



Toulouse

Photo: Yuryev Pavel / Shutterstock.com



Anibal Trejo / Shutterstock.com

Toulouse can only be evoked with emotion and excitement. The city seduces and amazes the visitor with its cultural dynamism and its youth shining a new light over an otherwise traditional and typically French town. It resolutely is a charming and vibrant city, where tourists and locals alike can enjoy a certain nonchalance, while following the river from one activity to the other. Tinted in pink and lightened up by the Southern sun, Toulouse is a true gem in the French province.



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thieury / Shutterstock.com

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Top 5



Let's Visit Airbus

For a really exceptional visit, head to the Lagardère site, 10 km from Toulo...



Basilique St-Sernin

Europe's largest Romanesque church contains the tomb of Saint Sernin, a mart...



Couvent des Jacobins

The convent of the Jacobins situated in the city center is composed of a chu...



Cité de l'Espace

Follow the stars and discover the mysteries of the universe in the Cité de l...



Musée Augustins

Right at the heart of the city, the Museum lets visitors wander through the ...



THE CITY



MIPImages / Shutterstock.com

Toulouse, also named La Ville Rose - the "Pink City" - due to its red-brick buildings that seem to subtly change colour throughout the day, is one of France's most exciting provincial cities. Once a city that inspired the medieval poets of courtly love, Toulouse has become a pioneer in technology and aerospace development.

Toulouse holds on to a resolutely old-fashioned French soul, with its markets, regional cuisine and cafés interspersed between second-hand bookstalls and antique shops. This 2,000-year-old historical city shows off its brick and tile architecture, typical of the cities, villages and farms of the Midi-Pyrenees region.

But with a growing and buzzing student population, the city is certainly not stuck in a time warp. With an abundance of bars, cafés, trendy shops and nightclubs, Toulouse offers a truly cosmopolitan experience.

DO & SEE



SergiyN / Shutterstock.com

France's fourth biggest city has a lot to offer, and a stroll along the Garonne and the Canal du Midi is a perfect way to spend the day.

With its 2,000-year-old history, Toulouse will satisfy everyone with an interest for architecture and museums but there are also activities for the more active traveller -hire a bike and pedal the 40km long way from Toulouse to Port Lauragais on the south bank or go on an adventure out of the city in one of the region's amazing parks.

Young, family friendly and with lots of culture, Toulouse never gets boring.

Let's Visit Airbus



For a really exceptional visit, head to the Lagardère site, 10 km from Toulouse, and learn everything there is to know about how a plane is built, how a plane functions and how it is tested. Several tours are organised on different themes: discovery experience, panoramic visit and green tour.

Photo: tigrisiara/Shutterstock.com

Address: Allée André Turcat, Blagnac

Public Transport: Tram: Palais de justice >

Beauzelle-aeroscopia

Phone: +33 5 34 39 42 00

Internet: www.manatour.fr/en/aeronautical-discovery/lets-visit-airbus-discovery-tour

Email: taxiway.resa@manatour.fr

More Info: 10 km from Toulouse

Basilique St-Sernin



Europe's largest Romanesque church contains the tomb of Saint Sernin, a martyr and bishop who helped spread Christianity in Toulouse. Registered in the Unesco World Heritage, the St-Sernin Basilic is worth a visit and its impressive ceilings and marbles are the testimony of a long and prestigious past, marked by its major role for pilgrimage.

Photo: Anibal Trejo / Shutterstock.com

Address: Place Saint-Sernin, Toulouse

Public Transport: Metro station Capitole or Jeanne d'Arc

Opening hours: Weekend: 10.00am - 03.00pm. July - August: every day.

Phone: +33 5 61 21 80 45

Internet: www.basilique-saint-sernin.fr

Couvent des Jacobins



The convent of the Jacobins situated in the city center is composed of a church, a convent and a cloister. The church contains the body of its

patron St. Thomas Aquinas since 1369. The building also hosts concerts and exhibitions regularly within its gorgeous walls and ceiling. If you have to visit one church in the whole city, let it be this one.

Photo: Elena Elisseeva/Shutterstock.com

Address: 69 rue Pargaminières, Toulouse

Public Transport: Metro station: Capitole (line A)

Opening hours: Tuesday - Sunday: 10.00am - 06.00pm.

Phone: +33 5 61 22 21 92

Internet: www.jacobins.toulouse.fr/anglais

Cité de l'Espace



Follow the stars and discover the mysteries of the universe in the Cité de l'Espace. Top sights and activities include the Astreala planetarium, real space ships, the weather forecast planner you can partake in and the space training for adults and children.

Photo: Jamiecat / Flickr (image cropped)

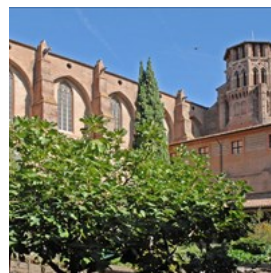
Address: Avenue Jean-Gonord, Toulouse

Phone: +33 (0)5 67 22 23 24

Internet: www.cite-espace.com

Email: standard@cite-espace.com

Musée Augustins



Right at the heart of the city, the Museum lets visitors wander through the historic settings of an Augustinian monastery, admiring works of art

from the Italian renaissance and French paintings from the 17th century. A museum that will leave you moved and dreamy.

Photo: Jean-Pierre Dalbéra / Flickr (image cropped)

Address: 21 Rue de Metz, Toulouse

Public Transport: Metro station: Esquirol (line A), Carmes or François Verdier (line B).

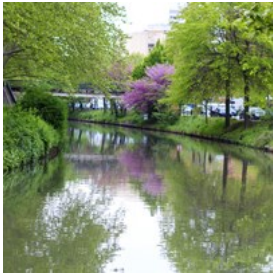
Opening hours: Wednesday - Monday: 10.00am - 06.00pm.

Wednesday: 10.00am - 09.00pm.

Phone: +33 (0)5 61 22 21 82

Internet: www.augustins.org

Canal du Midi



Take a peaceful break from the city with a walk along the canal banks pathways or an energetic bike ride on the 40km bike path stretching from

Toulouse to Port Lauragais on the south bank. Don't forget to bring your camera!

Photo: Rrrainbow / Shutterstock.com

Address: Canal du Midi, Toulouse

Public Transport: Metro station: Canal du Midi

Internet: www.canalmidi.com/

Place du Capitole



Impossible to miss - all the roads in Toulouse lead to this beating heart of the city. Plenty of dining options, shopping and entertainment are

available in and around the square. You can also have a look at the Capitole theatre and its entertaining program.

Photo: xc / Shutterstock.com

Address: Place du Capitole, Toulouse

Public Transport: Métro : arrêt Capitole

Museum of Toulouse



The Museum of Toulouse is a whole cultural complex containing the museum of Natural history and the Botanical Gardens, a must-see for

the summer months.

A very family-friendly concept and definitely worth a visit.

Photo: yvon52/Shutterstock.com

Address: 35 Allee Jules Guesde, Toulouse

Public Transport: Metro: line B, station Carmes or Palais-de-Justice. Bus: number 31, station Jardin Royal - number 44, station Grand Rond.

Opening hours: Tuesday - Sunday: 10.00am - 6.00pm.

Phone: +33 5 67 73 84 84

Internet: www.museum.toulouse.fr/en/web/guest/welcome

Email: museum@toulouse-metropole.fr

Jardin Japonais



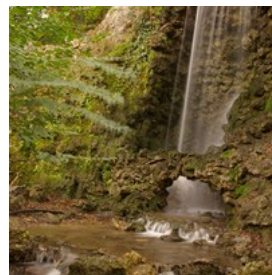
The Japanese Garden in the heart of Toulouse is a wonderful retreat on hot summer days but not only - the blossoming spring time and picturesque fall

are a great time to visit, too. This is truly a perfect place to relax and people watch, or why not have a picnic?

Photo: Shkanov Alexey / Shutterstock.com

Address: 19 Boulevard Lascrosses, Toulouse

Jardin des Plantes



This public garden has abandoned its medicinal functions to become a popular family outing in Toulouse. It offers a breath of fresh air in the

center of the city and a large range of sights and activities such as playgrounds, ponds with swans and ducks, a small coffee place, pony rides and beautiful bridges.

Photo: Adam Baker / Flickr (image cropped)

Address: Allée Jules Guesde, Toulouse

Public Transport: Metro/tram station: Palais de Justice

Opening hours: February: 7.45am - 6.30pm. 1st - 15 March:

7.45am - 07.00pm. 16th - 31st March: 7.45am - 07.30pm.

April: 07.45am - 08.00pm. May: 7.45am - 08.30pm. June -

August: 7.45am - 09.00pm. 1st - 15th. September: 7.45am -

08.30pm. 16th - 30th September: 7.45am - 07.30pm. 1st -

15th October: 7.45am - 07.00pm. 16th - 31st October:

7.45am - 06.30pm. November - January: 7.45am - 06.00pm.

Phone: +33 5 62 27 48 48

Internet: www.toulouse-tourisme.com/offre/fiche/patrimoine-culturel/jardin-des-plantes/PCUMID031FS00079

Animaparc



A fun day out for the family! Animaparc offers a large range of activities such as trampolines, water activities and amusement rides on a 14

ha park. It is an attraction for all ages but especially great for young children who will be able to discover over 150 animals and even dinosaur's reproductions.

Photo: KARI K / Shutterstock.com

Address: Animaparc, Le Burgaud

Phone: +33 5 62 79 37 01

Internet: www.animaparc.fr

Les Abattoirs



Former slaughter house turned museum of Contemporary Art, Les Abattoirs now host exhibitions, concerts and performances as well.

Located by the river and sided by a garden, this impressive brick building is not to miss when visiting Toulouse.

Its masterpiece is a Picasso from 1936.

Photo: Pistolero31 / Flickr (image cropped)

Address: 76 Allées Charles de Fitte, Toulouse

Public Transport: Metro station: St Cyprien - Republique

Opening hours: Wednesday - Sunday: 12.00pm - 06.00pm.

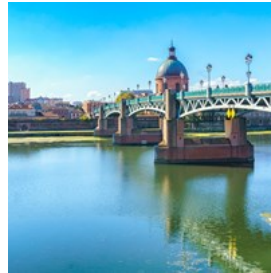
Thursday : 12.00pm - 08.00pm.

Phone: +33 5 34 51 10 60

Internet: www.lesabattoirs.org/en

Email: lesabattoirs@lesabattoirs.org

Garonne



Whether you decide to take a walk on the river banks or to book a cruise (which you can combine with lunch on-board!), the Garonne offers plenty of sights for a delightful afternoon or early evening.

One company that offers cruising activities is Les Bateaux Toulousains and they have three boats located at: Quai de la Daurade, Port de l'Embouchure and Port Saint-Sauveur.

Photo: PK.Inspiration_06 / Shutterstock.com

Address: Quai de la Daurade, Toulouse

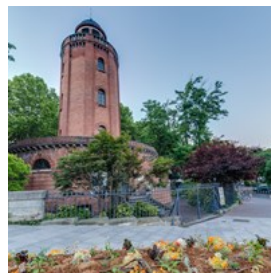
Phone: +35 5 61 80 22 26

Internet: www.bateaux-toulousains.com

Email: lesbateauxtoulousains@avw-app.fr

More Info: Les Bateaux Toulousains: 108, Avenue Raymond Naves, Toulouse

Le Chateau d'Eau



This water tower built thanks to donations of Capitoul Laganne, patron of Toulouse, is now home to photo exhibitions. It hosts pieces of art from masters such as Robert Doisneau but also a collection of modern and varied artists. A great cultural outing in a beautiful building.

Photo: Anibal Trejo / Shutterstock.com

Address: 14 Rue Ferdinand Lassalle, Toulouse

Public Transport: Metro station: St Cyprien-Republique.

Opening hours: Tuesday - Sunday: 1.00pm - 7.00pm.

Phone: +33 5 61 77 09 40

Internet: www.galeriechateaudeau.org

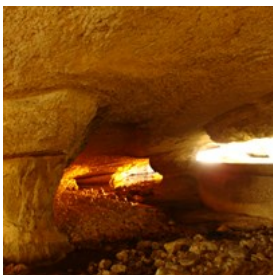
Niaux Cave



The Niaux Cave, located in Arièges, is a good opportunity to spend an interesting and exciting day out of the city with your family. Take a guided tour or let your children partake in special activities, and appreciate the prehistorical paintings still remaining on the cave walls.

Photo: Sigit Adhi Wibowo/Shutterstock.com
Address: Route de Niaux, Niaux
Phone: +33 5 61 05 88 37

Grotte du Mas- d'Azil



For a geological adventure, wander in the Grotte du Mas-d'Azil. Sublimated by modern lightning and sound effects, the inside of the cave and its arched paths becomes magical. Think about booking the guided tour in advance (the tour of the cave lasts 1 hour).

Photo: Pinpin / Wikimedia Commons (image cropped)
Address: Le Mas-d'Azil
Phone: +33 5 61 05 10 10

Natura Game



Only 15 minutes away from Toulouse, this nature park will rejoice families and groups of friends alike with activities such as climbing, jumping, playing, zip lining and a 20 ha paintball game field. Service is top notch, the environment pleasant and you can even enjoy free Wifi while taking a snack break.

Photo: Daniel Chetroni/Shutterstock.com
Address: 1 Route de Gragnague, Castelmaurou
Phone: +33 5 61 70 80 00
Internet: www.natura-game.fr
Email: contact@natura-game.fr

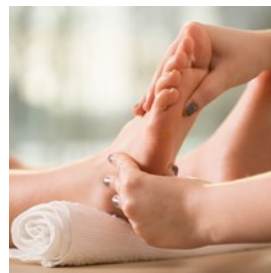
African Safari



A Zoo with an African safari theme, located close to Toulouse. It has a nice settings and the animals are in semi-freedom and often cohabited, so it feels very natural. The excursion will start with a two km drive with your car along the trail where you can observe animals like lions and ostriches and then continues on foot where you will meet 600 animals including farm animals.

Photo: InnaVar / Shutterstock.com
Address: 41 Rue des Landes, Plaisance-du-Touch
Opening hours: 1st April - 30th September: 9.00am - 07.30pm. 1st October - 31st March: 10.00am - 06.00pm.
Phone: +33 5 61 86 45 03
Internet: www.zoo-africansafari.com
Email: contact@zoo-africansafari.com

Eau de Melisse Spa



If you are feeling tired from all the excitement and the walking around the beautiful city of Toulouse, come to Eau de Melisse to recharge your batteries. Sauna, skin cares, massages and many other relaxing offers await you. Why not try the chocolate massage?

Photo: ESB Professional / Shutterstock.com
Address: 33 Rue des Paradoux, Toulouse
Public Transport: Metro station: Esquirol
Opening hours: Monday: 2.00pm - 7.00pm, Tuesday - Saturday: 10.00am - 7.00pm.

Phone: +33 5 62 26 18 60
Internet: www.eau-de-melisse.com

Cimetière de Terre-Cabade



Take a referential walk through the city's cemetery. Located above the Toulouse, it provides the visitor with spectacular views of the city landscape. Look out for the World War I memorial.

Photo: [Jamiecat / Flickr \(image cropped\)](#)
Address: Avenue du Cimetière, Toulouse
Phone: +33 5 61 22 22 76

DINING



[Visionsi / Shutterstock.com](#)

Beyond the traditional dishes of Toulouse and its region, the city has become a vibrant and exciting food scene with quality offerings to satisfy every type of foodie and for any budget. Try out some local food like the delicious cassoulets, luxurious foie gras, duck, and the famous Toulouse sausage. One of the best places to enjoy a delicious yet cheap lunch is the covered market at Place Victor Hugo, where quite a few restaurants linger above the marketplace, serving up delicious meals made from the freshest local produce, straight off the stalls below.

To help you find your way in this explosion of flavors, here is a guide to the best places to eat in the Pink City.

Bistrot Le Van Gogh



This Bistrot is a fine classic where to enjoy French cuisine with no fuss and local specialties are offered on the menu such as Foie gras and cassoulets. Try out a French wine to accompany your dinner and end the dining experience with a mouth-watering dessert like the violet cheese cake.

Photo: [margouillat photo / Shutterstock.com](#)
Address: 21 Place St Georges, Toulouse
Public Transport: Metro station: Jean Jaures, Capitole, Esquirol or Francois Verdier
Opening hours: Every day: 10.00am - 01.00am. Winter: 10.00am - 12.00am.
Phone: +33 5 61 21 03 15
Internet: www.vgtoulouse.fr
Email: contact@vgtoulouse.fr

Jardin de l'Opera



This gourmet restaurant deserves its Michelin star and offers a variety of tastes right in the centre of the city. The consistent high quality meals are carefully prepared with top quality ingredients with finesse and expertise by the knowledgeable chefs.

Photo: [Andrey_Popov / Shutterstock.com](#)
Address: 1 Place Capitole, Toulouse
Public Transport: Metro station: Capitole
Opening hours: Tuesday - Saturday: 12.00pm - 01.45pm, then 08.00pm - 09.45pm.
Phone: +33 5 61 23 07 76
Internet: www.lesjardinsdelopera.fr

Emile



A hotspot on the Place St Georges, Emile is a perfect place to sample excellent regional specialities in a picturesque setting. You

can opt from dishes such as foie gras, roast lamb, fresh fish, rich cassoulets or filets of duck, as well as fresh vegetables from the region.

Photo: jabiru / Shutterstock.com

Address: 13 Place St Georges, Toulouse

Public Transport: Metro station: Jean Jaures, Capitole, Esquirol or Francois Verdier.

Opening hours: Monday - Saturday: 12.00pm - 02.00pm, then 07.30pm - 09.45pm. Closed on Monday at Lunch time.

Phone: +33 5 61 21 05 56

Internet: www.restaurant-emile.com

La Cave au Cassoulet



Nice restaurant for regional cuisine, offering delicious meals for a good price and in a cosy setting near the church of the Jacobins. Don't be

discouraged by the modest entrance, the charm of this restaurant is in its brick made cellar. Making a reservation in advance is advised as the restaurant is quite popular and well located.

Photo: Monkey Business Images / Shutterstock.com

Address: 54 rue Peyrolières, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Wednesday - Thursday: 7.45pm - 10.30pm.

Friday - Monday: 12.00pm - 10.30pm.

Phone: +33 5 61 13 60 30

Restaurant Michel Sarran



This two Michelin stars restaurant maintains its leader position on the Toulouse food scene. The main attraction of this eatery is the fantastic

southern cuisine created by the hands of Michel Sarran one of the top chefs from Michelin's culinary schools. The elegant setting and gourmet food make it a special night.

Photo: Bernd Juergens / Shutterstock.com

Address: 21 Boulevard Armand Duportal, Toulouse

Public Transport: Metro station: Compans Caffarelli.

Opening hours: Monday - Friday: 12.00pm - 01.45pm, then 08.00pm - 09.45pm. Closed on Wednesday, at Lunch time.

Phone: +33 5 61 12 32 32

Internet: www.michel-sarran.com

Le J'Go



This is a fabulous spot for meat lovers where you can indulge in fresh local meat in a simple almost casual atmosphere. The meals and drinks are of

high quality and you will not regret dropping by. Deserts in the J'Go are not to be missed, specially the French toasts.

Photo: Shebeko / Shutterstock.com

Address: 16 Place Victor Hugo, Toulouse

Public Transport: Metro stations Jean Jaures or Jeanne d'Arc

Opening hours: 12pm - 2.30pm and 7pm - 11.30pm

Phone: +33 5 61 23 02 03

Internet: www.lejgo.com

7 Place St Sernin



To taste a more modern and creative take on French cuisine while enjoying the beautiful views of the Basilique St-Sernin, pop in at this

restaurant. You will enjoy tasty and good looking food cooked by a passionate chef. During summer months, the outdoor seating is the perfect spot to observe the activity of the city.

Photo: Dani Vincek / Shutterstock.com

Address: 7 St Sernin, Toulouse

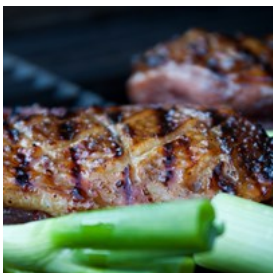
Public Transport: Metro station: Jeanne d'Arc

Opening hours: Tuesday - Friday: 12.00pm - 02.00pm, then 07.45pm - 09.45pm. Saturday: 07.45pm - 09.45pm.

Phone: +33 5 62 30 05 30

Internet: www.7placesaintsernin.com

Le Bistrot des Carmes



A must for French cuisine in Toulouse. Excellent food and big portions for affordable prices considering the area. The meat specials are worth

the detour and usually served with tasty sides of potato and vegetables. Don't miss the Pork Abanico and Duck Magret.

Photo: Erik Junberger / Flickr (image cropped)

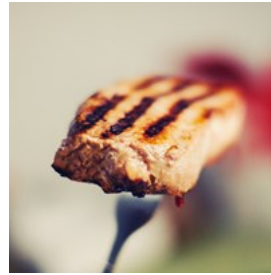
Address: 1 Rue des Filatiers, Toulouse

Public Transport: Metro station : Carmes or Esquirol.

Opening hours: Every day: 12.00pm - 03.00pm, then 07.30pm - 11.00pm.

Phone: +33 5 62 17 70 14

Les Complices



Two best friends created this modern restaurant with original offerings and a trendy atmosphere. Its personal touch is the possibility to try up to six

different dishes in an individual menu. Perfect for those who can never decide what to pick! Think about booking in advance.

Photo: Krzysztof Puszczynski / Pexels.com (image cropped)

Address: 13 Place Dupuy, Toulouse

Public Transport: Bus: 16 & 22 - Place Dupuy. Metro: Line B - François Verdier.

Opening hours: Tuesday: 12.00pm - 02.00pm. Wednesday - Thursday: 12.00pm - 02.00pm, then 07.15pm - 10.15pm. Friday - Saturday: 07.15pm - 12.00pm, then 07.15pm - 10.30pm.

Phone: +33 5 31 48 69 91

Internet: www.restaurant-lescomplices.com

Burger'N'co



A famous spot for burger lovers in Toulouse. With low prices and fresh products, the fast food has found its brand and keeps attracting new and

regular customers.

Although the environment of the restaurant is pleasant, you can also choose to take away your order.

Photo: MariaKovaleva / Shutterstock.com

Address: 20 Rue Riquet, Toulouse

Public Transport: Metro station: François Verdier.

Opening hours: Monday - Saturday: 12.00pm - 02.00pm, then 07.00pm - 10.30pm.

Phone: +33 5 67 68 74 06

Internet: www.burgernco.fr

Email: contact@burgernco.fr

Restaurant Les P'tits Fayots



A pricey but acclaimed gourmet restaurant with a changing menu. The particularity of this restaurant is its kitchen, open to the dining room.

You can therefore see the chef prepare the food and enjoy the choreography of the kitchen staff while savouring your beautiful and fine dish.

Photo: Semen Kuzmin / Shutterstock.com

Address: 8 Rue de l'Esquile, Toulouse

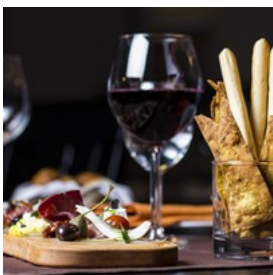
Public Transport: Metro station: Jean Jaures or Capitole.

Opening hours: Monday - Friday: 12.00pm - 02.00pm, then 08.00pm - 10.00pm.

Phone: +33 (0)5 61 23 20 71

Internet: www.lesptitsfayots.com

L'ouverture: restaurant musical



L'ouverture is a musical restaurant serving your taste buds and pleasing your ears. You can try the Sicilian specialities and fresh products of the day

all the while listening to the passionate owner playing the guitar. To enjoy the cosiness of the place and the warmth of its people, don't forget to book and remember the restaurant is only open three days a week.

Photo: StockPhotosLV / Shutterstock.com

Address: 40 Rue Pargaminières, Toulouse

Opening hours: Thursday - Saturday: 08.00pm - 11.00pm.

Phone: +33 6 40 71 47 93

Internet: www.l-ouverture.fr

Email: toulouse@l-ouverture.fr

Garam Masala



This traditional Indian restaurant located in the Carmes area of Toulouse is very popular among the locals. Known as the best Indian restaurant in town

for its quality food and its good and friendly service. The menu also offers vegetarian and vegan options.

Photo: Fredrik Rubensson / Flickr (image cropped)

Address: 10 Rue Maletache, Toulouse

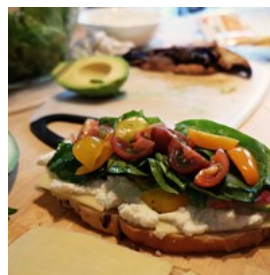
Public Transport: Metro station: Carmes or Esquirol.

Opening hours: Monday - Sunday: 11.30am - 02.30pm, then 06.30pm-10.30pm.

Phone: +33 5 81 34 28 56

Internet: www.garammasala.fr

Boca



Boca is a very affordable sandwich bar which honours Spain in the heart of Toulouse. Praised for its atmosphere, friendly staff

and nice settings, Boca also impress when it comes to its freshness and originality of its products. A cheap, healthy and vegetarian friendly option.

Photo: Julien Sister (image cropped)

Address: 45 Rue Peyrolières, Toulouse

Public Transport: Metro station: Esquirol or Capitole.

Opening hours: Monday - Saturday: 11.00am - 12.00am.

Phone: +33 9 83 01 14 41

Internet: www.boca-toulouse.fr/

Email: info@boca-toulouse.fr

Roulez Papilles!



A delicious, affordable and colourful restaurant, don't miss it! This environment friendly restaurant offers organic and local products with a choice of vegetarian and vegan dishes.

Customers are unanimous on the quality of the food and the products, and you can't go wrong with Roulez Papilles!

Photo: Marian Weyo / Shutterstock.com

Address: 24 Rue Matabiau, Toulouse

Public Transport: Metro station: Jeanne d'Arc.

Opening hours: Tuesday - Friday: 12.00pm - 02.30pm, then 07.30pm - 10.00pm. Saturday: 07.30pm - 10.00pm.

Phone: +33 9 86 24 79 23

Internet: www.roulezpapilles.fr

Email: contact@roulezpapilles.fr

Zen-Sai



A very successful and reasonably priced Japanese restaurant in Toulouse. In addition to the expected food one might find in a sushi

place, the Zen-Sai surprises by the originality of its offerings and combinations. Excellent food, but don't go there if you are in a rush.

Photo: Oruj Mammadov / Shutterstock.com

Address: 2 Rue Jean Suau, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday - Friday: 12.00pm - 02.30pm, then 07.00 - 10.30pm. Weekend: 12.00pm - 05.30pm, then 07.00pm - 10.30pm.

Phone: +33 5 61 12 00 00

Internet: www.zen-sai.com

Email: zen.sai2013@gmail.com

CAFES



Kichigin / Shutterstock.com

In buzzing Toulouse, taking a break between shopping sessions and visits is a pleasant necessity. Whether you like luxurious cafes with Chef-made French pastries or relaxed and trendy coffee shops, Toulouse has all your sweet-tooth needs covered.

Here are a few picks from the countless options for a relaxed coffee break, an afternoon tea or a brunch offered by the city.

Le Bibent



If you enjoy people watching, come and do it in the luxurious and slightly over-the-top surroundings at Le Bibent, where a collision

of styles from the 1890's and the era of Art Deco is combined. With delicious salads and exquisite pastries and cakes on the menu this is a perfect spot for lunch or an afternoon coffee.

Photo: Alena Haurylik/Shutterstock.com

Address: 5 Place Capitole, Toulouse

Public Transport: Metro station: Capitole.

Opening hours: Daily: 7.00am - 11.00pm.

Phone: +33 5 61 23 89 03

Internet: www.maisonconstant.com/bibent/

Perlette



Decorated in vintage style with pink velvet armchairs and small cafe-tables, Perlette serves fresh salads, tasty sandwiches and delicious pastries.

This refined and elegant tearoom also hosts baking classes where Chef Nicolas Buche will teach you how to bake French specialties such as macaroons.

Photo: airobody / Shutterstock.com

Address: 2 place de la Bourse, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday - Sunday: 10.00am - 07.00pm.

Phone: +33 5 61 21 67 60

Internet: www.perlette.fr

Email: contact@perlette.fr

Bapz



A very charming British styled tea and coffee shop where you can relish all sorts of pastries and they are freshly baked on the day. The staff is very

helpful and can guide you in choosing the best products. Go there for a filling brunch or a relaxing afternoon tea.

Photo: Andrey Smirnov / Shutterstock.com

Address: 13 Rue de la bourse, Toulouse

Public Transport: Metro station: Esquirol or Coutelier-Metz.

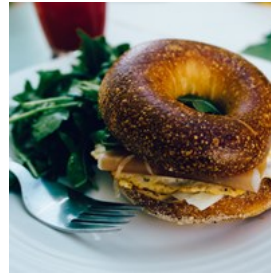
Opening hours: Tuesday - Saturday: 12.00pm - 07.00pm.

Sunday: October - March: 12.00pm - 07.00pm.

Phone: +33 5 61 23 06 63

Internet: www.bapz.fr/

La Fiancée



La Fiancée is spot on for coffee lovers and for all-day snacks. This little coffee shop has everything for breakfast, brunch but also lunch and

tons of delicious coffee based drinks to choose from. A plus compared to other similar places: it has a takeaway service!

Photo: JayMantri / Pixabay.com (image cropped)

Address: 54 Rue Peyrolières, Toulouse

Public Transport: Metro station: Esquirol or Sainte Ursule.

Opening hours: Monday - Friday: 9.30am - 6.00pm. Saturday: 10.30am - 6.00pm. Sunday: 11.30am - 6.00pm.

Phone: +33 9 83 46 70 56

Le Salon d'Eugénie



A true party for tea addicts! You can also choose from a selection of homemade desserts and sweets. Special mentions to the Banoffee pie, the

lemon pie and the Eugénie pie, which you should discover by yourself. If the hunger kicks in, don't worry, Le Salon d'Eugénie offers several cooked dishes and snacks.

Photo: Serhiy Kobayakov / Shutterstock.com

Address: 16 Rue des Lois, Toulouse

Public Transport: Metro station: Capitole and Lois.

Opening hours: Monday - Saturday: 11.45am - 7.00pm.

Phone: +33 5 62 30 84 52

Internet: www.lesalondeugenie.fr

Email: salondeugenie@yahoo.fr

Le Moderni'thé



Another quality tearoom in Toulouse where the owner has created a relaxed atmosphere. With its numerous healthy and gluten-free options, the

Moderni'thé welcomes everyone all day long for meals or snacks and it all can be accompanied with high quality tea.

Photo: successo images / Shutterstock.com

Address: 2 Rue du Coq d'Inde, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Tuesday - Saturday: 12.00pm - 02.00pm.

Weekend: 02.00pm - 06.30pm.

Phone: +33 5 61 25 10 06

Internet: www.lemodernithe.com

Café Den - Coffee shop



Cafe Den is a classic Coffee shop in the heart of downtown of Toulouse. A good choice if you are looking for a large variety of drinks. The menu even

includes Bubble Tea! Try the American pastries such as the rainbow cake or if you are feeling hungry, have a sandwich or salad.

Photo: Regnauld Buntario / Flickr (image cropped)

Address: Espace Saint-Georges, 51bis Rue du rempart Saint-Etienne, Toulouse

Public Transport: Metro station: Jean Jaures or Capitole.

Opening hours: Monday - Saturday: 8.30am - 07.30pm.

Phone: +33 5 61 38 24 59

Internet: www.cafeden-toulouse.com

Email: contact@cafeden-toulouse.com

Blue Teapot



With a choice of 46 organic tea, several pies, bagels, salads and pastries all prepared on

the day, the Blue Teapot is an excellent place to relax and enjoy a healthy break. The owner have also created the "Blue Room" in the back to host exhibitions and activities.

Photo: mattburchell / Shutterstock.com

Address: 5 Impasse Colombette, Toulouse

Public Transport: Metro station: Jean Jaures.

Opening hours: Wednesday - Friday: 11.30am - 06.00pm.

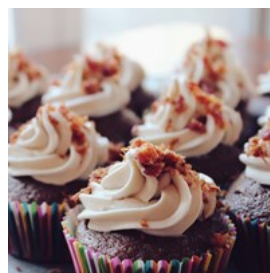
Saturday: 11.00am - 07.00pm. Sunday: 11.00am - 04.30pm.

Phone: +33 5 61 63 48 46

Internet: www.bluateapot.fr

Email: contact@bluateapot.fr

Cup N Cake



The ideal spot for a small break in the middle of a shopping afternoon. Ideally placed, this cupcake shop sells a wide variety of flavors, from

the most expected and popular to the most original creations, all of which are done with quality and style. A simple but successful formula!

Photo: Unsplash / Pixabay.com (image cropped)

Address: 19 Rue des Changes, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday: 12.00pm - 07.00pm. Tuesday -

Saturday: 11.00am - 07.00pm.

Phone: +33 5 34 30 09 49

Internet: www.cupncaketoulouse.fr

Email: kdin@hotmail.fr

Saveurs des Tropiques



The aroma of quality home brewed coffee will welcome you as you enter Saveurs des Tropiques, but don't forget they also serve appetizing hot

chocolate and original teas, as well as some food. For your sweet tooth order a "café gourmand", you will be served a coffee accompanied by several small delicacies.

Photo: Shaiith / Shutterstock.com

Address: 5 Place Rouaix, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday - Friday: 08.00am - 07.00pm.

Saturday: 08.00am - 07.30pm.

Phone: +33 5 61 25 26 75

Flower's Café



This shop is so popular you might have to queue to get it, but be assured the hot chocolates, teas and pastries are well worth the wait. Or try out

the sweet and salty tarts that are served in a French way or just have a healthy salad. If the weather permits, enjoy your drink and food on the lovely terrace while people watching.

Photo: Juriah Mosin / Shutterstock.com

Address: 6 Place Roger Salengro, Toulouse

Public Transport: Metro station: Capitole

Opening hours: Monday - Saturday: 10.00am - 08.00pm.

Sunday: 02.00pm - 08.00pm.

Phone: +33 5 34 44 93 66

Internet: www.theflowerscafe.com

Le Nouveau Thé



A cute small place where fresh and in season food are celebrated. Perfect for lunch but also for an early drink or an after-work: they also offer

wines and Tapas!

Note that takeaway is also an option!

Photo: Antonio Guillem / Shutterstock.com

Address: 9 Rue Tolosane, Toulouse

Public Transport: Metro station: Carmes.

Opening hours: Tuesday - Saturday: 09.00am - 06.30pm.

Phone: +33 5 62 17 53 01

Internet: www.le-nouveau-the.com

Dip's Tea



Over 80 teas available waiting for you to take your pick and accompany them with homemade pastries. Get cosy in this English inspired

atmosphere for an inexpensive tea break, a brunch or a lunch. Free wifi is also provided here.

Photo: stockcreations / Shutterstock.com

Address: 28 Rue Pharaon, Toulouse

Public Transport: Metro station: Carmes.

Opening hours: Monday - Sunday: 09.30am - 07.00pm.

Phone: +33 5 61 32 68 16

Le Bol Bu



The oldest tea room and crêperie in Toulouse relies on timeless principles: authenticity and simplicity. With a really long tea list and a

menu offering mouth-watering crepes, the Le Bol Bu knows its customers. It is a small place but it

truly has a warm and friendly atmosphere.

Photo: koko rahmadie / Pexels.com (image cropped)

Address: 8 Rue du May, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday - Wednesday: 12.00pm - 07.00pm.

Thursday - Saturday: 12.00pm - 10.00pm. Sunday: 12.00pm - 07.00pm.

Phone: +33 5 61 21 11 31

Les Saisons du Thé



A true tea-house, Les Saisons du Thé sells hundreds of different teas and infusions. To make choosing a little easier, you can ask the team for on-point advice and even try your favorites in the small tea room. The perfect way to combine relaxation and shopping!

Photo: romeovip_md / Shutterstock.com

Address: 16 Rue Cujas, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Tuesday - Saturday: 10.30am - 7.00pm.

Phone: +33 5 61 12 24 57

Internet: www.saisonsduthethe.com

Email: contact@saisonsduthethe.com

Florian's Coffee



This cute bike-pulled mobile cafe offers more than the fun experience of having your coffee in the street. With two very talented baristas and a dreamy menu (coffees, frappes, lattes of all sort, chocolates -all for which you can choose different milks), you will definitely be coming back for the quality.

Photo: Peter Kotoff / Shutterstock.com

Address: Train Station, Toulouse

Public Transport: Metro station: Jeanne d'Arc or Jean Jaurès.

Opening hours: Monday - Saturday: 9.30am - 7.00pm.

Phone: +33 6 09 52 25 67

BARS & NIGHTLIFE



Yuryev Pavel / Shutterstock.com

You will never stay thirsty long while walking the streets of Toulouse by night. From pubs to clubs, cocktail bars and concert halls, you can drink, dance and sing all around town. Toulouse's nightlife offers enough variety to seduce everyone and enough originality to surprise even the most experienced night owls.

Café des Artistes



This cafe with a traditional facade stands between the music school and the art school. Do not worry, even if you are not amongst the artsy crowd, you can always unwind with a Belgian beer while watching a game of football or just admiring a stunning view of La Garonne.

Photo: g-stockstudio / Shutterstock.com

Address: 13 Place Daurade, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Wednesday: 03.00pm - 07.00pm. Friday:

08.00pm - 10.30pm. Saturday: 06.00pm - 10.30pm.

Phone: +33 5 61 12 06 00

Internet: cafe-des-artistes.org/

Email: contact@cafe-des-artistes.org

Le Breughel



Dark décor, loud music, Mojitos and a wide choice of beers to order from make this a great place for a party and a night of dancing. Famous among students and young workers for its free snacks and warm service, Le Breughel also regularly hosts live music.

Photo: Ricwinter24 / Pixabay.com (image cropped)

Address: 30, Rue de la Chaîne, Toulouse

Public Transport: Metro station: Compans Caffarelli.

Opening hours: Monday - Saturday: 05.00pm - 02.00am.

Phone: + 33 5 61 21 66 54

Internet: www.breughel.fr

Email: bar@breughel.fr

Frog & Rosbif



Frog & Rosbif is a microbrewery and English Pub where you can be delighted by home brewed beers - such as the Tawack which have been awarded - and freshly cooked burgers coming in two sizes. The international staff is often acclaimed for its friendliness.

Photo: Joshua Resnick / Shutterstock.com

Address: 14 Rue Industrie, Toulouse

Public Transport: Metro station: Jean Jaurès.

Opening hours: Monday - Wednesday: 05.0pm - 01.00pm.

Thursday - Friday: 05.30pm - 02.00am. Saturday: 05.30pm - 3.00am. Sunday: 05.30 - 01.00am.

Phone: +33 5 61 99 28 57

Internet: www.frogpubs.com/pub-the-frog-rosbif-toulouse-toulouse-6.php

Email: olivier.chaufournier@frogpubs.com

Café Populaire



A gathering point for the young people where the atmosphere is friendly and relaxed. Beers, cocktails, shooters with a wide array of flavors and super prices and offers during the Happy Hours (from 7pm to 9.30pm). Also hosting mini concerts of French rock bands.

Photo: Kzenon / Shutterstock.com

Address: 9 Rue de la Colommette, Toulouse

Public Transport: Metro station: Jean Jaures

Opening hours: Monday - Friday: 12.00pm - 2.00am.

Saturday: 01.00pm - 3.00am. Sunday: 04.00pm - 02.00am.

Phone: +33 5 61 63 07 00

Internet: www.cafepopulaire.blogspot.se

Email: cafepop31@gmail.com

London Town



In addition to its relaxed ambiance and large selection of ciders and beers, the London Town also offers a true trip over sea and will make you believe you really are in England. Even the staff and a good number of the customers are from the UK!

Photo: Syda Productions/Shutterstock.com

Address: 14 rue des Prêtres, Toulouse

Public Transport: Metro station: Carmes.

Opening hours: Monday - Friday: 03.00pm - 02.00am.

Saturday: 03.00pm - 03.00am. Sunday: 05.00pm - 01.00am.

Phone: +33 5 61 53 36 98

Internet: www.londontownpub.fr

Email: info@londontownpub.fr

The Dispensary



Great choice when it comes to evening drinks in Toulouse, The Dispensary, a British inspired pub, entices with its ambiance, drink

selection and food choices ranging from fish and chips to burgers. Quiz night every Tuesday and Brunch on Sundays. Happy Hour everyday between 7pm - 8pm.

Photo: Minerva Studio / Shutterstock.com

Address: 1 rue Marthe Varsi, Toulouse

Public Transport: Metro station: St Cyprien.

Opening hours: Tuesday - Wednesday: 06.00pm - 12.30am.

Thursday - Friday: 06.00pm - 02.00am. Saturday: 12.00pm -

03.00am. Sunday: 12.00pm - 12.30am.

Phone: +33 5 61 42 00 88

Internet: www.thedispensarypub.com

Email: thedispensary@hotmail.fr

La Couleur de la Culotte



The central location of this cocktail bar and its proximity to the University draws the international students as well as locals and visiting

crowds for a night of drinking and dancing. The cocktails and decoration will have you entertained all night long.

Photo: Pressmaster / Shutterstock.com

Address: 14 Place Saint-Pierre, Toulouse

Public Transport: Metro station: Compans Caffarelli.

Opening hours: Monday - Friday: 09.00am - 02.00am.

Saturday: 10.00am - 03.00am. Sunday: 10.00am - 02.00am.

Phone: +33 5 34 44 97 01

Internet: www.lacouleurdelaculotte.com

Email: contact@lacouleurdelaculotte.com

N°5 Wine Bar



The N°5 is THE wine bar in Toulouse, with over 16000 bottles and 2300 references. The manager used to be a oenology teacher and you should

take advantage of his expertise in the area, he will be more than happy to advise you. You can also accompany your wine with typical French tapas.

Photo: Epicantus / Pixabay.com (image cropped)

Address: 5 Rue de la bourse, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Every day: 06.00pm - 12.00am.

Phone: +33 5 61 38 44 51

Internet: www.n5winebar.com

Email: info@n5winebar.com

Ô Juice



Ô Juice is an Electro bar hosting different DJs (from all over the world) every night. With a club atmosphere and quality drinks and cocktails, the

Ô Juice is pleasantly atypical. We suggest you try the ô juice, signature cocktail that are skillfully made by the bar staff.

Photo: Maxim Blinkov / Shutterstock.com

Address: 34 Rue des Blanchers, Toulouse

Public Transport: Metro station: Esquirol.

Phone: +33 6 48 15 26 97

Email: lazare.grosdidier@gmail.com

Moloko



This classic of Toulouse nightlife just reopened after a brief interruption of the activities and came back with a fancier outlook and a futuristic

atmosphere.

You can enjoy a delicious cocktail made by the helpful staff upstairs or go underground to dance the night away.

Photo: Syda Productions / Shutterstock.com

Address: 6 Rue Joutx Aigues, Toulouse

Public Transport: Metro station: Carmes.

Opening hours: Monday - Saturday: 6.00pm - 2.00am.

Sunday: 7.00pm - 3.00am.

Phone: +33 5 62 17 96 61

Internet: www.le-moloko-bar.com

Email: moloko.toulouse@gmail.com

The Petit London



Finger foods and beers in a decisively rock atmosphere, The Petit London is an English pub that never disappoints.

With themes and

concerts, you can choose what night suits you and your crew best.

Photo: RestaurantAnticaRoma / Pixabay.com (image cropped)

Address: 7 Rue Riquet, Toulouse

Public Transport: Metro station: Francois Verdier.

Opening hours: Monday - Friday, Sunday: 11.00am - 2.00am.

Saturday: 5.00pm - 3.00am.

Phone: +33 5 61 62 93 29

Email: petitlondon@gmail.com

La Cale Sèche



Feel like a pirate in this maritime themed bar where all the objects and decoration seem out of a Captain Flint story.

Choose from the rum

based cocktails, shots and punch, but be careful not to end the night with a wooden leg.

Photo: Brent Hofacker / Shutterstock.com

Address: 41 Rue Léon Gambetta, Toulouse

Public Transport: Metro station: Capitole.

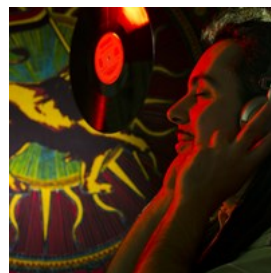
Opening hours: Monday: 07.00am - 01.00pm. Tuesday -

Friday: 07.00am - 02.00pm, then 04.00pm - 06.00pm.

Saturday: 08.00am - 10.00pm. Sunday: 09.00am - 01.00pm.

Email: lacaleseche22@gmail.com

Reggae Pub



Another rum bar, but with a completely different atmosphere.

Here, you sip on your punch or cocktail on chilled reggae rhythms,

demonstrate your talents at open mic nights or wiggle in front of showcases, DJs and live artists from all around.

Photo: SMA Studio / Shutterstock.com

Address: 24 Rue des Tres Piliers, Toulouse

Public Transport: Metro station: Compans Caffarelli.

Opening hours: Every day: 06.00pm - 02.00am.

Phone: +33 5 61 38 75 93

Cabaret Ô Toulouse



This Cabaret opened 20 years ago has become an institution in Toulouse and offers all the classic entertainments of an old school French cabaret. If

you like the glamorous and are not scared of the

feathers, glitters and sequins, come for a fun or crazy evening. From Monday to Friday, make sure to book.

Photo: Zlajs / Shutterstock.com

Address: 9 Rue Lejeune, Toulouse

Public Transport: Metro station: Compans Caffarelli.

Opening hours: Monday - Saturday: 8.00pm - 2.00am.

Phone: +33 5 61 23 19 79

Internet: www.cabaret-otoulouse.com

Email: info@cabaret-otoulouse.com

L'autre



Possibly Toulouse most typical going out spot. L'autre - "The Other" in French - opens at 5 am and welcomes the late party-people until 11am

in what used to be... a house! Music underground, quality DJ and an overall friendly atmosphere: L'Autre is worth missing out on your sleep.

Photo: Unsplash / Pexels.com (image cropped)

Address: 30 Rue Stalingrad, Toulouse

Public Transport: Metro station: Jeanne d'Arc.

Opening hours: Weekend: 05.00pm - 12.00am.

Phone: +33 5 67 68 45 97

Internet: www.lautremixbar.com

Email: lautremixbar@me.com

SHOPPING



Pierre-Selim / Flickr (image cropped)

If you were not yet convinced, here is yet another area in which Toulouse excels and never disappoints: shopping. From traditional French farmer's markets to hipster and trendy new shops, through a selection of antiques and second-hand quality boutiques, you might consider losing your wallet as the only way out of this decadency.

To give you a preview of what to expect in this ever surprising city, we listed a few of our favourites shopping areas and stores, for all tastes.

The Cristal Market



On a beautiful day, enjoy a stroll in the Cristal Market - also named the Boulevard market by the local because of its location - and consider buying a few fresh vegetables or fruits. This farmers' market is a classic and the biggest market in Toulouse.

Photo: BlueOrange Studio / Shutterstock.com

Address: 33 Boulevard de Strasbourg, 31000 Toulouse

Public Transport: Metro station: Jeanne d'Arc.

Opening hours: Tuesday - Saturday: 07.15am - 01.30pm.

Sunday: 07.30am - 02.00pm.

Rue de Rome



Rue de Rome is probably best known for shopping, in fact it is THE shopping street in Toulouse, where you can find mostly shoe stores and closing

retailers but also a few designer shops, second-hand gems and a few odd but intriguing little boutiques.

Photo: Christian Mueller/Shutterstock.com

Address: Rue de Rome, Toulouse

Public Transport: Metro station: Capitole.

Les Carmes



Les Carmes, set in the historical part of Toulouse is mainly known for the abundance of restaurants but during the day it is home to

antique shops and a spread bohemian soul. Come and look for yourself.

Photo: alexkatkov/Shutterstock.com

Address: Les Carmes, Toulouse

Public Transport: Metro station: Carmes.

Markets at Place Victor Hugo



The covered markets at Place Victor Hugo are definitely worth a visit.

An ideal morning of wondering among the stalls burgeoning with

fresh fish, vegetables, garlic and ripe flavorsome cheese. A good spot to try a few local specialties in a few bites.

Photo: Goran Bogicevic / Shutterstock.com

Address: Place Victor Hugo, Toulouse

Public Transport: Metro station: Jean Jaures or Jeanne d'Arc.

Opening hours: Tuesday - Sunday: 06.00am - 02.00pm.

Internet: www.marche-victor-hugo.fr/

Galleries Lafayette



The Galleries Lafayette, France's most famous and prestigious department store, contains a large choice of brands in any kind of products, mainly

clothing and cosmetics. Bonus in Toulouse, the top floor offers what is possibly the best view in the city. If you don't go there to shop, just run upstairs and observe the view.

Photo: Pressmaster/Shutterstock.com

Address: 4-8 rue Lapeyrouse, Toulouse

Public Transport: Metro station: Jean Jaures, Capitole, Esquirol or Francois Verdier.

Opening hours: Monday - Friday: 09.30am - 08.00pm.

Saturday: 09.30am - 08.30pm.

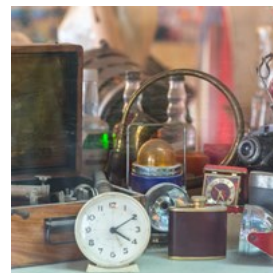
Phone: +33 5 34 45 98 98

Internet:

www.gallerieslafayette.com/magasin-toulouse-lapeyrouse/

Email: contact_internet@gallerieslafayette.com

Les Puces d'Oc



Closer to a bazaar than a boutique, les Puces d'Oc is a joyful mess of... everything!

From antique furniture pieces to random objects, the only

thing they have in common in that they have nothing is common. For sure you will find a special item to bring back home.

Photo: PKpix / Shutterstock.com

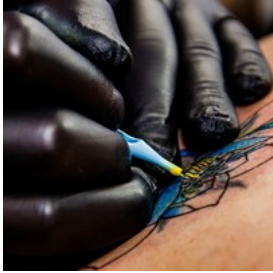
Address: 98Bis Rue des Fontaines, Toulouse

Phone: +33 5 61 59 34 33

Internet: www.brocante-antiquite.fr

Email: pucesdoc@aol.com

Spyke tattoo piercing



For an inked souvenir of Toulouse, walk into this colorful tattoo artist shop and let the talented and caring team assist you.

You can also buy piercings of all shapes and sizes here.

Photo: Mbragion / Pixabay.com (image cropped)

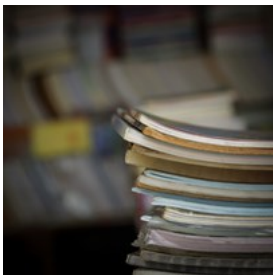
Address: 8 Rue Cujas, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Tuesday - Saturday: 2.00pm - 6.30pm.

Phone: +33 6 62 21 88 84

Espace Tintin



This 15 years old landmark in the Toulouse shopping scene is, as Tintin, never getting old. You can find all imaginable derived

products from the universe of Tintin and other famous comic books such as Blake & Mortimer or The Marsupilami.

Photo: Tharnapoom Voranavin / Shutterstock.com

Address: 12 Rue des Puits Clos, Toulouse

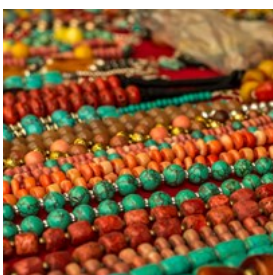
Public Transport: Metro station: Esquirol.

Opening hours: Monday: 02.30pm - 07.00pm. Tuesday - Saturday: 10.30am - 12.30pm, then 02.30pm - 07.00pm.

Phone: +33 5 61 21 60 34

Internet: www.espace-tintin-toulouse.fr

Artisans du Monde Toulouse



If you want to shop responsibly, enter this fair-trade boutique. A variety of products that come from over 44

countries and the region around Toulouse, for decent prices but with the certainty that producers have been paid fairly.

The staff - actually volunteers - is very friendly and helpful and will help you take your pick.

Photo: tikiri / Shutterstock.com

Address: 1 Rue Joutx Aigues, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday - Thursday: 01.30pm - 6.30pm.

Friday - Saturday: 10.30am - 06.30pm.

Phone: +33 5 61 52 45 10

Internet: www.artisansdumondetoulouse.org

Email: artisans-du-monde-toulouse@orange.fr

Vintage Paradise



Vintage, retro, hipster, street ...a store that is worthy of its name. The owners work with american professional to ensure the delivery of quality clothes and accessories. The style variety is huge and you are sure to find something for your tastes.

Photo: View Apart /Shutterstock.com

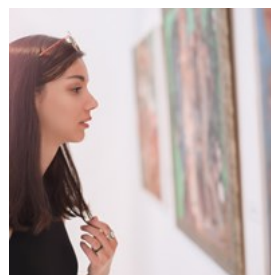
Address: 2 Rue Cujas, Toulouse

Public Transport: Metro station: Esquirol.

Opening hours: Monday: 02.00pm - 07.00pm. Tuesday - Saturday: 11.00am - 07.00pm.

Phone: +33 5 61 38 74 46

Galerie NEXT



Highly unconventional and inspired by american pop-art galleries, NEXT never ceases to surprise and offers a great selection of French,

Italian and American artists. It is a fine selection through which the owner will happily guide you. Follow your instincts or his advice, but either way your house will never look dull again.

Photo: guruXOX / Shutterstock.com

Address: 15 Rue Croix Baragnon, Toulouse

Public Transport: Metro station: Esquirol.
 Opening hours: Tuesday - Saturday: 10.00am - 07.00pm.
 Phone: +33 5 61 32 82 24
 Internet: www.nextgalerie.com
 Email: nextgalerie@gmail.com

La Cave Spirituelle



Toulouse's top wine cellar, La Cave Spirituelle never disappoints. The main attract to this cellar is the knowledge and helpfulness of the staff,

but it also has a very large choice of products in a large range of prices.

Photo: WDnetStudio / Pixabay.com (image cropped)
 Address: 31 Rue de la Concorde, Toulouse
 Public Transport: Metro station: Jeanne d'Arc.
 Opening hours: Monday, Saturday: 10.00am - 12.30pm, then 03.00pm - 7.30pm. Tuesday - Friday: 09.30am - 12.30pm, then 02.30pm - 07.30pm.
 Phone: +33 5 61 22 64 55
 Internet: www.cave-spirituelle.com/
 Email: contact@cave-spirituelle.com

ESSENTIAL INFORMATION



Oleg_Mit / Shutterstock.com

Toulouse-Blagnac International Airport



The Toulouse-Blagnac International Airport is approximately 8km north-west of the city centre. Transports to and from the airport: An

airport shuttle connects the Airport to the city in about 20 minutes depending on the traffic, everyday (except the 1st of May):

-Airport > Toulouse : between 5:30am and 0:15am

-Toulouse > Airport : between 5:00am and 9:20pm

Tickets can be purchased at the bus station or in any TISSEO agency.

Other buses:

Number 30 : Fenouillet Centre Commercial - Toulouse-Blagnac Airport

Number 88 : Grenade, Ondes, Merville, Seilh, Beauzelle, Blagnac, Toulouse.

Tram:

Line T2 - Airport Station every 15 minutes.

Taxis are available at the ground floor of the airport and can be pre-ordered on this number : +33 5 61 30 02 54.

Photo: Juan Garces
 Address: Aéroport Toulouse-Blagnac, Blagnac
 Public Transport: www.toulouse.aeroport.fr/en/passengers/to-and-from/public-transport
 Phone: +33 8 25 38 00 00
 Internet: www.toulouse.aeroport.fr
 Email: Contact form on the airport website

Public Transport



Toulouse has a strong network of buses, completed by two metro lines (A & B) and two trams (T1 & T2). Metros function until 12am from

Sunday to Thursday and until 3am on Fridays and Saturdays.

All additional information can be found on the Tisseo Agency website.

In the center however, you can easily walk from one point to another.

Photo: Pierre-Luc Auclair
Phone: +33 5 61 41 70 70
Internet: www.tisseo.fr

Taxi



Several taxi stations can be found in Toulouse: Wilson square, Capitole, Esquirol, Saint-Cyprien, train station, Carmes, Jeanne d'Arc, Boulevard

de Strasbourg, and Compans.

There are few companies to choose from.

Uber is also available in Toulouse.

Capitole-taxi:

Phone: +33 5 34 250 250
Internet: www.capitole-taxi.com

Post



There are several post offices in the city and you can buy stamps in vending machines inside these outlets or over-counter. Tabacco

shops also sell stamps. The main post office is located near the Place du Capitole.

Photo: Andy Fuchs
Address: 9 Rue Lafayette, Toulouse
Public Transport: Metro station Capitole
Opening hours: Monday - Friday: 8.30am - 6.30pm, Saturday: 9am - 12.30pm, Sunday: closed
Phone: +33 810 82 18 21
Internet: www.laposte.com

Pharmacy



You can find an all-night pharmacy on Allée Jean Jaurès (enter via Street Arnaud Vidal), opened on Sundays and holidays as well.

Photo: Gemma Garner
Address: 76 Allée Jean Jaures, Toulouse
Opening hours: 8pm - 8am
Phone: +33 5 61 62 38 05

Telephone



Country code +33 Area code: 05

Photo: Jardson Almeida

Electricity

230 V / 50Hz



Photo: Stirling Tschan

Population

A little over 440,000 people

Currency

Euro, €1 = 100 cents

Opening hours

Most shops are open between 10:00 and 19:30 (or 19:00) from Monday to Saturday, with a lunch break usually between 12:00 and 14:00.

Department stores and shopping centers have longer opening hours (until 20:00) and no lunch break.

Convenience stores and supermarkets are usually open between 8:30 and 20:30 or later with no interruption.

Newspapers

Côté Toulouse
Le Journal Toulousain
La Dépêche
Toulouse Hebdo
Flash
Toulouse Culture

Emergency numbers

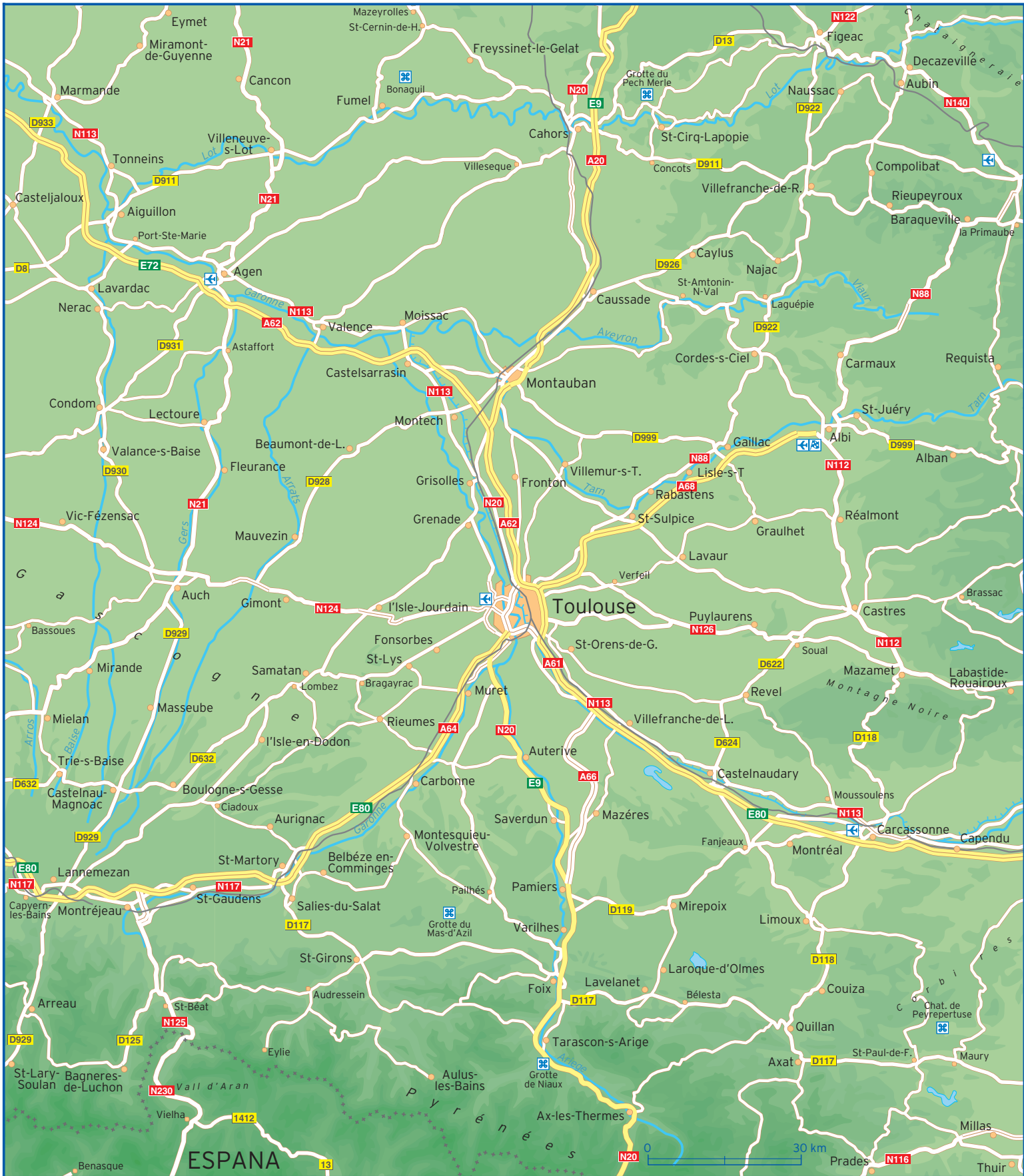
SAMU (medical emergency): 15
Police emergency: 17
Fire Service emergency: 18
European emergency line: 112

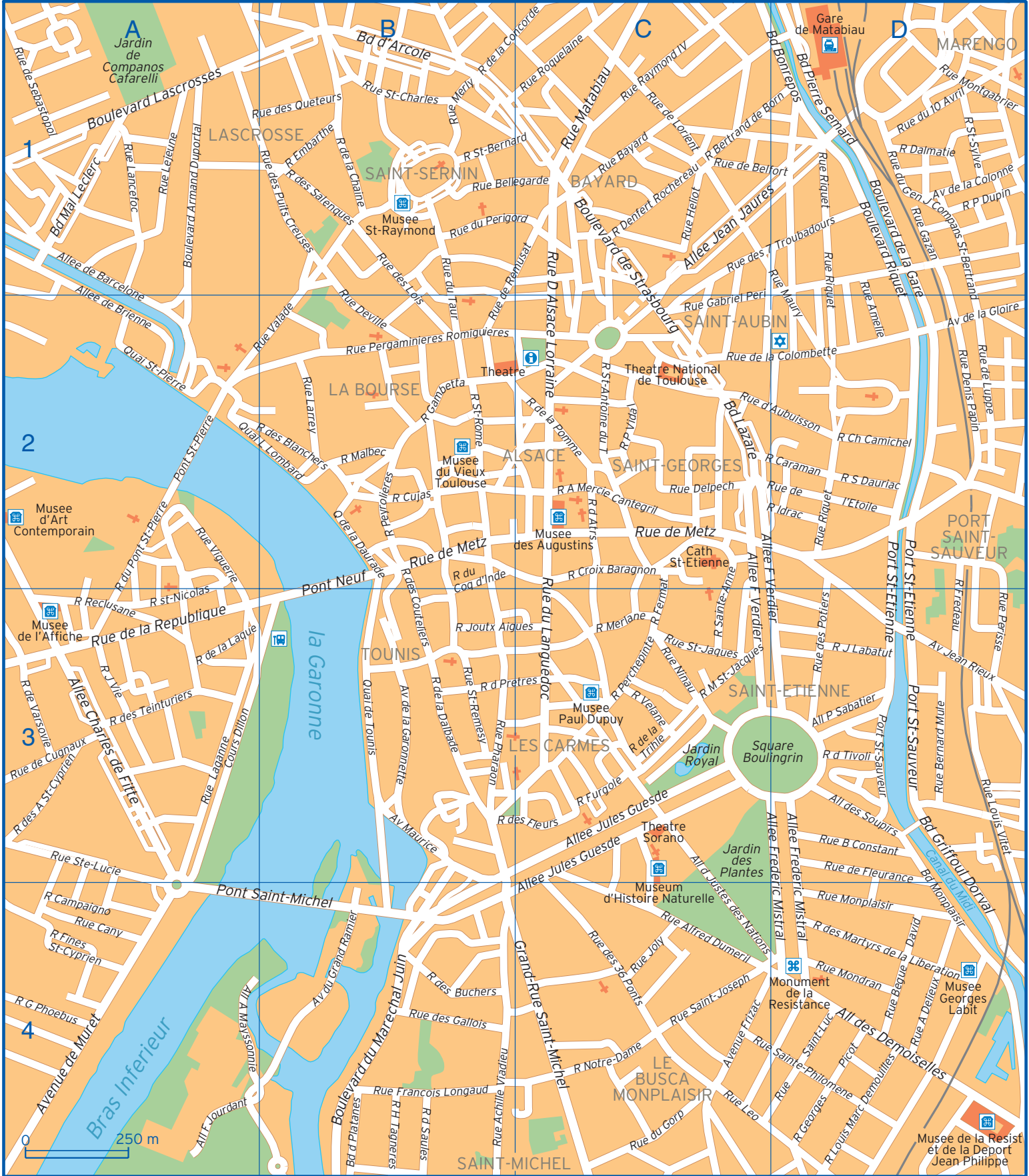
Tourist information

Toulouse Tourist Office
Donjon du Capitole
Toulouse

0892 180 180

From abroad:
+33 540 131 531





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2
3
4

Musee de la Resist
et de la Deport
Jean Philippe

Allee A Mayssonnie	A4	Rue Alfred Dumeril	C4	Rue des Lois	B1 B2
Allee Charles de Fitte	A3	Rue Amelie	D1 D2	Rue des Martyrs de la Liberation	D4
Allee d Justes des Nations	C3 C4	Rue B Constant	D3	Rue des Potiers	D3
Allee de Barcelone	A1 A2	Rue Bayard	C1	Rue des Puits Creuses	B1
Allee de Brienne	A1 A2	Rue Begue David	D4	Rue des Queteurs	A1 B1
Allee des Demoiselles	D4	Rue Bellegarde	B1 C1	Rue des Salenques	B1
Allee des Soupirs	D3	Rue Bernard Mule	D3	Rue des Teinturiers	A3
Allee F Jourdan	A4	Rue Bertrand de Born	C1 D1	Rue Deville	B1 B2
Allee F Verdier	C2 C3	Rue Campaigno	A4	Rue du 10 Avril	D1
Allee Frederic Mistral	C3 D3 D4	Rue Cany	A4	Rue du Coq d'Inde	B2 B3
Allee Jean Jaures	C1 D1	Rue Caraman	C2 D2	Rue du Gen J Compans St-Bertrand	D1 D2
Allee Jules Guesde	C3 C4	Rue Ch Camichel	D2	Rue du Gorp	C4
Allee P Sabatier	D3	Rue Croix Baragnon	C2	Rue du Languedoc	C2 C3
Avenue de la Colonne	D1	Rue Cujas	B2	Rue du Perigord	B1 C1
Avenue de la Garonnette	B3	Rue D Alsace Lorraine	C1 C2	Rue du Pont St-Pierre	A2 A3
Avenue de la Gloire	D2	Rue d Atrs	C2	Rue du Taur	B1 B2
Avenue de Muret	A4	Rue d Pretres	B3 C3	Rue d'Aubuisson	C2 D2
Avenue du Grand Ramier	B4	Rue d Saules	B4	Rue Embarthe	B1
Avenue Frizac	C4	Rue d Tivoli	D3	Rue Fermat	C2 C3
Avenue Jean Rieux	D3	Rue Dalmatie	D1	Rue Fines St-Cyprien	A4
Avenue Maurice	B3	Rue de Belfort	C1 D1	Rue Francois Longaud	B4
Boulevard Armand Duportal	A1	Rue de Cugnaux	A3	Rue Fredeau	D2 D3
Boulevard Bonrepos	C1 D1	Rue de Fleurance	D3 D4	Rue Furgole	C3
Boulevard d Platanes	B4	Rue de la Chaine	B1	Rue G Phoebus	A4
Boulevard de la Gare	D1 D2	Rue de la Colombette	C2 D2	Rue Gabriel Peri	C2
Boulevard de Strasbourg	C1 C2	Rue de la Concorde	B1 C1	Rue Gambetta	B2
Boulevard du Marechal Juin	B4	Rue de la Dalbade	B3	Rue Gazan	D1
Boulevard d'Arcole	B1	Rue de la Laque	A3	Rue Georges Picot	D4
Boulevard Griffoul Dorval	D3 D4	Rue de la Pomme	C2	Rue H Tagneres	B4
Boulevard Lascrosses	A1	Rue de la Republique	A3	Rue Heliot	C1
Boulevard Lazare	C2	Rue de la Trihle	C3	Rue Idrac	C2 D2
Boulevard Mal Leclerc	A1	Rue de Lorient	C1	Rue J Labatut	D3
Boulevard Monplaisir	D3 D4	Rue de Luppe	D2	Rue J Vie	A3
Boulevard Pierre Semard	D1	Rue de l'etoile	C2 D2	Rue Joly	C4
Boulevard Riquet	D1 D2	Rue de Metz	B2 C2	Rue Joutx Aigues	B3 C3
Cours Dillon	A3	Rue de Remusat	B2 C1	Rue Laganne	A3
Grand-Rue Saint-Michel	B4 C4	Rue de Sebastopol	A1	Rue Lancefoc	A1
Pont Neuf	B2 B3	Rue de Varsovie	A3	Rue Larrey	B2
Pont Saint-Michel	A4 B4	Rue Delpech	C2	Rue Lejeune	A1
Pont St-Pierre	A2	Rue Denfert Rochereau	C1	Rue Leo	C4
Port St-Etienne	D2 D3	Rue Denis Papin	D2	Rue Louis Marc Demouilles	D4
Port St-Sauveur	D3	Rue des 36 Ponts	C4	Rue Louis Vitet	D3
Quai de Tounis	B3	Rue des 7 Troubadours	C1 D1	Rue M St-Jacques	C3
Quai L Lombard	A2 B2	Rue des Arcs Saint-Cyprien	A3	Rue Malbec	B2
Quai St-Pierre	A2	Rue des Blanchers	A2 B2	Rue Matabiau	C1
Quia de la Daurade	B2	Rue des Buchers	B4	Rue Maury	C1 D2
Rue A Delieux	D4	Rue des Couteliers	B2 B3	Rue Merlane	C3
Rue A Mercie Cantegril	C2	Rue des Fleurs	B3 C3	Rue Merly	B1
Rue Achille Viadieu	B4	Rue des Gallois	B4	Rue Mondran	D4

Rue Monplaisir	D4	Rue Raymond IV	C1	Rue St-Charles	B1
Rue Montgabrier	D1	Rue Reclusane	A3	Rue St-Jaques	C3
Rue Ninau	C3	Rue Riquet	D1 D2	Rue St-Nicolas	A3
Rue Notre-Dame	C4	Rue Roquelaine	C1	Rue St-Remesy	B3
Rue P Dupin	D1	Rue S Dauriac	D2	Rue St-Rome	B2
Rue P Vidal	C2	Rue Saint-Joseph	C4	Rue St-Sylve	D1
Rue Perchepinte	C3	Rue Saint-Luc	D4	Rue Ste-Lucie	A3
Rue Pergaminieres Romiguieres	B2	Rue Sainte-Anne	C2 C3	Rue Valade	A2 B2
Rue Perisse	D3	Rue Sainte-Philomene	C4 D4	Rue Velane	C3
Rue Peyrolieres	B2	Rue St-Antoine du T	C2	Rue Viguerie	A2
Rue Pharaon	B3	Rue St-Bernard	B1 C1		