



Photo: Estea/Shutterstock.com



Jan Miracky photography/Shutterstock.com

Tampere, a young and vibrant place, is the third largest city in Finland and located deep in Lake District. With everything within walking distance, this is yet another example of a revitalization and refurbishment of an industrial heartland. At night the city lights up like a newly decorated Christmas tree. With architecture ranging from medieval churches to the ultra-modern Metso Library and superb theatres you are in for some real treats. From the traditional sauna to a taste of black Finnish sausage, this is a city full of surprises.



Jan Miracky photography/Shutterstock.com



Andrei Ovasko/Shutterstock.com

Go where no one has  
**VENTURED BEFORE!**

5 Off the  
Beaten Track  
Destinations in Asia

**ArrivalGuides**

Foto: WhitefoxChen / Shutterstock

### Top 5



#### Lenin Museum

Everything you always wanted to know about Lenin can be found in one building...



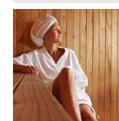
#### Särkänniemi Adventure Park

Containing the tallest observation tower in the Nordic countries, you might ...



#### Moominvalley Museum

This is Tove Jansson at her best. The Moominvalley Museum is housed in the p...



#### Rajaportti Sauna

A Finnish sauna in Finland is a must. This public sauna is Finland's oldest ...



#### Tammerkoski Rapids

A walk along the river bank will give you a good idea of Tampere's industria...





## THE CITY



*Estea/Shutterstock.com*

Tampere has a lot to offer the traveller with its many shops and cultural areas. A good place to start your journey is around the Finlayson Cotton Mill. This part of the city has museums, a church, two floors of shops, restaurants and exhibitions.

Watery connections include the Tammerkoski Rapids which divide the city and provide a great place for a stroll or chance to explore the many wonderful bridges. For nature lovers there are Pyynikki and Kauppi, green areas within the city that allow you to relax and enjoy the outdoor life just like a true Finn.

Shopaholics do not need to fear, for Tampere has a wide range of retail outlets including the department stores Sokos and Stockmanns. Also within the city is one of the largest market halls in the Nordic region. Here in a 100 year old building you can buy some of the freshest delicacies available including the famous Tampere black sausage and tasty rievä, the local yeast bread. This is a great place to buy souvenirs of your trip and a chance to try some of the famous cloudberry.

## DO & SEE



*Igor Grochev/Shutterstock.com*

The largest inland city of Finland has a lot to offer. In Tampere you can enjoy everything from breathtaking sceneries of the lake and forests to culture, shopping and eating.

### Lenin Museum



Everything you always wanted to know about Lenin can be found in one building, packed with relics from his life. This is where you get a chance to see the couch he slept on in Helsinki Library and to buy some very unusual gifts such as Lenin coffee and Lenin shirts, busts and posters. He lived in Finland 1905-1907.

Photo: M62 (image cropped)

Address: Hämeenpuisto 28, Tampere

Phone: +358 10 420 9269

Internet: [www.lenin.fi](http://www.lenin.fi)

Email: [lenin@lenin.fi](mailto:lenin@lenin.fi)

### Särkänniemi Adventure Park



Containing the tallest observation tower in the Nordic countries, you might like to try the revolving restaurant at the top of the 168 metre tower. The park has all the usual attractions with

an added taste of Finland.

Photo: Tiia Monto (image cropped)

Address: Laiturikatu 1, Tampere

Phone: +358 207 130 200

Internet: [www.sarkanniemi.fi](http://www.sarkanniemi.fi)

### Moominvalley Museum



This is Tove Jansson at her best. The Moominvalley Museum is housed in the public library building, it contains a selection of her wacky characters, models and computer displays and of course a gift shop. Here you will find moomins in excess.

Photo: M62 (image cropped)

Address: Hämeenpuisto 20, Tampere

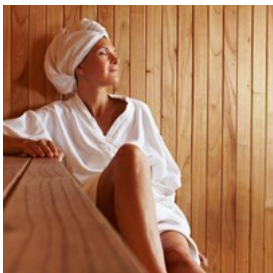
Opening hours: Tuesday-Friday: 9.00-17.00,

Saturday-Sunday: 10.00-18.00

Phone: +358 20 716 6578

Internet: [www.muumilaakso.tampere.fi](http://www.muumilaakso.tampere.fi)

### Rajaportti Sauna



A Finnish sauna in Finland is a must. This public sauna is Finland's oldest and truly is a great bargain. Take your towel with you and enjoy a relaxing moment.

Photo: Robert Kneschke/Shutterstock.com

Address: Pispalan Valtatie 9, Tampere

Phone: +358 3 222 3823

Internet: [www.pispala.fi](http://www.pispala.fi)

Email: [ajaportti@pispala.fi](mailto:ajaportti@pispala.fi)

### Tammerkoski Rapids

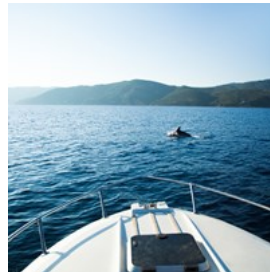


A walk along the river bank will give you a good idea of Tampere's industrial past. This gives you a chance to see fountains, statues, shops and the Patosilta Bridge with its rushing falls.

Photo: Visa580 (image cropped)

Address: Patosilta Bridge, Tampere

### Laukontori Quay

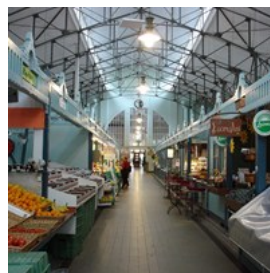


Laukontori Quay is a good place to watch the boats and while away an hour or so just soaking up the atmosphere by one of the many outside takeaways and cafés. Boat trips can be taken from here to Viikinsaari Island some 20 minutes away.

Photo: Cara-Foto/Shutterstock.com

Address: Laukontori Quay, Tampere

### Tampere Market Hall



Tampere Market Hall is a perfect place to take in the local culture. Here you can sample some of the regional dishes and visit specialty shops at the largest market hall in Scandinavia.

Photo: Cryonic07 (image cropped)

Address: Tampere Markethall, Tampere

## Rupriikki



Learn about modern mass communication in this impressive museum.

From stone tablets to tweets you can explore the historical

developments media, print and online. There is a kids programme and a tour is an educational and fun experience for the whole family.

Photo: Trogain (image cropped)

Address: Alaverstaanraitti 5, Tampere

Opening hours: Tuesday-Sunday: 10.00-18.00

Phone: +358 3 56566966

Internet: [www.vapriikki.fi/rupriikki](http://www.vapriikki.fi/rupriikki)

## Sara Hildenin Taidemuseo



This museum brings art from all over the world to the heart of Tampere.

Inside you can find modern art from international and Finnish

artists, from pictures to sculptures and various installations.

Photo: Bengt Oberger (image cropped)

Address: Laiturikatu 13, Tampere

Opening hours: Tuesday-Sunday: 10.00-18.00

Phone: +358 3 56543500

Internet: [www.tampere.fi/sarahilden.html](http://www.tampere.fi/sarahilden.html)

## Tampere Cathedral



The Tampere Cathedral is not only worth a visit for its impressive interior and altar construction.

The building also features a number of famous

frescos from Hugo Simberg such as the "Garden of Death" or the "Wounded Angel".

Photo: Ilkka Harmanen (image cropped)

Address: Tuomiokirkonkatu, Tampere

Phone: +358 40 8048765

Internet: [www.tampereenseurakunnat.fi](http://www.tampereenseurakunnat.fi)

## Tampere City Library



Designed by Raili and Reima Pietilä, the main library of Tampere was built in the 1980s and combines various styles. Next to the impressive

reading rooms the library also holds the Moominvalley exhibition and the Tampere Mineral Museum.

Photo: Bengt Oberger (image cropped)

Address: Pirkankatu 2, Tampere

Opening hours: Monday-Friday: 09.30-20.00, Saturday: 09.30-15.00,

Internet: [www.kirjasto.tampere.fi](http://www.kirjasto.tampere.fi)

## Skiing



The city is not only a cultural hub but also provides fun activities for outdoor enthusiasts. Why not grab a pair of ski and go for a ride? There are

several ski rentals in town that are also happy to advise you on how to get to the two skiing hills in town. What are you waiting for?

Photo: IM\_photo/Shutterstock.com

Address: Turtolankatu 50, Tampere

Phone: +3 5654 2804

Internet: [www.tampereenrinteet.fi](http://www.tampereenrinteet.fi)

Email: [info@tampereenrinteet.fi](mailto:info@tampereenrinteet.fi)



### Tulenkantajat - Literature Center



This Literature center breathes the spirit of Finnish poetry. Come here to listen to a reading, join a book release or hand out with

aspiring writers in the lovely cafe. Besides, you can spend hours to browse through the well-equipped bookstore.

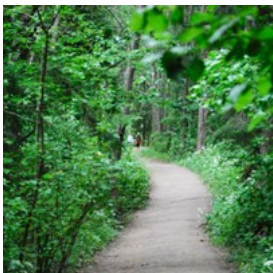
Photo: LeicherOliver/Shutterstock.com

Address: Hämeenpuisto 25, Tampere

Phone: +358 45 3489688

Internet: [www.tulenkantajat.wordpress.com](http://www.tulenkantajat.wordpress.com)

### Viikinsaari Island



For a nice swim or hike on a sunny day go to Viikinsaari Island. A 20 minutes boat trip from the city center brings you to clean beaches and a

stunning nature. If you get hungry there are several places for barbecuing as well as a big restaurant on the island.

Photo: Aapo Haapanen (image cropped)

Address: Viikinsaari, 33950 Tampere

### Finlayson Cotton Mill Area



This is a cornucopia of delights, from an underground Spy Museum (unusual!), to a selection of cafés and restaurants. You can find

Finlayson Cotton Mill Area within walking distance of the centre and it truly has a great atmosphere.

Photo: ConstantinosZ/Shutterstock.com

Address: Veturiakio 4, Tampere

Opening hours: 09.00-17.00

Internet: [www.finlaysoninalue.fi](http://www.finlaysoninalue.fi)

### DINING



Sarah Marchant/Shutterstock.com

Tampere is famous for its black sausage (mustamakkara) eaten with lingonberries, you can also enjoy plenty of fish from the local lakes or try pyttipannu, a tasty stir-fry. The locals say that the sausage tastes best with a mixture of milk and cranberry jam!

### Näsinneula

Näsinneula is not cheap but offers a fantastic view from the observation tower. Their Finlandia menu is quite superb as are their many Finnish delicacies.

Address: Laiturikatu 1, Tampere

Opening hours: Tuesday-Saturday: 11.00-23.30,

Sunday-Monday: 11.00-21.30

Phone: +358 207 130 234

Internet: [www.sarkanniemi.fi/nasinneula/en](http://www.sarkanniemi.fi/nasinneula/en)

### Telakka



Telakka is not only a restaurant, but also a cultural centre. You can find this restaurant located inside an old storehouse.

Photo: Cryonic07 (image cropped)

Address: Tullikamarin Aukio 3, Tampere

Phone: +353 2250 722  
Internet: [www.telakka.eu](http://www.telakka.eu)

### **Panimoravintola Plevna**

Claimed to be one of the highlights of eating in Tampere, Panimoravintola Plevna is both a pub and a place to eat. The restaurant is part of the Finlayson Textile Mill and a popular place to try a plate of Finnish sausage and a drop of Plevna Stout.

Address: Itäinenkatu 8, Tampere  
Phone: +358 3 260 1200  
Internet: [www.plevna.fi](http://www.plevna.fi)

### **Salud**

Juicy steaks and a fresh salad bar make this restaurant the talk of Tampere. Here you can try lots of Spanish and Latin American dishes, they also offer tapas and seafood. It has been around for over 30 years and is well known in the city. They are famous for the Salud peppersteak.

Address: Tuomiokirkonkatu 19, Tampere  
Phone: +358 2 0741 2121  
Internet: [www.salud.fi](http://www.salud.fi)

### **Pizzeria Napoli**

With over 100 toppings, Pizzeria Napoli is the place for pizzas. This is the oldest pizzeria in Tampere and can be found right in the centre. Toppings include the local black sausage, cactus and ostrich. There are also lots of vegetarian options and children are very welcome.

Address: Aleksanterinkatu 31, Tampere  
Phone: +358 3 223 8887  
Internet: [www.pizzerianapoli.net](http://www.pizzerianapoli.net)

### **Tillikka**

This restaurant lies close to the Rapids Tillikka and they serve a famous stir-fry called pyttipannu. Here you can expect high quality food produced from high quality ingredients, you

should not be disappointed.

Address: Hämeenkatu 14, Tampere  
Phone: +35 10 767 2300  
Internet: [www.tillikka.fi](http://www.tillikka.fi)

### **Punjab Kebab**

Punjab Kebab is claimed to be the best kebab restaurant in Tampere. If you are pinning for home then why not try here. This place serves very good food with lots of vegetarian options, the lunch specials are particularly good buys.

Address: Kirkkokatu 10, Tampere  
Phone: +358 3 222 0091  
Internet: [www.punjabkebab.fi](http://www.punjabkebab.fi)

### **Ohranjyvä**

Ohranjyvä is a good place for delicious tasty home-made lunches. Here you can sit down in a cosy atmosphere and enjoy a good meal.

Address: Näsilinnankatu 15, Tampere  
Phone: +358 3 212 7217  
Internet: [www.ohranjyva.fi](http://www.ohranjyva.fi)

### **Ravitsemisliike Aisti**

This brand new restaurant opened in 2015 and offers you a great choice of traditional and modern cuisine. Relax in the cozy setting and let the friendly staff take care of you.

Address: Hallituskatu 19, Tampere  
Phone: +358 3 2232040  
Internet: [www.aistiravintola.fi](http://www.aistiravintola.fi)  
Email: [varaukset@aistiravintola.fi](mailto:varaukset@aistiravintola.fi)

### **Gastropub Tuulensuu**



If you're strolling through Hämeenpuisto park, take a break from sightseeing at this cozy restaurant and pub. Wine, beer and tasty delights are awaiting you in a laid-back atmosphere. The

rustic decor and the cheap prices make this place a favourite of budget tourists.

Photo: Yulia Grigoryeva/Shutterstock.com

Address: Hämeenpuisto 23, Tampere

Opening hours: Monday-Thursday: 11.00-00.30, Friday:

11.00-02.00, Saturday: 12.00-02.00, Sunday: 15.00-00.30

Phone: +358 3 2141553

Internet: [www.gastropub.net](http://www.gastropub.net)

Email: [tuulensuu@gastropub.net](mailto:tuulensuu@gastropub.net)

### **Viking Restaurant Harald**

This place takes you on a journey back in time and lets you dine like the old Vikings used to.

Enjoy the fun atmosphere, eat from the dragon ship buffet and get some of that mead in your horn cup. Its fun for the whole family.

Address: Hämeenkatu 23, Tampere

Opening hours: Monday-Thursday: 11.00-00.00, Friday:

11.00-01.00, Saturday: 12.00-01.00, Sunday: 13.00-21.00

Phone: +358 4476 68203

Internet: [www.ravintolaharald.fi](http://www.ravintolaharald.fi)

Email: [tampere@ravintolaharald.fi](mailto:tampere@ravintolaharald.fi)

### **Wistub Alsace**

This is the first Alsatian restaurant in the whole of Finland and has a wide offer of specialties from the region. Find your favourite among the different wines on the menu and try some of that delicious Tartes.

Address: Laukontori 6, Tampere

Opening hours: Tuesday-Friday: 16.00-22.00, Saturday:

15.00-22.00

Phone: +358 3 2120260

Internet: [www.wistubalsace.com](http://www.wistubalsace.com)

### **Gastropub Soho**

For dinner and lunch in a musical atmosphere come to Gastropub Soho. From rock to pop or jazz bands you can find everything on the weekly programme. Grab a bite and catch a liveact, you won't regret stepping into this pub.

Address: Otavalankatu 10, Tampere

Opening hours: Monday-Friday: 11.00-02.00, Saturday:

12.00-02.00, Sunday: 14.00-02.00

Phone: +358 3 212 2336

Internet: [www.gastropub.net/soho](http://www.gastropub.net/soho)

### **Stefan's Steakhouse**

Meat lovers will be happy to find Stefan's Steakhouse in the heart of Tampere. The American setting provides the ideal steak environment and the friendly staff can help you with your ideal match. Note that it might get crowded in the evenings so a dinner reservation might be good idea.

Address: Kehräsaari, Tampere

Opening hours: Monday-Thursday: 16.00-23.00, Friday:

16.00-24.00, Saturday: 13.00-24.00, Sunday: 14.00-22.00

Phone: +358 10 4233240

Internet: [www.ravintola.fi/ravintolaketju/stefans-steakhouse](http://www.ravintola.fi/ravintolaketju/stefans-steakhouse)

### **Kasvisravintola Gopal**

This restaurant opened its doors in 1997 and has served happy guests ever since. It is a heaven for vegetarians as well as vegans as all of their dishes are free from meat. Try the healthy creations and find your favourite among their vegan desserts.

Address: Ilmarinkatu 16, Tampere

Opening hours: Monday-Friday: 11.00-17.00, Saturday:

12.00-16.00

Phone: +358 3 2531002

Internet: [www.gopal.fi](http://www.gopal.fi)

Email: [info@gopal.fi](mailto:info@gopal.fi)

## CAFES



*tristan tan/Shutterstock.com*

Finland is a nation of coffee drinkers, they cannot resist a pastry or pulla (a wheat bun) which are a treat at any time. The cold/hot buffet is an essential ingredient of Finnish cuisine and awash with fish, cold meats and salads.

### **Café Vohvelikahvila**

The Waffle Cafe can be found in a quaint stone house, the smallest in Tampere. Here they serve delicious waffles which are very popular with the younger set.

Address: Ojakatu 2, Tampere  
Phone: +358 3 214 4225  
Internet: [www.vohvelikahvila.com](http://www.vohvelikahvila.com)

### **Café Runo**

Here you can enjoy a good book whilst you try one of their splendid coffees and tasty sweets. This place is only closed two times a year.

Address: Ojakatu 3, Tampere  
Phone: +358 3 931 2133  
Internet: [www.kahvilaruno.fi](http://www.kahvilaruno.fi)

### **Café Kauppahallin Kahvila**

Café Kauppahallin Kahvila is located right in the heart of the famous market hall. This traditional café is always busy and offers tasty sweets and coffee.

Address: Hämeenkatu 19, Tampere

Phone: +358 2 0770 2485

### **Mokkamestarit**

At Mokkamestarit they roast their own beans. Here it is recommended to try their own personal and unique coffees.

Address: Kuukuja 8 E, Tampere  
Phone: +358 3 253 0145  
Internet: [www.mokkamestarit.fi](http://www.mokkamestarit.fi)

### **Café Europa**

Café Europa provides a selection of specialty coffees, salads and toast in a trendy atmosphere. Here you can choose from garlic-escargots, salads and sandwiches.

Address: Aleksanterinkatu 29, Tampere  
Phone: +358 3 223 5526  
Internet: [www.cafeeuropa.net](http://www.cafeeuropa.net)

## BARS & NIGHTLIFE



*Dainis Derics/Shutterstock.com*

The best place in Tampere for bars is along the Hämeenkatu. Tampere has a lively bar and club scene due to the University and large number of young people in the vicinity.



### Telakka



Telakka is not only a restaurant, but also a cultural centre. You can find this restaurant located inside an old storehouse.

Photo: Cryonic07 (image cropped)

Address: Tullikamarin Aukio 3, Tampere

Phone: +353 2250 722

Internet: [www.telakka.eu](http://www.telakka.eu)

### Old Brick's Inn



Old Brick's Inn has a pub like atmosphere and is especially popular among grown-ups. Here you can choose from a wide range of different beers.

Photo: SteFoul/Shutterstock.com

Address: Hämeenkatu 18, Tampere

Internet: [www.bricks.fi](http://www.bricks.fi)

### Tullikamari



In this old custom house you can hear all kinds of music. This is truly a very special place that offers a full schedule with lots of events.

Photo: Pressmaster/Shutterstock.com

Address: Tullikamarin Aukio 2, Tampere

Phone: +358 3 343 9933

Internet: [www.tullikamari.net](http://www.tullikamari.net)

### Paappa Music Bar



This could be the coolest jazz club in town hosting Finnish and foreign jazz, house band and guest artists. The entrance is free.

Photo: Lasse Ansaharju/Shutterstock.com

Address: Koskikatu 9, Tampere

Phone: +358 3 211 0037

Internet: [www.paapankapakka.fi](http://www.paapankapakka.fi)

### Yo-talo (former Student Union House)



Yo-talo hosts club nights and very special gigs. This club is one to watch out for and definitely worth a look.

Photo: melis/Shutterstock.com

Address: Kauppakatu 10, Tampere

Phone: +358 3 223 5974

Internet: [www.yo-talo.com](http://www.yo-talo.com)

### Pub Wanha Posti



Pub Wanha Posti is located in the old post office building of Tampere. Here you can choose from a selection of some 90 different beer variations in a cosy atmosphere.

Photo: Nejron Photo/Shutterstock.com

Address: Hämeenkatu 13 A, Tampere

Phone: +358 10 292 5040

Internet: [www.wanhaposti.fi](http://www.wanhaposti.fi)

### Plevna Brewery and Restaurant



This is a combined brewery/restaurant that is located in the old Finlayson factory. Here you can find ten varieties of their own very fine

brew and delicious food.

Photo: Kzenon/Shutterstock.com

Address: Itäinenkatu 8, Tampere

Phone: +358 3 260 1200

Internet: [www.plevna.fi](http://www.plevna.fi)

### Gastropub Tuulensuu



If you're strolling through Hämeenpuisto park, take a break from sightseeing at this cozy restaurant and pub. Wine, beer and tasty delights are

awaiting you in a laid-back atmosphere. The rustic decor and the cheap prices make this place a favourite of budget tourists.

Photo: Yulia Grigoryeva/Shutterstock.com

Address: Hämeenpuisto 23, Tampere

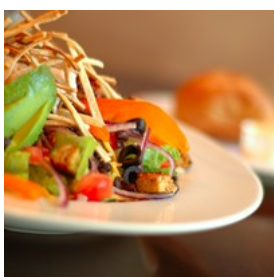
Opening hours: Monday-Thursday: 11.00-00.30, Friday: 11.00-02.00, Saturday: 12.00-02.00, Sunday: 15.00-00.30

Phone: +358 3 2141553

Internet: [www.gastropub.net](http://www.gastropub.net)

Email: [tuulensuu@gastropub.net](mailto:tuulensuu@gastropub.net)

### Teerenpeli



This pub promises an authentic Nordic experience. With traditional dishes, local beers and Finnish ciders on the menu you can

enjoy an evening among an international crowd.

Photo: Junial Enterprises/Shutterstock.com

Address: Hämeenkatu 25, Tampere

Opening hours: Tuesday-Thursday: 12.00-02.00,

Friday-Saturday: 12.00-03.00

Phone: +358 42 4925 210

Internet: [www.teerenpeli.com](http://www.teerenpeli.com)

Email: [lahti@teerenpeli.com](mailto:lahti@teerenpeli.com)

### Gastropub Praha



Enjoy Czech beer culture in this traditional pub.

There are plenty of stouts and ales on draft and you can get a savoury bite to eat with your order. It is

located close to the train station so you can just hop in and meet some happy people having a good time.

Photo: stockcreations/Shutterstock.com

Address: Itsenäisyydenkatu 11, Tampere

Opening hours: Sunday-Thursday: 15.00-02.00, Saturday: 15.00-02.00, Sunday: 12.00-02.00

Phone: +358 3 261 2500

Internet: [www.gastropub.net](http://www.gastropub.net)

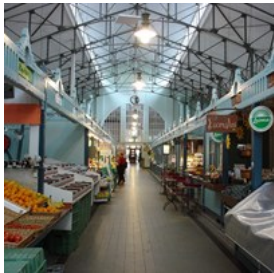
## SHOPPING



[dean.bertoncelj/Shutterstock.com](http://dean.bertoncelj/Shutterstock.com)

There are plenty of shopping malls in the city together with department stores that fill all your needs. Stores and boutiques can be found everywhere as Finns are into shopping in a big way. They have an excellent sense of design and the locally developed products are well made, very slick and trendy.

## Tampere Market Hall



Tampere Market Hall is a perfect place to take in the local culture. Here you can sample some of the regional dishes and visit specialty shops at the largest market hall in Scandinavia.

Photo: Cryonic07 (image cropped)

Address: Tampere Markethall, Tampere

## Tulenkantajat - Literature Center



This Literature center breathes the spirit of Finnish poetry. Come here to listen to a reading, join a book release or hand out with

aspiring writers in the lovely cafe. Besides, you can spend hours to browse through the well-equipped bookstore.

Photo: LeicherOliver/Shutterstock.com

Address: Hämeenpuisto 25, Tampere

Phone: +358 45 3489688

Internet: [www.tulenkantajat.wordpress.com](http://www.tulenkantajat.wordpress.com)

## Juhana Tampere Oy



For Finnish wooden products head for Aarikka. The store is very good for jewellery made from wood and silver.

Whether souvenir for a friend or treat for yourself, here you will find what you are looking for.

Photo: senk/Shutterstock.com

Address: Tarjanteenkatu 7, Tampere

Phone: +358 44 3791813

Internet: [www.juhanatampere.com](http://www.juhanatampere.com)

Email: [info@juhanatampere.com](mailto:info@juhanatampere.com)

## Joulupuu



Joulupuu is a shop where you can buy Christmas items all year round together with themed items from Tampere and Lapland. Great for fitting out your home and sauna!

Photo: Africa Studio/Shutterstock.com

Address: Näsilinnankatu, Tampere

Internet: [www.joulupuutampere.fi](http://www.joulupuutampere.fi)

## Kehräsaari



Kehräsaari, housed in a converted brick factory, is a wonderful place to buy souvenirs and knitted clothes. It is just east of Laukontori Market.

Photo: SunKids/Shutterstock.com

Address: Tampere

## Anttila



Anttila Department Store is great for CD's (both International and Finnish) offers plenty of other Scandinavian delights including glassware, crockery and candles, all good buys in Finland.

Photo: Arbitrarily0 (image cropped)

Address: Puutarhakatu 10, Tampere

Opening hours: Monday-Sunday: 09.00-21.00

Phone: +358 10 5347900



### Stockmann Tampere



Located close to the train station, this department store offers you high-quality fashion and sports equipment. Climb the top floors for Finnish home accessories and glassware. You won't leave this place empty-handed.

Photo: Stasique/Shutterstock.com

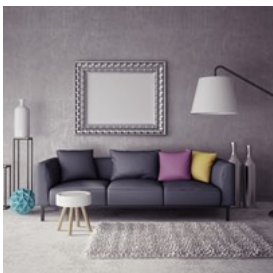
Address: Hämeenkatu 4, Tampere

Phone: +358 9 1211

Internet: [www.stockmann.com](http://www.stockmann.com)

Email: [asiakaspalvelu@stockmann.com](mailto:asiakaspalvelu@stockmann.com)

### Ideapark



If you want to add a Nordic touch to your home, stop by at this mall. Here you can get Finnish furniture, accessories, textiles or curtains that will bring that special something to your living room.

Photo: AlexRoz/Shutterstock.com

Address: Ideaparkinkatu 4, Lempäälä

Opening hours: Monday-Friday: 10.00-20.00, Saturday: 10.00-18.00, Sunday: 12.00-18.00

Phone: +358 29 0902014

Internet: [www.ideapark.fi/lempaala](http://www.ideapark.fi/lempaala)

Email: [info@ideapark.fi](mailto:info@ideapark.fi)

### Nitrobabe Oy



Whether handbanger or rock chick, in this shop you can get everything heavy metal. From band merchandise to steel-nosed boots or studs you can get fit for the daily hardrock needs.

Photo: StockPhotosArt/Shutterstock.com

Address: Otavalankatu 9, Tampere

Phone: +358 45 1125262

Internet: [www.nitro-babe.com](http://www.nitro-babe.com)

### Tallipiha Stable Yard



Located close to Finlayson you can find Finnish crafts and arts. Come here for a unique souvenir or simply browse through the wide art offer. You can easily spend hours here.

Photo: Ekaterina Pokrovsky/Shutterstock.com

Address: Kuninkaankatu 4, Tampere

Opening hours: Monday-Sunday: 10.00-19.00

Phone: +358 45 3267004

Internet: [www.tallipiha.fi](http://www.tallipiha.fi)

Email: [tallipiha@tallipiha.fi](mailto:tallipiha@tallipiha.fi)

## ESSENTIAL INFORMATION



Andrei Ovasko/Shutterstock.com

### Exchange Office

FOREX Bank is since 1965 the Scandinavian market leader in foreign currencies. Since mid-2003 FOREX Bank also offers a growing range of other banking services deposits, loans, payment services, transaction services and credit and debit cards. FOREX Bank is centrally located throughout Scandinavia with more than 110 branches. At FOREX Bank you can buy foreign currency free of charge, at hours that

suit you.

Phone: +46 200 222 220

Internet: [www.forex.se](http://www.forex.se)

### Tampere-Pirkkala Airport



Tampere-Pirkkala Airport is located approximately 17 kilometres from the centre. Parking and car rental services, like Avis, Europcar and Hertz, are

available at the airport.

Paunu Bus 61 goes from Terminal 1 to the centre of the city, the journey takes about 35 minutes.

[www.paunu.fi](http://www.paunu.fi)

Tokee Bus operates from Terminal 2 and the railway station. The journey takes about 30 minutes.

[www.airpro.fi](http://www.airpro.fi)

Taxis can be found in front of Terminal 1. You can book a taxi in advance or call one at the stand. The journey takes about 20 minutes to the centre.

[www.taksitamper.fi](http://www.taksitamper.fi)

[www.raumair.fi](http://www.raumair.fi)

Photo: Juan Garces

Address: Tampere-Pirkkala Airport, Tampere

Internet: [www.finavia.fi](http://www.finavia.fi)

### Public transport



Tampere Public Transport is in charge of public transport in Tampere. You can either buy a single ticket or a daily tourist ticket. The main

bus station is 500 metres from the tourist office.

There are also regional buses, and express buses to Helsinki, that leave from the central square.

Photo: Pierre-Luc Auclair

Internet: [joukkoliikenne.tampere.fi/en/tickets-fares.html](http://joukkoliikenne.tampere.fi/en/tickets-fares.html)

### Taxi



Taxi ranks can be found at the rail and bus stations and have very reasonable rates. Special Needs Taxi +358 10045 Tampereen Aluetaksi Oy:

Phone: +358 0100 4131

Internet: [www.taksitamper.fi](http://www.taksitamper.fi)

### Post



Look for "posti" to find a post office in Tampere. Main post office:

Photo: Andy Fuchs

Address: Rautatienkatu 21, Tampere

Opening hours: Mon-Fri 8 am-8 pm. Sat 10 am-2 pm

Internet: [www.posti.fi](http://www.posti.fi)

### Pharmacy



Pharmacy in Finnish is called apteekki. There are several pharmacies at Hämeenkatu. The local pharmacies are good places to visit and very helpful if you have a minor problem.

Yliopiston Apteekki:

Photo: Gemma Garner

Address: Hämeenkatu 16, Tampere

Phone: +358 300 20200

Internet: [www.yliopistonapteekki.fi](http://www.yliopistonapteekki.fi)

## Telephone



Country Code: +358 Area  
code: 03 (from Finland), 3  
(outside Finland)

Photo: Jardson Almeida

## Electricity



230 volts

Photo: Stirling Tschan

## Population

220,609

## Currency

Euro (EUR) €1 = 100 cents

## Opening hours

Shops are generally open until the evening, depending on its location. Offices are open from 9/10 am-4/5 pm.

## Newspapers

Helsingin Sanomat

Helsinki Times

Aamulehti, Six Degrees.(monthly)

## Emergency numbers

Emergency: 112

## Tourist information

Visit Tampere Tourist Information

Railway station, Rautatienkatu 25 A, Tampere

Opening Hours

Sep-May: Mon-Fri 9 am-5 pm.

June-Aug: 9 am-6 pm. Sat-Sun 10 am-3 pm.

+358 3 5656 6800

[visittampere@visittampere.fi](mailto:visittampere@visittampere.fi)



