





Photo: Pawel Papis/Shutterstock.com



Steve Simkins/Shutterstock.com

The Ballina/Byron region is delightfully diverse. It ranges from the quiet family world of Ballina to the ex-hippy 'alternative' capital of Australia – Byron Bay. Once Byron Bay was only a simple whaling station later discovered by surfers. In the sixties the hippie culture moved in and now the place is swarmed with tourists and celebrities wanting to experience the alternative town, which is now one of the hippest destinations on the East Coast.



Shanti Hesse/Shutterstock.com



Silken Photography/Shutterstock.com



Top 5



# Seven Mile Beach

Seven Mile Beach is one of Australia's finest and longest beaches. The vast ...



# The Ballina Naval & Mariti...

The Ballina Naval & Maritime Museum has an eclectic collection of models of ...



# **Ballina Surfing**

With more than 32 kilometres of beautiful winding coastline, you will not ha...



## **Lennox Head**

Lennox Head is a laid-back village at the northern end of Seven Mile Beach a...



# Lake Ainsworth

Adjacent to gorgeous Seven Mile Beach and within walking distance from Lenno...





## THE CITY



GotKom/Shutterstock.com

"Byron Bay may be the best holiday destination on the planet - but Ballina has better fishing!" say the locals of the northern NSW town of Ballina. Indeed, there are a plethora of pleasures to be experienced in Ballina, Byron Bay and the surrounding area. Creative types are particularly attracted to this region and there are many authors and film-makers that seek their inspiration alongside surfers and sun lovers.

Ballina originally gained its reputation as a fishing and timber port on the wide Richmond River. Then road transport took over, and with it came one of the craziest moves in town planning history. That is, Ballina's main street 'River Street' was set way back from the river, with buildings on both sides of the street now blocking all river views. However this has now changed with the development of the river foreshore area.

Only three decades ago, Byron Bay was a small sleepy enclave unaware of the hustle and bustle it would later see. Nowadays, the local authorities even have to close off the town for its New Year's celebrations each year, because so many people flock into town.

Byron Bay has that small town charm mixed with a cosmopolitan – yet alternative – lifestyle that

attracts mainly people from all over the world. There are no high-rise hotels here but plenty of kilometres of unbroken sandy beaches and heaps of great surf waves to catch.

Furthermore, Byron Bay is surrounded by an abundance of pristine nature and wildlife. Due to its location as Australia's most eastern point, the majestic humpback whales pass by twice a year on their travels. You will never be short for a local market here and all through the year annual festivals take place. This is another attracting factor to lovely Ballina / Byron Bay, where most travellers find themselves staying much longer than they had originally planned.

Despite the coastal town's reputation of being laid back and alternative, it is anything but boring and visitors have the time of their lives in Ballina and Byron Bay!

The Ballina region is mind-blowingly diverse, a quiet retirees' world not far from the surfing Mecca of Lennox Heads, the funky hilltop village of Bangalow, and much, much more!

## DO & SEE



Susan Harris/Shutterstock.com

There are great beaches along the coastline if you want to enjoy a day on the beach. The freshwater Lake Ainsworth is superb for kayaking and camping and in the hills you can



find the heritage villages of Bangalow and Newrybar. These villages seem to not have changed for the last hundred years while the surrounding region grows Australia's finest coffees, avocadoes and macadamia nuts. Visitors will have more than enough to do when visiting these lovely towns.

### Seven Mile Beach



Seven Mile Beach is one of Australia's finest and longest beaches. The vast expanse holds all the sun, fun and animal life you could wish for. Here you

can watch the dolphins play and the eagles soar from the horse back.

Pegasus Park offers excellent horseback riding under the supervision of an expert E.F.A. Grade 1 instructor.

Photo: Vaclav Mach/Shutterstock.com Address: Pacific Parade, Lennox Head

Phone: +61 2 6687 1446

Internet: www.pegasuspark.com.au

### The Ballina Naval & Maritime Museum



The Ballina Naval &
Maritime Museum has an
eclectic collection of
models of ships and
aircrafts, paintings of
warships, and an

extensive library. The most famous exhibit is the raft Las Balsas, which landed at Ballina on 21 November, 1973 after a 178-day journey from Ecuador.

Photo: Butala/Shutterstock.com Address: Regatta Ave, Ballina Opening hours: Daily 9 am-4 pm Phone: +61 2 6681 1002 Internet: www.ballinamaritimemuseum.org.au More Info: Cnr River Road and Grant Street, Ballina

## **Ballina Surfing**



With more than 32 kilometres of beautiful winding coastline, you will not have to search to find a perfect surfing spot. The calm sandy

beaches and rising swells are perfect for getting your surf on.

Summerland Surf School conducts regular classes at Evans Head, suitable for all ages no matter what previous experience you have.

Photo: oneinchpunch/Shutterstock.com Address: 9 Evans Road, Evans Head, Ballina

Phone: +61 2 6682 4393

Internet: www.summerlandsurfschool.com.au Email: surf@summerlandsurfschool.com.au

#### **Lennox Head**



Lennox Head is a laid-back village at the northern end of Seven Mile Beach and a Mecca among surfers with its world-renowned breaks

at Lennox and Boulders Point. This small quaint village is focused on fishing and tourism and it is growing rapidly at the moment.

Photo: jessicakirsh/Shutterstock.com Address: Lennox Head, Ballina



## Lake Ainsworth



Adjacent to gorgeous Seven Mile Beach and within walking distance from Lennox Head village restaurants and its specialty shops lies Lake

Ainsworth Holiday Park. Here you can discover the picturesque barbeque settings and take off on a water adventure on the lake such as canoeing, sailing and windsurfing.

Photo: Joel Bauchat Grant/Shutterstock.com

Address: Lake Ainsworth, Ballina

## Picnic at Shaw's Bay



The scenic Shaw's Bay located just five minutes by road from the Ballina CBD. Beach volleyball facilities and paddle boats can be found on the

western bank next to the Shaw's Bay Pub, with a small marina adjoining.

Photo: Nina Buday/Shutterstock.com

Address: Shaw's Bay, Ballina

### **Diving and Snorkelling**



The sea around Byron
Bay has an abundant
marine life among the
rock reefs. The Julian
Rocks Aquatic Reserve
and the underwater cave,

the Cod Hole, offer great diving experiences. If you are not a certified diver yet, this is the place to complete your training.

Byron Bay Dive Centre:

Photo: Sebastien Burel/Shutterstock.com

Address: 9 Marvell Street, Byron Bay

Phone: +61 2 66 858 333

More Info: www.sundive.com.au

## Byron Bay From The Air



Take the opportunity to get another perspective of Byron Bay and the amazing nature surrounding it. Skydiving Byron Bay is one of the

companies that offer tandem skydiving.

## Skydiving Byron Bay:

Photo: Germanskydiver/Shutterstock.com Address: Hangar 1, Tyagarah Airport Tyagarah

Phone: +61 1300 663 634

Internet: www.skydivebyronbay.com

Email: info@skydive.com.au

# **Brunswick Heads**



Brunswick Heads, located about 20 minutes by road north of Byron Bay, is what Byron USED to be, before the current yuppie invasion. This is a sleepy

little village on a super-scenic inlet, with top boating and fishing, a fantastic pub, great fish 'n chips, and the makings of a great café culture.

Photo: Phillip Minnis/Shutterstock.com

Address: Brunswick Heads

More Info: Just off the Pacific Highway



### **Macadamia Castle**



The Macadamia Castle has been around for 35 years and offers an insight to native birds, animals and reptiles. Here you can enjoy

yourself with mini golf, playgrounds, train ride and an adventure tree house.

Photo: Julija Sapic/Shutterstock.com

Address: 1699 Pacific Highway, Knockrow, Ballina

Phone: +61 2 6687 8432

Internet: www.macadamiacastle.com.au

# Missingham Bridge



Put your hiking shoes on and start your walk at the Ballina RSL alongside the Richmond River, follow the Kerry Saxby Walk across Missingham

Bridge and continue toward the North Wall.

The Missingham Bridge has a shared footpath across the 150 meter estuary of North Creek. When you have reached your destination you will be rewarded with an amazing view of the Richmond River and maybe you will even spot dolphins.

Photo: Andrew Sutherland (image cropped) Address: Missingham Bridge, Ballina

## Whale Watching



From May to July grandiose humpback whales pass Byron Bay on their journey to calving and breeding grounds further north. In

September and October they pass Byron Bay

again when they migrate back to the Antarctic with their youngsters. Several companies organise boat trips out to sea to watch the whales.

One company that organise is Whale Watching Byron Bay:

Photo: Anne Powell/Shutterstock.com Address: 9 Marvell Street, Byron Bay

Phone: +61 2 66 858 333

Internet: www.byronbaywhalewatching.com.au Email: info@byronbaywhalewatching.com.au

# The Cape Byron Lighthouse



A visit to the lighthouse on the rocky Cape Byron one of the most powerful in the southern hemisphere - is a must. The view is magnificent

and on a good day you might even spot dolphins or whales. It is also a popular spot to greet the dawn.

Photo: ian woolcock/Shutterstock.com Address: The Cape Byron Lighthouse, Byron Bay

Internet: www.byronbaylighthouse.com

## Surfing



Byron Bay's beaches face many different directions increasing the chance for a great surfing wave. But for those who still need to learn, Byron Bay is the

perfect place to take surfing lessons with its often mellow waves.

Mojosurf Byron Bay surf school:

Photo: Joern/Shutterstock.com

Address: 1 Skinner Shoot Road, Byron Bay



Phone: +61 2 6639 5100 Internet: www.mojosurf.com

## **Dolphin Kayaking**



Get up close and personal with the local bottlenose dolphins in the bay. A kayak is a great and sporty way of observing these lovely mammals.

There are one-day tours for both whale and dolphin watching.

## Go Sea Kayak Byron Bay:

Photo: James Michael Dorsey/Shutterstock.com

Address: 56 Lawson Street, Byron Bay

Phone: +61 416 222 344

Internet: www.goseakayakbyronbay.com.au Email: info@goseakayakbyronbay.com.au

More Info: On The Park - Opposite 56 Lawson Street

## DINING



svry/Shutterstock.com

The Ballina/Byron Bay region has some top restaurants, highlighting the region's fine produce. This rich harvest includes Arabica coffee, the world's best macadamia nuts, great seafood and the uniquely flavourful Bangalow Sweet Pork.

## Beanz

Beanz serves fresh and healthy food at reasonable prices. The staff is very pleasant and

puts you in a great mood, over all an enriching experience.

Address: 222 River Street, Ballina

Phone: +61 2 6686 6170

#### Wild Prawn

Wild Prawn has an innovative menu making good use of local ingredients, especially seafood and grilled meats. The tropical atmosphere is at its best here and the gentle ocean breeze is sure to put you at ease.

Address: 1 Compton Drive, Ballina

Phone: +61 2 6686 8809

Internet: www.wildprawncafe.com.au Email: info@wildprawncafe.com.au More Info: At the Balllina Beach Resort

### **Ginger Pig**

Ginger Pig serves Australian and international cuisine. Step in for breakfast, lunch, dinner or cocktails and enjoy a selection of wine, beer and spirits.

Address: Cnr Jonson & Marvell Streets, Byron Bay

Opening hours: Monday - Saturday: 9am - late, Sunday: 9am

- 5pm

Phone: +61 2 6685 7320

Internet: www.gingerpig.com.au

# Rae's On Watego's

Fabulous food is served at this charming hotel restaurant while diners overlook the beach right next door. There is something magical over this place, making it a perfect spot for a special celebration.

Address: 6-8 Marine Parade, Byron Bay

Phone: +61 2 6685 5366 Internet: www.wategos.com.au Email: contact@raes.com.au

#### Fishheads Restaurant and Café

Fishheads Restaurant and Café provides stylish



dining by the beach front in a relaxed atmosphere. The restaurant and café is located only 20 metres from the beach.

Address: 1 Jonson St, Byron Bay

Phone: +61 2 6680 7632

Internet: www.fishheadsbyron.com.au More Info: Located at main beach

## Earth 'n' Sea Pizza & Pasta

Eat pizza and pasta with a clear conscience. This chain restaurant only uses local products, low fat cheese and wholemeal bases. Try their famous Satay Chicken and Mullumbimby Madness Pizza.

Address: 4/1 Byron St, Byron Bay

Phone: +61 2 6685 6029

Internet: www.earthnseapizzabyronbay.com.au

# Fishmongers Cafe

The Fishmonger's in Byron Bay has one of the best reputations for excellent fresh, fast seafood. All of the menu is prepared daily on site by qualified chefs.

Address: 1 Bay Lane, Byron Bay

Phone: +61 4 1205 9771

More Info: Behind the Beach Hotel

#### O-Sushi

When the fresh air makes you hungry, your tummy will love this fresh and healthy sushi.

O-Sushi is a funky and fun place for a lunch or dinner.

Address: 90-96 Jonson St, Byron Bay

Phone: +61 2 6685 7103 Internet: www.osushi.com.au Email: info@osushi.com.au

More Info: Shop 15 Woolworths Plaza

# **CAFÉS**



Kichigin/Shutterstock.com

With the city now being home to a beguiling mix of surfers, "new-agers", artists, craftspeople, writers and film makers this is a perfect place for people watching while sipping a cup of coffee. Sit down and enjoy the relaxing atmosphere with a smoothie or coffee at one of many cafés in Ballina.

#### **Brewsters Cafe**

Brewsters cafe has an extensive menu containing fresh and tasty food and they even offer gluten-free alternatives. The pancakes come highly recommended.

Address: 105 River St, Ballina Phone: +61 2 6686 8313

## The Coffee Club

The Coffee Club is a large home-grown café group serving more than 40 million cups of coffee every year. The admirable thing is not their size, but their contribution to environmental activities and their donations to charity events and funding to local communities and schools.

Address: 131 Fox St, Ballina Phone: +61 2 6686 6700

Internet: www.coffeeclub.com.au/stores/ballina-fair

#### The Bean Bank Coffee House

The Bean Bank Coffee House is said to be little



piece of Melbourne in Ballina, thanks to its funky atmosphere, groovy tunes and fine coffee. They offer lunch and takeaway, sweets and various beverages.

Address: 77 River Street, Ballina

Phone: +61 2 5615 0106

More Info: Between Commonwealth & Bank of QLD

#### Cafe Swish

Cafe Swish can be quite busy, as it is a popular place, but the service is outstanding and they have an excellent variety of cakes and sweets. The coffee is great and once you have seen it for yourself, you can not want to come back.

Address: 147 River St, Ballina Phone: +61 2 6681 4033

Internet: www.cafeswish.com.au Email: cafeswish@gmail.com

### Harvest Café

Country style, great veranda views and good local coffee are not the only reasons why people flock to this multi award-winning café. The food is excellent, too.

Address: 18-22 Old Pacific Highway Newrybar, Byron Bay

Phone: +61 2 6687 2644

Internet: www.harvestcafe.com.au Email: goodtimes@harvestcafe.com.au

# **BARS & NIGHTLIFE**



Bruce (image cropped)

Byron Bay rocks like jelly in an earthquake and has gained a reputation as one of Australia's very best music venues. Major world-class groups will often tour the major state capitals of Australia 'plus Byron Bay'. There are many places to kick back and relax in Byron before you head off elsewhere!

#### St. Elmo



Nip cocktails as you take in the whole atmosphere of St Elmo. There are also small dinner meals available if you are hungry.

Photo: Kondor83/Shutterstock.com Address: 22 Fletcher St, Byron Bay

Opening hours: Monday - Saturday: 4pm - late, Sunday: 4pm

- 10pm

Phone: +61 2 6680 7426

Internet: www.stelmodining.com

#### **Balcony**



The Balcony is a chic and cosy cocktail bar charmingly located in one of Byron Bay's last remaining historical buildings. Here you can

also enjoy breakfast, lunch and dinner.



Photo: Syda Productions/Shutterstock.com Address: Johnson Streets, Byron Bay

Phone: +61 2 6680 9666 Internet: www.balcony.com.au Email: info@balcony.com.au

More Info: Corner of Lawson Street & Jonson Street

#### **Beach Hotel**



This hotel has a great and very popular outdoor beer garden facing the sea. Here you can enjoy live music and numerous beach gigs.

Photo: Jeremy (image cropped) Address: Bay Street, Byron Bay Phone: +61 2 6685 6402

Internet: www.beachhotel.com.au

## The Railway Friendly Bar



The funky Railway
Friendly Bar is a
backpackers' favourite.
This place is famous for
rocking live music seven
days a week, all year

around.

Photo: Kzenon/Shutterstock.com Address: Jonson Street, Byron Bay

Phone: +61 2 6685 7662

Internet: www.therails by ronbay.com

Email: therails@bigpond.com More Info: At the Railway Station

### The Backroom



At the Northern Hotel
you can find The
Backroom. This is not so
much a nightclub as it is
a live music space with
great acoustics and a late

licence. This is the place to go to listen to top

local and international bands that appear here regularly, bands that you normally would expect to find playing in a major city.

Photo: PrinceOfLove/Shutterstock.com Address: 35-43 Jonson Street, Byron Bay

Phone: +61 2 6685 6454

Internet: www.thenorthern.com.au
Email: info@byronbayentertainment.com
More Info: Located at Great Northern Hotel

# Cheeky Monkeys Restaurant & Bar



This is your number one place for evening entertainment in an exciting atmosphere. Step in for beer, food and dancing. No doubt, you'll

have a good time.

Photo: Pressmaster/Shutterstock.com Address: 115 Jonson St, Byron Bay

Phone: +61 2 6685 5886

Internet: www.cheekymonkeys.com.au Email: admin@cheekymonkeys.com.au

## Woody's Surf Shack



You are looking for some late night activities?
Search no more because Woody's Surf Shack has got it all. Billiard tables, outdoor terraces, live

sets, Djs - you name it. This is no place for bored faces, so go with the flow and enjoy your time!

Photo: Maxim Blinkov/Shutterstock.com

Address: The Plaza, 9-10/90-96 Jonson St, Byron Bay

Phone: +61 2 6680 7677

Internet: www.woodysbyronbay.com Email: surfsup@woodysbyronbay.com



## The Point Ballina



This waterfront bar offers you cool drinks and a great view. Drop by in the evening for a breathtaking sunset and a delicious cocktail. The

restaurant serves delights until late and you can just lean back an enjoy the night.

Photo: Ivan Mateev/Shutterstock.com

Address: 2 Martin St, Ballina Phone: +61 2 6618 1188

Internet: www.thepointballina.com.au Email: info@thepointballina.com.au

#### **Westower Tavern**



This sports bar invites you to spend a cozy evening in a rustic pub. Get a draft and watch some sports, you'll find a good time here.

Photo: zeljkodan/Shutterstock.com

Address: 89-93 Kalinga Street, West Ballina

Opening hours: Monday-Wednesday:10 am - 11 pm, Thursday: 10 am - 12am, Friday-Saturday: 10 am - 1 am,

Sunday: 10 am - 10pm Phone: +61 2 6686 7272

Internet: www.westowertavern.com.au Email: westower.tavern@alhgroup.com.au

# **SHOPPING**



HTeam/Shutterstock.com

Ballina is widely known as a regional hub for bargain shoppers and there is a brand new Ballina Central complex offering a retreat from the world of surf. Get some good deals for yourself and shop souvenirs for friends.

#### **Ballina Market**



Welcome to this craft and produce market that is held the 3rd Sunday of the month at the Circus Ground in Canal Rd.

Photo: Popova Valeriya/Shutterstock.com Address: Canal Road, Ballina Byron Internet: www.ballina.info/todo/markets

#### **Brunswick Heads Market**



The region's community markets focus on local produce and products.
With a market every weekend the visitors of the region have plenty of

opportunity to enjoy a day at the markets.

Photo: zimmytws/Shutterstock.com Address: Memorial Park, Ballina



# **Lennox Head Community Market**



Lennox Head Market is held on the 2nd & 5th Sunday of the month, near Lake Ainsworth. These markets boasts local arts and crafts,

seasonal produce and plenty of food.

Photo: Arina P Habich/Shutterstock.com Address: Mackney Lane, Lennox Head

Opening hours: The market is open from 8am - 2pm.

Phone: +61 419 369 609

Internet: www.lennoxcommunitymarket.com.au

Email: lennoxmarket@gmail.com

More Info: Located at the Lennox Head Community Centre

just behind the Lennox CBD

# **Alternative Therapies**



Byron Bay is the natural and alternative therapies capital of Australia, offering everything from acupuncture to rebirthing and breath connection.

Pick up a copy of the Byron Body & Soul Guide from the tourist office to find a healing that might catch your attention.

Byron Bay Practice The Health Lodge:

Photo: Andrey\_Popov/Shutterstock.com Address: 78 Bangalow Rd, Byron Bay

Phone: +61 2 6685 6445

Internet: www.byronbayacupuncture.com.au

# **Bangalow Village Market**



Bangalow Village Market is held on the 4th Sunday of the month. This is a great day trip and a perfect and fun way to spend your Sunday. Here

you will find everything from handcrafts, to clothes, food and much much more.

Photo: Byjeng/Shutterstock.com Address: 48 Bangalow, Bangalow

Phone: +61 2 6687 1911

Internet: www.bangalowmarket.com.au Email: info09@bangalowmarket.com.au

# **Byron Bay Community Market**



Byron Bay Community
Market is a colourful
market that is held the
1st Sunday of the month.
Among the 300 stalls you
will find local crafts,

interesting art work made of different materials and other unusual and beautiful items.

Photo: De Visu/Shutterstock.com Address: 69 Jonson St, Byron Bay

Phone: +61 2 6685 6807

# **Ballina Central**



The Ballina Central complex (corner Pacific Hwy & Bangalow Rd) offers a break from surf and sand. It is home to The Vast Interior, selling

a diverse range of furniture and homewares including lamps, rugs, stoneware and so on. But BY FAR the best shopping can be had at the region's many regular markets.

Photo: Ivanko80/Shutterstock.com



Address: 44 Bangalow Road, Ballina

Phone: +61 2 6681 4260

Internet: www.ballinacentral.com.au

# **Dreamweaver Gallery**



Dreamweaver Gallery is good for handmade rugs, furniture, textiles and furnishings, artworks and clothing. Come here for authentic souvenirs and

gifts

Photo: Oleksandr Berezko/Shutterstock.com

Address: 51 River St, Ballina Phone: + 61 266 867 022

## **Riverstreet Boutiques**



There are also a number of intriguing small boutiques in the main thoroughfare, River Street. Shops that offers a wide range of gifts,

clothing, jewellery, books and homewares.

Photo: MJTH/Shutterstock.com Address: Riverstreet, Ballina

## Big W



Big W discount department store is a popular outlet center with amazing bargains. Here you can get everything from clothes to sports

wear for little money. This is the ideal shopping experience even for budget travellers.

Photo: l i g h t p o e t/Shutterstock.com

Address: Bangalow Rd, Ballina

Opening hours: Monday 1pm - 5 pm, Tuesday- Wednesday 8 am - 6 pm, Thursday 8 am - 9 pm, Friday 8 am - 6 pm,

Saturday 8 am - 5 pm, Sunday 9 am - 5 pm

Phone: +61 2 6618 8600 Internet: www.bigw.com.au

More Info: Corner of Kerr St and Bangalow Rd Ballina

## **ESSENTIAL INFORMATION**



Larissa Dening/Shutterstock.com

# **Ballina Byron Gateway Airport**



Ballina Byron Gateway
Airport is the gateway to
the whole region. It is
situated 5 kilometres
from Ballina CBD and
about 20 minutes by road

from Byron Bay.

The airport offers shuttles and bus services. There are also taxis and car rental companies represented at the airport.

Public Bus Services are operated by Blanchs: +61 2 6686 2144 www.blanchs.com.au

Below you can find a selection of car rental companies:

Avis Car Rental +61 2 6686 7650 www.avis.com.au



Hertz Car Rental +61 2 6621 8855 www.hertz.com.au

Europcar +61 2 6686 2992 www.europcar.com.au

Photo: Juan Garces

Address: Ballina Byron Gateway Airport, Ballina

Phone: +61 2 6681 1858

Internet: www.ballinabyronairport.com.au

## **Public transport**



The local bus service in Ballina, Lennox Head and Byron Bay is inexpensive, but services are not so frequent. Blanch's Bus Company runs bus

services from Ballina, Lennox Head, Bangalow and Byron Bay to Lismore. A journey from Ballina to Byron Bay costs about AUS9.60. An unlimited daily pass costs about AUS12.00.

Photo: Pierre-Luc Auclair Phone: +61 2 6686 2144 Internet: www.blanchs.com.au

### Taxi



It is advisable to check prices before jumping in a taxi and do not forget to add the per kilometres fare depending on time of day, vehicle type and

number of passengers.

You can call Australia's national taxi booking phone number, 131 008, for both Ballina and Byron Bay taxis.

Phone: 131 008

Internet: www.ballinataxis.com

#### Post



Look for the red signs to find a post office or mailbox. Yellow mailboxes are used for express post. Post Office Byron Bay 61 Jonson

Street, Byron Bay +61 2 6639 7852

Open: Mon-Fri 9 am-5 pm. Sat-Sun closed

## Post Office Ballina:

Photo: Andy Fuchs

Address: 85 Tamar Street, Ballina

Opening hours: Mon-Fri 9 am-5 pm. Sat-Sun closed

Phone: +61 2 6613 1318 Internet: www.auspost.com.au

## **Pharmacy**



There are numerous pharmacies in both towns. Ballina Health and Beauty Pharmacy 148 River Street, Ballina +61 2 6686

8800

www.ballinahealthandbeauty.com.au

# LiveLife Pharmacy Byron Bay:

Photo: Gemma Garner

Address: 31 Jonson Street, Byron Bay

Opening hours: Daily 8 am-8 pm. Closed Christmas Day

Phone: +61 2 6685 6274

Internet: www.livelifepharmacy.com



# Telephone

Country code: +61 Area

code: 02



Photo: Jardson Almeida

# **Electricity**

240 V



Photo: Stirling Tschan

## Population

Ballina 40,000 Byron Bay 30,000

### Currency

Australian Dollar (AUD) \$1 = 100 cents

# Opening hours

Daily 9 am-5 pm

#### Internet

www.byron.nsw.gov.au

# Newspapers

The Northern Rivers Echo Ballina Shire Advocate The Byron Shire Echo Byron Shire News

## **Emergency numbers**

000 for any emergency Poisons information: 13 11 26

Lifeline: 13 11 14

# **Tourist information**

Ballina Visitor Information Centre Cnr of River St & Las Balsas Plaza, Ballina, Ballina, NSW, 2478

## +61 1800 777 666

Open everyday - 9.00 am to 5.00 pm including public holidays.

