



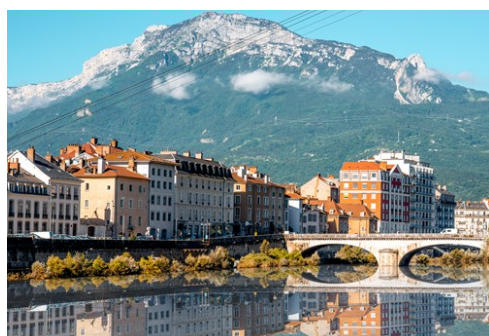
Grenoble

Photo: RossHelen/Shutterstock.com



RossHelen/Shutterstock.com

Grenoble is the gateway to the Alps and a geographic crossing where the rivers Isère and Drac meet. With Switzerland to the north, Italy to the east and Provence to the south, the city is surrounded by three mountain chains. It is a cosmopolitan city with cafés, museums and restaurants. Best of all, you can see the Alps from almost every street corner.



RossHelen/Shutterstock.com



sh.el.photo/Shutterstock.com

Go where no one has
VENTURED BEFORE!

5 Off the Beaten Track
Destinations in Asia

ArrivalGuides

Foto: WhitefoxChen / Shutterstock

Top 5



La Bastille

At the foot of the Chartreuse Massif is one of Grenoble's top attractions, L...



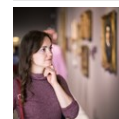
Palais Ideal

At first, one man's dream of creating his own castle had many people shaking...



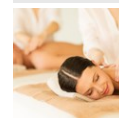
Horloge Solaire

Nowhere else in the world is there a reflective sundial of this size, and as...



Museum Stendhal

You cannot visit Grenoble without being reminded of the author Stendhal. His...



Chateau De La Commanderie ...

You will find this lovely spa just a few minutes from Grenoble where you wil...



THE CITY



RossHelen/Shutterstock.com

Grenoble is a lively and welcoming place, and its heart beats to the rhythm of fascinating contrasts. Despite the fact that Grenoble is a metropolis in the Alps, it is the flattest city in France.

The city is perfect for walking with no slopes, plenty of cafés and lots to look at. When you stand in Place St. Andre, the square in the middle of the city, you have historic monuments all around you. This is an impressive sight along with a good cup of coffee. Naturally, you will be drinking it at the Café de la Table Ronde that is the second oldest café in France. The café was the favourite place of Sara Bernhardt, Jacques Brel and the city's son, the writer, Stendhal.

DO & SEE



Sandro Pavlov/Shutterstock.com

There are more than 200 skiing resorts in the surrounding area. From here, it is easy to access skiing, mountain climbing and paragliding. Grenoble holds a lot of surprises !

La Bastille



At the foot of the Chartreuse Massif is one of Grenoble's top attractions, La Bastille, a fort with a spectacular view over the city and the mountain. You get there by means of the "egg lift" téléphérique, one of the most popular excursions.

Photo: Stephane Debove/Shutterstock.com

Address: Fort de la Bastille, Grenoble

Palais Ideal



At first, one man's dream of creating his own castle had many people shaking their heads. But the simple postman Ferdinand Cheval struggled for 33 years, stone by stone, to create a castle, which is now world famous for its mythical scenes.

Photo: PHB.cz (Richard Semik)/Shutterstock.com

Address: 8, rue du Palais, Hauterives
Phone: +33 4 75688119
Internet: www.facteurcheval.com

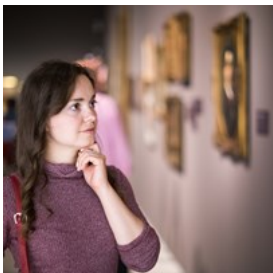
Horloge Solaire



Nowhere else in the world is there a reflective sundial of this size, and astronomers from all countries come to Horloge Solaire to study the sundial, which still keeps the time today. In 1673, under Louis the XIV, the Jesuit, Father Bonfa, and his pupils painted frescoes covering 100 square meters of the walls.

Photo: Milky/Wikimedia Commons
Address: Lycee Stendhal, Grenoble
Phone: +33 476 548 383

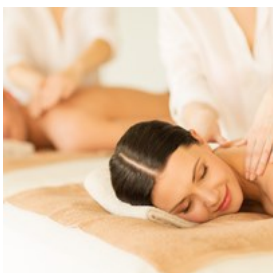
Museum Stendhal



You cannot visit Grenoble without being reminded of the author Stendhal. His book "The Red and the Black" contains impressions from his early years in the city. In the museum there are manuscripts, documents, portraits and memorabilia from his life and career.

Photo: Iakov Filimonov/Shutterstock.com
Address: 20, Grande-Rue, Grenoble
Phone: +33 4 76 86 52 08
Internet: www.bm-grenoble.fr/596-stendhal.htm

Chateau De La Commanderie - Spa

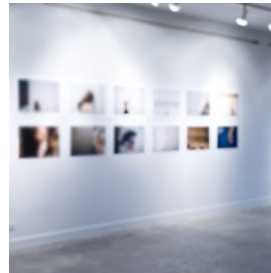


You will find this lovely spa just a few minutes from Grenoble where you will experience no stress environment and where you can recharge you

batteries. The spa offers Hammam, sauna, swimming pool, jacuzzi with aromatherapy and chromotherapy, fitness room, showers, space rest with tea and fireplace and two massage rooms. Just relax and enjoy.

Photo: Syda Productions/Shutterstock.com
Address: 17 avenue d'Echiroles, Eybens
Public Transport: Bus line Number 31, bus stop Le bourg Rocade Sud, exit Number 5
Phone: +33 4 76 25 34 58
Internet: www.commanderie.fr/spa
Email: spa@commanderie.fr
More Info: 4 km away from Grenoble

Le Magasin



Le Magasin was founded in 1986, and is one of Europe's leading contemporary art centres. Here you can see numerous exhibitions and visit the onsite bookshop.

Photo: sabthai/Shutterstock.com
Address: 8 esplanade Andry-Farcy, Grenoble
Phone: +33 476 219 584
Internet: www.magasin-cnac.org
Email: contact@magasin-cnac.org
More Info: Site Bouchayer-Viallet

Grenoble Archaeological Museum



A free place to visit the rich past of Grenoble. The visitor care is exceptional and the touch-screen displays charm the children.

Photo: Musée archéologique de Grenoble/Wikimedia Commons
Address: Place Saint-Laurent, Grenoble
Phone: +33 4 76 44 78 68
Internet: www.musee-archeologique-grenoble.fr
Email: musee-archeologique@isere.fr

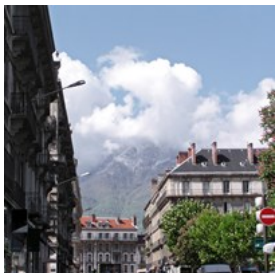
The Resistance and Deportation Museum



During the Second World War, Grenoble has been involved in the Resistance. The proximity of the mountains allowed young people to flee in the "maquis" and train themselves to fight their enemies. The Museum of Résistance and Deportation presents this contemporary history. Through objects, movies, and reconstituted scenes, the visitor can have an overview of that time.

Photo: Dmitri Ma/Shutterstock.com
Address: 14 rue Hébert, Grenoble
Phone: +33 4 76 42 38 53
Internet: www.resistance-en-isere.fr

Le petit train touristique



45 minutes of a nice commented stroll around the city! You can discover all the best spots of Grenoble.

Photo: Pierdelune/Shutterstock.com
Address: Central Square, Grenoble
Phone: +33 4 76 84 09 07
Internet: www.le-petit-train-touristique.com
Email: lepetit.train@wanadoo.fr

Museum of Grenoble

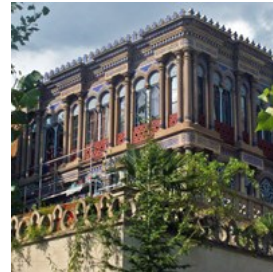


The Museum presents a great collection which displays fossils, animals and artefacts.

Photo: Chubykin Arkady/Shutterstock.com
Address: 1, rue Dolomieu, Grenoble

Phone: +33 4 76 44 05 35
Internet: www.museum-grenoble.fr

La Casamaures



Located in the suburb of Grenoble, this villa was built in 1855 in a pure Arabo-Andalusian style. The oldest historic monument made with moulded cement is unique with its columns, its fountains and its statues. You can also see seven sundials.

Photo: Morburre/Wikimedia Commons (image cropped)
Address: 13 bis rue de la Résistance, St-Martin-le-Vinoux
Phone: +33 4 76 47 13 50

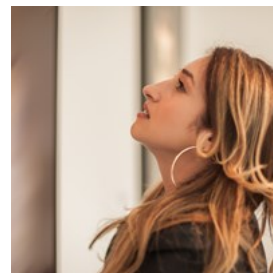
Grenoble Cathedral



This cathedral was erected in the 13th century and is the biggest church of the city. The medieval style is interesting, especially with the choir and the tower at the entrance. Don't miss the flamboyant Gothic-styled ciborium!

Photo: Eusebius@Commons/Flickr (image cropped)
Address: Place Notre-Dame, Grenoble
Phone: +33 4 38 38 00 38
Internet: cathedrale-notre-dame.diocese38.fr

Couvent de Saint-Cécile



Headquarters of the comics editor Glénat, this ancient convent welcomes temporary art exhibitions and offers a high-quality document repository, available for everybody to consult.

Photo: guruXOX/Shutterstock.com

Address: 37 Rue Servan, Grenoble

Phone: +33 4 76 88 75 75

Internet: www.couventsaintececile.com

Musée de Grenoble



Musée de Grenoble holds collections of ancient, modern and contemporary art, from the 13th to the 20th centuries. The museum is

smaller than many well-known and respected museums throughout Europe, but it features an impressive collection of art. Inside you will also find a lovely terrace and restaurant.

Photo: Milky/Wikimedia Commons

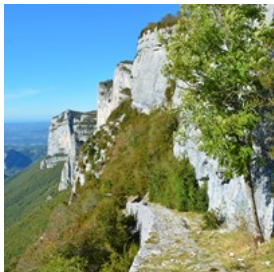
Address: 5 Place de Lavalette, Grenoble

Phone: +33 4 76 63 44 44

Internet: www.museedegrenoble.fr

Email: musee-de-grenoble@grenoble.fr

Parc Naturel Regional du Vercors



Parc Naturel Regional du Vercors is a beautiful natural area where you can discover caves such as La Grotte de la

Coranche and La Grotte de la Luir and even small, charming villages. This region also offers beautiful alpine trails through varied landscapes where you can take in the magnificent views. Don't forget the camera.

Photo: worldroadtrip/Shutterstock.com

Address: 255, chemin des Fusillés, Lans-en-Vercors

Phone: +33 4 769 438 26

Internet: www.parc-du-vercors.fr

Email: info@pnr-vercors.fr

Musee de l'Ancien Eveche



This is a museum built on an old church where you can time travel back in time to modern age. Here you can admire prehistoric remains, great

paintings from the modern area and origins of the city walls going back to Roman times. One other good thing about this museum is that it offers free entrance.

Photo: Chubykin Arkady/Shutterstock.com

Address: 2, rue Tres-Cloîtres, Grenoble

Phone: +33 4 76 03 15 25

Internet: www.ancien-eveche-isere.fr

Parc Paul Mistral



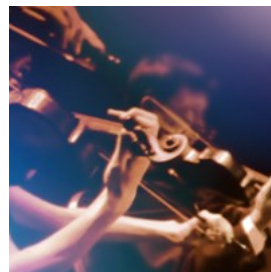
If you would like to get away from the city hustle and bustle then take a stroll around this quite park. This is a great place to have a picnic or do

some sports. There is also an old tower which was built for a World Exposition back in the 1920s.

Photo: HUANG Zheng/Shutterstock.com

Address: Parc Paul Mistral, Grenoble

MC2



MC2 is a nice place where you can experience a cultural event and it is actually the main culture centre of Grenoble.

Whether you like classical, jazz, or modern, dance, music or theater, you will find all kinds of cultural programs here. You should book your tickets in advance.

Photo: agusyonok/Shutterstock.com

Address: 4 rue Paul Claudel CS, Grenoble

Phone: +33 4 76 00 79 00

Internet: www.mc2grenoble.fr

Acrobastille - Adventure Park



Acrobastille is a family-friendly discovery adventure area (for children up to 5 years).

Here you can get the thrills with the giant zip

line and fly over Grenoble, as well as with several unique adventure circuits.

Photo: dreamnikon/Shutterstock.com

Address: Fort de la Bastille, Grenoble

Opening hours: Open from March 1st to November 2nd, Every Wednesdays, weekends, public holidays and school holidays from 1pm

Phone: +33 4 76 59 30 75

Internet: www.acrobastille.fr

Email: contact@acrobastille.fr

Atlanthys Spa



If are feeling tired and worn out, make a visit to Atlanthys Spa to gain some new energy. The team welcomes you in a world of well-being where

you can enjoy massages from all around the world and beauty treatments.

Photo: focal point/Shutterstock.com

Address: 28, route de Lyon, Grenoble

Public Transport: Tramway E, stop Esplanade centre

Opening hours: Open daily except on Sundays

Phone: +33 4 76 12 25 20

Internet: www.atlanthys.fr

Email: info@atlanthys.fr

DINING



iuliia_n/Shutterstock.com

Grenoble is a dream location if you enjoy food. The region is renowned for using local produce in recipes that have been handed down generation after generation. A local dish is Gratin Dauphinois, a creamy potato gratin, which is available at most restaurants.

Chez le Per´Gras



Take the lift up to this restaurant which is located beside La Bastille, you will be rewarded. The restaurant has a view that extends to Mont

Blanc on clear days. The kitchen offers both French and Alpine and the food is prepared with seasonal fruit, vegetables, meat and fish. They are known for its gastronomic cuisine where tradition meets modern.

Photo: Suwan Wanawattanawong/Shutterstock.com

Address: 90 Chemin de la Bastille, La Tronche

Phone: +33 4 76420947

Internet: www.pergras.com

More Info: Next to La Bastille

Auberge Napoleon



On March 7th 1815, Napoleon and his men passed through Grenoble. They stayed to eat and spend the night and the site became the

restaurant Auberge Napoleon. This cosy little restaurant offers good French food.

Photo: Nanisimova/Shutterstock.com
Address: 7, Rue de Montorge, Grenoble
Opening hours: Dinner Mon-Sat
Phone: +33 4 76875364
Internet: www.auberge-napoleon.fr
Email: caby@auberge-napoleon.fr

Le 5 Café Comptoir



This restaurant and café can be found at the entrance of Grenoble's museum. Here you can dine in a great décor with exotic art, antiques and

modern furniture. Light meals include Thai prawns, vegetarian lasagna and pies but also serving heavy meat dishes like entrecôte and beef tenderloin.

Photo: Elenadesign/Shutterstock.com
Address: 5, Place Lavalette, Grenoble
Opening hours: Closed on Tuesdays
Phone: +33 476 632 212
Internet: www.le5.fr
Email: contact@le5.fr

L'As de Pique



At this restaurant you can enjoy beautifully cooked French food and the steaks are claimed to be juicy and just great here. From the wine list you

can choose a great glass of wine to accompany your meal.

Photo: wavebreakmedia/Shutterstock.com
Address: 14 Rue du Lieutenant Chanaron, Grenoble
Phone: +33 4 76 87 32 91

La Tchoutchoura



This Bulgarian restaurant is very welcoming and warm. You can find delicious and typical dishes.

Photo: Miha Travnik/Shutterstock.com
Address: 16 rue Gabriel Péri, Grenoble
Public Transport: Tram line A and B to Alsace-Lorraine
Phone: +33 4 76 47 35 95
Internet: www.restaurant-tchoutchoura.com

Le Petit Bouche



This small bistro is famous for its tasteful plates, based on foie gras, duck, mushrooms and its delicious home-made desserts. All this can be enjoyed in a relaxed and pleasant atmosphere.

Photo: Anna Andersson Fotografi/Shutterstock.com
Address: 16 rue Dr Mazet, Grenoble
Phone: +33 476 431 039

Zakhang



On the menu you will find a wonderful mix of French and Indian food which all can be enjoyed in an intimate atmosphere. The food is prepared with a creative touch with incredible flavors and beautifully presented. Just sit back

and enjoy to be served by the pleasant and extremely efficient staff.

Photo: kirill guzhvinsky/Shutterstock.com

Address: 5 Quai Créqui, Grenoble

Phone: +33 4 76 95 01 61

Internet: www.zakhang.fr

Email: contact@zakhang.fr

Agustomio pizza al taglio



When dining at this lovely pizza restaurant you can enjoy tasty food which are cooked with high quality products. The restaurant is claimed to

be an excellent place for a slice of pizza and a beer.

Photo: yingko/Shutterstock.com

Address: 2 Cours Berriat, Grenoble

Phone: +33 9 51 41 44 92

Internet: www.agustomio.fr

Email: info@agustomio.fr

Shun Bun



If you are craving for sushi then this is the place to visit. This authentic Japanese restaurant present their food nicely and with

fantastic flavours. You will find the restaurant in the centre of Grenoble.

Photo: smspsy/Shutterstock.com

Address: 4 Cours lafontaine, Grenoble

Phone: +33 9 83 95 57 41

Internet: www.shunbun.fr

Le Mezzé - Pavillon



When dining at Le Mezzé, you will be enjoying hearty Lebanese cuisine. The well-presented food is served by the impeccable service staff for a reasonable price. Complement your dinner with a good Lebanese wines.

Photo: tomertu/Shutterstock.com

Address: 19 Rue de Turenne, Grenoble

Phone: +33 4 76 85 09 74

Internet: www.lemezze-pavillon.fr

Restaurant Le Bombay



Claimed to be one of the best Indian restaurants in Grenoble where you can try authentic north Indian food. Delicious food, good quality and very friendly

crew, what else can you ask for?

You should make a reservation as its quite full most of the times which is a good sign.

Photo: Joshua Resnick/Shutterstock.com

Address: 60 Cours Jean Jaurès, Grenoble

Phone: +33 4 76 87 71 80

Internet: www.restaurantbombay.fr

La Girole



La Girole is located near downtown and welcomes you to dine classy and classic French cuisine in a modern and refined atmosphere. Here you

can enjoy dishes prepared with the highest quality seasonal produce with your loved ones.

Bon appetit!

Photo: 135pixels/Shutterstock.com

Address: 15 Rue du Dr Mazet, Grenoble

Phone: +33 4 76 43 09 70

Internet: www.lagirole.com

La Bocca Felice



Authentic Italian food is served at this small charming restaurant in a relaxed atmosphere. The menu offers genuine home cooked Italian food and a good selection of very tasty wines. Maria Antonietta and Alma Fusco welcomes their guests with a smile.

Photo: Octa corp/Shutterstock.com

Address: 9 Rue Hauquelin, Grenoble

Phone: +33 4 76 44 39 22

Internet: laboccafelice.com

Email: laboccafelice@gmail.com

231 East Street



Find this gourmet burger restaurant in the city center of Grenoble and enjoy a simple meal. The friendly and helpful staff serves fresh food for a

cheap price inside or on the large outdoor terrace.

Photo: DGLimages/Shutterstock.com

Address: 10 Grande Rue, Grenoble

Phone: +33 4 76 51 36 86

Internet: www.231-east.fr

Au Clair de Lune



This little gem is a great option if you would like to have some vegetarian options. The helpful waitress serves inventive dishes with amazing flavours in a relaxed atmosphere.

Photo: Kzenon/Shutterstock.com

Address: 54 Rue Très Cloîtres, Grenoble

Phone: +33 4 76 24 61 17

Internet: www.au-clair-de-lune.fr

Le Tire Bouchon



Le Tire Bouchon means wine bottle opener in English and this small restaurant is always packed with locals. From the menu you can choose French food and daily specials which are always changing based on what the season has to offer.

Photo: Artur Begel/Shutterstock.com

Address: 3 Rue de Turenne, Grenoble

Phone: +33 4 76 17 20 04

Lo Zafferano



Lo Zafferano is a simple restaurant offering a nice mix of French and Italian cuisine. From the menu you can choose mouth-watering dishes such as ravioli, stuffed zucchini flowers, mussels, carpaccio and other pasta dishes. This is a small restaurant so you might want to make a reservation.

Photo: Jacek Chabraszewski/Shutterstock.com

Address: 4 Rue Marius Gontard, Grenoble

Phone: +33 9 82 29 37 86

L'Ardoise



Another popular French restaurant in Grenoble, therefore it is advice to book a table in advance. This charming restaurant

offers set menu with a starter, main course and dessert and it all accompanied with a wonderful bottle of wine.

Photo: Sergii Korshun/Shutterstock.com

Address: 2 Rue de Miribel, Grenoble

Phone: +33 4 76 27 75 90

CAFÉS



Monkey Business Images/Shutterstock.com

France is the promised land for brasseries and cafés. Here you can have a coffee with a chocolate croissant in the morning, a coffee with a baguette for lunch, afternoon coffee with a cake and a glass of wine in the evening. All meetings and rendezvous are arranged at one of Grenoble's cafés.

Café Decitre



Café Decitre is both a bookshop and a café where works of young artists hang on the old walls. The bookshop has the city's largest

selection of non-French books. Here you can

have excellent salads and both coffee and tea.

Photo: Eivaisla/Shutterstock.com

Address: 9-11, Rue Grande Rue, Grenoble

Internet: www.decitre.fr

The Cake Shop



If you like cupcakes you will love the cute The Cake Shop. Here you can choose from colourful, tasty cupcakes of all kinds. There is definitely

one for every taste.

Photo: V_Lisovoy/Shutterstock.com

Address: 9 rue de Sault, Grenoble

Phone: +33 476 958 662

Internet: www.thecakeshop.fr

Email: info@thecakeshop.fr

Jardin du The



At Jardin du The you can have a nice cup of tea and breakfast in a nice atmosphere. Here you can choose between a wide selection of teas

from Japan, China and India.

Photo: pangcom/Shutterstock.com

Address: 2 Rue Millet, Grenoble

Phone: +33 476 27 09 45

Internet: www.jardin-du-the.com

La Petite Idée



La Petite Idée is a small and cosy café/restaurant that is popular among locals and tourists alike. There is a nice outside area if you prefer to sip

your coffee while flirting with passers-by.

Photo: 5 second Studio/Shutterstock.com
 Address: 7, Cours Jean Jaurès, Grenoble
 Phone: +33 4 76 47 52 95
 Internet: www.la-petite-idee.fr

BARS & NIGHTLIFE



Rawpixel.com/Shutterstock.com

Late evenings and long nights characterize Grenoble's entertainment scene. The large numbers of students keep the bars, cafés and discotheques going. Start the evening with an aperitif at one of the many brasseries on the square.

London Pub



This pub, with the somewhat misleading name, is one of the hottest places in Grenoble. Here French rock is mixed with

International hits and you can dance both evening and night time on the two floors. This place is especially popular with students.

Photo: Pressmaster/Shutterstock.com
 Address: 11, Rue Brocherie, Grenoble
 Opening hours: Mon-Sat 6pm-1am
 Phone: +33 4 76444190

Le Barberousse



This is a small wood-panelled bar in the shape of a boat with a high cosiness factor. The bar specialises in rum and offers 60 different types, some with fruit flavours. Here you can also get light meals in a genial and relaxed atmosphere.

Photo: grafvision/Shutterstock.com
 Address: 3, Rue Bayard, Grenoble
 Opening hours: Tue-Sat 6pm-2am
 Phone: +33 4 76511453
 Internet: www.barberousse.com/reseau/grenoble
 Email: grenoble@barberousse.com

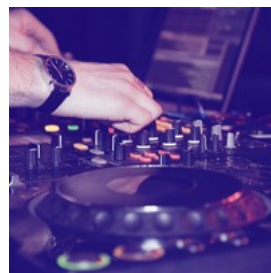
Le Tord Boyaux



Most of the decor in this cosy bar is made up of 65 wine barrels. Here you can taste different wines from the region. Patrick, the owner, is happy to share his knowledge of wines. French popular music is played here in a relaxed environment. It is even more relaxed in the back bar.

Photo: Lordn/Shutterstock.com
 Address: 4, Rue Auguste Gaché, Grenoble
 Opening hours: Tue-Sat 6pm-1am
 Phone: +33 4 76441890

Mark XIII



With an industrial and biomechanical decoration, this bar is famous in the district for its musical program. Rock, metal, electro, punk, garage, everybody can find their favourite mix!

Photo: sad444/Shutterstock.com
Address: 8 Rue Lakanal, Grenoble
Phone: +33 4 76 86 26 94

Club Number One



Come and party every weekend from 23 o'clock to late at night and just have fun with your friends. There are three rooms, the Lounge Area, the Studio 80 and the Purple Room that offers something suitable for every taste. The Purple room offers new dancefloor music, Studio 80 Room provides funk music, disco music and 80's music and the Lounge Area Room is great if you would like to chill out and relax.

Photo: Pressmaster/Shutterstock.com
Address: 1 rue de Cornillon, Les parcs de Rocheplaine, Fontanil-Cornillon
Opening hours: 11pm - 5:30am
Phone: +33 4 76 75 05 05
Internet: www.clubnumberone.com
Email: club.number-one@wanadoo.fr

Le George V



Le George V is the only historical gay, lesbian & friendly club of the city of Grenoble and it is dedicated to the Electro and Club events. There is two rooms with two different atmosphere provided here and in addition a VIP area.

Photo: bbernard/Shutterstock.com
Address: 124 Cours Berriat, Grenoble
Phone: +33 6 62 15 16 22
Internet: www.g5discotheque.com

Le Phoenix



Le Phoenix is situated only five minutes away from the city centre. This is a club that offers free entrance for girls every nights, except during student evenings and special events. There are many podiums and a dance floor where you can show some beautiful dance moves.

Photo: dwphotos/Shutterstock.com
Address: 3 Bis Allée des Centaurées, Meylan
Opening hours: Every Thursdays, Fridays and Saturdays
Phone: +33 4 76 90 94 40
Internet: www.lephoenix.fr
Email: info@lephoenix.fr

Café des Arts



For a fun and an entertainment dinner show, come and visit Café des Arts who is providing theatre shows, jazz, French songs and world music. This establishment has been going strong ever since its creation in 1981.

Photo: PopTika/Shutterstock.com
Address: 36 Rue Saint-Laurent, Grenoble
Phone: +33 4 76 54 65 31
Internet: www.lecafedesarts38.fr
Email: info@lecafedesarts38.fr

SHOPPING



Ivanko80/Shutterstock.com

Grenoble has a good range of shopping. Exclusive shops are intermingled with artists' studios, alternative clothes designers and sweetshops.

Galleries Lafayette



At the centre of the shopping district is Galleries Lafayette, a large department store with most things for the home, clothes, food and fun items.

Photo: Kzenon/Shutterstock.com

Address: 12 Place Grenette, Grenoble

Phone: +33 4 76 47 28 54

Internet: www.gallerieslafayette.com

Librairie Arthaud



You can start your walk in the city centre at the Arthaud bookshop, which offers coffee table books about the city and small souvenirs.

Photo: michaeljung/Shutterstock.com

Address: 23, Grande Rue, Grenoble

Phone: +33 4 76 42 49 81

Internet: www.librairie-arthaud.fr

Wegelin



If you have a hard time to choose a present for your friends at home, Wegelin has lots of tips and products which are typical to the region.

They offer many beautiful jewellery's such as rings, bracelets, necklaces and watches.

Photo: Kzenon/Shutterstock.com

Address: 7 Place Victor Hugo, Grenoble

Phone: +33 4 76 46 01 10

Internet: www.wegelin.net

Grand Place



A popular destination for many is the Grand Place department store, which is situated just south of the city. It is easy to get there by tram and the

department store contains food halls, a variety of clothing chains, a music department and shops selling designer clothes from the largest fashion houses in Paris. You can find clothes chains such as Zara, Jennyfer and Naf Naf here. Twelve restaurants and cafés provide a respite from shopping.

Photo: Sergey Nivens/Shutterstock.com

Address: 55, Grand'place, Grenoble

Phone: +33 4 76 09 55 45

Internet: www.grand-place.fr

Fromagerie Les Alpes



If you love cheese you should definitely pay a visit here, the selection of cheeses is almost overwhelming at this fantastic shop. Perfect

stop to pick some picnic or just to bring some delicacies back home.

Photo: Ewa Studio/Shutterstock.com
 Address: 4 Rue de Strasbourg, Grenoble
 Phone: +33 4 76 46 32 62
 Internet: www.les-alpages.fr
 Email: bonjour@les-alpages.fr

Chocolaterie Bochard



All you chocolate lovers out there if you are in Grenoble then head over to this Chocolaterie where you can discover one of the best chocolate specialties of the region. The owner Christian Bochard has been making chocolate over 50 years, so he knows how to make some really good desserts.

Photo: Iakov Filimonov/Shutterstock.com
 Address: 5 Place de l'Étoile, Grenoble
 Phone: +33 4 76 43 02 23
 Internet: www.chocolaterie-bochard.com

Halles Sainte-Claire



At this huge enclosed market you will find stands packed with fruits, cheeses, pastries, meats and vegetables. This place is a joy for all your senses with all the smells, tasty food, and all the beautiful colours. Halle Sainte-Claire is a must-see in Grenoble.

Photo: Lucky Business/Shutterstock.com
 Address: 19, place Sainte-Claire, Grenoble
 Internet: www.halles-grenoble.com

La Caserne de Bonne



La Caserne de Bonne has the perfect location in the heart of Grenoble. This is a good shopping destination with 50 shops, including Au Vieux Camper, Monoprix, H&M and Decathlon. When your feet hurts, take a rest in one of the restaurants provided here.

Photo: michaeljung/Shutterstock.com
 Address: 48 Boulevard Gambetta, Grenoble
 Phone: +33 4 76 88 87 97
 Internet: www.la-caserne-de-bonne.com

K'Store



This shopping centre has been operating for a long time now, they opened in 1971. K'Store is a quite small shopping centre but offers everything from clothes, gifts, bags, accessories, shoes to sport and leisure facilities, toys, baby care and a food store.

Photo: frantic00/Shutterstock.com
 Address: 26 Cours Berriat, Grenoble
 Phone: +33 4 76 43 00 33
 Internet: www.kstore-grenoble.fr

C&A



C&A was founded by Clemens and August Brenninkmeijer and dates all the way back to the 17th century. Today it is a widely recognized clothes shops and you can find it in various locations all over the world. This is a good place to go for the latest trends, sustainable fashion, and all at an affordable price

Photo: MilanMarkovic78/Shutterstock.com

Address: 14 Place Grenette, Grenoble

Phone: +33 811 87 29 72

Internet: www.c-et-a.fr

Chocolats Zugmeyer



Tickle your taste bud and let fresh chocolate melt in your mouth. This store offers great tasting, handcrafted chocolate which you can bring back home.

Photo: Roman Debree/Shutterstock.com

Address: 4 Boulevard Agutte Sembat, Grenoble

Phone: +33 4 76 46 32 40

Internet: www.chocolats-zugmeyer.fr

Old Town



The old part of the city is situated between the two rivers. This is where you will find shops selling designer clothes, art and excellent, imaginative chocolates. In the evenings, there is the attraction of restaurants and entertainments.

Photo: RossHelen/Shutterstock.com

Address: Old Town, Grenoble

ESSENTIAL INFORMATION



RossHelen/Shutterstock.com

Grenoble Isère Airport



Grenoble Isère Airport is located about 50 kilometres from the city centre. You can reach the city centre by bus, taxi or limousine. The journey

takes about 30 minutes.

VIP Limousine

+ 33 476 87 18 15

www.vip-limousine.fr

Taxi Gacon

+33 4 76 55 90 73

www.taxi-gacon-aeroport-grenoble.com

Alp'Bievre Taxis

+33 4 74 20 05 66

www.alpbievretaxis.fr

Taxi de Saint Hilare De La Côte

+33 6 15 15 05 18

www.bievre-taxi-services.com

Ben's Bus offers an airport shuttle between the airport and the city centre during the winter.

www.bensbus.co.uk

It is 80 kilometres from Lyon Saint-Exupery Airport to the centre of Grenoble and it takes about an hour by bus.

www.bordeaux.aeroport.fr

Photo: Juan Garces

Address: Grenoble St-Geoirs Airport, Grenoble

Phone: +33 4 76 65 48 48

Internet: www.grenoble-airport.com

Public Transport



TAG handles public transport in Grenoble. There are four tram lines and 25 bus lines. Tickets can be purchased from the driver or the ticket

machine.

There are several regional buses that run to various ski resorts and villages. If you want to go skiing, you should buy tickets in advance as you then have priority if the bus is full. Bus tickets are sold at the bus station beside the railway station and at the tourist office.

www.vfd.fr

Photo: Pierre-Luc Auclair

Phone: +33 820 48 6000

Internet: www.tag.fr

Taxi



Taxis are available if the roof sign is lit and the small lights underneath the sign are not lit.

Berthet Jacques +33 4 76221577 Taxis

Grenoblis:

Phone: +33 4 76544254

Post



signs.

Bureaux de poste, a post office, is recognized by the blue and yellow La Poste sign. La Poste used to be called PTT, which is still on some

Grenoble Alsace Lorraine:

Photo: Andy Fuchs

Address: 12 avenue Alsace Lorraine, Grenoble

Opening hours: Times may vary depending on season. Closed on Sundays

Internet: www.laposte.fr

Pharmacy



Every chemist has a sign in the window giving details of the chemists, pharmacie de garde, with 24 hour opening. Grande Pharmacie Normal:

Photo: Gemma Garner

Address: 5 Rue Philis de la Charce, Grenoble

Phone: +33 4 76 44 58 03

Internet: www.grandepharmacienormale.pharminfo.fr

Telephone



Country code +33. All telephone numbers within France have 10 digits and begin with zero. You also need to dial zero when you make a local call.

Photo: Jardson Almeida

Electricity

220/240 V, 50 Hz



Photo: Stirling Tschan

Population

Approximately 160,000

Currency

Euro (EUR) €1 = 100 cents

Opening hours

Shops and department stores are generally open from 9/10am-7pm. Bakeries close at 1pm. Shops are open on Sundays at their own discretion.

Newspapers

Le Dauphiné Libéré

Les Affiches

Le Petit Bulletin

Emergency numbers

Police: 17

Ambulance: 15/112

Fire Brigade: 18

Tourist information

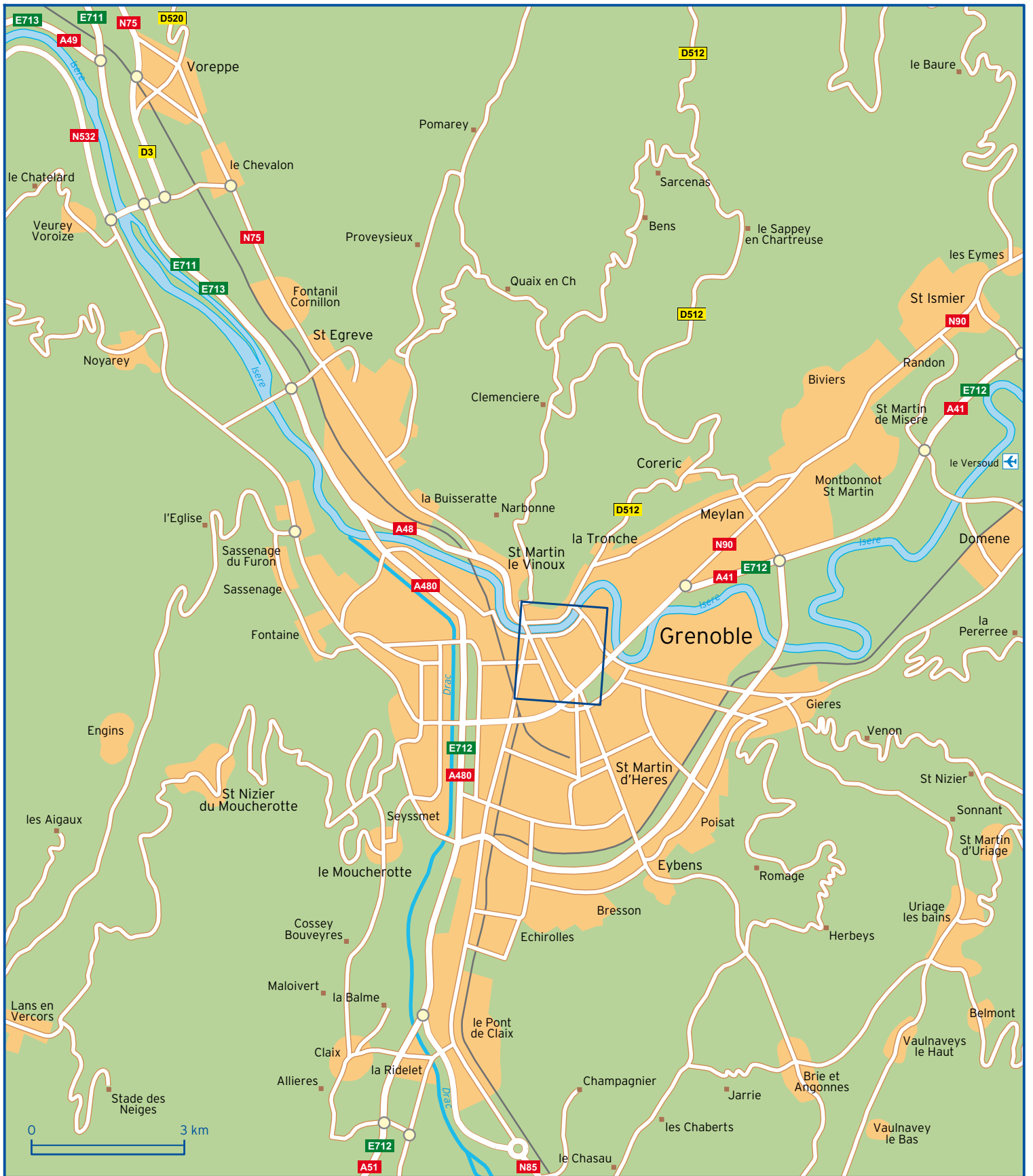
Grenoble Tourism and Convention

14, Rue de la République, Grenoble

Open daily Mon-Sat 9am-6.30pm. Opening hours on Sundays vary depending on the season

+33 4 76424141

welcome@grenoble-isere.info





		Q. Crequi	A2 B2	Rue de Belgrade	B2
Av. F. Viallet	A2 A3 B2	Quai de France	A2	Rue de Bonne	B3
Av. M. Leclerc	D2	Quai Jongking	C1	Rue de Chenoise	C2
Av. M. Randon	C1 D1	Quai Perriere	B2	Rue de la Liberte	B3 C3
Avenue Alsace-Lorraine	A3	Quai Stephane Jay	B2	Rue de la Poste	B3
B. Jean Pain	D4	Quai Xavier Jouvin	C1	Rue des Bains	A4
Boulevard A. Sembat	B3 B4	R. B. de Boissieux	A4 B4	Rue des Bergers	A4
Boulevard de l'Esplanade	A1	R. Blanchard	B3 C3	Rue Dolomieu	C3 D3
Boulevard du Merechal Lyautey	B4 C4	R. Clot-Bey	B3	Rue du Manege	C4
Boulevard Ed. Rey	A2 B3	R. Condillac	B3 C3	Rue du Souvenir	D2
Boulevard Gambetta	A3 B4	R. de l'Alma	C2	Rue Felix Poulat	B3
C. La Fontaine	B3	R. de Lyon	A1	Rue Gabriel Peri	A3
Chemin de Ronde	D1 D2	R. de Turenne	A4	Rue Genissieu	A3 A4
Chemin Jesus	A4	R. E. Faure	C3 D3	Rue Hebert	C3 D3
Cours Berriat	A3	R. Haxo	C3 C4	Rue Jay	A3
Cours Jean Jaurés	A2 A3 A4	R. Hoche	B4	Rue la Fayette	C2
Grande Rue	B2	R. J. Chanrion	D2 D3	Rue Lakanal	A4 B4
Pl. A. Malraux	B4 C4	R. Malakoff	D3	Rue Lesdiguières	B3 B4 C3
Pl. de Metz	C3	Rue Aimonide Chisse	D1	Rue Maurice Gignoux	A1 B1
Pl. de Verdun	C3	Rue Bayard	C2	Rue Millet	B3
Pl. Dr. Girard	D1	Rue Beccaria	C4	Rue Montorge	B2
Pl. Lavalette	C2	Rue Bizanet	D1	Rue Saint-Jacques	B3
Pl. P. Mistral	C4	Rue Blanche Monier	D1	Rue Saint-Laurent	B1 C1
Pl. V. Hugo	B3	Rue Casimir Brenier	A2	Rue Thiers	A3 A4
Pont de la Citadella	C1	Rue Champollion	C3 C4	Rue Tres-Cloîtres	C2
Pont de la Porte de France	A2	Rue Comelle Gemon	C3 D3	Rue Villars	C3
Pont M. Gontard	B2	Rue Condorcet	A4	Rue Voltaire	C2 C3
Q. Cl. Bernard	A2				