to find.

Wings Beachwear



Wings stores are stocked with quality apparel, swimwear, shoes, souvenirs, and beach accessories. Find men's, women's, and kid's

clothes. Specials run daily, and many of the T-shirts, bottoms, and towels feature in-house designs and hand-printed artwork.

Photo: Jag_cz/Shutterstock.com Address: 200 West Fort Macon Road, Atlantic Beach Phone: +1 252 240 5363 Internet: www.wingsbeachwear.com

Crystal Coast Bicycles



Crystal Coast Bicycles take care of all your biking needs, making cycling an enjoyable experience. Find a variety of bicycle models and

accessories - hybrids, road bikes, specialty bikes,



and bike equipment. The goods offered here are designed for all biking conditions and routes. Rent a bike and set off on a relaxing bicycle tour around Atlantic Beach.

Photo: NadyaEugene/Shutterstock.com Address: 407 Atlantic Beach Causeway, Atlantic Beach Opening hours: Tue-Sat: 9:30am-5pm Phone: +1 252 247 1110 Internet: www.crystalcoastbikes.com

Shore Decor



You can find an elegant assortment of furniture which can turn your place into a magical spot radiating warmth and coziness. Wondering how

to gladden someone's heart? The store has a solution for this as well. Check the wide range of gifts when you plan on buying a present. Give a new look to your home or office and surprise loved ones with a piece from Shore Decor.

Photo: Julia Sudnitskaya/Shutterstock.com Address: 5167 US-70, Morehead City Opening hours: Mon-Thu: 10am-6pm, Fri-Sat: 10am-7pm, Sun: 1am-6pm Phone: +1 252 727 0001 Internet: www.shoredecor.com Email: sales@shoredecor.com

Island Traders



Island Traders carries quality merchandise that changes with the seasons. They carry the following brands full season: Keen, Rugged Shark, Chaco,

Cushe, Reef, Sanuk, TOMS and more. Island Traders also offers a selection of accessory items to make your Atlantic Beach vacation complete.

Photo: Olesia Bilkei/Shutterstock.com

Address: 1010 West Fort Macon Road, Atlantic Beach Opening hours: Mon-Thu: 10am-6pm, Fri-Sat: 10am-7pm, Sun: 12pm-5pm Phone: +1 252 240 2825 Internet: www.islandtraders.com Email: contact@islandtraders.com

Bert's Surf Shop



A local North Carolina shop, Bert's features quality beachwear, surfing gear, skateboards and accessories that the locals will vouch for. The

Crystal Coast offers a wealth of outdoor fun, and Bert's is there to fit you for every activity. Whether seeking to swim, boat, fish, surf, or more, come find what you need at Bert's.

Photo: focussucof/Shutterstock.com Address: 304 West Fort Macon Road, Atlantic Beach Phone: +1 252 726 1730 Internet: www.bertsurfshop.com Email: office@bertsurfshop.com

Atlantic Beach Surf Shop



Since 1964 AB Surf Shop has served generations upon generations of surfers and water enthusiasts either living in Atlantic Beach or

passing through. As the oldest and most well-known surf shop in North Carolina, AB offers a wide range of name brand surfing apparel and equipment. They also feature the largest surfboard selection in North Carolina with over 200 in stock.

Photo: Oleg V. Ivanov/Shutterstock.com Address: 515 West Fort Macon Road, Atlantic Beach Opening hours: Mon-Thu: 10am-5pm, Fri: 10am-6pm, Sat: 10am-7pm, Sun: 10am-5pm Phone: +1 252 726 9382



Internet: www.absurfshop.com Email: info@absurfshop.com

Morehead Plaza Shopping Center



The Morehead Plaza Shopping Center is a great option for those wishing to venture outside of Atlantic Beach to find larger shopping

areas. Here you can find Lowes Grocery, Goodys, Cubbies, Dunkin Dounuts, and Hardees. There is also an assortment of retail shops.

Photo: Phovoir/Shutterstock.com Address: 3000 Arendell Street, Morehead City Phone: +1 252 726 2151

Jacksonville Mall



Jacksonville Mall is located in Jacksonville. It features department stores Sears, JCPenney and Belk, as well as familiar retail specialty

stores like Aeropostale, American Eagle Outfitters, Aussie O's, Buckle, Hot Topic, PacSun, rue21, Tilly's, Western Wear, and Zumiez.

Photo: Aaron Amat/Shutterstock.com Address: 375 Jacksonville Mall, Jacksonville Opening hours: Mon-Fri: 10am-9pm, Sat: 10am-9pm, Sun: 12pm-6pm Phone: +1 910 353 2477 Internet: www.shopjacksonvillemall.com

Coastal Outlet



Coastal Outlet at Cedar Point, North Carolina is your one-stop shopping location. Find clothing, shoes, furniture, jewelry, accessories, decorative

items and much more. No matter what the occasion is Coastal Outlet has everything you need and will make you smile.

Photo: oneinchpunch/Shutterstock.com Address: 1075 Cedar Point Boulevard, Cedar Point Opening hours: Mon-Fri: 10am-6pm, Sat: 10am-7pm, Sun: 12pm-6pm Phone: +1 252 393 7200 Email: coastaloutlet@gmail.com

New Bern Mall



New Bern Mall in New Bern, North Carolina features retail giants Belk, JCPenney, Sears Dealer Store, T.J. Maxx, and other favorite brands.

Find apparel, electronics, gifts, cosmetics, shoes, jewelry, and dining facilities. Monthly events take place, so be sure to check the website for more details.

Photo: Dmitry Kalinovsky/Shutterstock.com Address: 3134 Highway 17 New Bern Opening hours: Mon-Sat: 10am-9pm, Sun: 1pm-6pm Phone: +1 252 633 2800 Internet: www.newbernmall.com

DDT Outlet



DDT Outlet is located in Hampstead. They offer 20,000 square feet of home furnishings for your entire home, inside and out. A variety of indoor



and outdoor brands are carried, so stop by and see what you can find for your living spaces. Give your home a more refined look.

Photo: ponsulak/Shutterstock.com Address: 21740 US Highway 17 North, Hampstead Opening hours: Mon-Sat: 10am-5pm, Sun: 12am-4pm Phone: +1 910 329 0160 Internet: www.ddtoutlet.com Email: ddthome@aol.com

Neuse Sport Shop



Neuse Sport Shop is located in Kinston and carries everything you need to make this your year for fishing. Find all things Shimano, a large

supply of live and frozen baits, and the latest products in stock like Fish Bites and Burkley Gulp. They also have a Marine Hardware and Hunting Department.

Photo: titov dmitriy/Shutterstock.com Address: Frenchman's Creek Mall, 225 E New Bern Rd, Kinston Opening hours: Daily: 6am-9pm Phone: +1 252 527 5058 Internet: www.neusesportshop.com Email: kherrington@nssnc.com

Vernon Park Mall



At Vernon Park Mall in Kinston, you'll find JCPenney's, Belk, a food court, and an assortment of local businesses. The mall also holds a "Living

the Good Life" seminar in the fall. Kinston is approximately 1 hour away from Atlantic Beach. In February 2017 a new redevelopment plan of the facility was announced, so many new surprises are to be expected. Photo: fizkes/Shutterstock.com Address: 834 Hardee Road, Kinston Opening hours: Mon-Sat: 10am-9am, Sun: 1am-6am Phone: +1 252 523 8969 Internet: www.vernonparkmall.com

Kites Unlimited & Bird Stuff



Come to Kites Unlimited & Bird Stuff and pick up a kite to fly. They carry excellent kites of premium quality and accessories like flags,

feathers, and windsocks. If you're looking for a fun activity to enjoy on the beach, look no further than Kites Unlimited.

Photo: ILYA AKINSHIN/Shutterstock.com Address: Atlantic Station Shopping Center, 1010 W Fort Macon Rd, Atlantic Beach Phone: +1 252 247 7011 Internet: www.kitesandbirds.com Email: don@kitesandbirds.com

ESSENTIAL INFORMATION



Pablo Rogat/Shutterstock.com



Myrtle Beach International Airport



Myrtle Beach International Airport serves non-stop flights to Myrtle Beach from over 25 cities. MYL services the following airlines:

Allegiant Air, Delta Air Lines, Delta Connection, Porter Airlines, Spirit Airlines, United Express, US Airways and WestJet.

Ground transportation services are provided via taxi, shuttle, rental cars and services. A ride sharing option is also available.

The public transportation bus can be found at the exit of door 5. The bus runs 7 days a week. Taxis are conveniently located near exit door 6. Alamo Rental Cars, Avis Rental Cars, Budget Rental Cars are among the rental cars companies which operate at the airport and their working hours are 7 days a week, from 7am till midnight.

Photo: Juan Garces Address: 1100 Jetport Rd, Myrtle Beach Phone: +1 843 448 1589 Internet: www.flymyrtlebeach.com Email: info@flymyrtlebeach.com

Public Transportation



As it is only 26 miles from one end to the other of Atlantic beach, there is no public transportation on the island. However, you can either take a taxi

or rent a bike.

Crystal Coast Bicycles 407 Atlantic Beach Causeway, Atlantic Beach +1 252-247-1110 Tuesday - Saturday 9:30am - 5pm

Photo: Pierre-Luc Auclair

Time Zone



Atlantic Beach is located in the Eastern time zone, and all times are reflected in Eastern time.

Photo: Marek Polakovic

Taxi



The following taxi services are available for the Atlantic Beach area: Atlantic Beach Taxi +1 252 240 3555 A1 Yellow Cab +1 252 504

3680

Carteret Cab +1 252 247 4600

Post

US Post Office



Photo: Andy Fuchs Address: 1516 W Fort Macon Road, NC Opening hours: Mon-Fri: 8:30am-12:30pm, 1:30pm-4:00pm, Sat 10am-12pm Phone: +1 252 726 5630

Pharmacy



Medical Park Pharmacy: 301 Penny Ln, Morehead City, Monday-Friday: 9am - 6pm, Saturday: 9am -1pm, +1 252 726 0777; Rite Aid: 2904 Arendell



Street Morehead City. Monday-Saturday: 9am - 9pm, Sunday: 10am -6pm, +1 252 726 4104.

Photo: Gemma Garner Internet: www.medicalparkpharmacy.net

Telephone



Country Code: +1 Area Codes in Atlantic Beach: 252

110V AC, 60Hz

Photo: Jardson Almeida

Electricity



Photo: Stirling Tschan

Population 1,815

Currency US Dollar, \$1 = 100 cents

Opening hours Most stores are open seven days a week 9am to 6pm, or later. Bars and clubs tend to around 2am.

Newspapers The Atlantic Beach News

Emergency numbers 911

Tourist information Town of Atlantic Beach 125 West Fort Macon Road +1 252 726 2121