





Photo: Benedikt Juerges/Shutterstock.com



CO Leong/Shutterstock.com

Though famous for its paradise-like Fraser Island and the visiting whales, the Fraser Coast offers plenty of other amazing places and adventures to explore. Prospect the former gold mining town of Gympie and check out the beautiful nature surrounding the Fraser Coast – both on land and in the water.

Furthermore, the warm and mild climate means that the Fraser Coast is perfect to explore all year around. Enjoy!



Troy Wegman/Shutterstock.com



Andrea Haase/Shutterstock.com



Top 5

Fraser Island

The World Heritage listed Fraser Island seems - as its suitable Aboriginal n...



Turtle Watching

Mon Repos Beach near Bundaberg is a large turtle rookery. Watch nesting turt...



Maryborough

Maryborough – established in 1847 - is one of Queensland's oldest and most c...



un Parks

See Australian wildlife in natural settings at the Hervey Bay Nature World o...



Dolphin Feeding

Tin Can Bay is a lovely town with only 2,000 inhabitants. It is a great holi...





THE REGION



Troy Wegman/Shutterstock.com

The Fraser coast region in the Wide Bay-Burnett region of Queensland offers an amazing diversity, from the stunning Fraser Island to Hervey Bay and the Great Barrier Reef are just some of the world-class attraction that attracts visitors to the region every year. When in Fraser coast one can experience the iconic Australian landscape, including the World Heritage listed natural wonder, amazing coastline, tranquil hinterland and the ancient rainforests.

The region is located about 250 kilometres (160 mi) north of Brisbane and centred on the twin cities of Hervey Bay and Maryborough but also includes Fraser Island. It was in fact not until March 2008 when the City of Hervey Bay merged with the City of Maryborough, Shire of Woocoo and part of Tiaro to form the Fraser Coast Regional Council. But the name came into common use in the early 1990s from a combination of Fraser Island and Cooloola Coast.

Whether you are after a calm holiday with sun and sea or a more active holiday the Fraser Coast offers the best of both worlds and when in Fraser coast there is no need to rush, the only pace required is laid-back and relaxed and just having fun.

DO & SEE



lassedesignen/Shutterstock.com

The whole area is a playground for any visiting animal lover wishing to encounter the migrating whales at sea, the egg-laying and hatching of loggerhead turtles on lovely Mon Repos Beach and other abundant marine life.

Why not travel back in time to visit the charming old Victorian town of Maryborough and the gold mining museum in Gympie that re-presents the time of its golden era, which had gold diggers flocking to the town and saved Queensland from bankruptcy.

You will for sure find some favourite activities to do whether it is relaxing by the beautiful beaches or explore the amazing nature or why not get your adrenaline going? The region offers plenty of activities such as hang gliding from the Carlo Sand Blow, racing on the Hervey Bay Go-kart Track or jet skiing along the coast. Whatever you choose to do make sure to enjoy this stunning region.

Fraser Island



The World Heritage listed Fraser Island seems - as its suitable Aboriginal name K'gari means - like a Paradise. The world's biggest sand island is a



haven for wildlife. Make sure you take a dip in Lake McKenzie and Lake Wabby.

Photo: Masaki Norton/Shutterstock.com

Address: Fraser Island

Internet: www.fraserisland.net

Turtle Watching



Mon Repos Beach near Bundaberg is a large turtle rookery. Watch nesting turtles from November to February while turtle hatchlings

are from January to March.

Photo: Magdalena Paluchowska/Shutterstock.com

Address: 141 Mon Repos Rd, Mon Repos, Fraser Coast

Phone: +61 7 4159 1652

Internet: www.bundabergregion.org/discover-the-turtles

Maryborough



Maryborough –
established in 1847 - is
one of Queensland's
oldest and most charming
towns, known for its
beautiful colonial

architecture. Thursdays are market days.

Photo: Centophobia (image cropped) Address: Maryborough, Fraser Coast

Fun Parks



See Australian wildlife in natural settings at the Hervey Bay Nature World on Maryborough Rd, Pialba. You can also admire the sea-life in the

living natural reef aquarium at Neptune's Reef World on Pulgul St, Dayman Park, Urangan. Photo: wavebreakmedia/Shutterstock.com

Address: Point Dayman Park, Urangan, Fraser Coast

Phone: +61 7 4128 9828

Dolphin Feeding



Tin Can Bay is a lovely town with only 2,000 inhabitants. It is a great holiday destination for all nature fans. For a truly unique experience, do not

miss that you can feed dolphins here between 7:00-11:00.

Photo: Hans Pama (image cropped)

Address: Tin Can Bay Marina, Fraser Coast

Opening hours: 07:00-11:00 Phone: +61 7 5486 4899

Internet: www.barnaclesdolphincentre.com.au More Info: At Norman Point next to the boat ramp

Southern Reef Islands



These coral reefs and cays are easily accessible from the mainland and they each offer a different island experience. The diving is amazing and

there are plenty of bird and turtle sanctuaries to admire.

Photo: Greg Schechter (image cropped)
Address: Lady Elliott Island, Fraser Coast

Phone: +61 7 4156 4444

Internet: www.ladyelliot.com.au

Whale Watching



Watch some of the world's biggest and most fascinating animals. Most trips go from Hervey Bay - best from July to November when the



whales migrate further north.

Photo: Centophobia (image cropped) Address: Hervey Bay, Fraser Coast

Phone: +61 7 3503 6789

Internet: www.whalewatchingherveybay.com.au

Water Sports



The coastal towns along the Fraser Coast offer plenty of water and air activities like diving, jet skiing, hang gliding, deep sea fishing, paragliding...

you name it, it is all here!

Photo: Rich Carey/Shutterstock.com

Address: Fraser Coast

Carlo Sand Blow



Soak up the sun and enjoy a day and Carlo Sand Blow. During day times its the ideal place to relax and spend some time with the whole

family. For breathtaking sunsets or endless beach strolls visit during evening and then drop by in one of the cocktails bars or restaurants along the way.

Photo: Eduardo M. C. (image cropped)

Address: Cooloola Dr, Rainbow Beach, Queensland

Gympie Gold Mining and Historical Museum

Discover the region's past through its goldmining era and history. Gympie was once cited as the "Town that saved Queensland from Bankruptcy". Learn why with over thirty display areas housed in fifteen buildings.

Address: 215 Brisbane Road, Gympie, Fraser Coast

Phone: +61 7 5482 3995

Internet: www.gympiegoldmuseum.com.au

DINING



NaturalBox/Shutterstock.com

The splendid climate is perfect for alfresco dining and Hervey Bay's Esplanade and marina offer plenty of great dining experiences with views to the sea as do the towns all along the Fraser Coast.

Maryborough also has some fine dining with plenty of good restaurants overlooking the Burnett River. You can find a wide range of international cuisines but seafood is, of course, the speciality here including the famous Hervey Bay scallops.

Kingston House Impressions

This modern restaurant in traditional surroundings is run by a couple with a passion for food – which by the way is delicious here. They serve light lunches and a la carte dinners. Here you can enjoy tasty dishes such as spicy seafood hot pot, szechuan pepper duck breast, grilled eye fillet mignon and pistachio crusted salmon.

Address: 11 Channon Street Gympie, Fraser Coast

Phone: +61 7 5483 6733

Internet: www.kingstonhouseimpressions.com.au Email: restaurant@kingstonhouseimpressions.com.au



Beach House Hotel



The Beach House Hotel is justifiably popular for lunch and dinners and is – as the name suggests – located right on the beach. On the menu you

will find mouth-watering dishes like fish of the day, seafood basket, chicken parmigiana, different steaks and pizzas.

Photo: Rawpixel.com/Shutterstock.com

Address: 344 The Esplanade, Scarness, Fraser Coast

Phone: +61 7 4128 1233

Internet: www.beachhousehotel.com.au

The Black Dog Café

This small, smart and lively restaurant, serving mainly Japanese food, is well renowned and often recommended by the locals because of their fresh and tasty food.

Address: 381 The Esplanade, Torquay, Fraser Coast

Phone: +61 7 4124 3177

Internet: www.theblackdogcafe.com.au

Gatakers Landing Restaurant

This restaurant offers some of the best seafood dining that the region has to offer. With superb ocean views and excellent service, a visit to this restaurant is an absolute must for those looking for the ultimate seafood dining experience.

Address: Charlton Esplanade, Gatakers Bay, Fraser Coast

Phone: +61 7 4124 2470

In ternet: www.gatakerslanding restaurant.com. au

Email: gatakers@bigpond.com

Arkarra Restaurant and Balinese Tea Gardens

Located at Dundowran Beach, this stunning restaurant has a perfect balance between excellent food, great service as well as beautiful surroundings in the form of tall trees, birds and other native flora and fauna. Guests will dine in

their own Balinese rotundas, allowing for private, intimate or possibly romantic dining experiences. The menu offers tasty dishes like sweet chilli chicken quesadilla, grilled king prawn, grilled chicken and calamari salad.

Address: 28 Panorama Drive, Dundowran Beach, Hervey Bay,

Fraser Coast

Opening hours: Serving breakfast and lunch

Phone: +61 7 4128 8069 Internet: www.arkarra.com.au Email: arkarra@outlook.com

Ambrosia Indian Restaurant

Craving Indian food? Then Ambrosia is the restaurant for you. Let the spices and curries tickle your tastebuds and enjoy some chai tea with sweet desserts. You will love it!

Address: 1-5 Woolgar Rd, Gympie, Fraser Coast

Opening hours: Tuesday-Saturday: 11:30 - 14:30, 16:00 -

21:30, Sunday: 11:30 - 14:30, 16:00 - 20:30

Phone: +61 7 5482 4446

Internet: www.ambrosia indian restaurant.com. au

Email: ambrosiacurry@gmail.com

Paolos Pizza Bar

Your place for quality pizza is Paolo's restaurant. But there is more to it than just the round dough: the menu features various pasta, lasagna and salad creations. The servings are generous and the prices affordable.

Address: 2/446 Charlton Esplanade, Torquay, Fraser Coast

Opening hours: Monday-Sunday: 17.00-21.00

Phone: +61 7 4125 3100

Internet: www.paolospizzabar.com.au Email: touch_of_naples@bigpond.com

Penguins Seafood and Salad Bar

For a quick lunch or a bite to take out, drop by at Penguins Seafood and Salad Bar. The place is well-known for its quality seafood and generous servings. Be it burgers, tuna salad or baguettes, the staff prepares every meal carefully and to



your taste.

Address: 3 /88 Ferry st, Maryborough, Fraser Coast Opening hours: Monday, Wednesday, Sunday: 11.00-20.00,

Thursday-Saturday: 11.00-21.00

Phone: +61 7 4122 2263

Coast Restaurant & Bar



Located at Charlton
Esplanade, this
restaurant serves great
sharing plates of quality
sea food. Come here with
some friends and enjoy a

fun evening with great food or hang out at the cosy bar.

Photo: Minerva Studio/Shutterstock.com

Address: 469 Charlton Esplanade, Torquay, Fraser Coast Opening hours: Tuesday-Wednesday: 17:00 - 00:00,

Thursday-Sunday: 11:30 - 00:00 Phone: +61 7 4125 5454

Internet: www.coastherveybay.com.au Email: mail@coastherveybay.com.au

Eat at Dan & Stephs

Enjoy an "all day menu" with smart modern Australian cuisine at this popular restaurant with a relaxed and urban vibe. While eating a mouth-watering dish take in the most amazing views of the bay. The menu provides dishes such as BBQ pulled pork, chicken and prawn noodles, roasted veggie salad, BBQ chicken pizza and prawn and watermelon salad.

Address: Shop 1B, 449 The Esplanade, Hervey Bay, Fraser

Coast

Internet: www.danandsteph.com.au Email: info@danandsteph.com.au

CAFES



Kzenon/Shutterstock.com

The region's sun swept weather adds on to the experience for a great stay on the Fraser Coast. Grab a coffee in the sun and enjoy a sunny day at the coast. There's plenty of opportunities here.

Enzo's on the Beach

Why not finish up a stroll on the beach at Hervey Bay with a cup of coffee at very cozy Enzo's? They serve a special blend of Italian coffee making this atmosphere even more relaxing.

Address: 351a Esplanade, Hervey Bay, Fraser Coast Opening hours: Monday-Sunday: 07:00 - 17:00

Phone: +61 7 4124 6375

Internet: www.enzosonthebeach.com.au

Muddy Waters Café

Not to miss - the Muddy Waters Café has great food and a lovely riverside atmosphere. You can enjoy breakfast, lunch, dinner and a sweet dessert menu.

Address: 71 Wharf St, Maryborough, Fraser Coast

Phone: +61 7 4121 5011

Internet: www.muddywaterscafe.com.au
Email: mikeandmia@muddywaterscafe.com.au

Bayaroma Café

Situated on the Esplanade in Torquay, Bayaroma Café stocks heaps of homemade biscuits, cakes and tempting sweets to match the coffee.

Address: 428 The Esplanade, Torquay, Fraser Coast



Opening hours: Mondy-Sunday: 06.00-15.30

Phone: +61 7 4125 1515

Internet: www.bayaroma.com.au

Cafe Balaena

This café offers superb views, being at the waters edge at the Urangan Marina. It provides an ideal place to hang out while waiting for a ferry to Fraser Island, or for a sunset cruise.

Address: 7 Buccaneer Drive, Urangan, Fraser Coast

Phone: +61 7 4125 4799

Internet: www.cafebalaena.com.au

Black Dog Café

Opposite the beach at Torquay, the Black Dog is a favourite with locals and offers good coffee and excellent toasted sandwiches and other snacks.

Address: 381 The Esplanade, Torquay, Fraser Coast

Phone: +61 7 4124 3177

Internet: www.theblackdogcafe.com.au

BARS & NIGHTLIFE



Arina P Habich/Shutterstock.com

There are plenty of bars to visit on the Fraser Coast if you want to cap off the day with a night on the town. Below are a few recommended bars you can start the night with.

The Fraser Coast does not swim in nightclubs but the warm weather turns the outdoor cafés and pubs into late night drinking and dancing spots. In Hervey Bay you can find these along the Esplanade and on the parallel-running Boat Habour Drive.

Hoolihan's



This Irish pub is always good for a wide range of beers and for screened sports events. The atmosphere is friendly and fun, and guaranteed

for a good time.

Photo: Nejron Photo/Shutterstock.com

Address: 382 Esplanade, Torquay, Hervey Bay, Fraser Coast

Phone: +61 7 4194 0099
Internet: www.hoolies.com.au
Email: agoodtime@hoolies.com.au

Beach House Hotel



At night, this is one of the best places for an evening drink and it comes with a picturesque views of the Bay. DJs on Wednesday to Saturday nights. This is

the perfect place to catch up with friends, enjoy live music, relax and party.

Photo: Rawpixel.com/Shutterstock.com

Address: 344 The Esplanade, Hervey Bay, Fraser Coast

Phone: +61 7 4196 9366

Internet: www.beachhousehotel.com.au Email: info@beachhousehotel.com.au

Blazing Saddles



This place makes you feel like you stepped into a western movie – it also has a good bar and some delicious food. Live entertainment from

Wednesday to Sunday.



Photo: atipong aryusor/Shutterstock.com

Address: 140 Freshwater St, Torguay, Hervey Bay, Fraser

Coast

Phone: +61 7 4125 5466

The Bay Central Tavern



The Bay Central Tavern is a laid back rustic kind of pub with live music on Friday and Saturday nights. They have different themes

throughout the year, so check out what is on while you are in town.

Photo: PopTika/Shutterstock.com

Address: 155 Boat Harbour Drive, Pialba, Fraser Coast Opening hours: Sunday-Thursday: 10:00 - 12:00,

Friday-Saturday:10:00 - 14:00 Phone: +61 7 4124 4111

Internet: www.baycentraltavern.com.au Email: bay.central.tavern@alhgroup.com.au

Goody's on the Beach



This seafood restaurant which also has a great bar is located 18 km north of Hervey Bay. Every Sunday they have live music, from midday

until 16:00. The entertainment are three cheerful local artists.

Photo: Rawpixel.com/Shutterstock.com

Address: 54 Moreton Street, Toogoom, Fraser Coast

Opening hours: Mondy-Sunday: 08.00-late

Phone: +61 7 4128 0248

 $\label{lem:commutation} In ternet: www.goodysonthebeach.com \\ Email: info@goodysonthebeach.com$

More Info: Just off the Hervey Bay-Burrum Heads Road.

Coast Restaurant & Bar



Located at Charlton
Esplanade, this
restaurant serves great
sharing plates of quality
sea food. Come here with
some friends and enjoy a

fun evening with great food or hang out at the cozy bar.

Photo: Minerva Studio/Shutterstock.com

Address: 469 Charlton Esplanade, Torquay, Fraser Coast Opening hours: Tuesday-Wednesday: 17:00 - 00:00,

Thursday-Sunday: 11:30 - 00:00

Phone: +61 7 4125 5454

Internet: www.coastherveybay.com.au

Viper



This is your club for cool drinks, happy people and all night long partying. There are regular DJ sets and on-stage events so don't forget to check their

programme. Bring your friends or meet some new inside. It's always worth a visit.

Photo: Syda Productions/Shutterstock.com

Address: 410 Charlton Esplanade, Hervey Bay, Fraser Coast Opening hours: Wednesday: 22:00 - 03:00, Friday-Saturday:

22:00 - 03:00

Phone: +61 477 008 334

Queenslander



This bar is the ideal place for a cosy evening in a great ambiance. The upbeat decor and the wide selection of drinks make the Queenslander a

favourite of visitors.

Photo: Jan Smith (image cropped)

Address: 61 Targo Street, Bundaberg, Fraser Coast



Opening hours: Sunday-Thursday: 12.00-00.00,

Friday-Saturday: 12.00-01.00 Phone: +61 7 4152 4691

Internet: www.queenslanderhotel.com.au

SHOPPING



LuckyImages/Shutterstock.com

Torquay Road in Pialba hosts the bulk of Hervey Bay's major shops, banks and a post office.

Both sides of Boat Habour Drive are lined with stores and shops. There is also the Bay Central Shopping Centre containing a Franklin supermarket, Target as well as several smaller speciality shops. The Esplanade is lined with shops in between all the cafés, restaurants and accommodations.

Maryborough Heritage City Markets



There are plenty of markets in the Fraser Coast region. The most famous is the Maryborough Heritage Market that takes place

every Thursday between 8am-2pm, sending the charming little town back in time.

Photo: kikovic/Shutterstock.com

Address: Adelaide St, Maryborough, Fraser Coast

Phone: +61 7 4190 5744

Koala Market



The Koala Market is held on every second, fourth and fifth Sunday at Kruger Court, Urangan in Hervey Bay between 6am-12am, with stalls

selling arts and crafts, trash and treasures, and cakes and jams. The same can be found at the Tin Bay Market held every third Saturday.

Photo: Jack Frog/Shutterstock.com

Address: Kruger Court, Urangan, Hervey Bay, Fraser Coast

Phone: 06.00-12.00

Aboriginal Scrub Hill Community Farm

The Aboriginal Scrub Hill Community Farm located 2,5 kilometres outside of Hervey Bay sells organic vegetables, tea tree oil and native art work.

Address: Scrub Hill Road, Hervey Bay, Fraser Coast

Phone: +61 4124 4791

Pialba Place



Pialba Place Shopping Centre houses numerous speciality shops. You can easily spend a whole afternoon of shopping and drinking coffee

within this cosy mall. Here you will find everything from fashion to homewares, shoes and fresh Australian produce.

Photo: Andresr/Shutterstock.com

Address: Old Maryborough Rd & Hunter St, Pialba, Fraser

Coast

Phone: +61 7 4191 3444

Internet: www.pialbaplace.com.au Email: info@pialbaplace.com.au



Cotton On Hinkler Central



A heaven for fashionistas, Cotton ON Hinkler Central is easily accessible for visitors. It is a shopping opportunity for the whole family and

offers the latest trends for him, her and the little ones.

Photo: Monkey Business Images/Shutterstock.com

Address: 25/16 Maryborough St, Bundaberg, Fraser Coast Phone: +61 7 4152 0607

Internet: www.cottonon.com/AU

ESSENTIAL INFORMATION



joaohcouto/Shutterstock.com

Airport - Hervey Bay



The nearest airport,
Fraser Coast
Airport/Hervey Bay
Airport, is located 2
kilometres south of
Urungan on Booral Rd.

They have regular transfers between Brisbane, Sydney and local Tourist destinations.

Photo: Juan Garces

Address: Don Adams Drive, Hervey Bay, Fraser Coast

Phone: +61 7 4194 8100

 $\label{limit} Internet: www.frasercoastairport.com.au \\ Email: info@frasercoastairport.com.au$

Public transport



Hervey Bay has a good local bus service that circulates town from the main bus station at the Bay Central shopping centre on Boat Harbour

Drive. Buses also go to the surrounding towns. It is worth checking though, whether your accommodation has a pick-up service, which many have. If you fancy an emission-free way of transport, you can rent a bicycle from Bay Bicycle Hire, which has free delivery and pick-up.

Photo: Pierre-Luc Auclair Phone: +61 7 4121 3719

Internet: www.widebaytransit.com.au

Taxi



Hervey Bay Taxi Service can be reached on:

Phone: +61 131 008 Internet: www.131008.com

Post

Torquay Post Office



Photo: Andy Fuchs

Address: 414 The Esplanade, Torquay, Hervey Bay

Phone: +61 7 4125 1101



Pharmacy



Fraser Coast Discount Pharmacy

Photo: Gemma Garner

Address: Shop 1, 81 Boat Harbour 3, Pialba

Phone: +61 74124 4022

Telephone

Country code: +61 Area

code: 07



Photo: Jardson Almeida

Electricity

240 Volts / 50 Hz



Photo: Stirling Tschan

Currency

Australian Dollar (AUD) \$1 = 100 cents

Opening hours

Opening hours are varied but most shops are open 9.00-17.30, with large Supermarket chains open until 9.00 weekdays, Saturdays 9.00-12.00 with the major centres open until 17.00 and on Sundays some bigger shopping centres are open 10.00-16.00. Many of the bigger centres have Thursday night shopping until 21.00.

Newspapers

Maryborough Herald Fraser Coast Chronicle

Emergency numbers

000 for any emergency

Poison information: 13 11 26

Lifeline: 13 11 14

Tourist information

Visitor Information Centre 227 Maryborough/Hervey Bay Road, Hervey Bay daily 9.00-17.00

+61 1800 811 728

