



La Rochelle

Photo: Alistair Rennie/Shutterstock.com



Oleg Bakhirev/Shutterstock.com

La Rochelle is more than just a seaport on the Atlantic Ocean. The city is an inevitable place to visit on the coast as one of the largest French harbor cities in terms of business and tourism. With its 1,000 years of history, it is also one of the best-kept secrets in the region. You will be surprised by its architectural heritage, its unique atmosphere, the diversity of its museums and its eclectic nightlife. The area is quite warm thanks to the Gulf Stream, on a par with the French Riviera!



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neko92vl/Shutterstock.com

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Top 5



Old Town & Old Harbour

In the Old Harbour and through the Old City's arched streets you can enjoy a...



Hotel de Ville

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The Three Towers of La Roc...

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New World Museum

The New World Museum gathers collections of art and historical artifacts of ...



The Maritime Museum

The Maritime Museum is located in the heart of La Rochelle. Here you will fi...



THE CITY



Philip Lange/Shutterstock.com

The “rebel city” has a long time been the stronghold of Protestantism. Despite being besieged by the royal troops in 1627, La Rochelle has been very prosperous thanks to maritime trade with the New World. The city opened up new horizons, and intellectual and artistic influences gained strength in the 18th century. La Rochelle has beautifully maintained its past architecture, making it one of the most picturesque and historically rich cities on the Atlantic coast.

There are also several islands to be explored, such as Ile d’Aix and Oléron, reachable by boat from the old harbour or the beautiful Ré Island linked by a bridge. Several great developments have emerged over the past few years. La Rochelle is home to the largest European marina for pleasure boats on the Atlantic coast. There is also a multidisciplinary university, renowned for its teaching of marine biology.

DO & SEE



Lev Levin/Shutterstock.com

You will enjoy exploring the city on foot, from the old harbour lined with seafood restaurants to the historical centre with its unique architectural heritage and the city walls open for an evening promenade. The city is also a popular resort for cruises, pleasure sailing or fishing.

Old Town & Old Harbour



In the Old Harbour and through the Old City’s arched streets you can enjoy a pleasant walk or decide to jump on a horse carriage. You will see medieval houses, fine Renaissance homes and 18th-century residences, as well as sober and noble town mansions from ship-owners.

Photo: Mister Brown/Wikimedia Commons (image cropped)

Address: Old Harbour, La Rochelle

Hotel de Ville



The Hotel de Ville (Town Hall in French) is a Renaissance building protected by a huge Gothic wall. This is one of the symbols of La Rochelle’s history and the architecture is stunning. Inside you can find numerous

memories and testimonies of the town's history.

Photo: michael clarke stuff/Flickr (image cropped)

Address: Place de l'Hotel de Ville, La Rochelle

Phone: +33 5 46 41 14 68

The Three Towers of La Rochelle



The three 14th and 15th century towers dominate the port area of the city and are architectural symbols of La Rochelle as a strong opponent of

state power in the past. You can visit the towers for great panoramic views and some sightseeing! Don't forget to bring your camera!

Photo: David Mark/Pixabay.com (image cropped)

Address: Tour Saint-Nicolas, Vieux port rue de l'Armide, La Rochelle

Opening hours: Opening hours may vary depending on the season.

Phone: +33 5 46 41 74 13

New World Museum



The New World Museum gathers collections of art and historical artifacts of La Rochelle. At this unique museum you can follow the past of the city

through many different objects such as paintings, ancient maps and nautical objects, art pieces and sculptures.

Photo: Guiguilacagouille/Wikimedia Commons (image cropped)

Address: 10 rue Fleuriau, La Rochelle

Phone: +33 5 46 41 46 50

Internet: www.alienor.org/musees

Email: musee-art@ville-larochelle.fr

The Maritime Museum



The Maritime Museum is located in the heart of La Rochelle. Here you will find everything concerning the shipping and fishing industry and the maritime history of the city. At this museum you can also go on guided tours and ask questions to former sailors.

Photo: Patrick Despoix/Wikimedia Commons (image cropped)

Address: Place B. Moitessier, La Rochelle

Phone: +33 5 46 28 03 00

Internet: www.museemaritimelarochele.fr

Email: musee.maritime@ville-larochelle.fr

The Ocean



From La Rochelle you can go on a boat that takes you to beautiful Ré, Aix and Oléron islands, viewing or stopping by the famous Fort Boyard

on the way. Many organized or private tours as well as nautical activities such as sailing are available.

One company who takes you to Fort Boyard including Aix and Oleron Island is Croisières Navipromer:

Photo: Patrakov Fedor/Shutterstock.com

Address: Cours des Dames, Vieux Port, La Rochelle

Phone: +33 6 08 31 04 62

Internet: www.navipromer.com

Email: navipromer@wanadoo.fr

Ré Island



If you don't feel comfortable on a boat, you may want to rent a bike and go to the Ré Island on an excursion. The island is linked to La

Rochelle with a 3-kilometres toll bridge. Enjoy the empty beaches, sensational Atlantic sunsets and delicious seafood on this beautiful island!

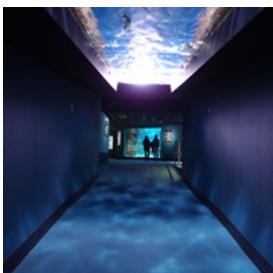
Don't miss the lighthouse called "Whales Lighthouse" and enjoy the breathtaking view on the top.

Photo: bofotolux/Shutterstock.com

Address: Île de Ré, La Rochelle

Internet: www.iledere.com

La Rochelle Aquarium



In La Rochelle you can find one of the largest European aquariums, featuring some 10,000 creatures from the Atlantic, the

Mediterranean and even the Tropics! La Rochelle Aquarium is also a centre for the protection of marine species and also a centre for marine studies.

Photo: Guilhem Vellut/Flickr (image cropped)

Address: Quai Louis Prunier, La Rochelle

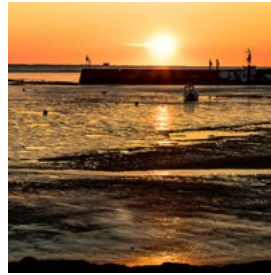
Opening hours: Opening hours vary depending on the season.

Phone: +33 5 46 34 00 00

Internet: www.aquarium-larochelle.com

Email: info@aquarium-larochelle.com

Fouras



If you are staying in La Rochelle and want to go on a day trip, Fouras is a small coastal town that is located south from the port. There you can find

beautiful beaches, restaurants and piers. You can also reach the famous Fort Boyard by ferry from there.

Photo: Yann Cœuru/Flickr (image cropped)

Address: Fouras

Plage de Chatelaillon



Plage de Chatelaillon is a popular beach resort located south of the La Rochelle's city centre. Enjoy your day here walking along the seaside

on this long stretch of golden sand. In the evening you can have a nice dinner in one of the cosy restaurants.

Photo: PicsOfDay/Flickr (image cropped)

Address: Châtelailon-Plage, La Rochelle

Cathedrale St-Louis



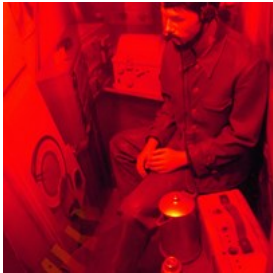
This Roman Catholic cathedral is a national monument of France since 1906 and can be found in the city centre and is definitely worth a

visit. Cathedrale St-Louis is truly majestic and inside you can find many masterpieces, beautiful stained glass and side chapels.

Photo: elPadawan/Flickr (image cropped)

Address: Place de Verdun, La Rochelle

Le Bunker de La Rochelle



In 1941, the La Rochelle Bunker was built by the German occupants in secrecy. Today the bunker is a museum that traces back to the period of the Second World War in La Rochelle. In the museum you can see photos, videos, military artefacts and much more.

Photo: patrick janicek/Flickr (image cropped)

Address: 8 rue des Dames, La Rochelle

Opening hours: Mon-Sun: 10am - 7pm

Phone: +33 5 46 42 52 89

Internet:

www.bunkerlarochelle9.wixsite.com/lebunkerdelarochelle

Email: bunkerlarochelle@orange.fr

Musee des Beaux-Arts



The Museum of Fine Arts (Beaux-Arts in French) of La Rochelle has a rich collection of art works.

The beautiful museum is located in the centre of town and is well worth a visit. Here you can find art works by Eugene Fromentin, William Bouguereau and Camille Corot.

Photo: Guiguilacagouille/Wikimedia Commons (image cropped)

Address: 28 rue Gargoulleau, La Rochelle

Phone: +33 5 46 41 64 65

Internet: www.alienor.org/musees

Altitudes Parachutisme



If you are feeling adventurous, contact Altitudes Parachutisme. They are located right next to the airport and offers both solo and

tandem skydiving. This will for sure be an experience, combining amazing view over the spectacular coast as getting an adrenaline rush!

Photo: Unsplash/Pixabay.com (image cropped)

Address: 22 Rue du Jura, La Rochelle

Phone: +33 9 81 47 54 89

Internet: www.parachutisme.net

Email: altitudes@parachutisme.net

More Info: Aéroport de la Rochelle - Île de Ré

The Musée des Automates



The Musée des Automates is a small museum, showing 300 automated dolls from the last two centuries including life-size figures

and a full-size re-creation of a street in Montmartre with shops displaying automatons in motion in their windows. In the second museum, Musée des Modèles Réduits, next door, they display models of boats, trains and cars.

Photo: patrick janicek/Flickr (image cropped)

Address: 14 rue La Désirée, La Rochelle

Phone: +33 05 46 41 68 08

Internet: www.museeslarochelle.com

Email: musee.des.automates@wanadoo.fr

Grand Roue La Rochelle



Take a ride in the big wheel and enjoy a panorama view of La Rochelle. Day and night, you will enjoy a beautiful view of the city and its

surroundings. Just make sure to bring the camera with you and take some beautiful shoots of the city.

Photo: Picturereflex/Shutterstock.com

Address: Place du Commandant de la Motte Rouge, La Rochelle

Chapelle Notre-Dame de l'Esperance



Visit the traditional Latin Mass chapelle, similar to its bigger sister in Paris. This church is small, quiet and rarely full of tourists and is

conveniently located in the centre of La Rochelle. A place where to get some peace of mind while admiring the interior, especially the stained glass windows.

Photo: Guiguilacagouille/Wikimedia Commons (image cropped)

Address: 12 Rue des Augustins, La Rochelle

Phone: +33 2 51 42 95 88

DINING



Shaiith/Shutterstock.com

La Rochelle and the surrounding region have many culinary assets. The gourmets will be spoiled with a large variety of delicious seafood dishes. In one of the many restaurants of the old city, you will find numerous of the delights of the ocean, like the famous Oyster Marenne d'Oléron. Trying this is a must! Those who are fond of snails will try the succulent dishes of Cagouilles also called "small gray". Other regional recipes include the famous melon charentais, coq au pineau (rooster with Pineau des Charentes, the local liquor), goat cheese and much more.

André



In the old harbour, decorated in a nautical theme, André is best known for its large fish and seafood platters at reasonable prices,

including the wine. Here you can try oysters, sea bass in "beurre blanc charentais", turbot with artichokes or crabs. We'll let you take your pick!

Photo: HLPhoto/Shutterstock.com

Address: 5 rue St Jean du Pérot, La Rochelle

Opening hours: Mon-Sun: 8am - 12am

Phone: +33 5 46 41 28 24

Internet: www.barandre.com

Email: barandre@blanc.net

Richard Coutanceau



Richard Coutanceau is one of La Rochelle's finest restaurants and a starred venue on the sea front. It offers several delicate specialties like

the tartar of prawns in oyster jelly or the curried turbot with coriander. This is the right venue for demanding gourmets!

Photo: Evgeny Litvinov/Shutterstock.com

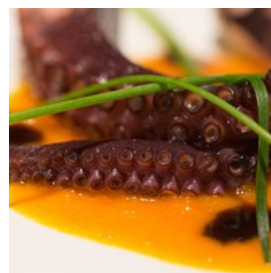
Address: Plage de la Concurrence, La Rochelle

Phone: +33 5 46 41 48 19

Internet: www.coutanceaularochelle.com

Email: contact@coutanceaularochelle.com

Les Flots



Located at the foot of the Three Towers, Les Flots is a gastronomic venue (owned by Coutanceau as well), which features a varied and fine menu.

Daily updates are made in the menu according to

the “catch” of the day, a guarantee for fresh and delicious products!

Photo: beboplu/Pixabay.com (image cropped)

Address: 1 rue de la Chaîne, La Rochelle

Phone: +33 5 46 41 32 51

Internet: www.coutanceau.com

Email: contact@gregorycoutanceau.com

Les 4 Sergents



With so many seafood eateries in la Rochelle, you might need a change and want to try this restaurant that offers a great regional cuisine

with an extensive variety of wines. The duck breast in honey and lime at Les 4 Sergents is claimed to be just perfect!

Photo: Juraj Kovac/Shutterstock.com

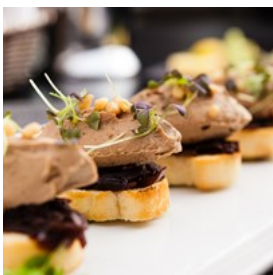
Address: 49 rue St Jean du Pérot, La Rochelle

Phone: +33 5 46 41 35 80

Internet: www.les4sergents.com

Email: contact@les4sergents.com

Le Thiers Temps



In this restaurant you can enjoy an innovative cuisine for a dinner in a warm atmosphere. Le Thiers Temps is popular among its guest and on

the menu you will find classic French courses such as fois gras, cod or more original desert such as the Nutella crème brûlée.

Photo: Maksim Toome/Shutterstock.com

Address: 26 Rue Thiers, La Rochelle

Opening hours: Tue-Sat: 7.30pm - 9.30pm

Phone: +33 5 46 34 31 81

Internet: www.le-thiers-temps.com

Le Cabanon des Pecheurs



Le Cabanon des Pecheurs is another perfect seafood restaurant. At this restaurant you can try various traditional dishes with daily fresh

ingredients. Its added value comes from its outdoor space and the great decor: a cosy wooden interior.

Photo: Unsplash/Pixabay.com (image cropped)

Address: 16 rue Thiers, La Rochelle

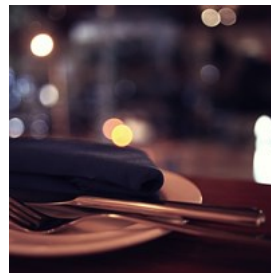
Opening hours: Tue-Sat: 12pm - 2pm & 7.15pm - 9.30pm

Phone: +33 5 46 45 37 35

Internet: www.restaurant-lecabanondespecheurs.fr

Email: contact@restaurant-lecabanondespecheurs.fr

Baitona



This inviting restaurant has a warm atmosphere and is popular among its guests due to great service and excellent French dishes (also

serving pizzas). Baitona is passionate about great products so expect the dishes to be beautifully presented. Its ideal location close to the towers and the sea front is just an extra bonus.

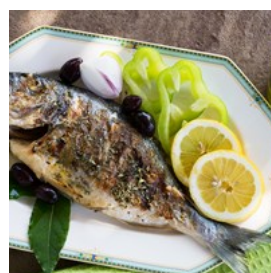
Photo: Kichigin/Shutterstock.com

Address: 30 rue St Jean du Pérot, La Rochelle

Phone: +33 5 46 50 07 01

Internet: www.baitona.fr

Coquillages et Crustaces



This is a popular restaurant located outside the city centre, but people rarely hesitate to take the detour. Enjoy your dinner outdoors and

watch the sun set over the sea and towards the horizon. Choose between dishes like stuffed clams, salmon tartar and cod.

Photo: ORLIO/Shutterstock.com

Address: 28 rue du Port, Houmeau, La Rochelle

Phone: +33 5 46 45 32 52

Internet: www.coquillagesetcrustaces.com

Email: contact@coquillagesetcrustaces.com

Les Perot-Quais



This Vegetarian-friendly restaurant is a great choice if you are looking for something different, the menu also includes fish and meat dishes. Les

Perot-Quais is truly popular among its customers and serves lovely dishes with thrilling combinations of food and flavours. Think about making a reservation at this French/European restaurant!

Photo: Bernd Juergens/Shutterstock.com

Address: 15 rue Saint Jean du Pérot, La Rochelle

Opening hours: Tue-Fri: 7.30pm - 11.30pm

Phone: +33 5 46 41 43 68

Email: lesperotquais@gmail.com

Le Comptoir Italien



Specialist in Italian cuisine, Le Comptoir Italien serves different types of well prepared dishes along with an astonishing wine list. This

popular restaurant will make you discover flavors from all around Italy, from pasta to tiramisu.

Photo: Andrey Bayda/Shutterstock.com

Address: 22 rue Saint-Jean-du-Pérot, La Rochelle

Opening hours: Open every day

Phone: +33 5 46 50 62 60

CAFÉS

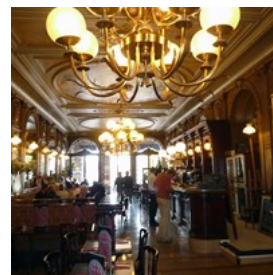


Julia Metkalova/Shutterstock.com

After a stroll by the sea, an intense afternoon of shopping or a serious day of visiting La Rochelle, you will surely crave a break and a sweet treat. Good news: the city has plenty of tea houses, ice cream shops and cafés for such situation!

If your sweet tooth wakes up earlier than you, this beautiful Port town also offers its share of brunch and breakfast spots all around town or with a sea view. Nothing beats a nice cup of coffee and a warm croissant slowly eaten while looking at the ocean!

Café de la Paix



This café has a lovely atmosphere and an elegant decor with Napoleon-style woodwork including chandeliers and large wall mirrors.

Created in 1793, Café de la Paix is one of the favourite old town cafés where you can enjoy a delicious Cognac made locally in the Poitou-Charentes region.

Photo: michael clarke stuff/Flickr (image cropped)

Address: 54 Rue Chaudrier, La Rochelle

Phone: +33 5 46 41 39 79

Café De La Corniche



At Café De La Corniche you can sit with a good cup of coffee and get some food while enjoying the nice view of La Rochelle bay in the sun.

Unbeatable on a summer day or a sunny winter afternoon! There are also concerts hosted here during the warm days.

Photo: naito29/Shutterstock.com

Address: 2 boulevard Winston Churchill, La Rochelle

Phone: +33 5 46 43 77 77

Internet: www.la-corniche.com

La Grand'rive



La Grand'rive is an emblematic venue in La Rochelle and claimed to be one of the best cafés in town. With its terrace on the Old Port, it is an ideal place for an "apéro" (the truly French way to say aperitif) of the local Pineau (the sweet fortified local wine).

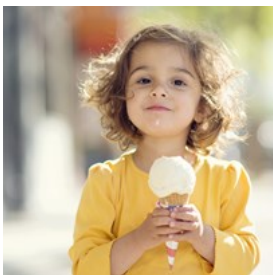
Photo: massimofusaro/Shutterstock.com

Address: 24 quai Duperré, La Rochelle

Opening hours: Mon-Sun: 8.30am - 10.30pm

Phone: +33 5 46 41 44 53

Ernest Le Glacier



For the tea time you can stop at Ernest le Glacier. Here you can find the town's most splendid artistic ice cream as well!

You will certainly have many beautiful and tasty options to choose from when coming over here.

Photo: Dina Uretski/Shutterstock.com

Address: 15/18 rue du Port, La Rochelle

Phone: +33 5 46 50 55 60

Internet: www.ernest-le-glacier.com

Email: contact@ernest-le-glacier.com

Bistrot Des Pêcheurs



Bistrot Des Pêcheurs is an ordinary French café and crêperie, yet popular for its typical fishermen breakfast: six oysters and a glass of wine! With this

local fashion of having breakfast, you will get plenty of energy to start your day and visit the city.

Photo: NaturalBox/Shutterstock.com

Address: 2 rue de la Chaîne, La Rochelle

Phone: +33 5 46 41 25 16

Gaspard & Leon Original Coffee Shop



This small coffee shop is favoured by the sweet tooth and the children for its waffles! Come have a bite! The young and enthusiastic team will

happy cover your waffle (and your heart) with melted nutella, speculoos paste or any other flavour you feel like.

Photo: Johnson76/Shutterstock.com

Address: 6 rue de la Grosse Horloge, La Rochelle

Phone: +33 5 46 45 39 09

Email: chez-gaspard@hotmail.fr

La Brulerie du Marche



Located in front of the market, Brulerie is well-known for its quality coffees but also offers teas and smoothies for healthier options. The

small terrace is a definite plus, but it is the smell of freshly prepared Arabica that will bring you to this little café.

Photo: Unsplash/Pixabay.com (image cropped)
Address: 5 Rue Gambetta, La Rochelle
Phone: +33 5 46 41 46 70
Internet: www.labruleriedumarche.fr
Email: labruleriedumarche.lr@gmail.com

Aux Delices de Vero



Halfway between a bakery and a coffee shop, Aux Delices de Vero sells coffees and other beverages, bread, sandwiches and some sweet treats. Great for a breakfast or a quick lunch. They recently opened a salad bar where you can compose your own salad by choosing the ingredients.

Photo: wavebreakmedia/Shutterstock.com
Address: 8 Rue de la Grosse Horloge, La Rochelle
Phone: +33 5 46 30 60 60

Café Du Bassin



The Café du Bassin is the perfect mix where you can find the relaxed atmosphere of a coffee place but also the offerings of a bar and several food platters (a great delicatessen plate but also oysters and sea food). The location and view are also amazing.

Photo: dmitrieva/Shutterstock.com
Address: 53 Quai Valin, La Rochelle
Phone: +33 5 46 50 81 77
Email: cafedubassin@hotmail.fr

164 Espresso Bar



This coffee shop, located just in front of the train station is great for one last coffee and French pastry before you embark on your train to your new adventure. The place is truly small but the staff are very friendly.

Photo: Africa Studio/Shutterstock.com
Address: 164 Boulevard Joffre, La Rochelle
Phone: +33 5 46 31 17 25

BARS & NIGHTLIFE



jlarrumbe/Shutterstock.com

Although La Rochelle first strikes as a quiet seaside town, its nightlife is vivid and offers great variety: from chilled wine bars and pubs to clubs where the ambiance is electric.

When the night falls and La Rochelle puts on its night dress, it reveals another side of its inner soul. The lightened buildings reflect in the calm waters, and the night owls come out, creating an irresistible vibration in the whole city, until the first morning lights. We urge you to follow it!

Corrigan's



Always filled with a melting pot of people, you can be sure there is always something going on at the Corrigan's. This is a typical Irish pub

where you can enjoy in good company a good beer and a great atmosphere, where the rhythm is given by a huge jukebox.

Photo: Syda Productions/Shutterstock.com
Address: 20 rue des Cloutiers, La Rochelle
Phone: +33 5 46 28 91 39
Internet: www.corrigans.fr
Email: barry@corrigans.fr

The General Humbert's



La Rochelle is not a big city, yet it is the home to many Irish pubs. The General Humbert's is another great Irish pub, with all the perfect

ingredients and the legendary Guinness pints! Come here to mingle with friends, listen to music and have a good time.

Photo: MaxyM/Shutterstock.com
Address: 14 rue St Nicolas, La Rochelle
Opening hours: Mon-Thu: 6pm-2am, Fri: 6pm-4am, Sat: 2pm-4am, Sun: 6pm-2am
Phone: +33 5 46 37 01 08
Internet: www.generalhumbert.com

Le Cohiba



This bar-lounge and club features Latin rhythms and exotic cocktails in a warm and fun ambiance. Open as a bar from Wednesday to Saturday

at 9pm, it turns into a club after 12am. Saturdays

tend to be a bit crowded, but this is only one more proof that the Cohiba is king of La Rochelle's nightlife.

Photo: Lukas Gojda/Shutterstock.com
Address: Place de la Préfecture, La Rochelle
Opening hours: Until 5.30am
Phone: +33 5 46 412 777

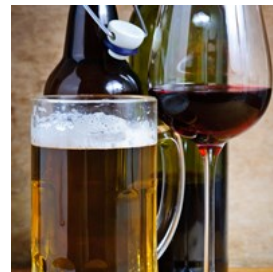
Le Piano Pub



This is one of the most popular venues among the youth for its regular rock concerts that certainly keep everyone entertained. Le Piano Pub has a nice English wood and leather décor.

Photo: atipong arysorn/Shutterstock.com
Address: 12 Cour du Temple, La Rochelle
Phone: +33 6 72 46 45 82

Le Mayflower



Next to the Piano Pub you can find Le Mayflower, also a very popular and busy venue. You can come here for many different occasions to have fun with friends in a loud and happy atmosphere.

Photo: Christian Draghici/Shutterstock.com
Address: 14 bis Cours du Temple, La Rochelle
Opening hours: Tue - Sun: 6pm-2am
Phone: +33 9 73 24 58 08
Email: contacts.mayflower@gmail.com

Oxford Club



The Oxford Club is a trendy club located close to the sea that has not stopped attracting clientele since its creation. The DJs play all kind of music such as latin sounds, zouk (dancing music coming from the French Isles), disco and all other styles you'd like to bust a move on.

Photo: Pressmaster/Shutterstock.com

Address: Promenade de la Concurrence, La Rochelle

Opening hours: 12am-6am

Phone: +33 5 46 41 51 81

Internet: www.oxford-club.fr

Email: cluboxford.mariotte@orange.fr

La Cave de la Guignette



This wine bar is an amazing place to have a good old subtly flavoured wine. Short opening hours it makes this place feel rare and the customers privileged. The ambiance is great and really special, and the managers organize several games, such as a tombola and others.

Photo: Zhukov Oleg/Shutterstock.com

Address: 8, rue St Nicolas, La Rochelle

Opening hours: Mon - Sat 10:30 - 13:30 Sun - Sat 16:00 - 21:00

Internet: www.la-guignette.fr

Email: contact@la-guignette.fr

Le Triolet



Le Triolet club is one of the most iconic nightclub in La Rochelle. It hosts numerous events such as its emblematic "Christmas at the Triolet"

celebrating... the beginning of the Summer!

The club has its own signature drink, the Trio Drink and a patio where to mingle with other tourists and with locals.

Photo: Pressmaster/Shutterstock.com

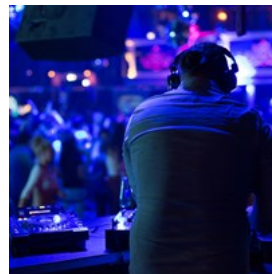
Address: 8 rue des Carmes, La Rochelle

Opening hours: Tue-Sat: 11pm-7am

Phone: +33 05 46 41 11 88

Internet: www.letrioletclub.com

White Rabbit



White Rabbit is a modern nightclub and the recipe to uncountable dancing nights, in a warm atmosphere and with a true holiday feel. The music is mainly electronic but themed nights and guest DJs mix it up regularly and bring a real plus to the night club.

Photo: Pavel L Photo and Video/Shutterstock.com

Address: 14 cour du temple, La Rochelle

Opening hours: Tue-Sat: 11pm-6am

Phone: +33 06 16 90 66 53

Internet: www.white-rabbit-club.fr

O P'tit Cosy



This Bar/Restaurant is great for a meal or a drink accompanied by some cheese or small dishes. The place is nice and - as promised by its name - cosy, with a service that does not disappoint. It is only a few meters from the water if you need a walk before you head home or to the next bar.

Photo: wavebreakmedia/Shutterstock.com

Address: 32 avenue Amerigo Vespucci, La Rochelle

Phone: +33 9 52 40 54 62

SHOPPING



Mario Sánchez Prada/Flickr (image cropped)

Shopping in La Rochelle's intimate Old town is a wonderful experience and you can find a large number of cute boutiques and craftsmen, nice antiques, jewellery stores, designer shops and of course all the usual retail chains.

Les Halles is a very interesting and colourful indoor market, where you will find fresh food products, first-class fish and seafood as well as rare local and tasty goat cheeses. Also visit the Island of Ré for its open-air markets with local products and scrumptious seafood as well as many array of great shops.

Aux Halles



The 19th-century covered market seethes with stallholders selling fresh fruit and vegetables, fish splayed on beds of ice, and meat. The building itself is worth the detour, but we suggest you come in and buy a few local specialties and fresh seafood, some of which you can even eat on location.

Photo: Jochen Jahnke/Wikimedia Commons (image cropped)

Address: Rue Gambetta, La Rochelle

Opening hours: Every morning until 1.30pm

Craft Market



Authentic, handmade leather crafts, jewellery, sand sculptures and more are sold by the artists themselves on the waterfront. You can also

have your portrait painted or buy a representation of La Rochelle. If you have no purchasing intention, this market is still a nice walk by day or night.

Photo: Matej Kastelic/Shutterstock.com

Address: Cours des Dames, La Rochelle

Opening hours: 10am-12am from June to mid-September

Paul Bossuet



Cognac and Pineau is produced by this local vintner make great souvenirs for your loved ones (and yourself) as they are very typical of

the region and are sold in beautiful bottles. You can buy all the products in the wine store or directly at the vineyard, for the same prices!

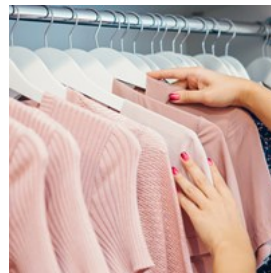
Photo: Lilyana Vynogradova/Shutterstock.com

Address: 21 rue Gargouilleau, La Rochelle

Phone: +33 5 46 41 31 92

Internet: www.logisdefolleblanche.fr

Galleries LaFayette



This well-known French department store gathers everything from fashion to house decoration in four large floors. It presents all the major

French and global brands and is the perfect place to get your fabulous French Woman panoply: beret, Coco Chanel style pants and classy suit vest.

Photo: Kokulina/Shutterstock.com

Address: 31 à 39, rue du Palais, La Rochelle

Phone: +33 05 46 41 27 33

Ile De Re Chocolates et Caramels



The only producer of caramel made with AOP Poitou-Charentes butter containing Ré island 'fleur de sel' salt. Learn about artisanal caramel

production, visit their workshops and taste delicious products. If you are convinced these are the best chocolates you ever had, you can bring some home!

Photo: Annto/Shutterstock.com

Address: 16, rue Elie Barreau, La Rochelle

Opening hours: Mon-Fri: 9.30am-6pm

Phone: +33 05 46 56 56 50

Internet: www.iledere-chocolats.com

More Info: ZA les Rivauds Nord

L'OCCITANE



For over 30 years, L'Occitane has been using traditional methods to make authentic perfumes, soaps and cosmetics from the

natural products grown in Haute Provence.

Photo: matka_Wariatka/Shutterstock.com

Address: 6 rue Chaudrier, La Rochelle

Opening hours: Mon-Sat: 10am-7pm

Phone: +33 05 46 41 20 00

Internet: fr.loccitane.com

Matlama



Matlama specialises in the handmade production of bags and fashion accessories with unusual designs. It also hosts exhibitions featuring the

work of local artists and craftsmen in a wide array of arts, including but not limited to paintings, jewellery and leather work.

Photo: Robert Kneschke/Shutterstock.com

Address: 61 quai Louis Prunier, La Rochelle

Phone: +33 5 46 50 12 84

Internet: www.matlama.fr

Email: matlama@orange.fr

Bijoux Vertigo



Set in the streets of Port, Vertigo jewellery is an institution in La Rochelle. You will find in this carefully set boutique a wide selection of fashion

jewellery in sterling silver, natural materials and precious stones. A store of the similar brand also exists in Paris.

Photo: Iakov Filimonov/Shutterstock.com

Address: 5 rue du port, La Rochelle

Opening hours: Tue-Sat: 10:30am-12:30pm & 2pm - 7pm

Phone: +33 05 46 41 17 90

La Maison D'Ambre



La Maison D'Ambre - literally "The Amber House" - specializes in perfumes, home fragrances, mineral stones and amber

jewellery. The creator of the products recently started producing also home decorations such as various objects decorated with or shaped as

angels.

Photo: Svetlana Lukienko/Shutterstock.com
 Address: 27 rue Dupaty, La Rochelle
 Opening hours: Mon-Sat: 10am-1pm & 2-7pm
 Phone: +33 09 51 61 91 37
 Internet: www.lamaisondambre.fr

Librairie Gréfine



The Librairie Grefine (Grefine Book store) is a great shop packed with the latest and the most vintage cartoons, mangas, illustrated books and a crowd of miniatures! Come here to be around other book lovers or find your read of the holiday: you will encounter both!

Photo: Ryan DeBerardinis/Shutterstock.com
 Address: 57 Rue Saint-Nicolas, La Rochelle
 Opening hours: Mon: 2pm - 7pm, Tue - Sat: 9:30am-7pm,
 Sun: Closed
 Phone: +33 5 46 41 46 85
 Internet: www.grefine.com
 Email: librairiegrefine@infonie.fr

ESSENTIAL INFORMATION



Alexander Demyanenko/Shutterstock.com

Airport - Aéroport La Rochelle-Ile de Ré



The international airport, Aéroport La Rochelle-Ile de Ré, is located only 5 kilometres from the city centre. The cheapest and fastest way to get into

town is by bus. Buses are available all week (Mon-sat take line 7, Sundays take line 47), running from the airport to the centre of La Rochelle, and vice-versa, about every 30 minutes. The journey takes around 15 minutes. You can also take a bus to the Ré Island. The bus tickets are available on board (cash only).

There are many taxis available at the airport, but you can also book a taxi in advance. (Abc Taxi 05 46 42 22 00) (Abeilles Taxis 05 46 41 55 55, taxilarochelle@orange.fr, www.taxi-la-rochelle.com)

For rental cars you can contact one of the car rental companies situated at the airport. Available companies at the airport are: Sixt, Europcar, Avis, Hertz and Enterprise.

Photo: Juan Garces
 Address: Aéroport La Rochelle-Ile de Ré, La Rochelle
 Phone: +33 5 46 42 30 26
 Internet: www.larochelle.aeroport.fr

Public transport



"Yeló" runs an efficient network of public buses, boats and bikes in La Rochelle. You can purchase bus tickets on board or in most of the

kiosks of La Rochelle and there are plenty of ticket types to choose from: single ticket, 24 hours ticket, 10 trips ticket and 7 days pass.

The Sea Boat is a regular boat service between the Old Port and Les Minimes, with two stops available: The old port "Vieux-Port" (at the bottom of the Tour de la Chaîne) and the public library "Médiathèque" (avenue Michel Crépeau). They run all year long from 7.30am and until 10pm in April-May, 12am in June-Septembre, 8pm in October-March.

The famous yellow bikes of La Rochelle can be hired to discover the city! They are free the first two hours and available in many spots in the city.

Photo: Pierre-Luc Auclair

Address: Maison de la Mobilité, Place de Verdun, La Rochelle

Phone: +33 8 10 17 18 17

Internet: www.yelo-larochelle.fr

Email: contact@yelo-larochelle.fr

Taxi



There are many taxi companies operating in la Rochelle. Here are a few:
Abeille Taxi +33 546 41 55

55

taxilarochelle@orange.fr

www.taxi-la-rochelle.com

Mélitourisme

+33 648 22 87 32

contact@melitourisme.fr

www.melitourisme.fr

Yélo, on demand transport

+33 546 34 02 22

www.yelo-larochelle.fr

You can also find them in several spots in La Rochelle such as the train station, the airport, the Cours des Dames, in front of the Grosse

Horloge and Place de Verdun.

Phone: +33 5 46 41 55 55

Internet: www.taxi-la-rochelle.com

Email: taxilarochelle@orange.fr

Post



Stamps are available from kiosks and newsagents as well as in any post office. Post boxes are yellow like all over France. The main

Post Office is located Place de l'Hôtel de Ville in the centre.

Photo: Andy Fuchs

Address: 6 Place de l'Hôtel de Ville, La Rochelle

Opening hours: Mon-Fri: 9am - 6.30pm, Sat: 9am -1pm

Phone: +33 5 46 30 41 27

Internet: www.laposte.fr

Pharmacy



For a pharmacy on duty on Sundays, holidays or during the night, consult the provided webpage. After 7.30pm, call the Police station at the

number or address provided here.

Photo: Gemma Garner

Address: Place de verdun, La Rochelle

Phone: +33 5 46 51 36 36

Internet: www.pharmacie-delapaix.com/pharmacie-garde.php

Telephone



Country code: +33 Area code: (0)546

Photo: Jardson Almeida

Electricity

220/240 V AC, 50Hz



Photo: Stirling Tschan

Population

77,000

Currency

Euro (EUR) €1 = 100 cents

Opening hours

Most shops are open Monday to Saturday from 9am-7pm. Smaller shops may close at lunch time from around 12pm-2pm. Stores close on Sundays and public holidays except for annual sales events.

Newspapers

Sud Ouest
Le Figaro
Les Echos

Emergency numbers

Police: 17
Ambulance: 15/112
Fire Brigade: 18

Tourist information

Office de Tourisme La Rochelle
2 Quai Georges Simenon, La Rochelle
Opening hours vary depending on season. Generally open from 9/10am-6pm
+33 546 41 14 68
accueil@larochelle-tourisme.com

		Rue Arvede Barine	B1	Rue du Minage	B2 C2
Allee des Tamaris	A4	Rue Bastion de l'Evangile	A2	Rue du Moulin	D1
Allee du Mail	A3	Rue Bazoges	B2	Rue du Palais	B2 B3
Avenue Albert Einstein	B4	Rue Berlioz	D2 D3	Rue du Parc	B2
Avenue Amerigo Vespucci	B4	Rue Bernard Palissy	A1	Rue du Rempart des Voiliers	C1 C2
Avenue Aristide Briand	A1 A2	Rue Bonpland	C2	Rue du Rempart Saint Claude	C3
Avenue Coligny	A3	Rue Bouguereau	A2	Rue du Velodrome	D1
Avenue de Fetilly	B1	Rue Bretigniere	D2	Rue Dupleix	A1
Avenue de la Monnaie	A3 B3	Rue Cardinal	B4	Rue Emile	C4
Avenue de la Porte Royale	C2 D2	Rue Chef de Ville	B3	Rue Emile Couneau	C4
Avenue de la Pte Dauphine	C1	Rue Claude Masse	A2	Rue Eugene	C3
Avenue de Metz	A2 B2	Rue Colbert	A1	Rue Eugene Decout	A1
Avenue de RomsPAY	D2	Rue de Beauregard	D1	Rue Eugene Delacroix	A2
Avenue des Cordeliers	C2 D2	Rue de Bel-Air	A1	Rue Franck Ancelin	C1
Avenue des Corsaires	A1	Rue de Jericho	A1	Rue Gambetta	C2
Avenue des Meriques	B4	Rue de la Barroere	C4	Rue Gargoulleau	B2 C2
Avenue du 11 Novembre 1918	C1	Rue de la Briquetterie	A2	Rue Gaston Perier	D2
Avenue du 123eme Regiment d'Infanterie	C3 C4	Rue de la Guignette	C3	Rue Gustave Flourens	D4
Avenue du General de Gaulle	C3	Rue de la Marechale	C1 D1	Rue Henri Barbusse	D3
Avenue du General Leclerc	A2 B2	Rue de la Pepiniere	A2	Rue Henri IV	A1
Avenue du Lt-CI Bernier	B1	Rue de la Scierie	B4	Rue Jean Bouche	C4 D4
Avenue Henri Becquerel	B4	Rue de la Somme	C1	Rue Jean Demeocq	C4 D4
Avenue Jean Guiton	A2 A3	Rue de la Trinquette	A4	Rue Jean Jaures	D2
Avenue Jean Moulin	D3 D4	Rue de la Trompette	B1	Rue Jean Mermoz	B1 B2
Avenue Jean-Paul Sartre	D3 D4	Rue de l'Aqueduc	C1	Rue Jeanne d'Albret	A3
Avenue Léopold Robinet	D2	Rue de l'Electricite	D1	Rue Jourdan	A2
Avenue Michel Crepeau	A4 B4	Rue de Norvege	A2 A3	Rue la Huguenote	B4
Boulevard de Cognehors	C1 D1	Rue de Périgny	D3	Rue la Noue	B2
Boulevard Joffre	C3 C4 D2 D3	Rue de Suede	A2	Rue le Cert Volant	B4
Chemin des Remparts	B1 B2 B3	Rue Debussy	D3	Rue Leonce Mailho	B1
Esplanade Saint Jean d'Acre	B3	Rue Delabarre	C1 D1	Rue Leonce Vieljeux	B3
Place de la Petite Sirène	B3 C3	Rue Delayant	B2	Rue Marceau	B1
Place du Canton	C4	Rue Denis Papin	A1 B1	Rue Marcel Paul	C1 C2
Place Saint Michel	C2	Rue des Brandes	A1	Rue Marius Lacroix	C1
Quai de la Georgette	B3 C3	Rue des Champs	C4	Rue Massiou	C2
Quai de Marans	C3	Rue des Fonderies	C2 C3	Rue Maurice Delmas	A3 B2
Quai du Bout Blanc	A4	Rue des Jars	C4	Rue Mistral	D1
Quai Duperre	B3	Rue des Joncs	B1	Rue Pasteur	A3
Quai Georges Simenon	B3 C3	Rue des Sauniers	D2 D3	Rue Pierre Corneille	D2
Quai Louis Durand	C3	Rue des Voiliers	C2	Rue Rambaud	B2
Quai Louis Prunier	C4	Rue Desiree	B4	Rue Rameau	D3
Quai Marillac	A4	Rue Dr Jamot	A1	Rue Reaumur	B2 B3
Quai Maubec	C3	Rue du Canada	B1	Rue Richelieu	B1
Quai Valin	C3	Rue du Chemin Vert	D2	Rue Rouget de Lisle	D2
Rue Albert 1er	B2 C2	Rue du Docteur Roux	A1	Rue Saint Claude	C3
Rue Alcide d'Orbigny	C2	Rue du Dr Schweitzer	C3 D3	Rue Saint Francois	C2
Rue Alexander Fleming	B4	Rue du Duc	C3	Rue Saint Nicolas	C3
Rue Amos Barbot	C2	Rue du Gal Sarrail	A1	Rue Saint-Yon	B2 C2

Rue Ampere

A1 Rue du Marais

B1 Rue Senac de Meilhan

B3 B4

Rue Thiers

C2 Rue Victor Hugo

A2