





Photo: Susanne Pommer/Shutterstock.com



In addition of being the largest city in the province of Quebec, Montreal has proven to be the most multicultural metropolis of Canada, if not all of the Americas. It keeps strong marks of its French origins but has welcomed people of so many backgrounds it has become truly cosmopolitan. As night time falls an orange glow coats the city, and Montreal's vibrant nightlife comes into motion.

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THE CITY



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Feel the grandeur of skyscrapers as you walk the broad streets of downtown Montreal. Beyond its French heritage, Montreal is a metropolis built on cultural synergy. From Little Italy to Chinatown, the philosophy of Montreal has always been to celebrate all cultures cohabiting within it, and no other city has done it better. Montreal has a free spirit, one that its residents uphold, and confers a powerful energy. Don't be surprised if, after a few hours only, you catch yourself smiling like a true Montrealer. From long shopping streets and cute neighborhoods to glossy and huge modern buildings, Montreal's cityscape offers as much variety as its population. City of the 100 bell towers, it has not rejected its past, and one can still encounter old religious buildings such as the beautiful Saint Joseph's cathedral or the stunning Basilique Notre-Dame. At night, the city awakens to a new energy, and

there is always something to do: festivals, fireworks, nightclubs, and more restaurants than one can count, just to begin with.

DO & SEE



jbd30/Shutterstock.com

From historical landmarks to atmospheric neighborhoods to lose yourself in, Montreal could very well be one of the coolest places on earth. There is enough to do and see to fill up an entire holiday, and every season brings its own charm. Frozen lakes in winter leave way to flowery mounts in spring, and sunbathing in the summer disappears into the maple colors of fall. Whether you choose to use the incredible public transport network, walk, or ride a bicycle, you are sure to enjoy a break in Montreal.

Notre-Dame Basilica of Montreal



The most famous and picturesque cathedral in Montreal, Notre-Dame Basilica is sure to leave an impression. Walk through the nave, across

the dark blue floor, watched over by the large statues, to reach the impressive altar. The Basilica is a breathtaking sight, one that will most likely put you in a meditative state.

Photo: basicmatrix/Pixabay (image cropped) Address: 110 Rue Notre Dame Ouest, Montreal Public Transport: Metro Place d'Armes Opening hours: From 07:00 everyday Phone: +1 514 8422 925 Internet: www.basiliquenotredame.ca Email: info@basiliquenddm.org



Mount Royal



Step off the busy streets of Montreal and into nature to take in city life from up above. Mount Royal is a perfect viewpoint to see the

entire city in all its glory. The way up is a bit of a hike so wear good shoes, but, once you're there, take a deep breath and let the clean, fresh air fill your lungs. Do not miss Saint Joseph's Oratory.

Photo: naibank/Shutterstock.com Address: Mt Royal, Montreal Public Transport: Bus 11 Phone: +1 514 843 8240 Internet: www.lemontroyal.qc.ca Email: info@lemontroyal.qc.ca

Old Montreal



After a tour of the Montreal History Centre, walk through various areas of Old Montreal, from Champ de Mars to Place d'Youville. Along

the way you will have access to museums and attractions, such as the City Hall and the Bonsecours Market, as well as several beautiful public spaces. Don't forget your camera!

Photo: oknidius/Flickr (image cropped) Address: Place d'Youville, Montreal

Montreal Botanical Garden & Green Spaces



The Montreal Botanical Gardens offer a welcome breath of fresh air in the busy city. Whether you visit the Biodôme, Botanical Garden,

Insectarium, or the Rio Tinto Alcan Planetarium,

every single one will be a unique and memorable experience. All locations are conveniently close to each other, but make sure to take at least a couple of hours to explore each.

Photo: meunierd/Shutterstock.com Address: 4101 Rue Sherbrooke E, Montreal Opening hours: Everyday: 9:00 - 18:00 Phone: +1 514 872 3000 Internet: www.espacepourlavie.ca/jardin-botanique

The Montreal Museum of Fine Arts



The Museum of Fine Arts in Montreal is praised by the overwhelming majority of its visitors, and for a reason: it has the largest collection of

fine art in Canada, as well as a continuous rotation of exhibitions. Just like the city itself, the museum showcases two sides to art: historical and modern.

Photo: Luke H. Gordon/Flickr (image cropped) Address: 1380 Rue Sherbrooke O, Montreal Public Transport: Metro Peel or Guy-Concordia. Bus 24. Opening hours: Tuesday-Sunday 10:00 - 17:00 (until 21:00 on Wednesdays). Closed on Mondays. Phone: +1 514 285 1600 Internet: www.mbam.qc.ca Email: web@mbamtl.org

Laurentian Mountains



Leave the urban sprawl behind and admire Canadian natural beauty. Hop on the bus and travel through the beautiful landscapes all the way to

the Laurentian Mountains. Get your camera ready to capture the steep mountain sides, adorned with bright red trees in autumn or flourishing greens in spring. Dotted with pretty



little towns and impressive rock formations, the Laurentian Mountains are a great day trip.

Photo: Yannick Vidal/Shutterstock.com Address: Laurentian Mountains, Lac-Jacques-Cartier More Info: Time your trip! Mornings offer beautiful dew and foggy moments and evenings offer the dark red setting sun.

Circuit Gilles Villeneuve



The noteworthy Formula One Canadian Grand Prix is held on this impressive circuit, located on Notre-Dame island. Stand on the tarmac and

experience the feeling of engines roaring past as racers battle each other for pole position. To experience the entire track, it is possible to use your own vehicle or even roller blade along it.

Photo: Digital Storm/Shutterstock.com Address: Parc Jean-Drapeau, Montreal Phone: +1 514 350 0000 Internet: www.circuitgillesvilleneuve.ca Email: info@octanemanagement.ca

Pointe-à-Callière Museum of Archaeology and History



Pointe-à-Callière is a national historical and archaeological site that allows visitors to see how old Montreal came to life. It features both historical

and contemporary pieces, and takes you from day one to what the city has become now. Witness more than a 1000 years of human progress.

Photo: Rhiannon Lewis/Flickr (image cropped) Address: 350 Place Royale, Montreal Public Transport: Metro Place-D'Armes. Bus 715. Opening hours: Tuesday-Friday 10:00 - 17:00, Saturday-Sunday 11:00 - 17:00 Phone: +1 514 872 9150 Internet: www.pacmusee.qc.ca Email: info@pacmusee.qc.ca

Bell Centre



There is always something going on at Bell Centre, whether sporting events or concerts; this same 21,000-seat venue hosts

the Cirque du Soleil. Alternatively, you can take one of the guided tours that will take you all the way to the locker rooms. Taking pictures is allowed and encouraged.

Photo: melis/Shutterstock.com Address: 1909 Avenue des Canadiens-de-Montréal, Montreal Opening hours: Tours: Monday-Friday 18:00 - 20:00 Phone: +1 514 925 5688 Internet: www.centrebell.ca Email: tours@bellcentre.ca

Montreal Biosphere



This museum benefits from a great location in a green environment on St Helen Island. The Biosphere Museum is dedicated to preserving

the environment and sustainability. Natural environments are recreated indoors. It is a great activity for families, and the sphere is very photogenic from the outside.

Photo: Phil K/Shutterstock.com Address: 160 Chemin du Tour de l'isle, Montreal Opening hours: Wednesday-Sunday 10:00 - 17:00. Closed on Mondays and Tuesdays. Phone: +1 514 283 5000 Internet: www.ec.gc.ca/biosphere



Plateau Mont-Royal



Plateau Mont-Royal is simply the most beautiful and atmospheric neighbourhood in Montreal,with colorful brick Victorian houses,

trendiest coffee shops and coolest boutiques in the city. A walk in the area is sure to lift your spirits.

Photo: Richard Cavalleri/Shutterstock.com Address: Le Plateau-Mont-Royal, Montreal

Place Ville Marie Observatory



See Montreal from the top! Offering stunning views of Montreal, the 360° Observation Deck Place Ville Marie enables visitors to discover a new

and unique view of the city's main landmarks and cultural pillars. Observe the Saint Lawrence River, Mount Royal, Old Montreal, Quartier des spectacles, and the Olympic Stadium – to name only a few of the attractions visible 185 meters above ground.

Photo: Drop of Light/Shutterstock.com Address: 3 Place Ville Marie, Montreal Opening hours: June to early September: Mon-Thurs 10am-7pm, Fri-Sat 10am-9pm, Sun 11am-6pm; Rest of the year: Mon-Thurs 10am-5pm, Fri-Sat 10am-6pm, Sun 10am-6pm Phone: +1 514 544 8200 Internet: www.observatoire360.com Email: info@ausommetpvm.com

La Ronde



La Ronde is a huge amusement and entertainment park located on Saint Helen Island. With around 40 attractions (ranging from

roller coasters to water games), it is a great activity for families in the summer (keep in mind it closes during winter and usually reopens in May).

Photo: abdallahh/Flickr (image cropped) Address: 22 Chemin Macdonald, Montreal Public Transport: Metro Jean-Drapeau and Papineau. Bus 167 and 169. Phone: +1 514 397 2000 Internet: www.laronde.com Email: infolaronde@sixflags.com

Montreal History Centre



Experience the first few years of the Montreal colony before it became the thriving and multicultural city it is today. The Montreal

History Centre will tell you everything about the city, and it also hosts regular events and temporary exhibitions.

Photo: Centre d'histoire de Montréal/Wikimedia Commons (image cropped) Address: 335 Place d'Youville, Montreal Opening hours: Wednesday-Sunday 10:00 - 17:00. Closed on Mondays and Tuesdays. Phone: +1 514 872 3207 Internet: www.vieux.montreal.qc.ca/eng/accueila



Rage Montreal



Do you have some stress or anger you would like to get rid off? Say no more, Rage is the activity for you. This very special place will teach you how

to throw axes in eleven different throwing corridors. Whether you are here for a celebration or to release negative energy, be prepared to discover your inner warrior.

Photo: Kletr/Shutterstock.com Address: 1436 rue Amherst, Montreal Opening hours: Sunday-Monday 14:00 - 22:00, Friday-Saturday 10:00 - 23:00. Tuesdays and Wednesday booked for special event only. Phone: +1 514 303 7243 Internet: www.ragemontreal.com Email: info@ragemontreal.com

The Force Academy



If all you ever wanted was to be a Jedi (or if you think Darth Vader might come back and you should practice), here is your chance. The Force

Academy will teach you everything Yoda wishes you knew. A really fun and unique activity.

Photo: rdrgraphe/Shutterstock.com Address: 580 Rue de Courcelle, Montreal Opening hours: Friday-Sunday 13:00 - 21:00 Phone: +1 514 316 7278 Internet: www.the-force-academy.com Email: support@the-force-academy.com

DINING



Syda Productions/Shutterstock.com

In a city where cultures mingle as harmoniously as in Montreal, and where the French influence remains strong, one can only expect an incredible gourmet scene. Expectations are more than met in this cosmopolitan megalopolis, and one can savour everything from street food to fine delicacies.

Splurge on traditional Poutines, have a French dinner that may taste even better than in France or try eats from all over the world. The food here is usually well-served and genuine, from all origins and prepared with love.

Les Deux Singes de Montarvie



This inspired restaurant has its roots in French cuisine. The choice of dishes is limited, with a selection from 2 options only: the tasting menu, or

the vegetarian tasting menu. This limitation is however a guarantee of quality, and everything here is in season and beautifully prepared. It is a culinary experience like no other.

Photo: stockyimages/Shutterstock.com Address: 176 Rue Saint Viateur Ouest, Montreal Public Transport: Metro Rosemont Opening hours: Tuesday-Saturday 18:00 - 22:30. Closed on Mondays and Sundays. Phone: +1 514 278 6854



Internet: www.lesdeuxsingesdemontarvie.com Email: info@lesdeuxsingesdemontarvie.com More Info: Reservations are recommended

Bistro 1843



Bistro 1843 stands out among good restaurants in and around Montreal. Located on Bizard Island, it is surely worth the small trip out of the city.

The price is not in the lower-range, but the chef is a true artists and every bite is pure excellence, from meats and fish to even the sauces. This restaurant is great if you want to celebrate or treat yourself to something special.

Photo: andrecastro/Shutterstock.com Address: 376 Chemin Cherrier, L'Île-Bizard Phone: +1 514 305 1229 More Info: With only 30 seats, it is recommended to make a reservation or go very early.

Europea



Europea might make you think the best French cuisine is not in Paris or anywhere in France, but right here in Montreal! Chef Jérôme Ferrer, who

learned to cook by his grandmother's side, has never since left the kitchen and now shares his talent and passion with anyone who wishes to dine at his restaurant. Spanish, Italian and Catalan influences enhance the French flavours, for a truly extraordinary experience.

Photo: Andrey Bayda/Shutterstock.com Address: 1233 Rue de la Montagne, Montreal Opening hours: Tuesday-Friday 12:00 - 13:30, 18:00 - 21:30, Saturday 18:00 - 22:00, Sunday & Monday 18:00 - 21:30 Phone: +1 514 398 9229 Internet: www.europea.ca Email: info@europea.ca

Le Robin Square



Le Robin Square could very well be called the palace of comfort food, with its cheesy grilled sandwiches, mac'n'cheese and other heavy but

delicious eats. Great for breakfast or bunch, this warm and friendly restaurant will have you pumped for the rest of the day.

Photo: Vasily Kolganov/Shutterstock.com Address: 520 Boulevard Saint Laurent, Montreal Opening hours: Tuesday-Saturday 17:00 - 22:00. Closed Mondays and Sundays. Phone: +1 514 508 5770 Email: lerobinsquare@gmail.com

Damas Restaurant



Damas offers a beautiful culinary experience with recipes originating from Damas and Alep, prepared with the finest ingredients. A number of

hot and cold mezze (small plates) as well as main dishes are available. Worry not about making the right choice, all of them are top notch.

Photo: Andrey Bayda/Shutterstock.com Address: 1201 Avenue Van Horne, Outremont Opening hours: Tuesday-Thursday 17:30 - 22:00, Friday 17:30 - 23:00, Saturday 16:00 - 23:00, Sunday 16:00 - 22:00. Closed Mondays. Phone: +1 514 439 5435 Internet: www.restaurant-damas.com Email: info@restaurant-damas.com



Restaurant Atma



Restaurant Atma planted itself in the Plateau Mont-Royal in 2014, blowing an air of Indian culinary heritage into the streets of the beautiful

neighborhood. Successful, and for good reason, Atma offers tasteful dishes and an authentic atmosphere.

Photo: Foodio/Shutterstock.com

Address: 3962 Boulevard Saint-Laurent, Montreal Public Transport: Metro Sherbrooke or Mont-Royal. Opening hours: Tuesday-Thursday 18:00 - 22:00, Friday-Saturday 18:00 - 23:00, Sunday 18:00 - 22:00 Phone: +1 514 798 8484 Internet: www.restaurantatma.ca Email: info@restaurantatma.ca

Arepera du Plateau



Arepera du Plateau offers an appetizing cuisine, deeply rooted in Venezuelan culinary tradition. Experience the taste of an arepa, a corn

based Venezuelan bread, together with a memorable guacamole sauce. Arepera will please meat lovers (but also offers numerous vegetarian and vegan options) and is 100% gluten-free.

Photo: nehopelon/Shutterstock.com Address: 4050 Rue de Bullion, Montreal Public Transport: Metro Sherbrooke or Mont-Royal. Bus 55. Opening hours: Tuesday-Sunday 12:00 - 21:00 (until 22:00 on Fridays and Saturdays). Closed Mondays. Phone: +1 514 508 7267 Internet: www.arepera.ca Email: areperaduplateau@hotmail.com More Info: Vegetarien/Vegan and Gluten free

Le Club Chasse et Pêche



With a mix of French gourmet cuisine and Canadian specials, Le Club Chasse et Pêche knows how to please its crowd. From oysters to

deer and all the way to red velvet cake and other desserts, you are in for a treat. The wine and the service match the quality of the food: a great dining experience awaits!

Photo: Bignai/Shutterstock.com Address: 423 Rue Saint-Claude, Montreal Opening hours: Tuesday-Saturday 18:00 - 22:30. Closed Mondays and Sundays. Phone: +1 514 861 1112 Internet: www.leclubchasseetpeche.com

Le Leman Bistronomie Suisse



This Swiss restaurant helps locals and visitors through the harsh winters of Montreal. With warm and hearty dishes such as the Swiss fondue or

gluten-free röstis (a Swiss specialty you simply must try) and an extensive wine list, you may feel catapulted to other mounts, in another French speaking country.

Photo: stockcreations/Shutterstock.com Address: 1175 Boul Robert Bourassa, Montreal Opening hours: Monday-Wednesday 11:45 - 14:00, Thursday-Friday 11:45 - 14:00, 17:30 - 21:00, Saturday 17:30 - 21:00. Closed on Sundays. Phone: +1 514 507 5273 Internet: www.leleman.ca Email: info@leleman.ca More Info: Reservations are recommended, and can be done through phone and website.



La Banquise



La Banquise is without doubt the most famous Poutine joint in Montreal, and most locals will tell you it simply is the best. With over 30 varieties of

Poutine, (extra large if you go for the T-Rex), it is a local institution. It is also open 24/7, so you simply have no excuse to miss out on the place.

Photo: Foodio/Shutterstock.com Address: 994 Rue Rachel E, Montreal Opening hours: 24/7 Phone: +1 514 525 2415 Internet: www.labanquise.com Email: restolabanquise@hotmail.com

Local Montreal Food Tour



Join the Mile End Montreal Food tour for another kind of lunch: stroll in Mile End and discover local specialties ranging from fresh

homemade tomato sauce to rich chocolates. The tour will take you to six different locations where you can taste local gastronomy.

There are also other tours to choose from.

Photo: VGstockstudio/Shutterstock.com Address: 5369 St-Laurent, Montreal Opening hours: Tuesday-Saturday at 11:00, 11:30 or 12:00 Phone: +1 438 600 0501 Internet: www.localmontrealtours.com/food-tours/mile-end-m ontreal-food-tour Email: info@localmontrealtours.com More Info: All food tastings are included in the ticket price.

Moleskine



The Moleskine's cuisine is eclectic, imaginative and offers a wide range of gastronomic experiences, just like its baroque decor, which combines

elegant modernity with rough-draping. For lunch or dinner, you can sit down on the ground floor for a sandwich, a salad or a cheesy pizza. Or you may prefer going up to the mezzanine and enjoy more elaborate dishes, in a cozy and intimate atmosphere. On weekends, don't miss out on brunch.

Photo: Denis Tabler/Shutterstock.com Address: 3412 Av du Parc, Montreal Public Transport: Metro Place des Arts Opening hours: Tuesday-Friday 11:00 - 23:00, Saturday 10:00 - 23:00, Sunday 10:00 - 14:00. Closed Mondays. Phone: +1 514 903 6939 Internet: www.moleskinerestaurant.com Email: moleskinerestaurant@gmail.com

Brasserie T!



The concept of Brasserie T! is accessible, contemporary cuisine. The dishes are perfectly crafted with fresh produce (varies by

season), and include, to name a few, home-made sausages, tartar, sea food plates and other delicacies typical of a French Brasserie, with a fancier twist. You can also come in later for a night cap.

Photo: Pressmaster/Shutterstock.com Address: 1425 Rue Jeanne-Mance, Montreal Public Transport: Metro Place-des-Arts. Bus 15, 55, 80, 125, 129. Opening hours: Everyday: 11:30 - 22:30 (until 23:30 from Wednesday to Saturday) Phone: +1 514 282 0808



Internet: www.brasserie-t.com Email: info@brasserie-t.com

Grumman'78



Grumman'78 is a Mexican-inspired restaurant. Creating its very own mixes and specialty dishes, Grumman'78 offers

inventive tastes and is overall a very merry place. It was at the forefront of the initiative to make street food legal in Montreal, and following their success in 2013 they now have, in addition to the restaurant, a taco truck serving food all around the city.

Photo: Foodio/Shutterstock.com Address: 630 Rue de Courcelle, Montreal Public Transport: Metro Place Saint-Henri Opening hours: Monday, Wednesday, Thursday & Sunday 18:00 - 22:00, Friday & Saturday 18:00 - 23:00. Closed on Tuesdays. Phone: +1 514 290 5125 Internet: www.grumman78.com Email: info@grumman78.com

CAFES



aga2635/Pixabay (image cropped)

Montreal has cafes at nearly every corner. Some neighborhoods never disappoint, one good area to wander through in search for a cosy cafe or small eatery is Plateau Mont Royal. Avoid the big brands and scout the city for hidden gems and individual cafes. There is always a good excuse to stop for a nice cup o'Jo or some sweet treats, especially in a city like Montreal.

Cafe Myriade



Cafe Myriade is a sweet place. With its very warm atmosphere and great coffee, it will definitely charm you. They are the only coffee shop in the

country offering fresh milk with absolutely no preservatives. The atmosphere here is, however, very relaxed.

Photo: supatchai/Shutterstock.com Address: 1432 Rue Mackay, Montreal Public Transport: Metro Guy-Concordia Opening hours: Monday-Friday 07:30 - 19:00, Saturday-Sunday 09:00 - 19:00 Phone: +1 514 939 1717 Internet: www.cafemyriade.com Email: info@cafemyriade.com

Cafe Castel



At Cafe Castel, coffees come in different colors, which often makes a cup resemble a true work of art. All kinds of brewing techniques are in use

here, and you can also opt for another drink such as an iced tea or a milkshake. For the hungry ones, you can also eat a quick sandwich or a full breakfast or meal. Certainly one of the best cafes in Montreal.

Photo: Rawpixel.com/Shutterstock.com Address: 1015 Sherbrooke Street West, Montreal Opening hours: Everyday: 07:00 - 20:00 Phone: +1 514 285 6514 Email: cafecastelart@gmail.com



Le Cagibi



Le Cagibi is a vegetarian restaurant, cafe, bar and showroom in the heart of Montreal's Mile End. It hosts local musicians and performing artists, as

well as coffee addicts and picky eaters. Breakfast, lunch and brunches are on offer with a vegetarian menu including several vegan and gluten-free options. Le Cagibi prioritizes the use of organic, fair, local ingredients.

Photo: the goatman/Shutterstock.com Address: 5490 Boul St-Laurent, Montreal Opening hours: Monday 18:00 - 00:00, Tuesday-Friday 09:00 - 00:00, Saturday-Sunday 10:30 - 00:00 Phone: +1 514 509 1199 Internet: www.lecagibi.ca Email: infolecagibi@gmail.com More Info: Vegetarien/Vegan

Cafe Parvis



Serving coffees as well as all sorts of food all day long, Cafe Parvis is one of the trendiest spots in Montreal for a coffee break. The cafe offers

somewhat of a classic backdrop to a sunny tea room and terrace. A great little cafe for warm summer days.

Photo: Juri Pozzi/Shutterstock.com Address: 433 Rue Mayor, Montreal Opening hours: Monday-Friday 07:00 - 00:00, Saturday 10:00 - 00:00, Sunday 10:00 - 22:00 Phone: +1 514 764 3589 Internet: www.cafeparvis.com Email: info@cafeparvis.com

Kafein cafe-bar



Kafein is a cafe that is also open later at night, offering live entertainment and hosting DJ's, live jazz performers, and other

events. Cold drinks are a specialty, but a wide selection of coffees is on offer as well. Add some yummy food to the mix, and happiness within arm's reach.

Photo: Alpha_7D/Shutterstock.com Address: 1429 Rue Bishop, Montreal Opening hours: Monday-Wednesday 09:00 - 00:00, Thursday 09:00 - 01:00, Friday 09:00 - 03:00, Saturday 10:00 - 03:00, Sunday 10:00 - 19:00 Phone: +1 514 904 6969 Internet: kafein.ca Email: info@kafein.ca

Dispatch Coffee



Dispatch Coffee sest the bar high on its products, the roasting, the brewing and the talent of its baristas - and you can taste it at the first sip!

Dispatch places special emphasis on keeping coffee production and trade sustainable and beneficial to both the producer and consumer.

Photo: Shaiith/Shutterstock.com Address: 267 Rue Saint Zotique O, Montreal Opening hours: Everyday: 08:00 - 16:00 Phone: +1 514 437 1327 Internet: www.dispatchcoffee.ca Email: info@dispatchcoffee.ca



Cafe Larue & fils



Cafe Larue & fils offers everything from artisan lattes and sweets to soups and panini, but also beers. The best part of the cafe is its

atmosphere: quiet and relaxing, with stylish decor and pleasant staff. It's easy to completely lose track of time here.

Photo: baranq/Shutterstock.com Address: 244 Rue de Castelnau E, Montreal Public Transport: Metro De Castelnau or Jean-Talon Opening hours: Monday-Friday 07:00 - 19:00, Saturday-Sunday 08:00 - 18:00 Phone: +1 514 272 8087

La brume dans mes lunettes



This cute neighborhood cafe has it all: a family feel, amazing staff, delicious sweets, a large choice of crepes and other eats, and, of course,

delicious coffees - including some particularly well-prepared iced drinks. Don't miss out on this trendy spot.

Photo: racorn/Shutterstock.com Address: 378 Rue Saint-Zotique E, Montreal Public Transport: Metro Beaubien Opening hours: Everyday: 07:30 - 19:00 (from 08:30 on Saturdays and Sundays) Phone: +1 514 379 1178 Email: labrume@labrumedansmeslunettes.com

180g cafe-disquaire



The friendliest vinyl shop in Montreal is also one of its coolest coffee shops: welcome to 180g cafe-disquaire! This place gets involved in the city's

cultural events, promoting street art and local artists. You will be received like an old friend and have a great time.

Photo: Lucky Business/Shutterstock.com Address: 6546 Rue Waverly, Montreal Opening hours: Monday-Wednesday 09:00 - 17:00, Thursday-Friday 09:00 - 19:00, Saturday 11:00 - 18:00, Sunday 11:00 - 17:00 Phone: +1 438 386 4121 Email: info@le180g.com

Moustache Cafe



Moustache Cafe offers a merry experience, with large common tables where, if you like, you can meet new people, all the while sipping on coffee,

fresh juices or vegan smoothies. You can also opt for gluten-free eats and other sweets. The cafe fosters a true community spirit.

Photo: baibaz/Shutterstock.com Address: 35 Rue Beaubien E, Montreal Public Transport: Metro Beaubien Opening hours: Everyday: 08:00 - 18:00 (from 09:00 on Saturdays and Sundays) Phone: +1 514 999 0685 Email: lecafemoustache@gmail.com



Paquebot Cafe



With a pleasant environment and original, quality drinks, Paquebot Cafe is certainly a spot worth checking out. Join the crowd of dedicated

regulars and try their barrel coffee, or go for an original curry-ginger latte for a taste of something different.

Photo: Pexels/Pixabay (image cropped) Address: 2110 Rue Bélanger, Montreal Opening hours: Monday-Friday 07:00 - 18:00, Saturday-Sunday 09:00 - 17:00 Phone: +1 514 439 4344 Internet: www.paquebot.ca Email: paquebotcafe@gmail.com

Noble Cafe



This independent coffee shop also serves ice-cream, in a classy and fancy yet understated interior. The owners and the staff are attentive and

it's a great place to chill all year long. The location is also great - Noble Cafe really has everything going for it.

Photo: Gtranquillity/Shutterstock.com Address: 430 Avenue Laurier E, Montreal Public Transport: Metro Laurier Opening hours: Monday-Wednesday 07:00 - 16:30, Thursday-Friday 07:00 - 17:00, Saturday 08:00 - 17:30, Sunday 08:30 - 17:00 Phone: +1 514 656 7630 Email: noblecafe.mtl@gmail.com

Cafe Aunja



This popular Persian cafe boasts, perhaps, the cosiest atmosphere in town. With its seating area a little below ground level, clients can enjoy

soft lighting and people-watch while retaining their privacy. In Cafe Aunja one can also find superb teas and coffees, sweets, live music and art on the walls.

Photo: Andrea/Pixabay (image cropped) Address: 1448 Rue Sherbrooke Ouest, Montreal Public Transport: Metro Guy-Concordia. Bus 24. Opening hours: Everyday: 10:00 - 22:00 Phone: +1 514 914 8337 Email: info@aunja.com

Cafe Melbourne



Cafe Melbourne is a taste of Australia right in the heart of Montreal. If you feel like some Australian warmth could help you through the tough

Canadian winter, step in for some vegemite avocado toast or jaffle. The inside room is comfortable, but the best part of Cafe Melbourne is its patio filled with potted plants.

Photo: wavebreakmedia/Shutterstock.com Address: 4615 Boul St-Laurent, Montreal Opening hours: Monday-Friday 08:00 - 17:00, Saturday-Sunday 10:00 - 15:00

Le Doggy Cafe



Whether you own a dog, or are simply a dog lover, this place should make you happy. This is the only restaurant-cafe in the whole city that lets



you not only bring your canine friend around, but also unleash him so he can walk around and make friend with his peers. While your dog is having the time of his life, you can enjoy a nice latte and a vegetarian snack.

Photo: Christian Mueller/Shutterstock.com Address: 4493 Avenue Papineau, Montreal Opening hours: Everyday: 10:00 - 20:00 Phone: +1 514 419 5855 Internet: www.ledoggycafe.com Email: doggycafe@hotmail.com More Info: Vegetarian

BARS & NIGHTLIFE



Songquan Deng/Shutterstock.com

As night falls, Montreal gains new vibrancy with its large variety of authentic bars, musical performances, and frequent festivals. Head to the Old Port of Montreal and check out Terrace Bonsecours to dance the night away. One can also take things at a slower pace and relax in a lounge or a jazz bar. Music lovers will find an abundance of music bars, while the rest hits the streets in search for the best cocktails in town (the options here are practically endless).

Dieu du Ciel



Both bar and brewery, Dieu du Ciel offers some of the best locally brewed beers one can find in Montreal and (some may dare say) all of Canada.

You can sit in the comfy room inside or in the outside patio, but its best to sit at the bar and get all the best recommendations directly from the bartender.

Photo: FlorianKunde/Shutterstock.com Address: 29 Avenue Laurier Ouest, Montréal Opening hours: Monday-Thursday 15:00 - 03:00, Friday-Sunday 13:00 - 03:00 Phone: +1 514 490 9555 Internet: www.dieuduciel.com Email: ddc@dieuduciel.com

Upstairs Jazz Bar & Grill



A jazz bar/club at its best. With live music all year long, a classic and elegant interior with stone walls and wood panels, and a good

offering of meals and snacks, Upstairs takes the lead on Montreal's music scene. It is a place to come for inspiration or to make friends.

Photo: Geoff Goldswain/Shutterstock.com Address: 1254 Rue Mackay, Montreal Public Transport: Metro Guy Concordia Opening hours: Monday-Thursday 11:30 - 01:00, Friday 11:30 - 02:00, Saturday 17:30 - 02:00, Sunday 18:30 - 01:00 Phone: +1 514 931 6808 Internet: www.upstairsjazz.com Email: info@upstairsjazz.com



La Distillerie



La Distillerie is has three locations in Montreal, so you can choose the one located the most conveniently for you. They serve amazing

original cocktails, as well as some food. Beer is also on the menu, in case cocktails aren't your drink of choice.

Photo: Arina P Habich/Shutterstock.com Address: 300 Rue Ontario E, Montreal Opening hours: Everyday: 16:00 - 03:00 Phone: +1 514 288 7915 Internet: www.pubdistillerie.com Email: info@distillerie.tv

Le Lab Comptoir à Cocktails



If you want a unique experience, head to this peculiar speakeasy-style bar, inspired by the prohibition years. You will be served very

special cocktails mixed by talented and passionate bartenders - creations far more elaborate than those available during the 1920, which somehow do not compromise the establishment's style.

Photo: funkyfrogstock/Shutterstock.com Address: 1351 Rue Rachel Est, Montreal Public Transport: Metro Mont-Royal Opening hours: Everyday: 17:00 - 03:00 (closes at 02:00 on Mondays, Tuesdays and Sundays) Phone: +1 514 544 1333 Internet: www.barlelab.com Email: info@barlelab.com

Just For Laughs



Plan in advance if you want to catch a comedy show at the Just For Laughs headquarters, or even attend their popular festival. Well-known

comedians from all over the continent gather to make you laugh out loud. Have a look at the website and check out the program.

Photo: Ikonoklast Fotografie/Shutterstock.com Address: 2101 Boul St-Laurent, Montreal Phone: +1 514 845 3155 Internet: www.hahaha.com Email: info@hahaha.com

Bistro a Jojo



The compact (yet incredibly popular) Bistro a Jojo is guaranteed to let you have an incredibly fun evening out. Grab a drink, sit back and enjoy

the live music while the bartender sets the bar on fire. If you're looking for an explosive night out, make your way to the Quartier des Spectacles where the bar is located.

Photo: donatas1205/Shutterstock.com Address: 1627 Rue Saint-Denis, Montreal Public Transport: Métro Berri-UQAM Opening hours: Everyday: 12:00 - 03:00 Phone: +1 514 843 5015 Internet: www.bistroajojo.com Email: bistroajojo.montreal@gmail.com



2 Pierrots



Live music and cheap drinks are usually the recipe for a great atmosphere, and 2 Pierrots does nothing but confirm this. This must of

Montreal's nightlife welcomes regular musicians and special guests alike, with music covering all genres and pleasing every generation.

Photo: Pavel L Photo and Video/Shutterstock.com Address: 104 Rue Saint Paul E, Montreal Public Transport: Metro Champs-de-Mars Opening hours: Friday-Sunday 20:30 - 03:00 Phone: +1 514 861 1270 Internet: www.2pierrots.com Email: info@2pierrots.com

Brutopia



Freshly brewed beer and good food are only a couple of Brutopia's perks. The waiters are knowledgeable and can recommend which beers

will best suit your taste. The menu includes vegetarian options. Several events also take place here, ranging from open mic nights and live music to quizzes.

Photo: Africa Studio/Shutterstock.com Address: 1219 Rue Crescent, Montreal Public Transport: Metro Lucien L'Allier or Guy/Concordia Opening hours: Everyday: 14:00 - 03:00 (from 11:30 on Thursdays and Fridays) Phone: +1 514 393 9277 Internet: www.brutopia.net Email: brutopiamusic@videotron.ca

Foufounes Electriques



A mix of house, electro, metal, and punk music is played in this club; genres vary by day. What might just be the city's best alternative bar and

club, Foufounes Electriques frequently hosts concerts and has a well-stocked bar to keep you going all night long, as well as pool tables and foosball.

Photo: astarot/Shutterstock.com Address: 87 Rue Sainte-Catherine E, Montreal Public Transport: Metro St-Laurent - Metro Berri-UQAM Opening hours: Everyday: 16:00 - 3:00 Phone: +1 514 844 5539 Internet: www.foufouneselectriques.com Email: info@foufounes.qc.ca

Ziggy's Pub



"No food, just drinks" could be Ziggy's motto. Come here to have fun, mingle and meet people -Ziggy's is a place to meet the locals and make

unforgettable memories, all the while catching a sporting match on TV and sipping on one of the many drinks on offer.

Photo: bogdanhoda/Shutterstock.com Address: 1470 Rue Crescent, Montreal Opening hours: Everyday: 15:00 - 03:00 Phone: +1 514 285 8855 Internet: www.ziggyspub.ca Email: info@ziggyspub.ca



Pullman



The Pullman is dedicated to the pleasures of wine-drinking. In a sophisticated and subtly eccentric setting (the chandelier is made of

drink glasses), where a relaxed atmosphere prevails, the noble beverage is enjoyed with simple bites or mouth-watering dishes. Lodged in a three-story town house, it truly is a place like no other.

Photo: archimede/Shutterstock.com Address: 3424 Av du Parc, Montreal Public Transport: Metro Place des Arts Opening hours: Everyday: 16:30 - 01:00 Phone: +1 514 288 7779 Internet: www.pullman-mtl.com Email: info@pullman-mtl.com

Apt. 200



Apt. 200 is a very peculiar and eclectic place, where you are sure to have a great time. The management team values its clients and makes sure

it does not get crowded so everyone can dance, chat and generally enjoy themselves (so if you want to make it inside, arrive early). The place is styled as an apartment with a bedroom, living room, etc., and has old arcade games and a pool table.

Photo: Kzenon/Shutterstock.com Address: 3643 St-Laurent, Montreal Public Transport: Metro Sherbrooke Opening hours: Everyday: 19:00 - 03:00 Phone: +1 438 880 3354 Internet: www.apt200.com Email: apt200mtl@gmail.com

Flyjin



The Flyjin is a chic Asian brasserie located in the heart of Old Montreal. Sophisticated and mysterious, the place offers a unique concept,

bringing together a restaurant with Asian influences and a vibrant bar, where one can discover a vast selection of Japanese whiskey, sake, wines and exclusive Japanese beers, as well as carefully crafted cocktails.

Photo: Nan Palmero/Shutterstock.com Address: 417 Rue Saint-Pierre, Montreal Phone: +1 514 564 8881 Internet: www.flyjin.ca Email: rsvp@flyjin.ca

Burgundy Lion



The Burgundy Lion brings England to Montreal with its full-on British pub atmosphere. The pub is pretty laid-back and serves British pub grub

foods (as one may well expect), along with offering a large selection of beers, whiskeys and wines. The vibe is laid-back and everyone is welcome.

Photo: donfiore/Shutterstock.com Address: 2496 Rue Notre-Dame Ouest, Montreal Public Transport: Metro Lionel-Groulx Opening hours: Monday-Friday 11:30 - 03:00, Saturday-Sunday 09:00 - 03:00 Phone: +1 514 934 0888 Internet: www.burgundylion.com Email: info@burgundylion.com



La Champagnerie



La Champagnerie is the first and only "bubble bar" in Montreal, created as a love declaration to the precious drink. The champagne list is so long

you can find bottles from all across the world and to suit different budgets. You can accompany your glass of bubbly with some delicious food, or opt for the Bloody Caesar: a Canadian specialty that gives a twist to the Bloody Mary and turns it into a drink-and-snack.

Photo: La Champagnerie Address: 343 Rue Saint Paul Est, Montreal Public Transport: Metro Champs-de-Mars Opening hours: Tuesday-Sunday 17:00 - 03:00. Closed on Mondays. Phone: +1 514 903 9343 Internet: www.lachampagnerie.ca Email: info@lachampagnerie.ca

SHOPPING



Rawpixel.com/Shutterstock.com

There is an incredible amount of opportunities to shop for nearly anything under the sun in Montreal. And with an entire underground network of stores, hotels, and even offices nicknamed "Underground City", the cold of the winter is no excuse. Huge malls can be found throughout the whole city, but chances are Montreal will win you over with its nice markets, vintage stores or small local boutiques boasting

of true Montreal style.

Divine Chocolatier



Buying chocolate in the supermarket is one thing, having it personally prepared by one of the most dedicated chocolatiers in Canada is

another. Among the busy streets of Montreal lies a small boutique called the Divine Chocolatier. Richard Zwierzynski opened his store after being inspired by Willy Wonka and makes sure his customers experience a memorable visit.

Photo: Alexander Stein/Pixabay (image cropped) Address: 2158 Rue Crescent, Montréal Opening hours: Monday-Friday 10:00 - 18:00, Saturdays 10:00 - 17:00, Sundays 12:00 - 17:00 Phone: +1 514 282 0829 Internet: www.divinechocolatier.com Email: facebook@divinechocolatier.com

Eaton Centre



A beautiful shopping center and a part of what locals call the "Underground City" of Montreal: an extensive network of malls, shops,

hotels and even office buildings connected under the ground, used a lot in the winter. The multi-storey Eaton Centre has multiple stores and boutiques and large food court.

Photo: ESB Professional/Shutterstock.com Address: 705 St Catherine St W, Montreal Opening hours: Monday-Friday 10:00 - 21:00, Saturday 10:00 - 18:00, Sunday 11:00 - 17:00 Phone: +1 514 288 3708 Internet: www.centreeatondemontreal.com/en Email: info@centreeatondemontreal.com



Jean-Talon Market



Jean-Talon Market is a colorful fruit and vegetable market in Montreal. Take a stroll through the different aisles and take in the

smell fresh fruit, all ready to be taken home. If you're looking to keep to a healthy lifestyle while on vacation, this is the place to visit.

Photo: lola1960/Shutterstock.com Address: 155, Av. Greene, 3e étage, Montreal Opening hours: Everyday: 07:00 - 18:00 (until 21:00 Thursday and Friday, until 17:00 Sunday) Phone: +1 514 937 7754 Internet: www.marchespublics-mtl.com/Jean-Talon Email: info@marchespublics-mtl.com

Atwater Market



Another city market offering various fruit and vegetables. The iconic tower overlooking the market makes it particularly easy to spot

from a distance. When on a bicycle or on foot,

take a pleasant stroll along the canal and end up at Atwater for some shopping.

Photo: Layland Masuda/Shutterstock.com Address: 138 Avenue Atwater, Montreal Opening hours: Daily average hours: 7:00 - 17:00 Phone: +1 514 937 7754 Internet: www.marchespublics-mtl.com Email: info@marchespublics-mtl.com

Noël Eternel



Why should December be the only Christmas month? Noel Eternel makes sure to give you that Christmas feeling every day of the week and

all year round, whether or not snow is falling. Offering a large variety of Christmas items such as little villages, elves, nativity scenes, tree decorations (and much more), at Noel Eternel it's Christmas every day.

Photo: PublicDomainPictures/Pixabay (image cropped) Address: 60 Rue Notre Dame Ouest, Montreal Opening hours: Everyday: 10:00 - 17:00 Phone: +1 514 285 4944 Internet: www.noeleternel.com Email: info@noeleternel.com

Bar à lunettes Marie-Sophie Dion



A very appreciated optician in the city of Montreal, offering many different frames and with a staff that treats you like a VIP. When looking for

new glasses or inspiration, the staff will listen to your needs and wants and offer a selection based on your choices.

Photo: Elena Kharichkina/Shutterstock.com Address: 401 Rue McGill, Vieux-Montréal, Montreal Opening hours: Monday-Friday 10:00 - 18:00 (until 20:00 on Thursday), Saturday 10:00 - 17:00. Closed on Sunday. Phone: +1 514 843 3466 Internet: www.baralunettes.com Email: mtl@msdion.com



Les Cours Mont-Royal



A traditional mall/shopping center offering various shops, hair salons, a food court and individual cafes. Connected directly to a

metro station and the Underground City, it is very easily accessible by public transport and offers a wide selection of fashion boutiques.

Photo: Syda Productions/Shutterstock.com Address: 1455 Rue Peel, Montreal Opening hours: Monday-Wednesday 10:00 - 18:00, Thursday-Friday 10:00 - 21:00, Saturday 10:00 - 17:00, Sunday 12:00 - 17:00 Phone: +1 514 842 7777 Internet: www.lcmr.ca Email: joseph@soltron.ca

Mycoboutique Inc



A store with a focus on teaching you everything there is to know about mushrooms (down to how to grow them yourself you can even easily grow

your own truffles on your lawn). The boutique is an off-the-road location to pick up unusual gifts and souvenirs.

Photo: alicja neumiler/Shutterstock.com Address: 4324 Rue Saint-Denis, Montreal Opening hours: Monday-Friday 10:00 - 18:00, Saturdays 10:00 - 17:00, Sundays 12:00 - 17:00 Phone: +1 514 223 6977 Internet: www.mycoboutique.ca Email: info@mycoboutique.ca

Eva B



Don't be discouraged by the post-apocalyptic looking front of the store and dare to enter this Ali Baba's cave. Vintage clothes and accessories,

odd objects and art pieces are gathered here in a seemingly chaotic manner, but you can also stop here for some coffee or snacks. Eva B is eclectic and fabulous.

Photo: bikeriderlondon/Shutterstock.com Address: 2015 Boul St-Laurent, Montreal Opening hours: Monday-Saturday 11:00 - 19:00, Sunday 12:00 - 18:00 Phone: +1 514 849 8246 Internet: www.eva-b.ca Email: boutiqueevab@hotmail.com

Complexe Desjardins



The Complexe Desjardins is a sight to behold, with a futuristic architecture and lights as well as a large lit-up fountain. On the inside it is a classic

mall with an assortment of food, clothing, and sundries. It is so huge that it feels at times like a city within the city.

Photo: Wayne0216/Shutterstock.com Address: 150 Rue Ste-Catherine O, Montreal Opening hours: Monday-Wednesday 09:30 - 18:00, Thursday-Friday 09:30 - 21:00, Saturday 09:30 - 17:00, Sunday 12:00 - 17:00 Phone: +1 514 281 1870 Internet: www.complexedesjardins.com Email: courriel@desjardinsdgi.com



Laura Aline Jewelry



If you have been clothes shopping all day, you might want to accessorize your newly found pieces. If that is the case and you are in search of

something shiny or pretty, head to this jewelry shop run by a mother and daughter (who gave their names to the shop). They offer a lot of different styles and great advice. All the creations are designed by Laura and Aline.

Photo: Milles Studio/Shutterstock.com Address: 1117 Rue Ste-Catherine O 205, Montreal Phone: +1 514 507 6118 Internet: www.lauraaline.com Email: info@lauraaline.com

Argo Bookshop



This book shop has, since its creation in the 1960's, always focused more on providing quality and personalized services than making a big profit.

Montreal's oldest English language bookshop offers all kinds of books, including works of local authors, and hosts an open mic night once a month for writers, comedians and musicians.

Photo: michaeljung/Shutterstock.com Address: 1915 Rue Sainte-Catherine O, Montreal Opening hours: Monday-Tuesday 10:00 - 20:00, Thursday-Friday 11:00 - 21:00, Saturday 12:00 - 20:00. Closed on Wednesdays and Sundays. Phone: +1 514 931 3442 Internet: www.argobookshop.ca Email: argobookshop@gmail.com

m0851



Designer of leather bags, accessories and clothes, m0851 has a prime spot on the shopping scene of Montreal. All products sold in the shop are

crafted locally and by hand, creating a unique identity among them all. The quality is superb and the styles on point.

Photo: fotoinfot/Shutterstock.com Address: 3526 Boul St-Laurent, Montreal Phone: +1 514 849 9759 Internet: www.m0851.com Email: info@m0851.com

Harricana by Mariouche



Harricana designs and manufactures clothing and accessories made from recycled materials. Fur, silk, leather, men's shirts, and even wedding

dresses: in Harricana, everything is good to recycle! Everything is also eco-friendly. You can visit the boutique in the city center or the workshop a bit outside of town.

Photo: Nejron Photo/Shutterstock.com Address: 416 Rue McGill, Montreal Public Transport: Metro Square-Victoria Opening hours: Monday-Wednesday 10:00 - 18:00, Thursday-Friday 10:00 - 20:00, Saturday-Sunday 11:00 -17:00 Phone: +1 514 287 6517 Internet: www.harricana.qc.ca Email: info@harricana.qc.ca



Fou D'ici



Come by for some high quality groceries or stop at the prêt-à-manger section for a lunch or a takeaway made of delicious local bites

prepared freshly. It is the perfect experience for the true gourmets and has everything from smelly cheeses to dry goods or organic products.

Photo: Artens/Shutterstock.com

Address: 360 Boulevard de Maisonneuve O, Montreal Opening hours: Monday - Friday 08:00 - 20:00, Saturday 09:00 - 18:00. Closed on Sunday. Phone: +1 514 600 3424 Internet: www.foudici.com Email: info@foudici.com

ESSENTIAL INFORMATION



Adwo/Shutterstock.com

Montreal Airport



There is an active bus service between the airport and the central bus station: the 747 bus line, which runs 24/7. The average travel time is

between 45 to 60 minutes, depending on traffic conditions. The fare allows for unlimited travel for 24 hours. The ticket can be acquired through dispensers on the international arrivals level at the airport.

Apart from buses, it is possible to hire a cab to downtown or a limousine. Additionally, most hotels offer shuttle services which can be ordered via their own website, or at the airport. You can also check the services of a car rental company for more flexibility.

Trains also service the airport with Canada's national passenger rail service called VIA Rail Canada. They offer intercity connections, and a free minibus service to travel to Dorval and the Montreal-Trudeau Airport. You can also check out the regional bus shuttles for other cities.

Photo: Juan Garces Address: 1100 Boulevard René-Lévesque Ouest, Montréal Phone: +1 514 394 7200 Internet: www.admtl.com

Public Transportation



Société de transport runs most of the bus and metro lines within the city of Montreal. The metro system website has a trip planner and various

maps that can assist with your daily planning. The first metro train usually starts around 5:30 in the morning, the last one is between 00:30 and 01:00 on Friday and Saturdays, and earlier the other days. Metro lines are color coded and directions are indicated using the name of the last stop on the line.

Buses are also available all over the city. A one-way ticket is the only ticket type that can be bought on board the buses, if you have exact change. If you continue a single ride from the metro onto a bus, the same ticket is valid. When switching from bus to metro or from one bus to



another, ask the driver for a free slip. Several types of tickets exist and can be purchased at vending machines or stations. If you are staying for an extended period of time, purchase a rechargeable Opus card for convenient fare payment.

Photo: Luc Auclair Internet: www.stm.info

Taxi



You can either hail taxis in the street or book one in one of these agencies: Taxi Diamond +1 514 273

6331 www.taxidiamond.com

Taxi Co-op +1 514 725 9885 www.taxi-coop.com

Taxi Champlain +514 271 1111 / +1 514 273 2435 www.taxi-champlain.ca

Post Office



You can usually buy stamps in post offices of Canada Post or in pharmacies and drugstores. Mail boxes are red. Canada Post:

Photo: Andy Fuchs Address: 1974 Saint-Catherine St W, Montreal Phone: +1 514-846-5387 Internet: www.canadapost.ca

Pharmacy



Pharmacies are relatively easy to locate and some operate 24/7. Two addresses that work on a 24-hour basis are: Jean Coutu 305 Sherbrooke

Street West, Montreal +1 514-285-2646 www.jeancoutu.com

Pharmaprix (Shoppers Drug Mart) 5122 Côte-des-Neiges Rd, Montreal +1 514-738-8464 www1.pharmaprix.ca

Photo: Gemma Garner

Telephone



Country code: +1 Area code: 450 & 579

Photo: Jardson Almeida

Electricity



110 Volts 2 flat pin plug

Photo: Stirling Tschan

Population 1,65 million

Currency Canadian Dollar: 1 CAD = 0.75 USD or 0.69 EUR



Opening hours Shops: Monday, Tuesday, Wednesday, Saturday 09:00 - 18:00 Thursday to Friday 09:00 - 21:00 Sunday 12:00 - 17:00

Banks Monday to Friday 10:00 - 15:00/16:00

Post Offices Monday to Friday 08:00/08:30 - 17:00/17:30

Restaurants 11:00 - 14:00 and 19:00 - 23:00

Internet www.ville.montreal.qc.ca

Newspapers www.montrealgazette.com www.mtltimes.ca www.thesuburban.com

Emergency numbers 911

Tourist information Tourist Information Centre of Montreal 1255 Peel Street Suite 100 (corner of Sainte-Catherine Street West)

Montreal area: +1 514 844 5400

E-mail: info@tourisme-montreal.org